

↑K^uV^h I jI vkt h^odk e^sk* eqhdhjshfV-x- ea
ekuuh jkT; i ky egk^a; dkl ak^u

109 vDV^{aj}] I Isokj 2023½

Tk fgl^h!

noH^{fe} m^Rj[kM dh bl i fo= /j rh
ij vk k^t r] nl fnu^kard pyusokys jK^uV^h
I jI vkt h^odk e^ssdsm?K^uV^h I ekⁱg ea vk
I H^hdschp vldj eqsvR^u i z W^rk gksj ghg^a
I cl sigyse^abl e^ssdsvk k^su dsfy, vk
I H^hds^gkⁿ c/kbZv k^s gkⁿ "H^hdeuk^a ansk
g^a

e^sladksh^o v k^s fn^o cukusdsfy, t ksm^R lg]
me^a] g'kZ v k^s m^yk g^s bl dks n^skdj eqs
vR^u vkul^h dhvud^h gksj ghg^a

; g , d jK^uV^h vk k^su gSt ksgeⁱsm^R j k^t kMdh
noH^{fe} ij vk k^t r g^ast k jgk g^a eqhdhjsh
ok^aadksrksvc jK^uV^h v k^s vajK^uV^h vk k^s uk^a
dhvknr I hgksx; hg^a

; glav ajK^uV^h ; k^s egk^a o g^ssk g^sv H^hfi Nysgh
eghuka^aeat h&20 dsfo" oLrjh I Ees^yu gq g^av k^s

vc ; sl jl es k Hh, d j k Vh eg R d k v k k \$ u
g \$ t k s f d ge l c d s f y , c g q g h x o Z d h c k r g A
bl es sea Hh r d s d k a d k a s l s y k a d s c u k
g q g L r f " M i] L F k u h m R k n] y k d l a - f r v k \$
d y k v k a d h f o f o / k k n \$ k u s d k s f e y s h A

bu nl fnu k a r d y x k r k j , d g h t x g i j i j s
Hh r d s j k T ; k a d h d y k v k \$ l a d f r d s ; s c g q g h
x k \$ o " k y h { k k g A

bl es s e a v k i d k s i j a] i f " p e] m R j] n f { k k
g j , d f n " k k d h d y k j l a d f r v k \$ f " M i
d h > y d n \$ k u k a d k s f e y s A

; g l a m R j k [k M] f g e k p y] e f . k i j l f e t k s e]
u k x k y S M v # . k o y i n \$ k l s y d j g f j ; k k k i a k c]
j k t L F k u] e / ; i n \$ k j m R j i n \$ k Hh r d s n f { k k h N k s
l s d j y] d u k v d] r f e y u k v k n l Hh i n \$ k a d h
l q j l a d f r] d y k v k \$ f " M i n \$ k u s d k Hh v o l j
f e y s k A

bl d s l k F & l k F k v k i d k s v k t h o d k d s l a k k u k a d s
f o f H h u : l k Hh bl es sea n \$ k u k a d k s f e y s A

; g l j l e s k g e k h d y k l l a d f r v l s f o f o k k
e a , d r k d s l e l o ; d k t h o u m n k g j . k g a

m R j k k M v l s i j s x < e k y f g e k y ; d s f y , c g q
g h x o Z d h c k r g S f d ; g j k V h l j l v k t h o d k
e s k g e k j s v k a u e a v k k t r g k s j g k g a

e s s i o Z R k g j r k s H k j r d h , d v y x g h
f o " k r k a g a g e k j s n s k e a i x & i x i j e s v l s f n u
i f r f n u m R o v l s i o Z v k k t r g k s s j g r s g s ; g
H k j r d h l l a d f r d f o " k r k g a

y k s v k l e a f e y r s g s > e r s g s u k p r & x k r s g a
d d [k j m n k j h d j r s g a , d m R o d k o k k o j . k
p k j a v l s c u k j g r k g a

d d f n u c k n g h g e u o j k = d s i f o = i o Z d k s
e u k a s n " k g j k n h k o y h d j o p k t s s i f o =
m R o v l s i o Z v k u s o k y s f n u k a e a g e k j s o k k o j . k
e a , d g ' k Z m y k v l s v k u a d s { k k c u u s o k y s
g a

; s i o Z R k g j] e s s t g k a g e k j h l l a d f r d l e f) d s
i z h d r k s g a g h l k k g h ; s g e k j s n s k o k i ; k a d s
v k l h i e] l n h k o v l s , d r k d s i z h d H k g a

; seſ sgh geacr k sgāfd gj , d Hk r h , d gh
gā gj , d Hk r h , d l eku gā d k Z N k ; k
c M u g r a g ā l H n d s f y , , d t ſ h [k k k a ; seſ s
y d j v k r s g ā

bl fy , geſ s i z k u e a h J h u j ſ h z e k a h t h H
geſ k n ſ k d h l a d f r] l H r k eſ k a v l ſ R l g j k a
d k s , d r k d k v k k j c r k r s g ā v l ſ i j e d k s i f p e
l ſ m r j d k s n f { k k l s , d j k t ; d k s n w j s j k t ; l s
t k s u s d k l k r d l a ſ k n s s g ā

^ d Hk r] J ſ B Hk r * d k t k s u k k g ſ ^ d Hk r]
J ſ B Hk r * d h t k s l a d Y i u k g ſ ; g geſ s
bl h , d r k d h i g p k u g ā

