

fM1 kVzv vK0 VREkI tZh, H _ fkd sk dsVREk ohd
I ekj kg eækuuh jkt; i ky egks; dk l aksu

1/6 vDvay 2023½

Tk fgjh!

fM1 kVzv vK0 VREkI tZh, H _ fkd sk dh
vls I svk kfr ^OMVREk M\$ vls, H _ fkd sk dh
vls I svk kfr VREk ohd ds vol j ij ; gka
mi fLRk , H dh funsk i ts uhrwag th dk Øe
ds l aksu MWeaq mfu; ky th fo"sk MDVI z
vkQI i z j \$ hM MDVI z LVWt vls mi fLRk
egkuHko!

vk dk; g vol j vi usvk eafcYdg ghvyx g\$
y k ad h ft Uhf x; k ad kscpkusd sfy, t ksfpau] eku
vls fopkj &foe" kz; gkai j fd; k t k j gk g\$ bl eav i us
fopkj vk I Hh dsl kfk l k k d j r sgq Lo; ad kscgq

gh I k~~g~~^g "ky h ekur k g~~g~~^g J h ok~~g~~^g q t h d h ej
ekur k g~~g~~^g

17 vD~~g~~^g y dk fnu i j~~h~~^h n~~h~~^h; k dsfy, cgq ek us
j [k k g~~g~~^g dy 17 vD~~g~~^g y dsfhu n~~h~~^h; k eaoM~~V~~^V M~~g~~^g
euk k t k xk y~~g~~^g du geacgq xoZgSfd , 日 _ fkd~~g~~^g sk
nksdne v~~k~~^k sc<+dj foxr vusl o'k~~g~~^g s~~V~~^V ek oh
euk sv k j gk g~~g~~^g

y~~k~~^k adst hou dh j {k dsfy, I k~~g~~^g fnukard , d
i gy] , d I a~~Y~~^Y dks y~~g~~^g dj Z dj u~~g~~^g cgq gh
njm" k~~g~~^g i fc) r k~~g~~^g v~~g~~^g , d cgq gh cM~~g~~^g dne g~~g~~^g
~~V~~^V d sd~~g~~^g. k geacgq cM~~g~~^g ekuoh {k~~f~~^f mBkuh lk~~M~~^M
j gh g~~g~~^g ek I M~~g~~^g n~~g~~^g Zuk~~g~~^g eaagh gj o'k~~g~~^g y xH~~g~~^g 5
y~~g~~^g k n~~g~~^g Zuk~~g~~^g nt Zgksh g~~g~~^g bueah~~g~~^g gj r hu n~~g~~^g Zuk~~g~~^g
ea, d QfDr dh eks g~~g~~^g st k h gSv~~g~~^g gj n~~g~~^g Zuk~~g~~^g
ea, d QfDr xH~~g~~^g : lk l s~~g~~^g y g~~g~~^g st k k g~~g~~^g l k~~g~~^g

gj ?~~W~~s55 n~~W~~uk ; v~~W~~ 17 ek~~W~~a; kusgj , d l s~~W~~
ea, d Qf~~W~~a V~~W~~eai ga j gk g~~W~~

cgq n~~W~~k d hck gSfd bu l M~~W~~ n~~W~~uk ka~~W~~18&60
o"Zd schp dsmR knd v~~W~~d led kt hvk q~~W~~ eg~~W~~pi \$
eav k t k k g~~W~~

t c d k~~W~~ZQfDr V~~W~~eai gark gSrksog vd~~W~~k ugha
gk~~W~~ g\$ m dsi fjo~~W~~ tu H~~W~~, d i dk~~W~~ l sh~~W~~ kud
v~~W~~ n~~W~~ flfr ea i ga t ks g\$; s flfr
vR U ?~~W~~d i hM d kst l~~W~~ nshg~~W~~

V~~W~~l su d~~W~~y , d QfDr] , d i fjo~~W~~] , d l eqk
v~~W~~ , d l ekt i hM gSvfirah~~W~~r v~~W~~ , bsvusd
n~~W~~ksad sfy , ; g , d cM~~W~~v k nk v~~W~~ foi nk g~~W~~

V~~W~~ fd l i dk l sQfDr v~~W~~ m dsi fjo~~W~~ t ukad ks
Shock, Suffering, Worry, Pain, Stress, Upset, Strain,
Torture, Upheaval, Anguish, Misery, Disturbance, Agony,

