

Loleh jler hZt h d h 150at ; aho'kZv kS jler hZd aazd h Lo. kZt ; r hal ekj g ds
mi y {k eavk k r ekuuh j k ; i ky egk ; dkl akA

17/04/2023

Tk fgh!

Loleh jler hZt h d s 150at ; aho'kZv kS jler hZd aazd h Lo. kZt ; r had s
mi y {k eavk k r bl l ekj g eavk l h d s c h p m i f l k r g d j e q s v R t
i z w r k g s j g h g s e s Loleh jler hZt h d h bl vol j ij m g a h o i v Z J) k a fy
v f i z d j r k g a

ge l h t kur s g s f d Loleh jler hZt egku l a ij E j k ds, b segi # ' k f s f t g l a s
fo" od Y ; k k d s l a Y i v k S H j r h o a k u t n" k z d s f o u d s l k k f o" o d k s, d e k x Z
f n [k k g s 150at ; aho'kZd s vol j ij v k t , b segi # ' k d s f o p k j n" k z v k S
v k n" k z i j p y u s d s f y , m u d s i q L e j . k d k ; g c g q g h i f o = v o l j g s

or z k u i f j i s e a Loleh jler hZt h d s e g k u f o p k j k a v k S f l) k u k a d s l k k & l k k
m u d s t l o u e v k a i j f p a u d j u s d h c g n v l o" ; d r k g s v k t d s b l v o l j i j e s
j l e r h Z d a z d k s f n y d h x g j k z l s L o . k Z t ; r h a d h H n g k n z " k d k e u k a n s k g v k i
i k p n" k d k a l s , b s e g i # ' k d s f o p k j k a d s i z k j d s f y , t k s d k Z d j j g s g s o g v i u s
v k i e a c g q A p s n t z d k g s

1973 e a j l e r h Z d s h z d h L F k i u k d s f y , v l o k Z M d s j u k F i H k j t h d k s L e j . k
d j r s g q m g a h h J) k a f y v f i z d j r k g a m u d s i z k k a l s ; g d s h z L o l e h j l e r h Z t
t h d s v k ; k e d s f o p k j k a d k e u o r k d h m u f r d s f y , f u j a j i p k f r d j j g k g s
v k t i j n n o u ; k l e z H k k j t k r v k S v u d r j g d s m e k n e a v k i l e a y M j g h
g s , b s e a ; g d s h z L o l e h t h d s f o p k j k a v k S v k n" k z d k e u o r k d h H y k z d s f y ,
i p k f r d j j g k g s t k s v k t d s l e ; e a c g n i k a d H n g s e s b l d s f y , d a z d s
i n k / d k j ; k a d k s H n l k l o k n s k g a

f o p k j k a d k s t h o a j [k u k e k u o r k d h l c l s c M h l o k g s ; s f o p k j g h g a t k s b l c a k M
e a o k r g k j l f v d k f u e k z k d j r s g s t s s g e f o p k j d j r s g s o s h g h ; g l f v
c u t k h g s f o p k j k a d h " k d r v u l t v k S v d Y i u h g s

g e j s i o z k a u s " k a r v k S v / ; k e d k e k x Z f n [k k g s b l h f o p k j v k S H j . k k d s
v u q l k L o l e h j l e r h Z t h u s H n l e k t e a o k u t n" k z d s e g k u v k n" k z d s l k k
j k v c s v k S v k ; k e d h v y [k t x k o z m g l a s f o n s k a e a t k d j H j r h l a f r v k S
v / ; k e d k ' k a k u n f d ; k v k S f o n s k k a d k s b l d s c f r v k - " V f d ; k a

; g l aks dhckr gSfd Lolehjler hZt husnoHfö mUj k l d s fVg j h d h i fo=
Hfö l st ksKku vft k fd; k m dscy ij mUj asfonstkaeasla dk M k ct k k
v k S ; g i r f Br fd; k fd os d n' k l a j dsl H n' k l a l s g j ç d k j l s j S B
v k S c g q Å p k g S mud s O k j ; k u l a si f peht xr eaHj r d s ç fr l Eku c < k v k S
oska n' k l d s ç fr v k F k t k r g o A

ft l d k y [l e a m u d h l f O ; r k F h r c H j r d h i d k j F h f d H j r h r k d k s c p k k
t k A Lolehjler hZt usm heat rou y x k f n ; k A mud k v u ç e R k x] r i L ; k v k S
Toya n s k H ä l H n d k e k y e v g S os 33 l k y d h m e z r d f t ; s i j a q v Y i k q e a g h
m U j a s v u d s d k Z d j t r o u d k s j S B c u k k A

j k V a d s i r mud s f o p k j f d r u s e g u g S n f k t k s v k ; k r e d v k u a d s Å p s f k k j
ij g l s m d s a n ; e a j k V H D r f d r u h i z y g l s h g S m U j a s d g k F k H j r H f ö e s k
' k j h g S d U k d e k j h e s s i S g S v k S f o k e y ; e s k e l r d A e a s r s y x r k g S f d o s ; g
d g j g s g S f d g j , d H j r o k h d h H n ; g h l k e g l s h p k f g , A j k V a i z e d h H k o u k
t k s g e l H n d s v a j g l a k t : j h g S

