

U w uku* dhvls | svk ktr mUj k Md sfj; y
ghj s * | ekj g eaeuuh j kT; i ky egk; dkl akku

123 epZ2023½

t; fglh!

U w uku* dh vls | s vk ktr
mUj k Md sfj; y ghj s * dsl Eku | ekj g eavkdj
e qsv R t i z W r k gksj gh gA

vkt ; gkal Eekur mR j k Md h; si fr Hk al pep ea
gekj sl ekt dsfy, fj; y ghj s gS, d M eav gS
vi u&vk eafor" kV gS vyx gA mR j k Md sfy,
vki dhi fr Hk vki dk; k nku] vki dk Q fDRP cgq gh
fo" k k gA

dyk | adfr vls | ekt dsfofo/k {skaeavi uhi fr Hk
dscy ij | ekt dks, d u; hjlg fn[k j gsmR j k Md
ds fj; y ghj s * dkseavkt dh bl my fOk dsfy,
vki | Hh d ksgknZ c/kbZ, oagknZ "k d leuk ansk
gA

eabl vk k s u dsfy, Hh U w uku* d ksgknZ c/kbZ
vls "k d leuk ansk gA

nlwjsdksl Eeku nãsdh; g i gy vki ds **Å p s fopkj**
vks , d cM l p dksi dV djusoky sgS gekj si nšk
ds fj; y ghjs * dks , d u; h i gpkufnykus dh
vki dh; g edge vR ut i z akuh gA

fdl h dksi R kgr djuk vR ut egku dk Zgksk gA
i R lgu] , fi ž k "ku] l Eeku] i jldkj ; sl & l ekt dks
i xfr dhvks ysdst k sgA

l ekt ea, d l sc<ej , d mPp çfr Hk; l keusvkrh
gA bl l sl ekt eaçxfr' ky vks l dkjed ok koj . k
dkl tu gksk gA

vki l Hn rkst kursgh gAfd vkt dsl e; eaehMk
dhD, krldr gSykdræ ds, d et cwlRak ds: lkea
l ekt dk, d cMk vkkj ehMk ghgA

vkt nšk dks vkt d i xfr eš l ekt d mufreš
l la fr d vks jkt ufr d l e) eanšk dh i xfr dh
gj fn" k eaehMk vi uhcMk Hfed k fuHk jgk gA

vkt rkeehMk i R ds O fDr dsgkkaeavk x; k gS
vkt dkl e; l puk O fUr l svkxsc<ej l puk lads
foLOK dkcux; k gA

vkt dsl e; eavl yh [lcj D, k g\$; g t kuuk Hh
dH&dHhcmkedy gkst k k g\$ bl fy, ^es LVie
ehM,k* dh Hfkd vj\$ vfk d Qk d vj\$ vfk d
mR jnk hi vZgksx; hgA

vkt ehM,k dsl leusvud p\$& Hh g\$ vj\$ vol j
HhA bl fy, ehM,k dks bl fn"kk ea l t xrk ds
l kfk , d vj\$ vfk d cmh Hfkd fuHkuh gksA I R
vj\$ rF; I ekt d l leusy kusgkA

I kky ehM,k] ekt ehM,k dk {ks vle vknehdsgkfkA
eavk x; k g\$ i R d QfDr dks t kx: drk dsl kfk
ehM,k dh "kDr dk mi; ks nsk dh i xfr dsfy,]
ykskadh i xfr dsfy,] I ekt dh i xfr dsfy, djuk
gkskA

vki n\$krsgk\$& bl I puk ra dk dHh n\$; ks gks
gg fn[kkZ nsk g\$ gea , bh n\$; ks djus okyh
"kDr; kdk t ok Hh ehM,k dh bl h rldr I snsk
gsk] vj\$ Hh r dh, drk] v[kMk vj\$ Hh p] sdh
fn"kk ea d j kRed I puk k ad ksv kx sy kuk gkskA

ehM,k dh I d j kRed Hfkd ds: lk eayk d t kxj.k
vj\$ Hh p] ij va q y xk usea Hh cmk; ks nku gks
I drk gA

mpr vļS vuōr [kɔkaij fuaa.k | sehM,k vi uh
i fr' Bk dksvļS vfk d c<k | drk gā | lekt ea' kfr]
l gknZ | ejl rķ | l agū vļS | kSū dh Hkouk dks
fodfl r dj | drk gā

