

gSuOoOpfd R k fo" ofo| ky; ds'kB nhkkut l ekj kg
eækuuh, d yk/ki fr @j kT; i ky egka; dkl akku

128 vxLr 2023½

t; fglh!

LokLF; vjS fpfd R k f k{k ea h} mUj k [l a /
l j d k j] M- ku fl g j kor t h j l fpo] fpfd R k j
LokLF; vjS fpfd R k f k{k foHkx] mUj k [l a / l j d k j]
M- vj j kt sk dekj] geor h uau cgædk mUj k [l a /
fpfd R k fo' ofo| ky; ds dgi fr çk s j ge pæ
l nL; dk z kj h i fj "kn vjS vdknfed i fj "kn ds
l nL;] foHkx fo' ofo| ky; ksd dgi fr] l dk l nL;]
xk Soklor ek k&fi r k j l Eekur Luk d vjS l Eekur
v fr f k j

vkt dk fnu f k{k} l ei Zk vjS - <#k dh; k=k ea, d
egPoi vZehy dki f k j gA

geor h uau cgædk mUj k [l a / e s v d y ; twof Zh ds
NBsnhka l ekj kg eavki l Hh dschp vkdj eqs
vR ut i z W r k vjS xoZdhvudhv gksj ghgA

ejsh i z W r k vjS [l k h bl fy, Hh gS fd bl
o"KZ , eMh, e, l &43@18] , echh, l & 489

i h pM[01] , efQy &10] , e, p, &16] , e, l l h
ufi [60] ch, l l hufi [60] i ksv c f d ch, l l h
ufi [111] , ui h h h [02] d y [1350] m i k/k, kai nku
d h t k j g h g a v l s 23 Lo. k Zi nd H h e s k o h f o l k f k z k a
d k s c n k u f d ; s t k j g s g a

v k t d s b l v o l j i j e a l H h 1350 l Q y v h i f k z k a
d k s v l s 23 Lo. k Zi nd i h r d j u s o k y s e s k o h N k = k a d k s
m u d h d M h e g u r v l s c M h l Q y r k d s f y , g k f n z
c / k b z n s k g a v

v k t d s b l e g P o i v z n h k u r l e k j g e a e a l H h
i f h k k y h N k = & N k = k v k a d k s g k f n z " k u d k e u k a v l s
v k k o k z n s k g a v f d m u d s t h o u e a f u j a j i x f r]
[k o g k y h v l s m u r h d s v o l j i h r g l a

e a b l v o l j i j l H h N k = & N k = k v k a d s e k k & f i r k j
v f h h k o d k a d k s g k f n z c / k b z v l s " k u d k e u k a n s k g a v
v k i u s f p f d R k { k s e a n s k d h l o k d s f y , v i u s c P p l a
d k s , d c g q e g P o i v z { k s e a l o k d j u s d s f y , v o l j
i n k u f d ; A

v k t d s b l v o l j i j e a m u l H h x e t u k a d k s H h
c g q c / k b z v l s " k u d k e u k a n s k g a v f t u d h d o k y

i fr Hk] dM h egur] i j. kk v ljs ekx ž" kž I sgek] scPpla
us; smi y fOk kav ft ž dhgā

ešl Hh Nk=&Nk=kv kad h dM h egur] -<+l dYi v ljs
vVw çfr c) rk dsfy, fny dh xgjl b; kal si žkak
djrkgā

vki usu; svol j kad ksvi uk k gSv ljs Kku r Fkk y lka
d sd'V kad ksnjwdj usd sfy, mi plj dh mR—"V dyk
dksl h [kk g] u; sd kSy vft ž fd; sgā Kku dhu; h
fo/k a [k s hgā v ljs mR—"Vrk dsfy, ç; k fd; sgā

fodfl r Hk] r] vke fuHž Hk] r] l e) v ljs Kkuoku
Hk] r] fo" oxq Hk] r dshfo"; dsfy, vki dkd kSy]
vki dh d#. k] n; k] i j ksd k] dk kžeamR "Vr k] ev
ijd mR "V l ok gek] sl ekt dslOkLF; v ljs dY; kk
eacgq cMk; k nku nnsoky k gk kA

t Ssghvki fpdf R ki šoj kad s: i eanfu; kead ne
j [k sgā vki , d cgq cMh ft Eesk] h fuHk j gsgk s
gā

vi usejht kad h l ok djuk] moga Bhd djuk v ljs
mudst hou eal kHž cnyko ykuk, d ft Eesk] hgā

; kn j [kafd nok fl QZchekfj; kadk bykt ugrag\$; g
ekuoh, flFkr dksl e>u\$ l gkuhfr c<kusvlf\$ t c
bl dh l cl svfkd vko'; drk gks rks vkkk çnku
dj usd sckj seagA

vki t ksl Qa dks i gur sgog fl QZvki dsi šksdk
çrhd ugra g\$ cfd l Eku dk çrhd g\$ t ks
l ekt }kj kvki ij fd, x, Hk ks sd ksn' kzk gA

gekj k jkT; mjk [k] ohrk vlf\$ l a—fr dk , d
l e) bfr gk fy, gq g\$; glad hno l adfr vuBh
gA vlf\$ vc eavki l Hh dsgk\$y kavlf\$ my fOk kad s
cy ij dg l drk gwfd gekj si zšk dk , d cgrj
vlf\$ vfk d l E W] vfk d fod fl r vkkkt ud Hfo";
gA

