



National Institute for the Empowerment Of Persons with Intellectual Disabilities (Divyangjan)

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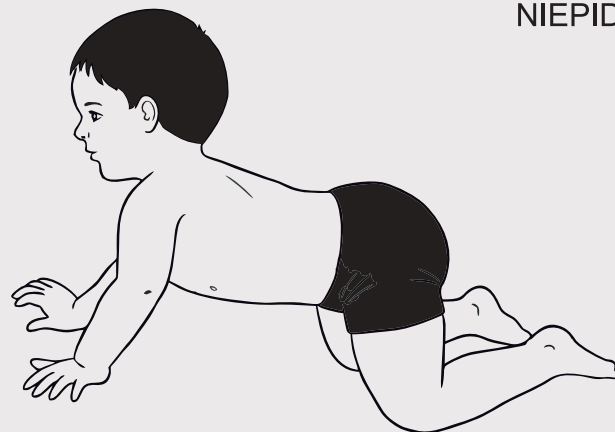
EARLY INTERVENTION FOR MOTOR PROBLEMS

CRAWLING - Floppy Child

NORMAL CHILD CRAWLING

- ✦ Alternate limb movements
- ✦ Adequate shorting and elongation of the trunk
- ✦ Head held in the line with the trunk

**IF THERE IS A DELAY OR ABNORMALITY
SEEK PROFESSIONAL HELP.**



ABNORMAL POSITION

- ❖ The child moves forward in sitting position with weight on the buttocks
- ❖ Knees bent, takes weight on both hands., (bottom shuffling)



(Floppy Child)

CORRECTION

- ❖ Put the child in crawling position
- ❖ Hold a towel wrapped around his waist as shown in the picture
- ❖ Shift the weight of the child forwards, backwards and side to side
- ❖ Encourage the child to go forward shifting the weight alternately



Use activities for relaxation

ACTIVITIES FOR STIMULATION

Visual Stimulation: Hold a bright colored toy slightly away from the child. Encourage the child to crawl in to reach for the toy.

Auditory Stimulation: Hang a bell at a distance of approximately a feet away from the child make the sounds to encourage the child to approach by crawl to reach it.

Tactile Stimulation: Lay a bed covered with bands of different textures such as jute, stain, denim etc. Help the child crawl over the bed. While crawling when the child's body comes in contact with the different materials it provides the child tactile stimulation. Use soft smooth material for children and rough, bristly material for floppy children.