, ſ h j k v h , d r k d k l a ſ k n ſ k d s g j , d d k a s e a
v k k a r g k a s o k y seſ k a v l ſ R l g j k a l s f n ; k t k r k
g ā

v k t ge _ f k d ſ k e a e q h d h j ſ h e a e k a x a k d s b l
i f o = r V i j t k s l j l eſ s d k v k k s u d j j g s g ā
bl eſ s e a H h ge geſ s n ſ k d h , d r k e y d
f o f o k k H h l a d f r d k s v u d j l d r s g ā

i j s n š k d s b u f o f o / k v k l e k a d s v k y k d e a ; g
j k V h L r j d k l j l v k t h o d k e s k v k k t r
f d ; k t k j g k g A

e q s i v z f o " o k g S f d ; g e s k b l H O] f n O : l k
e a v k k t r g l a s o k y s v k k s u k a e a , d e h y d k
i R j l k f c r g k a

t S k f d e q s c r k k x ; k g S f d b l n l f n d h
l j l v k t h o d k e s s d s n j s u j k V h x z e h k
v k t h o d k f e ' k u] x z e h k f o d k e a k y ;] H k r
l j d k , o a m j k l a m j k t ; x z e h k v k t h o d k f e ' k u
d s l a ä r P o k u e a f o f f H u L o ; a l g k r k l e g l a
d s m R k n , o a l s k ; m i y O k g k a

; g k a i j x z e h k f o d k f o H k x d s f o f f H u m i y f O k k a
d k s H h c n f k z f d ; k t k s k v l S O k k H h f d ; k
t k x k A

E q s c r k k x ; k g S f d b l e s s e a d k s y f o d k , o a
j k s x l j f o H k x , o a n h u n ; k y m i k ; k x z e h k
d k s y ; ; k s u k } k k v k k t r e s k j k s x l j e s d s
e k ; e l s v l e t u r k d k s j k s x l j d s u ; s v o l j H h
m i y O k d j k s t k a A

, d çdkj l s; g es k xE fodk foHkx] 'kgj h
fodk foHkx] [knh , oa xkxkx foHkx]
i; Zu , oa mjSk vkfn foHkx foHkxka }kj k
vk ktr jkxkj , oaLoj kxkj l aakl feukads
ek; e l s foHkx dY; kdkjh ; kxvka dk
çpkj&çl kj djusdkdk Zhhdjxk

Eqs; g tkudj Hh cgg vPnk yx jgk gSfd
l kofud tutkx: drk, oat u l ghkxrkd sfy,
bl nl fnuka ea jkT; ds mR-V fdl kula
i' kkydka vjS eNqjka dks Hh l Eekur fd; k
tkxkj ftudh dMh egur vjS usPo dsdk.k
gekjkjT; fodk dsi Fkij vkxsc<+jgk gA

l ekt dsfnQkat ukadskykflor djusdsfy,
bl esseal ekt dY; kk foHkx }kj k efgyklds
i r ?jswgak dhjkdFke] fya l aak eka, oa
vfkdkads çks ea tkx: d dj mda efgyk
l 'kädj.k dh vjS meek djusdsfy, fkoj
yxk tkjgsgA

bl esseacky l jkkvjS cshcpk&cshi <vks
tBsvfky Hkjh vfk kuka l stks dsdsfy,

t kx: d d j u s d k d l e H h f d ; k t k x k j ; s c g q
[k h d h c k r g A

g e k j h c s / ; k a g e k j s n s k d h " k u g A g e a f o d f l r
H j r] v k e f u h j H j r v l s f o " o x q H j r c u k u s
d h f n " k k e a g e k j h ; o k i h h d k s u s R o d j u k g A
g e k j h c s / ; k a d k b l e a c g q c M k ; k s n k u g k a s o k y k
g A

m R j k [k M d h e k " k D r r k s v i u s v k i e a c g q g h
v y x v l s " k D R " k y h g A ; g l a d h e k " k D r d h
i f H k l s g e m R j k [k M d k s H h v l s n s k d k s H h
l " k D r v l s l e) c u k x A

b l e s s d s e k / e l s g e a v k t h o d k j e u k s a u]
O o l k v l s d k s y l a) z d k t k s e p f e y u s t k
j g k g S ; g o k r o e a v u s m i s ; k a d h c k f r e a
l g k d f l) g k a s o k y k g A

g e a H j r j k V a d k s e t c r v c u k u k g S , d H j r] J s B
H j r * d s g j , d o k D d k s p f j r k F z d j u k g A

b l d s f y , g e a l e k t d s v f r e i k n k u i j [k v s
O f a d k s H h O f a R o] v k F z] l e k t d & l E e k u]
v k n ' k z f l F r ; k c n k u d j u h g a y s d l e k u r k v l s

fodk dsfy, psuk dkl t u vls fodk djuk
gkA

i h<+k vk ah vls tk ah ck & ck vk ah vls
fQj tk ah ydu Hkr dksfodfi r djusvls
bl scgrj cukusdsgekjsç; k kaea fuj ajrk vls
fuj ajrk gahpkfg, A

_ fkd sk vls eqh dh jsh dh; g uxjh l a uxjh
gS _ f'k ka eq; ka vls l kq l a dh uxjh
gA ; g ; k uxjh vls l adr Hkk dh uxjh gA
bl fnQ uxjheat sl kq a] _ f'keq; k hgA
mu l c dksHh eavkt dsbl vol j ij ueu
djrkgA

; gkal sgekhl Hrk l adfr i jn nq; kaeai ga
jghgA bl fy, , d ck fQj eabl vk ksu dks
brusl qj LFku ij vk ktr djusdsfy, l Hh
eahx. kadksfo/k d x. kadksfoHkx dsvfkdjh
vls depkj; kadscgq &cgq ' kadleuk ansk gA
vls bl esdhl Qyrk dsfy, fny l si Hw s
dleukdjrk gA

t; fga!