

mùj k k MykduR I ka-fr d mR o* eaekuuh
j kT; i ky egka; dkl aksu

140 fl r Ecj] 2023½

Tk fglh!

eqsmùj k k Mj kT; d suofufeZ fgek y u
I ka-fr d d se ea vk k r mùj k k M y kduR
I ka-fr d mR o* ea vki I Hh dsl kEk mR o ea
"kfe y gk j cgg ghi z ur k] vkuh vjS [k h d k
vgl k gksj gk gA

mR j k k Mdhbl I ka-fr d ij E j k dsl kEk xgj kbZ
I st v sgq vR t xozdhHv u dfr v gksj gh gA

vk k d r duh hl sfufeZ bl fgek y; u I ka-fr d
d se ea mùj k k Mdh y k I ka-fr] ij E j k av jS
foj k r dk I t h o fp=. k vki I Hh dks n s kus dks
fey s kA

mùj k k M j kT; dh I ka-fr d foj k r] xjS oe; h
y k I ka-fr vjS foj k r i j s fo' o ea vi uk , d
vyx nsh : Ik vjS fn O v k H k j [k h gA

noH fe dst u&t u ea; gk dh k feZ v k L k v jS
nsh I ka-fr dk xgj k ç H k o gA

i k f. kd dky | sgh; gk dh ykd | a-fr yk kads
t husdhjkg fn[kkr hga

i fo= xak&; eqk dh mxe LFky h , oa egku
euhf'k ka, oa_ f'k&efu; kad hri LFky h, oaosa&i jk ka
dsj puk d sber Fk vk; kRed Hkouk | sv fhHv bl
{ks dk vi uk fo' ksk LFku ga

vLFk ds d sbe Jh cnukF&d skj uFKJ
xaksh&; eqksh Jh gsd qM | kfgc , oa t kx'soj
| fgr vudka kfez LFky gekj hi gpku ga

Je | k; t hou dsclot m mUj k kM dh dyk , oa
| a-fr eat hou r k fn[kkoZnshga

mR j k kM dh obo' ky h foj k r | akZ dh 'ka
cnku dj rh ga mR j k kM dh ykd | a-fr t hou
dks, d mea nshga

gekj h; sl ank av kusoky hi hkd sfy; s, d [kt kus
ds: lk eal akssj [kusdsfy; sgeay xk kj c; k
djus gks v k fgeky; u | kad fr d dshz v k
mR j k kM dk | kad fr d ep gekj h bl | k
dks, d vdkj nnsdk dk Zdj useal gk d gkska

mUj k kM mR oadk i nsk ga ; gla o'kZj mR o
euk s t k s g Qyw | a kfu ; kfu Qynbz gj y k

mùj k . k] ?h l Økuf] edj Sh gks ; k fc[kks i jvs
çnskhj eabu l c mR oladh /evjgr h gA

mR j k k Mdhd d i j E j k avi usv ki eav uksh gA
t Bsf d nshjk es k i vkzjh es k ulhknsh es k
xlpj es k oSk k h es k ek?k es k fcl qes k xak
n' kgj k es k ulhknsh jkt t k , oa l k eukfk es k
i h & nj & i h h ge euk svkj gsgA

g\$ V\$ dh-fV l s; gk dhokLr dyk cgq gh l e)
gSl qjv or hzv py kaeagekj si k f. kd efulj k, oa h bouka
d sfuekzk eagekj hokLr dyk , oad k Bd yk -fVx k p j
gksh g\$ bl h çd kj egRo vZ i okz i j efgy k a ?kj
ea, s. k dhdykd kj hcuk h g\$ ear ksn\$ k k gwt gla
Hhe st k k g w s. k dh f' ki dykeu ek g ysh gA

mR j k k Mdhy k dyk ea h h v k Lfk dk cgq gh
xgjk ç h ko gA ; gla ds ?j k a ds fuekzk l sy d j
efulj k uls k i kuh ds /kj kaeai Rkj kai j uDd k kh , oa
nsh & nor kv kad h fp =d yk n\$ kusd ksfeyr h gA