bl f o p k j d k s k j . k d j u s l s d k s Z H n H j r h v i u s d k s n v j s l s N k k ; k c M k u g r a
e k u s k A H j r e k k d h l a k u a l H n , d g h g S g j , d H j r h e a , d g h r R o g S g e a
v i u h b l g r a t M a l s t v k k g l s k f d g e l H n , d g S ; g h g e k j s e g k i # k a d k r R o
f p a u g S

v k t d s f n u g e a b l f o p k j d k s x g u r k l s v a d k j d j u k g l s k v k S v k l h H s & H k o
d h H k o u k l s c l g j f u d y u k g l s k A t S s f d Lolehjler hZt h p l g r s f s f d n s k d k
g j , d O f ä n s k H ä g l s m i d k t r o u n s k d s f y , g l s v k S o g v i u s n s k d k l E e k u
c < k u s d s f y , d f B u i f j J e d j A Lolehjler hZt h u s v u d O f a r d k j ; k a d k s c j s k k
n h g S l j n k j H k r f l g d h i j k k H n Lolehjler hZt g S m U j a s n s k H ä d k s b Z k H ä
d k e g R o i v z p j . k c r k k A m u d k e k u u k F k f d t k s n s k H ä u g r a g S o g b Z k H ä D k
d j s k A

v k t d s l e ; e a Lolehjler hZt d h 150 h a t ; a h o ' k z c g q e k u s j [k r h g S e a s i v k z
f o " o k g S f d Loleh t h d h t ; a h j k V a l e k t] l a d f r] v k S e k u o r k d s d Y ; k k d s
f y , i j k k n s h A l k f k g h j l e r h Z d a z Loleh t h d s f o p k j k a l s i j s l e k t d k s y k H k f o r
d j s k , s k e a f o " o k d j r k g a v

v k t f o d f l r H j r] v k r e f u h z H j r v k S f o " o x q H j r d s l a Y i d h i v k z , s s
e g k i # k a d s r i d s d k j . k g h f l) g l s j g s g S g e k j k n s k v k t p k j k a f n " k v k a e a i z f r
d h v k S v x z j g S r k s b l d k J s g e k j s e g k u j k V a v k n " z e g k i # k a d k s f n ; k t k u k
p k f g , A

Loleh food kulh] egf kzn; kulh l j Lorhl sydj vkt Hh t k v k; k r d egk t k
Hj rh; Kku dki z k; dj j gsg smkl cdk Hj r d sm r d'Zeal cl scMk; k nku gA

vkt gekj sekuuh i zkueah t h d sus r o eagekj k nsk gt kj l ky kad h x y leh dh
ekuff drkl sclgj fudy jgk gA geu s l d Yi fy; k g Sfd ge x y leh dh gj , d
ekuff drkl sclgj fudy A

fi Nyhl nh eagekj si v z kausi R {k x y leh l se d r ds fy, l a k z fd; k Fk v k
vkt dhgekjh i h k d k d r o g Sfd l ekt d k sgt kj l ky kal spy hv k j ghe kuff d
x y leh l sclgj fud ky A

Hj r dh l H r k j l ad fr gt kj kal ky kal sm ur] v k s] m r d'V g S ft l sfi Nys, d
gt kj l ky ka e d d j fopkj k j k v kaus n fr fd; k g A vkt gekj sgj , d egk t k d k
l d Yi fl) g k s j g k g S t k sm g l a s fi Nyhl nh eafy; k Fk A gekj k vkt dkl d Yi
v kusok y sgt kj kal ky kad si H k r d j s k A

vkt ge vi uspkj kav k s ; g] m e k n v k s f g a k d k f o d j k y : l k n s k j g s g A geabu
l d s k a d k s l e > u k g k s A " k r d s l k F k o k r d s f y, H h r S k j j g u k g k s A o k r d s
cy ij gh " k r i r g k s h g A v x j fi Nyhl nh eagekj se gku Lor a r k l a k e
l s k u; kaus o k r u g h a d h g k s h r k s v k t ge " k r l s u g h a j g j g s g k s A

fo" o l H r k v k a d s l a k k z e a f j k g u k g A g e a n u; k d k s b l l a k z l sclgj y k u k g k s
f d l t q b l d s f y, g e a l o; a H h " k r " k y h c u u k g k s A H j r d k g j , d u k s o k u
" k r " k y h g k s k p k g, A H j r d k g j , d u k s f d " k r v k s o k r d k n v c u a b l d s
fy, g e a l e k t e a p s u k t k r d j u h g k s A v k t ge l H h d k s L o l e h j e r H z t h d s
i n f o l g a i j p y u s d k l d Y i y a k g k s A

e q s v R l t i z l u r k g k s j g h g S f d b l v o l j i j g e k j s c h o d b Z x . l e k u y k s
m i f l F r g A e s v k l H h d k s b l i f o = v o l j i j l g H h h c u u s d s f y, g k n d
l k o k n n s k g j w b l l e k j g e a m i f l F r g j , d i r H h h d k s g k n d c / k b Z, o a
" k r d k e u k a n s k g A

t ; f i g h !