Sorrow, Grief, Heartache, Heartbreak, Jolt, Ordeal, Trial
bu l c n^gkn fLfr; k^geasy st k k g^g

d^g y^g t c bu n^guk^gal sok l vi ust hou ea
v k s^gh g^gar ksmueal sv usl cgq gh x^gij fod y kark
dk t hou t h^gs^g, b sy k^gad si f^g H^gek^gh fp^glk a
mruhghx^gij g^g

d H^g&d H^ge^gl kprk g^gfd bu fLfr; k^geadl i d^gj
l sge cgq cM^gew p^gqk j g^gga geafop^g dj uk
g^gk fd dc rd ekuork dh bl vi jwkh {kr d^g
l grsj g^gg

, d r^gsog fLfr gSt c ge l ekt d^gksbl l eL; k l s
cpusd sfy, t k^g: d dj l dr^gs^g ge^gksLd yh cP^g
eat k^g: dr^g l M^g kadh ej Eer] xkfM^g kads^gl pky u
l a^gh i k^gdk^g v^g , b sgh cgqk keh l ek^gku [k^g us
dhvko"; drk g^g

eqscgq [kɒh gSfd , ə vi uh ft Eeskj hI shh vks
c<+dj bl fo'k i j xHjrk i ož dk Zdj jgk gS
vls t c dksZVrek dh fLfr eav kt k k gSr ksm ds
funku dsfy, t kx: drk dsl kfk, d vfk ku ds: lk
ead k Zdj jgk gS

v kkk glas i j eR qnj dksrhv v k lekai j fopkj
dj rsgq j kdk t kl drk gSt Sfd i gykvk le plv
yxusdsd feuvkal syd j d ?akadshh j glas
okyh fLfr dksfu; ar vls eS\$ djusl st nk gS
nljk v k le] vLirky i gausl si gysj ktrk i f ou]
QKV, Mvkn I st nk gqk gSvls fQj rh jk v k le]
VREK I &j i gausi j v k k dkyhu nskky vls m plj
I st nk gS

eqscgq [kɒh gSfd , ə _ fkd sk bu rhukav k leka
i j xHjrk i ož dk Zdj jgk gS bl l lrkg v k us
cgq I scPkadksi fkr fd; k t kx: drk j fakadks

Ldy~~þ~~^h d~~W~~^h kseah~~h~~^h k i fyl dsl kfkl elb; cuk dj
i f~~k~~^h k dk Øe l pfyr fd; \$ V~~re~~^h g~~s~~^h ykbz "kq
dhg~~s~~

y~~s~~^h du t~~S~~^h sfd v~~k~~^h t kursg~~s~~^h fd gek~~s~~^h fy, "kq ds10
feuV ; k , d ?~~k~~^h fdruk eg~~ro~~^h i v~~k~~^h g~~s~~^h d~~S~~^h s ge
ty~~s~~^h ue 10 feuV* v~~k~~^h x~~SM~~^h v,oj * eacplo djrs
gq eR qnj eadehyk l drsg~~s~~

v~~k~~^h l p~~a~~^hd~~S~~^h sge ty~~s~~^h ue 10 feuV* v~~k~~^h x~~SM~~^h
v,oj * i j fd l i d~~k~~^h dk es~~s~~^h te vi uk l drsg~~s~~^h D k
og , v~~k~~^h bZ g~~s~~^h l drh g~~s~~^h D k og M~~W~~^h VSuk~~s~~^h W g~~s~~^h
l drh g~~s~~^h; k fQj og , : j fy f~~M~~^h g~~s~~^h l drh g~~s~~^h; k
v~~k~~^h d~~k~~^h m~~k~~^h t~~k~~^h bu ty~~s~~^h ue 10 feuV* v~~k~~^h
x~~SM~~^h v,oj * d~~k~~^h doj dj l da