mRj k [k] Mi zšk dsyls kad sLokF; nšk Hky dsi Fk
çn' k ds: i eavki m Hfo"; dksvkdj nasea
egfoi vZHfoed k fuHk, aA

pkgs vki gekj snjmkt dsi gkm xkø gypy Hjs
'lgj k; k; glard fd ošod ep ij l øk djuk pqr s
g\$ vki dk dšy og l sqcus k t ksmi pj vlf\$ vkkk

dsI kK vl ā; ylskadst hou eau; h ft lhxh dk
l pKj djzKA

gky kō j kglaeapqkS; kaHh gksh] y fdu ; kn j [kafd
gj , d pqlsh fodk dk , d u; k vol j yk h gS
geavi uh blghapqkS; kaI sVdjkdj i nšK dksv lS
nšK dksl e) v lS [kōgky cukuk gA

vkī fujaj u, Kku dksvi uk ā f' kK dHh l ekr
ugragksh] l nδ , d f'k; cusjgāt Ssxq xkōuh
fl g th usdgk Kk] l h [kusdsI aYi dsl kK fl [k
ijEjk dhvkkj f'kykj [kHk] ealO; aHh bl ijEjk
l sgw lS vkt Hh l h [k jgk gwD, kō fl [k gkK
l h [k sjguk] ; g t hou dh fujaj i fO; k gA

ft Kk qcusjgav lS l h [kuk dHh ca u djA fpfd R k
dk {k fujaj fodk dh flKfr eagS v lS vud yw
v lS uoçor Ź dh vkī dh bPK vkī dh l Qyrk dks
i fjHk'k djzKA

eqsmu l efi Ź l dk l nL; kad sçfr Hh vi uk v kHj
i ŹV djuk plfg, ft l gk s vkī dh ' kSd ; k=k ds
nkū vkī dk i k k v lS ekx Ź' Ź fd; k gA mR—Vrk
dsçfr mudh çfr c) r k] mudh l ykg v lS f' kK k ds

çfr mudst qu usvkt vki t Bspfd R ki skj ksdks
vkdj naseaeg Poi vZHfed k fuHkoZgA

; glami fLFr ek k&fi rk vjS i fj okj ksd sfy,] vki dk
vVw l eFz bu Luk dka dh mi yfOk ka dh
vki f'kyk jgk gA vki ds çkR lgu] cfynku vjS
mudsl i ukæ ea fo' ok usmudh l Qyrk dk ekxZ
ç' klr fd; k gA

vkt dk fnu ft ruk mudsç; k ksd k gS mruk gh
vki dsç; k ksd k Hh gA t Bsg hvki bl u, v/; k
dh' kvk djæ; kn j[kafd gekj s dk Zegku gks
l drsg gS gekj sl akku l her gks l drsg gS yfdu
ckk vka dks dkoZ Hh gekj sl dYi l sekr ughans
l drkA

t c vki vi uh pqlS; kavjS th dk l leuk djæ s
rks; g l dYi vki dkekxZ' kZ cusxk

dfj; j-

eS fo' ofo| ky; ds vudj. kn usPo vjS u døy
mùj k kM cfYd m l s ijs fpfd R k f' k k ea
muds; ksnku dsfy, dgi fr M- ge pæ th dh

I j lguk dj r k g] wešt hou d sl Hh {kskaeamud sv FN s
gksd hd leuk dj r k g]v

eš M- ; øy ds feJ k] çkQsj 1¼,1/2 okoz s x b k]
çkQsj 1¼,1/2l wð ka 1/2ešj t u jy fLer k nøj kuh]
oh l , e 1¼okfuou 1/2v k] fczšMj d ksHh c/kkZnsk
g]v

vfer k nøj kuh 1¼okfuou 1/2 okfud ft lga LokLF;
f k{k v k] LokLF; I okvkaeamud st hou Hh ; ksnku
ds fy, vkt fo' ofo| ky; } k k ekun mi k/k I s
I Eekur fd; k x; k g] mudhi f Hk c<#hj gsv k] os
vi usl Hh v FNsdleal sbl nšk dksl e) cukus
ea; ksnku dj rhj g]v

va eš ešbl mryškuh mi yfok dsfy, vki eal s
çR d d ksgknz c/kkZnsk g]v

geor h uau cgøok m] k] ka/ ešvly ; twof Vh ds
Luk d ds: i ešvki fl QZ, d i škseaçosk ugradj
jgsgšcfYd , d , šsØol k eaçosk dj jgsgšt ks
t hou dks Nus ?koka dks Hh usv k] v k] e ykusd h
'kã j [k k g]v

vki | sk] d#.kk vjS mR—"Vrk dh m Hkouk dks
vi ukuk t kjhj [kft | dsfy, ; g | aFku [kM+gA

va eaeSvki | Hndksfodfl r Hjr vjS vkefuHj
Hjr dsfuekZk dsfy, i p i zk fQj | s; kn fnykuk
plgrk gw, svki | Hndst hou dsi zk gS; shjr ds
xkSo dsi zk g&

fodfl r vjS vkefuHj Hjr cuk a

xgkehdkuff drkl sedr Hjr cuk a

vi uh fojkr vjS Hjr dsiphu xkSoe; | Pps
bfrgk ij xoZdja

jkV^a dh, drk dsfy, 140 djks/Hjrh, adh, drk
ean<+fo"ok j [kA

I fo/ku dsl Eku dsl kK | Hn ukxfjd drDkdk
i kyudja

Aj okn]

vki dh; k=k m's; i vZvjS | Qyrkl shj hgkA

t; fguh!