Prepared under project: **Early Intervention to IUGR** Children At risk for **Developmental Delays**

EARLY INTERVENTION SERIES



Your Newborn

Birth - 1 months





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Do you know what a child can do in the first month? 0-1 Months:

Now you are the proud parents of your child. Watch your child during the first four weeks and you will really enjoy seeing the baby grow.

 A baby expresses by crying for different needs such as hunger, discomfort, fear.



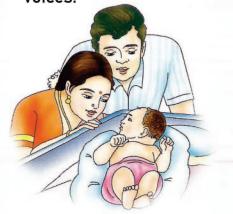
4. A baby likes to sleep most of the day and night. Baby is awake and alert for few minutes at a time.



 A baby can feel hunger and thirst right from the

first day.

- 3. A baby starts responding to sound by turning towards source of sounds. They show preference to human voices.



 A baby can see and focus on a large bright coloured object by first week of life.



6. A baby can respond to smell by turning towards source of smell. E.g.. Mother's breast.



7. A baby can respond differently to different tastes like milk, medicines etc.



This is only the beginning. You will enjoy playing with your child. When your baby is awake show bright coloured toys that makes sounds, play by talking to your child. Observe your child's reactions.