

fi i y i o LdW , l k , "ku dsvUjK/h l Eeyu ea  
ekuuh jK; i ky egka; dkl aksu

1/21 fnl Eej 2022 1/2

t ; fglh!

bl vUjK/h l Eeyu eavk l Hhdshp vkdj eqs  
vR U i z W r k gksj ghgA

, l k , "ku dsl Hh l nL; kadksbl Hh vk k s u d s  
fy, v k s v k d s i x fr "ky fopk kad sfy, gknZ c/kbZ!

vk i r o'kZ f' k k d s { k s ea, bsvk k s u d j r s g a t k s f d  
f' k k d h x d o r k d s f y, v R U e g R o i v z g s v k d h b l  
j p u k e d l k p v k s l k e k t d m r j n k f, R o d s f y, H h e s  
gknZ c/kbZ n s k g w

eqscrk k x; k gSfd vk cgg l hjpukEd xfr fof/k kadks  
vk k r d j r s g a v k l j d k j h f o l k y; kadks H h l g; k d j r s  
g a j a n k u l o P N r k l k k z j . k t S s e q n k a i j v i u h f t E e s k j h  
d k s f u H h r s g a

vk Nk=ka ds O f D r R o f o d k d s f y, o k n & f o o k n ]  
i s / a & f p = d k j h r j d d h Q o ( c , y ] c s f e a u ] V s y V s u l ] f o d s ]  
c k d v c , y ] o , y l c , y ] g , d h t S h f o f o k [ k s i r ; k s r k v k a d k  
v k k s u d j r s g s b l l s c P l a d s O f D r R o f u [ k j u s d s f y ,  
v u s l v o l j m i y O k g k s s g a

eqscrk k x; k gSfd bl o'kZ vk i u s x h r k i B i r ; k s r k \*  
d k H h v k k s u f d ; k g a v k d s l H h v P N s i z k k a d s f y ,  
gknZ c/kbZ n s k g w

vki dh , l k , "ku ↑ k s o\* g ft l sge i xfr" ky dgrs  
g ; si xfr" ky rk gh gSft l us n; k dks cnyk g , d  
fod fl r l ekt dk fuekZk fd; k g

vki vi uh ↑ k s o\* l p dscy ij] f' k k ds { k ea, d  
Økut ykj gsg

; glav f/ d k k fi i y] fo| ky; k adsl pky dx. k cBsg ejsk  
ekuuk gSfd Ld yka l st k gj , d Ø fDr] ey. l k l s, d  
f' k k d gh g k g v k , d f' k k d gh gSt l sn; k d kscny us  
dhrldr j [ k k g

v k p k Z p k D, usl gh d g k F k & i ; v k fuekZk f' k k d h  
x k ea [ k r s g v k p l g k r k N k = k adscy ij i j s fo" o d k s  
cny l drs g fo" o dh vi a; l eL; k k d k l e k k u  
fud ky l drs g

vki vi uh l p & fop k v k k . k dscy ij l c d d j  
l drs g f' k k dscy ij l c d d g k l drk g f' k k gh  
og ek; e g ft l us n; k d k s, d cgrj t xg cuk k g

f' k k us gh l k . k ekuo d k l ij ekuo cuk fn; k g  
v k ; g i Ø; ky x k k xfr" ky g

gekjh ; gh ft Eekjh gSfd ge vi us c p k a eabu x d k k  
fod k d j v k e q sn < + fo" ok gSfd vki , b k dj l drs  
g v k vki , b k dj

H k r dsi p hu bfr g k d k n k s d B s; g k ai j m n; k d s  
ft K k v k l h k us d sfy, v k s j gr s f

gt jkal ky kad h xgkeh dsckn Hh Hkj r dh f' k{k} I ad fr  
 vjS I H; rkl nδ xfr "ky vjS i HkohjghgA  
 eqscrk k x; k gSfd vki usbl I Ees u ea jKVh f' k{k  
 uhr 2020\* ij xgu ppkzv jS foe" kZfd; k gA  
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vki dks mgh evk adscy ij vi usLd yk adks fo" oLrjh  
cukuk g\$ nfu; k dh Hk kZd sfy, mgsLd yk aeay kvvj uk  
gA

geanfu; k dh ^udy \* ugraHk r dh ^vdy \* dksl leusj [ kuk  
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^ol dS d vE pde~ ek ñoksho] fir ñoksho] vlpk Znoksho]  
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ijm nfu; k , d i f j o k cuk s gA ek k & f i r k & x q dks nork  
ekur s gA l p c k y usd h j l g fn [ k r s gA ge l R d sek x Z i j  
py usd h i j . k k n s s gA t ksl gh d k Z g a m g s d j usd h f" k{ k  
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ngj knu] egkHk r l sy dj vkt rd Ld yv f" k{ k d sfy, , d  
i f i ) v k\$ v k n " k Z L F k u gA

