

# JOYFUL ACTIVITY DAY

A Concept of

# LEARNING WITHOUT BURDEN



# OBJECTIVES OF JOYFUL DAY

1. TO PROMOTE ACTIVITY BASED LEARNING.
2. TO BREAK THE MONOTONY CREATED BY CONTINUOUS STUDY PERIODS.
3. TO PROVIDE STUDENTS AND TEACHERS A PLATFORM WHERE THEY CAN SHOW THEIR SKILLS
4. TO CREATE STUDENT FRIENDLY ENVIRONMENT IN SCHOOL.
5. TO RECOGNIZE AND PROMOTE THE SKILLS OF THE STUDENTS.
6. TO MAKE THEM LEARN IN A JOYFUL MANNER.
7. TO ACHIEVE OVERALL OBJECTIVES OF THE EDUCATION.

8. To provide students an opportunity to express themselves freely.
9. To make students fit and energetic.
10. To develop the spirit of healthy competition.
11. To inculcate the values to respect others' views and feelings.
12. To Make students perfect in decision making.
13. To develop a sense of belogigness.
14. To provide motivation for learning.
15. Develop the spirit of leadership, diligence and punctuality .
16. To draw best potentialities of the students.
17. To prepare students practically for future.

# **NCF 2005 RECOMMENDATIONS**

- 1.CONNECT KNOWLEDGE TO LIFE OUTSIDE THE SCHOOL.
2. ENSURE THAT LEARNING IS SHIFTED AWAY FROM ROTE METHODS.
3. OVERALL DEVELOPMENT OF CHILDREN RATHER THAN REMAIN TEXTBOOK CENTRIC
- 4.RECOGNISE THE CHILD AS A NATURAL LEARNER, AND KNOWLEDGE AS THE OUTCOME OF THE CHILD'S OWN ACTIVITY
5. CHILDREN LEARN IN A VARIETY OF WAYS—THROUGH EXPERIENCE, MAKING AND DOING THINGS, EXPERIMENTATION, READING, DISCUSSION, ASKING, LISTENING, THINKING AND REFLECTING, AND EXPRESSING ONESELF IN SPEECH, MOVEMENT OR WRITING.

# SUGGESTION OF NEP 2015



During the village level consultation of New Education Policy in 2015 this issue was raised at village and school level and further discussed at high level at NUEPA that learning without burden, play way method, activity based learning, joyful learning and creativity in education may be implemented and put into practices to fulfill the requirements of NCF 2005.

# GIJUBHAI THEORY

1. Learning without burden.
2. Not only content based learning.
3. No class room instructions only.
4. Demystify “How to Do”.
5. Include no bag day in school system
6. To replace **3Rs**( Reading, writing, Arithmetic) by **7 rs**( Rights, responsibilities, Recreation and Relationships also)
7. All round development is possible only by creativity , joyful activities and child friendly environment.



# SUGGESTED ACTIVITIES FOR JOYFUL DAY

1. Sports
2. Musical Activities
3. Debate
4. Drawing and Painting
5. Debate and Discussion
6. Declamation
7. Story Writing
8. Essay Writing
9. Poem Recitation
10. Wall Magazine Decoration
11. Write ups for School Magazine
12. Celebration of Birthday of Great persons



- 13. Folk Song
- 14. Folk Dance
- 15. Flower Show
- 16. School Decoration
- 17. Fancy Dress Competition
- 18. Preparation of Charts & Models
- 19. Album Making
- 21. Photography
- 21. Clay Modeling
- 22. Toy Making
- 23. Book Binding
- 24. Community Service



1. Card Board Work
2. Wooden Crafting
3. Plantation
4. Gardening
5. Knitting
6. Embroidery
7. Cutting & Tailoring
8. Pickle & Jam making
9. Cooking
10. Rangoli Making
11. School Cleanliness
12. First Aid
13. Organization of School Panchayat



14. Social Service in Neighbourhood
15. Mass Parade
16. Mass Drill
17. Physical Activities like Yoga, Athletics, Team Games etc.
18. Exhibitions
19. Educational Trip
20. Village Survey
21. Word Antakshri
22. Youth Parliament
23. Painting on Computer
24. Role Play
25. Map Activities



# ROLE OF TEACHER IN JOYFUL ACTIVITIES

1. To Plan Activities Systematically.
2. To prepare suitable time table for activities.
3. To Give more opportunity to child while performing activities .
4. To be a innovator to invent new activities.
5. To act like Director, Recorder, Evaluator, Manager, Decision Maker, Advisor, Motivator, Coordinator and Facilitator.
6. To relate activities to his or her subject.
7. To Clear the guidelines of the activities.
8. To plan such activities as are most appropriate for students.
9. To supervise and guide the students during the activities.
- 10.To evaluate and keep record of the activities.
- 11.To expose the activities on social media.

# An Example of Time –Table

## GOVT. MODEL SANSKRITI SR. SEC. SCHOOL, LADAIN ( JHAJJAR)

### JOYFUL ACTIVITIES DAY(26-11-2016)

S.N	TIME	ACTIVITY	INCHARGE OF ACTIVITY	Participants
1	8.00-8.30	MORNING ASSEMBLY	Sh. Sudershan Punia	All Classes
2	8:30 -9:20	NEWS OF THE DAY/SPEECH	Sh. Kuldeep Singh	All Classes
3	9:20- 9:40	Questions on Constitution	Sh. Ajit Singh	All Classes
4	9:40 - 10:20	MASS PT & YOGA	Sh. Sudershan Punia	All Classes
5	10:20-11:00	Cleanliness Campaign	Class In Charges	All Classes
6	11:00-11:40	Calligraphy Competition	Mrs. Sunita Jakhar & Babita Gulia, Pawan Kumar	All Classes
7	11:40 - 12:30	QUIZ CONTEST	Sh. Sudershan Punia, Pawan Kumar, Narender, Urmila	Inter House
8	12:30 to 1:00 PM RECESS			
9	1:00- 2:00	Volleyball Match	Sh. Sudershan Punia Sh. Parveen ,Sh. Narender	Inter - House
10	1:00 -2:00	Recreational Games	Sh. Vijay Kumar, Rambhagat	1st to 5th Classes
11	1:00-2:00	Sports Activities	Sh. Lakhand, Gopal Dass,	6th to 8th Classes
12	2:00-2:30	Senior & Junior Poetry Recitation Competition	Mrs. Urmila , Mrs. Sunita, Mrs. Beermati, Vijay, Pawan	1 <sup>st</sup> to 12th Classes