

**Legal Services Unit for Persons with Mental Illness & Intellectual Disabilities
(MANONYAY – LSUM)**

CALENDAR OF OUTREACH AND AWARENESS ACTIVITIES

1. Constitution, Capacity Building, Coordination & IEC:

S.N.	ACTIVITY /TASK	SCHEME REFERENCE	RESPONSIBLE	FREQUENCY
1	Organise Refresher Training for LSUM members in coordination with DMHP / NGOs / Universities	<i>Para 5.1.3.3</i>	Secretary, DLSA	Every Quarter
2	Update & verify list of experts for counselling / mental health / disability support from DMHP	<i>Para 5.1.4</i>	Secretary, DLSA	Monthly
3	Prepare, Review and update yearly calendar of outreach & awareness activities of LSUM for district	<i>Para 5.1.5</i>	Secretary, DLSA / LSUM	Monthly Review
4	Conduct visit by LSUM to all Mental Health Establishments (MHEs) in District	<i>Para 5.3.1</i>	LSUM Lawyers & PLVs	Monthly
5	Ensure Mano Nyay Legal Services Clinic operational in all MHEs; verify posters displayed	<i>Para 5.3.1.1 / 5.3.1.3</i>	Secretary, DLSA	Monthly
6	Share updated LSUM contact details with all Police Stations & Outposts in District	<i>Para 5.3.2.1</i>	Secretary, DLSA	Monthly / On Change
7	Share LSUM details with all courts including Executive Magistrates in District	<i>Para 5.3.3.1</i>	Secretary, DLSA	Monthly / On Change
8	Hold periodic meeting with District Superintendent of Police on obligations under MHCA / LSA Act	<i>Para 5.3.2.3</i>	Secretary, DLSA	Quarterly
9	Impress upon Police: no PMI to be kept in lock-up; must be taken to public health establishment for assessment (Sec. 100 MHCA)	<i>Para 5.3.2.3(b)(c)</i>	Secretary, DLSA	At each SP Meeting
10	Chairman DLSA to hold periodic meetings with Judicial Officers on free legal services for PMI / PwID	<i>Para 5.3.3.2</i>	Chairman, DLSA	Quarterly
11	Ensure remand lawyers take necessary steps & secure rights (healthcare, dignity) of PMI / PwID produced for remand	<i>Para 5.3.3.4</i>	LSUM Remand Lawyers	Per Remand

2. Awareness & Outreach:

S.N.	Activity /Task	Scheme Reference	Responsible	FREQUENCY
1	Share LSUM contact details with GRP / RPF for assistance to wandering PMI / PwID at railway stations	<i>Para 5.3.4.1</i>	Secretary, DLSA	Monthly / On Change

2	Conduct Legal Services Camp at Beggars' Homes, Women's Protection Homes, CCIs & Shelter Homes as per roster	<i>Para 5.3.5.1</i>	LSUM (as per roster)	As per Roster
3	Share LSUM details with Prison Superintendent and PLAC of all Prisons in District	<i>Para 5.3.6.1</i>	Secretary, DLSA	Monthly / On Change
4	PLAC to communicate cases of prisoners with mental illness / intellectual disability to LSUM	<i>Para 5.3.6.2</i>	PLAC / LSUM	Per Case Basis
5	LSUM to move application before court for transfer of prisoner with mental illness to MHE where no psychiatric ward exists (Sec. 103 MHCA)	<i>Para 5.3.6.4</i>	LSUM Lawyer	Per Case Basis
6	Conduct home visits on request for legal advice & assistance to PMI / PwID	<i>Para 5.3.8</i>	LSUM Panel Lawyer + PLV	Per Request
7	Assist PMI / PwID in availing social welfare scheme benefits including disability certificates	<i>Para 5.3.9.1</i>	LSUM	Per Case Basis