ejk r ksekuuk gSfd i R d Hkjh dsfy, jkV^a i Ee
dh Hkouk ghl okzj gkshpkg, A

jkV^a d scfr Hā , oa, drk dh Hkouk dksmHk usea
ehM,k dhvge Hfo d k gkshgā

mR jķ k Mear ksgj ?kj ea l ū d k t ksk gā ; glai vZ
l ū d orēku l ū d vļS Hfo'; dsl ū d gk s ds
dķ.k; g , d l ū i nsk ghgSmR j [k Md hbl l ū
"kDr dsi fr ehM,k cMh Hfo d k fuHk k gā

; qk l ū t ksk eš nsk HDr dh xav eš 'lgmkads
l Eku eamR j [k Md k ehM,k , d cjsd] mR lgo) ū
vļS nsk HDr vZ [kɔk aeac<&p<ej ; ksnku nsk gS
ft l svļS vfk d c<k usdhvko"; drk gā

bl hi ū ķ l smR j ķ k Md h ^ek` "kDr * dh efgek gh
vyx gā i gkMaeagekj hukjh "kDr dh vi us i fj Je
dscy ij cMk; ksnku nsj gh gā i gkMd hukjh "kDr
dh mi y fōk kafof" kV gā

mR j k k M dh gek h cš; ka dh i f Hk v r g u h gš
mR j k k M dh cš; kafuj aj u; h u; h m p k b Z ka d k s N w
j gh gš geamud ksv kx sc < k u s d s fy, v kx sv kuk g k A
mud h mi y f k k ad k s c M h ek = k eal ekt d sl keusy kuk
g k A

bl hi d k I si; Vu dk { k mR j k k M d s fy, I d s
c M h I k k o u k v a d k { k gš mR j k k M t k s f d ; k }
v /; k E v k s k k e d I k Vu dh n f V I s, d v y k d
L f k u gš

bl fy, e a p k g k f d e h M k bu fo' k k a i j i n š k d s
m d ' k z e a v i u k ; k n k u v o " ; n a

geamR j k k M d k s v o l j k a l s h k i n š k c u k u k gš b l s
v k i n k i n š k d s y s y I s c l g j y s d s v k u k gš

i k d f r d v k i n k a v k h gš y f d u gek si n š k d h f o f o / k
i k d f r d I k h ; Z o s u š k ; k } v k o š i ; Vu dh
x f r f o f / k k a h h u š k u y gh u g r a b a j u š k u y I [k c j a c u
I d r h g a

d d f n u i g y s g h _ f k d š k e a v u j k z h ; k e g l o
v k k r g q g s 9 7 I s v f k d n š k a l s y k o g l a v k f s
v k s ; s g j o ' k z g k s k gš y f d u , k D k a g s f d ; g

uškuy v kš bā' uškuy ehM k rd i g p l drh gS
ft l l smR j k k Md k gh fod k k g k soky k gA

mR j k k Md hdy k l ad fr] l k v u] v k ; k f ed] k fe z
egPo dksi j sfo" o eai z k j r dja, bhejshvi š k gA

eqsi v k z fo" ok gSfd bl j k ; dsmR d' k ZeaehM k
vi uhv kš v f kd cM h h f ed k fu h k x h A

, d ckj fQj l s u w L v s mR j k k Md sbl v k k s u
dsfy, u w u šku* dsM h e J h uouh "lekZ t h
C j k s p h Q J h fd" k s j kor t h, oa u w u šku* d h i j m
V h e d k s bl v R ū i j k k h d k dsfy, g k f n z
c k b z v kš " k h d k e u k ai f k d j r k g v

bl l Eeku l ekj k eai k j sl h h egk u k o l a d k s g k f n z
c k b z v kš " k h d k e u k ai f k d j r k g v t k s e h M k ds
ek; e l s bl dk Øe l s t v s g s v k l h h d k s h h
g k f n z c k b z v kš g k f n z " k h d k e u k a n s k g v

m u j k k M ds ft u f j ; y g h k s d k s v k t l Eekur
fd ; k x ; k g S e a m g ai q % c k b z n s k g v

Tk fglh!