V^aek l ~~s~~^h rd l p~~f~~^hk i f~~j~~^h ogu eg~~k~~^h h l cl s cM^h
ft E~~nk~~^h hg~~s~~

eqsKkr gqk gSfd vksoky sl e; eav k , vkbz
vkkfj r l dYi ukv kai j dk Zdj usoky sg v k M
VSDuk gsh dksHh, l s"kq dj usoky sg v k gsh
l sk l sej ht kdk , ; j fy M dj usdsfy, Hh dk Z
fd; st kj gsg Seav k dksbl l Hh i gy kdk"kq dj us
dsfy, ckbzv k gkn "Hh leuk ansk g
eabl ck dsfy, vkk hgy fd , l fkd sk usvi us
Vek o d, U V dst fj, bl fn' k eai gy dh g
vkk dh j k dke dsfy, l lekt d vkmj h dh
vo k . k cgq fnypli v k l j kguh g
vk y k ksd kst k : drk v k Hk bZdk t ksd k Zdj
j gsg; g cgq gh egRoi v k g bl Vek o es, l
Vhe dh v k l sLdy kads l MacPkdkscf kkk
fn; k gSt ksf d gek h, d i k d h j {k dsfy, , d
cm dne g e, l fkd sk d h bu l c i gy k v k
uok k kdsfy, vkk i dV dj uk pkgr k g

v[k] dh l [p] fopkj v[k]s [k]. [k] fodfir [k]r ds
l aYi dksi [p] djusdhfn"kk ea, d cM[1]dne g[A]
l eL; kfdruh [k]x [k] D kau g[k]l ek[k]ku gea[k] us
g[A] v[k]s mudk funku djuk g[A] eS ekurk gwfd
fdl h, d QfDr ; k, d l b[k]k ds i z[k] k[s]l sgh bl
[k] kud fL[k]fr dk l ek[k]ku ugha g[k]y fd u ge D k
dj l drs g[A]; g egRoi w[k]g[A] eS D k dj l drk
gw g egRoi w[k]g[A]
bl h l [p] dsl k[k], [k] uat ksd k Z" kq fd; k g[\$]y k[k]ka
dh ft [k]hfx; ksd kscpkusd sfy, , d cM[1]vfk[k] ku vi us
g[k]kseafy; k gSeabl dh gkfno i t'akk dj r k g[A]
bl fn"kk eageavf/d l e;] vfd l b[k]ku] vfd
"kD[k] v[k]s vfd l ei Zk dh vlo"; drk g[\$] bl fn"kk
eal j dk v[k]s l eqk dsLrj ij cM[1]dne mBkusd h
fn"kk eafopkj djuk g[k]A

ejk fny dj rk gSfd bl l eL; k dsl ekku dsfy,
ge D k dj & dN i gy vPNh gksj gh g\$cM\$ vfk ku
geusfpfd R k d s{ks eagfk eafy, vls ge m fn"kk
ead ke; kc ggags v xj RKA sl e; eage 200 dj kA
Vhd sy xk l drsgs v xj ge 2024 rd mRj [kMdks
Vlchekr dj l drsgs rksfuf' pr gh ge Vlck eat kus
l shcpk l drsgs fn"kk eagea, d Bls j. kufr vls
vfk ku vi usgkks eay sk gks kA

ge fodfi r Hjr] vRefuHr Hjr vls fo"oxq Hjr
dsl dYi dksi jk dj usd sfy, geagj i Skusi j cgq
r\$ xfr l sl dk ykuk gA

vHh gekj slrj i j D k gksl drkg\$; g l kp\$D k ge
v kusoky so'ksaei js, d eghusd ksVlck elFk ds: lk ea
euk l drsgs

bl vDwiy dsi jseghust c mRj k kMdkeks e Hh
vudw gksk g\$ v k dk Øe vls ; ks uk acuk avls

y k̄k̄k̄ad h ft Uhf; k̄ad k̄scpkusd sfy, , d egku dk Z
dja

eav k̄ d si z k̄ k̄ad sfy, , E dhi j̄h V̄e d k̄sfny dh
xgj k̄bZkal sc k̄bZn sk ḡw Qyr k̄ dsfy, "k̄d leuk a
nsk ḡw k̄S v k̄ dhl sk̄ds l dYi dsfy, v k̄k̄k̄ ODr
djrk ḡw

fo" k̄k̄k̄ lk l s i k̄ uhrwf g t h̄ l ak̄d M̄v e k̄j
mfu; ky t h v k̄S mud hi j̄h V̄e d k̄scgq cgq c k̄bZ
nsk ḡw

Alj okn!

Tk fguh!