

mRjkkMjkt; lsf foy lsk i jkk 2022 eal Qy  
vHfkkadsl Eku l ekkg eaekuh jkt; i ky  
egks; dk l asku

23 t gkbz2023

t ; fguh!

mRjkkMjkt; lsf foy lsk i jkk 2022 eal Qy Nk=&Nk=kadsl Eku eavk kfr  
l ekkg ea mi fLFr dgi fr] i tsj] i fr Hxhx. k  
vks vU l Eekfur egku!

jkt Hbu l Hxkj eavk l Hh dk gknø Lokkr  
djrkga

mRjkkMi nsk dhvud i fr Hkkausn sk dh l sk  
dsfy, i gys, d l dYi fy; kvks fQj m l dYi  
dksl p dj fn[ kk kg

eavkt ; gkam fLFr , bsl Hh l Qy i fr Hfx; kad ks  
vkidsek k&fir k vks vfrakadks gknø ckbz  
vks gknø " keb leuk ahnsk ga

v k usnšk d h l sk d sl a Yi d sl k k l a k y k l sk  
v k k s d h m R 'V i j k k d k s m R h k Z fd ; k g \$ ; sge  
l c m R j k k M o k ; k a d s f y , x o Z d h c k g \$ c g q  
[ k k d h c k g \$

v k l c t k u r s g a f d m R j k k M , d N k v k l k j k T ;  
g \$ ; g k a d k v f k d k a k H k s k y d { k s c g q g h n a z  
g \$ ; g k a d e l b k k u g S f Q j H h g e k s n šk e a g j , d  
{ k s e a m R j k k M d h i f H k a v i u k y k g k e u o k j g h  
g \$ g j , d { k s e a u s R o d j j g s g a g j , d { k s  
e a k s n k u n s j g s g a

fo" k k : lk l s j { k l sk e a m R j k k M d k , d c g q  
c M k ; k s n k u g \$ ; g k a d s o h j l f u d k a l s y d j p h Q  
v k Q f M Q b r d d s i n k a i j m R j k k M d h i f H k a  
d k Z d j j g h g \$

fo K k u , o a r d u h d f p f d R k , o a L o k F ] f l u s k , o a  
e u k s t a u ] [ k s , o a o s u b ] j k t u h f r v k s l e k t l sk  
t S s l H h i e g k { k s k a e a m R j k k M d h i f H k a , d  
m P p L F k u i j e g R o i v k Z ; k s n k u n s j g s g a

fl foy I sk ds{ks ea Hh mR j k M d h i fr Hk a  
fuj aj I Qyr k av ft Z dj r ht k j gh gA  
; g y k d I sk d sek e I sl ekt d ks, d u; h fn" kk  
v kS, d u; hi j k n asd k d k Zd j j gsgA  
eay x Hk n ksl ky i gy st c mR j k M dsj kT; i ky  
ds: lk ea; gkav k k Rk r Hh l se j seu ea; g b Pn k  
Rk fd ; gkads; qkv k ad sfy, ] ; gkad h ck fy d k v k ad s  
Hk'; d ksl ok usd h fn" kk e k efgy k v k ad st hou  
lrj ea, d cM k cny k o y k usd sfy, ] I f d v kS  
mud sv kJ r i f j ok k ad h Hk kZd sfy, d k d k e  
d: A

fi Ny s bu n ksl ky k a eageus cgq d k cny r sgq  
n k gA

ge k n sk v kS i n sk r j Dd h d h , d u; h fn" kk ea  
v k x s c <+j gsgA I Hh {ks ka ea i x fr gks j gh gA  
fofue kZk d s{ks e k v k k Hh l ja pu k k ad sfod k d s  
fy, d k Zfd; k t k j gk gA

y fdu e j sh, d I k sk Rk fd j kT; ea fl foy I sk ds  
{ks ea v f k d I sv f k d cP ksl Qyr k v ft Z dj av kS

mudh I Qyrk dkseku vks I Eku fn; k t k r kfd  
vks cPrks Hh bul si jk yavks fl foy I sk dks  
vi uk dks; j dk fod Yi cukusd sfy, vks svk A  
vkt eqscgq [k] gSfd ge m fn"kk ea, d  
dne vks scsgvks vkt ; g I Eku I ekj kg Hh  
m hfn"kk ea, d cM dne gA  
eqsvk I Hh dsl kfk ; g ck "ksj dj rsgq [k]  
gksj gh gSfd ge usj kt Hbu ead fl fnu i gy sgh; g  
r; fd; k gSfd ge ykd I sk vks k dh i j kkv ka  
dhr Skj hdsfy, mks k Md srhu fo' ofo| ky; ksa  
dkfa I vj 'kq djka A  
bu dkfa I vj ksa ea Nkksa I s fl foy I sk dh  
çfr; ksh i j kkv k adh r Skj h djk h t k xh ft I ea  
y Mf; ksa vks vks : i I s det ks Nkksa dks  
oj h r knht k xh A  
dkfa I vj nw fo' ofo| ky; nsj knw xksuh  
cYy Hk i a -fk , oaçksksd fo' ofo| ky; i auxj  
vks Jhns I qu fo' ofo| ky; ds\_ fk sk dks ea  
I pkfyr gksA eqsfo"ok gSfd ge bu dkfa