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u; h' k k u h r d k l k j r P ; g g S f d & u o h u d l s i k p h u l s  
t k s f o k k u d l s k k u l s t k s H k k v k a d l s f o ' k k a d k s t k s A  
X y l s y d l s y l d y l s t k s A L d y w d l s l e k t l s t k s A v l s  
O f D r d l s j k V a l s t k s A

g e a H k j r d h e g k u r k d l s l e > u k g l s k A i k p h u f o p k j k a d k  
l E e k u d j u k g l s k A v i u s i o z k a i j x o z d j u k g l s k A b l  
f' k k u h r e a 2 7 c k j l a d r " k n d k i z k s g o k g A

g e a ; g l k p u k g l s k f d i j m n o u ; k e a l a d r H k k d h r k d r  
D , k g s ; g g e k j s e k s y d K k u d s H a k j d h p k c h g A v i u s  
c P l a d s g l k s e a b l p k c h d l s F l e k A l a d r i < k u s d s j k l r s  
r y k' k u s g l k A

n s k v l s n o u ; k a d h v u H k k v k a d s l k f k & l k f k l a d r d l s  
H h i < k u k g l s k A b l d s l k f k & l k f k f c x M s k l k o a ] e " k u  
y f u z ] v k v o f' k y b a s y t a ] j l s k v D ] d a v y ] t s s  
o s k u d v l s r d u h h { s g a b u d h " k f D r d k v u d o d j k u k  
g l s k A

g e k j s c P l a d h m i y f o k k a l k k j . k u g h a e g k u g l s h p k f g , A  
b l d s f y , v k d l s c P l a d l s H k j r d h K k u i j a j k l s t k s A  
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v k d s L d y w u k y a k j r { k' k y k j f o O e f' k y k j o Y y H h d k' k h  
t S h i f' B k i h r d j a v k d s L d y w a e a n o u ; k l s c P s i < u s  
v k A

; g r H h g k t c v k i d s L d y w a l s H h d k b Z p j d ] d k b Z  
l d q ] d k b Z v k b W ] d k b Z o j k g f e g j ] d k b Z H k d j k p k ] d k b Z  
c a x o ] p k l D ] i k f k u ] i r a f y ] u k k t o ] d k b Z e S s h ] x k x h ]  
v i k y k c u d j f u d y A

v k u s o k y s g t k j a l k y l a r d y k a d s t l o u d s f y , , d  
u ; h j k s u h [ k s a , d u ; h p s u k t x k a , d u ; k u t f j ; k  
i b k d j a u ; k k k u d k i z k j d j a u ; h A t k Z d s { k s < a A

v k i l H h H j r v k i S H j r h a d s v k e x l s o ] v k e f o " o k ]  
v k e k k u ] , d r k j l e o ; ] l g ; k d s c y i j ; s d j l d r s  
g A

v k t d s b l l o j v k k s u e a ; g l a m i f l F k d u y  
t l f o a j f l g t h ] J h M a l - e k u t h ] e s j t u j y 1/4 s u - 1/2  
' k e h l H j o k y t h ] y s M u a t u j y 1/4 s u - 1/2 , l - d s l S h t h ]  
M - c e d ' ; i t h ] J h j d s k v k s ; t h ] J h j e s k c R k t h ]  
t u j y 1/4 s u - 1/2 t s , l u s j k t h ] e s j t u j 1/4 s u - 1/2 , l - l h  
e k g a k t h ] J h v ' k a x l a y h t h t S s c g q l s f " k k f o n ; g l a  
m i f l F k g A

v k i l H h d k s , d c k j f Q j l s g k f n o c k b Z , o a " k u d k e u k , a  
n s k g A

t ; f g l h ! ]