3. Reporting, Monitoring & Grievance Redressal:

S.N.	Activity /Task	Scheme Reference	Responsible	FREQUENCY
1	Secretary, DLSA to complete Format A – DLSA Checklist for Assessing Legal Services (self-assessment)	<i>Para 7.1 / Format A</i>	Secretary, DLSA	End of Each Month
2	Review data on legal services provided to PMI / PwID across all venues; identify gaps	<i>Para 6.2.1(iii)</i>	Secretary, DLSA	Monthly
3	Submit Format C – DLSA to SLSA Reporting (legal services + awareness activities) every two months	<i>Para 7.2 / Format C</i>	Secretary, DLSA	Every 2 Months
4	Submit Format B – Details of Manonyay LSUM to SLSA (on constitution / any change in members)	<i>Para 7.2 / Format B</i>	Secretary, DLSA	On Change / Within 1 Month
5	Take necessary action on any complaint / grievance against LSUM functioning	<i>Para 6.2.1(vi)</i>	Secretary, DLSA	Immediately on Receipt



NALSA (Legal Services to Persons with Mental Illness & Persons with Intellectual Disabilities) Scheme, 2024



Every mind deserves justice, not just compassion.

Mental Well-Being – Right, Respect, Inclusion

WHY THIS SCHEME?

Persons with mental illness or intellectual disabilities often struggle to understand their rights or navigate the legal system, making them vulnerable to exploitation, denial of benefits, and injustice. This Scheme bridges that gap by providing free, accessible & inclusive legal support, ensuring that disability is never a barrier to dignity, equality, or justice.

WHO CAN GET HELP?

- Persons with mental illness
- Persons with intellectual disabilities
- Persons in Mental Health Establishments
- Prisoners with mental illness or intellectual disabilities

Dignity, Equity, Justice – Leaving No Mind Behind

WHAT HELP CAN BE PROVIDED?

- Free legal aid through trained panel lawyers, Legal Aid Defense Counsels (LADCs), and Para Legal Volunteers (PLVs)
- Support in civil, criminal, administrative or related matters
- Immediate legal assistance and advice to persons brought to the police station
- Assistance at every stage from investigation till trial
- Thorough pre-trial preparations with person and their family members or guardian
- Help in accessing government schemes, programmes, facilities and services
- Protection of right to access mental healthcare, right to protection from cruel, inhuman and degrading treatment
- Home-based legal aid services for persons unable to visit legal aid clinics

WHERE CAN A PERSON WITH MENTAL ILLNESS OR INTELLECTUAL DISABILITY SEEK HELP?

- District Legal Services Authorities (DLSAs)
- Taluk Legal Services Committees (TLSCs)
- Front Offices, Legal Aid Clinics
- Mano Nyay Legal Services Clinics
- Mental Health Establishments
- Police Stations, Courts including Special Courts
- Railway Stations, Bus Stands, Metro Stations
- Beggars' Home, Women's Protection Homes, Child Care Institutions, Shelter Homes
- Prisons
- Talukas
- Home Visits

SPECIAL SUPPORT SYSTEM

- Dedicated Legal Services Unit for Persons with Mental Illness & Persons with Intellectual Disabilities called Manonyay (LSUM) established in every district
- Trained Panel Lawyers, Legal Aid Defense Counsels (LADCs), and Para Legal Volunteers (PLVs) to provide specialised legal assistance
- Disability-sensitive and person-centric legal services tailored to individual needs
- Access to experts for counselling, mental health and disability-related support
- Legal awareness & outreach programmes conducted in collaboration with psychiatrists and social workers
- Awareness and assistance regarding legal rights of prisoners with mental illness and intellectual disabilities

REMEMBER

- Legal services are **completely free**.
- Every person has the **right to justice, protection and dignity**.
- Mental illness or intellectual disability **never diminishes rights**.
- No person shall face **discrimination, stigma or exclusion**.
- Every individual deserves to be heard in a **safe, dignified and supportive environment**.
- **Reasonable accommodation and necessary support** must be provided.