I **gj** kadks" **k<sup>h</sup>z** ghi **gj** dj nas bl dsfy, geus  
v Dvj dhfr ffk fu **k<sup>h</sup>r** dhgg  
dksp I **gj** kadh **L<sup>h</sup>k** uk dsfy, easj kt Hbu ea  
r huka fo' ofo| ky; **ka** ds dy i fr; **ka** v **l<sup>h</sup>s** v **U**  
v f/kd kf; **ka** dsl **k<sup>h</sup>k** bl I **ak** eacBd dhgg  
bu dksp I **gj** dh **L<sup>h</sup>k** uk dk t ks mas; gS  
og ; g gSfd geaek= 15&20 cPpkadsf foy I sk  
eafud y usl sl añ ughagsk pkfg, A  
muj kM I s fl foy I skv ka ea v f/kd I s v f/kd  
Nk=&Nk=k a mR hz gh bl ds fy, møja mfpr  
ekz' kz v **l<sup>h</sup>s** r Sk hdj k k t kuk t : j hg  
t **l<sup>h</sup>sfd** easi gy sd gk gSfd gek si **ñ**sk eav R **U**  
çfr Hoku Nk=&Nk=k agSy **ñ**du dfri ; Nk=&Nk=k a  
I **la** kku kav **l<sup>h</sup>s** v **U** d kj. **kal** sbu i j hkk kaeacfr Hkk  
ughadj i ksg  
bl dknñ ksgq, bscfr Hoku v **l<sup>h</sup>s** fl foy I skv ka  
ea: fp j [ kusok y scPpkadsfy, r hu fo' ofo| ky; **ka**  
ead ksp I **gj** [ kusd kfu. **k<sup>h</sup>** fy; k x; k gg

bu I &j ka ea cPbadsfy, cgn f; k rh ' k d ea  
mgar Skjhdj kbZt k xhA

I &j ka ea fo"k fo' k v / k d Nk=ka dh d {k a  
y &A bl dsl kF&l kFk I &j ka ea Nk=ka dksr Skj h gsa  
nSk ea vxzh J sh ds I bFkuka ds fo' k kka dh  
I gk rkyht k xhA

eqsv k'k gSfd vkt ge fl foy I sk eal Qy vi us  
bu i f Hk ky h cPbadsfsl Eekfur dj j gsgav k  
I Hh gekj h v kusoky h i hkh dsfy, , d i j. k dk  
dk Zdj &A

; gka cgq I s; qk Nk=&Nk=k am fLfk gat ks fd  
v kusoky sl e; eavi usd \$; j dks, d u; k edk e  
n &A vki I Hh I sHh e; gh dgk fd vki vi us  
dksy vks i f Hk dks, d u; sedk e rd yst kusds  
fy, fuj aj I gh y{; vks I gh i j. k dsl kfk vks  
c <A

Hk t Ynh gh , d cgq cMh fo"o vFk oLfk cu  
j gk g\$bl eav k I Hh; qkv k dks; k nku Hh nsak gS  
vks m dsi f. k ekadk y k k Hh i Hh dj uk g\$

t ks; qk fl foy l sk eap; fur gq gsv k dsl leus  
cgq cM ft Eeskj; kav lS c<h l Hkouk aga v k ds  
dk dk eagh Hjr dks, d fod fl r j kV<sup>a</sup> cuuk g  
v k dsdk dk eagh Hjr dksfo"o xq dsmP  
in dks, d ck l sfQj gkf y djuk g  
gekj sl i uscgq cM g gekj sgk sys Hh cM gka  
gekj sd k ZHcM gka gekj hegur Hh cM gka  
vfld l svfld ; qk v k l si j. lk y osvi uk y {;  
r; djA r Hh Hjr v lS i R d Hjr ok h fod fl r  
Hjr dsy {; dksi Hr dj skA  
; gkam fLkr l Hh f' Kkfonkal sejk; ghv kxg gSfd  
vk gekj scPpkad sfy, v Pnh l sv Pnh l fo k ana  
mugav PNk ok koj. k na cPpkad sfod k dsfy, t ks  
dN Hh l ab g\$ gj og dk Zk uk vk cuk a; fn  
dgha dksZ l eL; k gS rks m s ge fey & t y dj  
l ekku djA  
vk l Hh dksv kt dsbl cgq gh l b j vk k su ds  
fy, gkfnØ c k bZ v lS gkfnØ "Hk leuk A

t ; fgjh!