, b sgh ; gk d sy k ok ; U= kad sc kj sea h h d gk
t k k g Sfd bu ok ; a kaeah k oku dk ok gks k gA

' k k dk Zçkj E k dj usl si gy sbu y k ok kad ksi vts
t kusd hi j E j k vkt H h fol eku gA

mùj k[k M eai jk k Rod egùk d s72 | jaf{k Lekj d
LFky ek S w g at cfd Hkj rh i jk Ro | o{k k foHkx]
Hkj r | j d kj 1/4 SI 1/2 d sv U x Z 41 Lekj d | jaf{k g S
t ksgekj hve v v /kj ksj ag A

ear ksm R j k[k M d s, b sgj , d i jk. kd r h k Z LFky
ij n" k Z k ad sfy, t k k gh t k k g w og kai j e q st ks
"k k v k S v k u h dh v u d h v g k sh g S og v y k d d
g A

mùj k[k M ea < k s & ux k M g o k[chu] M S t S s
L V e a g ekj sfy, i fo= H h g a v k S gekj h j h r f j o k k a
l s? k u' V r k d s l k k t o y s g q H h g A

A k e z x b k a e a m ùj k[k M d sgj , d d ky d s fo' k
eat kud kj h fey r h g A

Ld Uhi jk k ear ksd k[[k M v k S ekul [k M i j c g q
gh x g j k b Z l sfy [k k x; k g A bu l k ad fr d /kj ksj k a l s
geai j m Hkj r h | a—fr d sn" k Z g k s s g A

çnsk d s fo h u v p y k a d h y k d | a—fr d k s çnsk
r k k nsk d s v U j k T; k a e a f n [k k d j m s v k S
i f j L—r fd; k t k j g k g A

x < e ky h] d e k Å a h] t k S l j h v k S v U t ut k r; k a l s
t o h y k d | a—fr d sn" k Z g k s s g A

bl fgeky; l kad fr d dykd shzdsek; e l s; gla
dsykd dykd kj kadksvksykdj mugaep çnku
dj k k t kuk cgq ghl bhj dk ZgA

eqs; kn gSfd fdl i zkj l sl ad fr foHkx us
mùj k k Mdhl ad fr v k S ykd ij E j k vadkst h20
cBd kad snkj ku i j sfo" ohj d k sn[k k k FkA

pkgsj leuxj dh t h20 l feV gks; k uj seuxj d hA
vki usykd kadk Lokr ft l xeZ ksh dsl kfk fd; k
og vi usvki eavuk k gA

l a—fr foHkx] mùj k k M dsdk Øekadkseqs Hh
l e; &l e; ij n k usdk vol j feyrk gA

jkt Hou ea vk k r ol ut mR o ea gekj h
l kad fr d i z r q; kav R ut euekd gkshgA

vki l e; &l e; ij , bsl ka—fr d dk Øekadk
vk k s u dj ds gekj s i n k dh l ad fr dks , d
egRoi vZLFku fnyk usdk dk Zdj j gsgA

eav k k dj r k gvd vki mR j k k Mdhl bl nsh
l ad fr d k sn k v k S n q; k eafo[; k dj k A

; g fgeky; u l kad fr d d shz v k S l ad fr foHkx
vi usy {; k eav o"; ghl Qy gksk , bhejsh gkn d
"kad keuk agA

ekuuh | adfr eah Jh | riky egjkt th gekjh
kfez v | s | adfr d ij E jk vad sokgd ga vki dk
OfDr R gekj si nsk dsfy, , d /j ks j g

, d | a] , d | ekt | sd v | s , d i "kk d ds: lk
eav ki dk v k k e. My gekj si nsk dsfy, x | s | v | z g

e si v | z fo" ok dsl kfk dg | drk g v d vki gekjh
| adfr d | si j m n o; k dsfy, , d v k u a v | s m e a
dk v k k j cukusd h fn" k ead k Zdj j gsg e jsh v | s
| sgknz c / k o z v | s gknz " k d k e u k A

vkt bl | o j v k k s u eal ghkxhgj , d dykdj
dk v | s bl i jsl ekj k | st v | s g j , d | n L; dks
gknz " k d k e u k av | s gknz c / k o z nsk g v

t ; fgh!