DO'S

- Listen with empathy
- Respect dignity and choices
- Provide support and reasonable accommodation
- Ensure equal access to justice
- Maintain confidentiality

DONT'S

- Don't discriminate
- Don't stigmatize or label
- Don't ignore their voice
- Don't violate privacy
- Don't deny rights or legal aid

Equal Rights, Equal Opportunities, Equal Justice – For Every Mind

For Legal Aid

Visit - <https://nalsa.gov.in> OR <https://scourtapp.nic.in/lams>



Call Legal Aid Helpline
15100 (Toll-Free 24*7)



Visit Your Nearest
SLSA/DLSA

Call National Mental Health
Helpline (Tele MANAS)
14416 (Toll-Free)

Every Mind Matters | Together for Dignity, Inclusion & Justice



National Legal Services
Authority



nalsa.india.in



nalsalegalaid



NalsaLegalAid



@NALSA



National
Legal Services Authority



Department of Empowerment of
Persons with Disabilities



नालसा (लीगल सर्विसेज टू पर्सन्स विद मेंटल इलनेस एंड पर्सन्स विद इंटेलेक्चुअल डिसेबिलिटीज़) स्कीम, 2024



हर व्यक्ति केवल सहानुभूति ही नहीं, बल्कि न्याय का भी हकदार है।

मानसिक स्वास्थ्य - अधिकार, सम्मान, समावेश

यह योजना क्यों?

मानसिक रुग्णता अथवा बौद्धिक अक्षमता से ग्रस्त व्यक्ति प्रायः अपने अधिकारों को समझने अथवा विधिक प्रणाली में सहायता प्राप्त करने में कठिनाई अनुभव करते हैं, जिससे वे शोषण, लाभों से वंचित होने तथा अन्याय के प्रति असुरक्षित हो जाते हैं। यह योजना निःशुल्क, सुलभ एवं समावेशी विधिक सहायता प्रदान कर इस अंतराल को पाटती है तथा यह सुनिश्चित करती है कि निःशक्तता कभी भी गरिमा, समानता अथवा न्याय में बाधा न बने।

सहायता कौन प्राप्त कर सकता है?

- मानसिक रुग्णता से ग्रस्त व्यक्ति
- बौद्धिक अक्षमता से ग्रस्त व्यक्ति
- मानसिक स्वास्थ्य स्थापनों में निवासरत व्यक्ति
- मानसिक रुग्णता अथवा बौद्धिक अक्षमता से ग्रस्त बंदी

गरिमा, समानता, न्याय - किसी भी व्यक्ति को पीछे छोड़े बिना

क्या सहायता प्रदान की जा सकती है?

- प्रशिक्षित पैनल अधिवक्ताओं, लीगल ऐड डिफेंस कॉउंसलर्स (LADCs) तथा पैरा-विधिक स्वयंसेवकों (PLVs) के माध्यम से निःशुल्क विधिक सहायता।
- दीवानी, आपराधिक, प्रशासनिक या संबंधित मामलों में सहायता।
- पुलिस थाने में जाएं और व्यक्तियों को तत्काल विधिक सहायता एवं परामर्श।
- जाँच से लेकर विचारण तक प्रत्येक चरण में सहायता।
- व्यक्ति एवं उनके परिवार अथवा संरक्षक के साथ संपूर्ण विचारण-पूर्व तैयारी।
- सरकारी योजनाओं, कार्यक्रमों, सुविधाओं एवं सेवाओं तक पहुँच में सहायता।
- मानसिक स्वास्थ्य सेवाओं तक पहुँच के अधिकार तथा क्रूर, अमानवीय एवं अपमानजनक व्यवहार से संरक्षण के अधिकार की सुरक्षा।
- विधिक सहायता क्लिनिक में आने में असमर्थ व्यक्तियों हेतु गृह-आधारित विधिक सहायता सेवाएँ।

मानसिक रुग्णता अथवा बौद्धिक अक्षमता से ग्रस्त व्यक्ति सहायता कहाँ प्राप्त कर सकता है?

