

Uttarakhand Health & Population Policy

Policy Objectives

To address the health issues of Uttarakhand, Government has embarked upon the formulation of comprehensive, integrated, state-specific health and population policy. This policy reflects the needs, aspirations and view of the people of Uttarakhand.

Health Objectives

- * Eradicate polio by 2007.
- * Reduce the level of leprosy to below 1 per 10,000 population by December 2007 (Uttarakhand has achieved P/R -0.72/10000)
- * Reduce mortality on account of tuberculosis, malaria, and other vector and water-borne diseases by 50 percent by 2010.
- * Reduce prevalence of blindness from around 1 to 0.3 percent by 2010.
- * Reduce Iodine Deficiency Disorder (IDD) by 50 percent of the present level by 2010.
- * Reduce RTIs to below 10 percent among men and women by 2007.
- * Increase awareness on HIV/AIDS.

Population Stabilization Objectives

Reduce the total fertility rate (TFR) from the current estimated level of 3.3 to 2.6 by 2006 and further 2.1 to 2010

Reduce the crude birth rate (CBR) from 26 to 22.6 by 2006 and further to 19.9 by 2010.

Increase modern contraceptive prevalence (CPR) from the present level of 40 percent to 49 percent by 2006 and to 55 percent by 2010

Reduce infant mortality rate (IMR) from the present level of 50 per 1000 live births to 41 by 2006 and further to 28 by 2010

Reduce the child mortality rate (CMR) from the present level of 19 to 17 by 2006 and further to below 15 per 1000 live births by 2010

Reduce maternal mortality rate (MMR) from the present level to 300 per 100000 live births by 2006 and further to below 100 by 2010

Increase life expectancy at birth from 63 years in 2001 to 67 years by 2006 and 70 years by 2010

Proposed Strategy:

In the 10th (2002-07) 5 year plan about 240 Subcenters, 19 PHCs, 26 CHCs, 7 Blood banks, 5 TB Clinics, 1 District Hospital at Rudrapur and 3 Regional Diagnostic Centers have been established.

In the 11th 5 year plan (2007-2012) the objective of Directorate of Medical Health & Family Welfare is "Health for All"

Under this

To provide medical health services in states remotest and disadvantaged blocks 3080 new subcenters will be established 275 new PHCs 35 new CHCs

Apart from the above in district Bageshwar and Champawat specialist hospitals will be established.

To provide Neo natal care services to neonates NICU will be established in all Districts, in order to reduce neo natal mortality.

To establish & strengthen emergency services in 10 district hospitals situated in national road routes. The objective is to provide good & effective emergency services in cases of road accidents and during natural disaster. Further, it is proposed to establish 5 new blood banks.

To strengthen paramedical staff and to train nurses, a nursing institute will be established in Dehradun to provide BSc nursing training to aspirants. This activity will be taken up in the 11th Five Year Plan. In 3 districts ANM training centers will be strengthened and will begin training of ANMs in the 11th Five year plan.

Considering natural disaster and accidents in 30 Block Hospitals Postmortem Centers will be establish.

In difficult and disadvantage areas where SC & ST population is existing will be provided with health services through 10 Mobile Hospital Vans under TCP program

Source : Department of Medical Health and Family Welfare Government of Uttarakhand, Last Updated on 03-05-2025