- जिला विधिक सेवा प्राधिकरण (DLSAs)
- तालुक विधिक सेवा समितियाँ (TLSCs)
- फ्रंट ऑफिस, विधिक सहायता क्लिनिक
- मनो न्याय विधिक सेवा क्लिनिक
- मानसिक स्वास्थ्य स्थापन
- पुलिस थाने, न्यायालय, जिनमें विशेष न्यायालय भी सम्मिलित हैं
- रेलवे स्टेशन, बस स्टैंड, मेट्रो स्टेशन
- भिक्षुक गृह, महिला संरक्षण गृह, बाल देखरेख संस्थाएँ, शरण गृह
- जेल
- तालुकाएँ
- गृह भ्रमण द्वारा

विशेष सहायता प्रणाली

- प्रत्येक जिले में लीगल सर्विसेज यूनिट फॉर पर्सन्स विद मेंटल इलनेस एंड पर्सन्स विद इंटेलेक्चुअल डिसेबिलिटीज़, जिसे मनोन्याय (LSUM) नाम दिया गया है, की स्थापना की गई है।
- प्रशिक्षित पैनल अधिवक्ताओं, लीगल ऐड डिफेंस कॉउंसलर्स (LADCs) तथा पैरा-विधिक स्वयंसेवकों (PLVs) द्वारा विशिष्ट विधिक सहायता प्रदान की जाती है।
- निःशक्तता के प्रति संवेदनशील एवं व्यक्ति-केंद्रित विधिक सेवाएँ, जो प्रत्येक व्यक्ति की आवश्यकता के अनुरूप अनुकूलित हैं।
- परामर्श, मानसिक स्वास्थ्य तथा निःशक्तता-संबंधी सहायता हेतु विशेषज्ञों की उपलब्धता।
- मनोचिकित्सकों एवं समाज कार्यकर्ताओं के सहयोग से विधिक जागरूकता एवं जनसंपर्क कार्यक्रमों का आयोजन।
- मानसिक रुग्णता अथवा बौद्धिक अक्षमता से ग्रस्त बंदियों के विधिक अधिकारों के संबंध में जागरूकता एवं सहायता।

स्मरण रखें

- विधिक सेवाएँ पूर्णतः निःशुल्क हैं।
- प्रत्येक व्यक्ति को न्याय, संरक्षण एवं गरिमा का अधिकार है।
- मानसिक रुग्णता अथवा बौद्धिक अक्षमता कभी भी अधिकारों को कम नहीं करती।
- किसी भी व्यक्ति को भेदभाव, कलंक अथवा बहिष्करण का सामना नहीं करना चाहिए।
- प्रत्येक व्यक्ति को सुरक्षित, गरिमापूर्ण एवं सहायक वातावरण में सुना जाने का अधिकार है।
- युक्तियुक्त आवासन एवं आवश्यक सहायता प्रदान की जानी चाहिए।

क्या करें

- सहानुभूतिपूर्वक सुनें
- गरिमा एवं विकल्पों का सम्मान करें
- सहायता एवं युक्तियुक्त आवासन प्रदान करें
- न्याय तक समान पहुँच सुनिश्चित करें
- गोपनीयता बनाए रखें

क्या न करें

- भेदभाव न करें
- कलंकित न करें और न ही किसी प्रकार का लेबल लगाएँ
- उनकी आवाज़ को नज़रअंदाज़ न करें
- गोपनीयता का उल्लंघन न करें
- अधिकारों अथवा विधिक सहायता से वंचित न करें

समान अधिकार, समान अवसर, समान न्याय - प्रत्येक व्यक्ति के लिए

विधिक सहायता हेतु

इस लिंक पर जाएं - <https://nalsa.gov.in> अथवा <https://scourtapp.nic.in/lams>



विधिक सहायता हेल्पलाइन पर कॉल करें
15100 (Toll-Free 24*7)



अपने निकटतम
एस.एल.एस.ए./ डी.एल.एस.ए. जाएँ



राष्ट्रीय मानसिक स्वास्थ्य हेल्पलाइन
(टेली मानस) पर कॉल करें
14416 (टोल-फ्री)

प्रत्येक व्यक्ति महत्त्वपूर्ण है | गरिमा, समावेश एवं न्याय हेतु एकजुट



राष्ट्रीय विधिक सेवा प्राधिकरण



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दिव्यांगजन सशक्तिकरण विभाग



RIGHTS OF A PERSON WITH MENTAL ILLNESS OR INTELLECTUAL DISABILITIES IN CONTACT WITH POLICE



(Disability-sensitive and person-centric legal services)



Do's

- The police officer who receives a complaint or otherwise comes to know of abuse, violence, or exploitation against any person with disability shall inform the aggrieved person of their right to free legal aid under Section 7(4)(c) of the Rights of Persons with Disabilities Act, 2016 and Section 27 of the Mental Healthcare Act (MHCA), 2017 and right to apply for protection, the particulars of the Executive Magistrate having jurisdiction to provide assistance, and details of the nearest organisation or institution working for rehabilitation.
- The police station shall maintain details of the *Legal Services Unit for Persons with Mental Illness & Persons with Intellectual Disabilities (LSUM/Manonyay)*, including contact numbers, at all police stations within the district.
- Relevant IEC material on the rights of persons with mental illness and intellectual disabilities shall be displayed at all police stations and outposts within the district.
- The police officer shall immediately send a request for legal services to DLSA in cases where the person with mental illness or intellectual disability is unrepresented.
- The police officer shall take into protection any person found wandering within the limits of the police station whom the officer has reason to believe has a mental illness and is incapable of taking care of themselves, or is a risk to themselves or others by reason of mental illness.
- The police officer shall inform the person who has been taken into protection of the grounds for doing so, or shall inform their nominated representative.
- The police officer shall take a person with mental illness who has been taken into protection under Section 100(1) of the MHCA, 2017 to the nearest public health establishment as soon as possible, but not later than 24 hours, for assessment of their healthcare needs.
- If a person with mental illness is found homeless or wandering in the community, the police officer shall lodge a missing person FIR at the concerned police station. The SHO shall trace the family of such person and inform them of the person's whereabouts.

LSUM (Manonyay)

Email:

Contact No.:

DLSA

Email:

Contact No. :

Nearest Mental Health Establishment (MHE)

Email:

Contact No. :

**NALSA Legal Aid
Helpline: 15100
Mental Health Helpline
(Tele-MANAS) : 14416**



RIGHTS OF A PERSON WITH MENTAL ILLNESS OR INTELLECTUAL DISABILITIES IN CONTACT WITH POLICE



(Disability-sensitive and person-centric legal services)

✗ Dont's

- Under no circumstances shall a person with a mental illness or intellectual disability be detained in the police lock-up or sent to the prison.
- The police officer shall not subject a person with mental illness or intellectual disability to cruel, inhuman, or degrading treatment, including forcing them to undertake work, compulsory tonsuring, or wearing uniforms provided by the institution.
- The police officer shall not discriminate against a person with mental illness or intellectual disability on any ground, including gender, sex, religion, culture, caste, social or political beliefs, class, or disability.
- The police officer shall not disclose or release any photograph or information relating to a person with mental illness or intellectual disability to the media without the explicit consent of such person.
- The police officer shall not restrict the right of a person with a mental illness or intellectual disability to refuse or receive visitors, or to refuse or receive and make telephone calls at reasonable times.

“Every person with mental illness deserves dignity, legal protection, and access to justice.”

NALSA Helpline Toll-Free Number: 15100, Child Helpline Number: 1098, E-mail ID: nalsa-dla@nic.in