

Eg; eahvlok i j ekuuh j kV^afr t hdsukxfjd
vffluau dk Øe eaeuuh j kT; i ky egk; dkl akku

1/08 fñl Ecj] 2022½

t ; fgjh!

eñsñHñ mÙjk kMd h t urk dh vls I sekueh
j kV^afr t hdkgfnØ Lokxr vls vffluau djrkga
ekuuh j kV^afr t h mÙjk kMd kd. k&d. kvk dsvkxu I s
Lo; adksÅ t kóku vls xls "ky hegl twd j j gk gS; g Hñ
xak& eqk t Sh i fo= ufn; ksk k mxe gS; gkJ hcnkuk
t hvls J hd skjuk t hdsi kou kke gS
x# xksjh fl g t h dhri Lfky h gsd gS; kfgc vls t kxsoj
kke gS
nk&nksv Utj kV^a I hekv ksl sf?kj k; g i nsknøHñ g\$ohj Hñ
g\$I S Hñ gS
; gkv f/d kaki fj okj ksd kd kzo d kzo nL; I skv kse kfd l h
i jkfe fy Vn Qk Zea" kfey gksdj nskd hj {kceay xkgok gS
ekuuh j kV^afr t h mÙjk kMd s fuokf; ksk t hou vls
I bñ fr ; gkd sokloj . kd hrj g i fo= gS gekj si nskd k 70
i fr"kr I sv f/d Hñ ou {k gS vi usouk ad sek; e I s; g
i nsk nskd ksi k&ok qj nku djrk gS
mÙjk kMd slk zd Lfky nsk&fon sk eafo[; kr gS

eqs; g cr k sgq vR Ut g'kZv kS l aks d k v u fd gksj gk gS
fd m'j k k Mj kT; Development d sd bZ skukai j vkt r\$ h
l sv k sc<+j gk gA

ekuuh j kV fr t h] eqs v k l s g l k kdj r sgq vR Ut [k
gksj ghgSfd bl i nsk d h l cl scM r kdr ; gk d hefgy k i
ga

o k k sm'j k k Md hefgy kv kausu fl QZ; gk d sl ekt
d ksj k r k fn[k kgScfYd nskd sfy, Hmkgj . ki tr q fd; k
ga fpi d ks v k a y u d hx k sn shusi jso" o d k k k
d k i kB i <k k ga

efgy k Lo; al gk r k l eg k adsek/ e l sefgy k j u fl QZ
m'j k k Md sx k eh k m R knk ad ksv k sy k j gh gScfYd vi uh
v k k l ef) d hd gkuh H Lo; afy [k j gh gA

v H hgky ghesi k ueaht husv i uscn k k H . kd sn ksu ; gk
d h efg y kv k } j k fu feZ m R knk ad h i zkak d h k A (Self
Experience)

ekuuh j kV fr t h] fi Ny sd o k sm'j k k Muspgad k
fod k d h; k k r; d hgA

d H i gkM ea j s dk l i uk nsk t k k k vkt
_ fkd sk&d. kZz k j s y kbu i j r \$ h l sd ke py j gk gA
pk kke l M ; k\$ ukusi gkM esd M u\$ od Zd kset crvfd; k
ga

vc m^u; k^sukdsv^ux^z fi R^k^sskx<+peks^h m^ud k^ukht^s
I heka t ui n gokbZ du^DfoVh I s t b^uj gs g^A vR^Nh
du^DfoVh m^uk k M d k slk^u v^kfct u^b b^bl^bl^bV^b ds
fy, Hh vR^Nk Destination cuk h g^A

; g^k v k^u [k^h t M^u ; k^s&v k^o d ksc<k^o ndj
bl^gaj k^s x^k dsl k^kukal st k^ut k j gk g^A

m^uk k M d b^zn"kd k^s sv i uhLd yh^f k^kdsfy, t k u k t k^k
j gk g^S du vc ge bl sm^Ppkf" k^kdsfy, Hh, d v k^uk^ukt;
cukusd k i z k^u dj j gsg^A

ekuu^h j k^V^afr t h^u v kⁱ d s^j k^V^afr i n i j foj kt eku g^kas^l s
i o^sk d k cP^k & cP^k x o Z d h v u^H w dj j gk g^A

v kⁱ m^uk k Mghughai j s^skd hcf[/] k^scgukav^k ekr k^v k^sds
fy, i j^s k^kdkl o^kp I k^s g^A

v k^t ; g^kmⁱ fL^kr i R^s d O^fdr v kⁱ d k^s qukplgr kg^Sv kⁱ d k
ekx^u"k^u i k^u r dj uk plgr k^u g^A

, d ck^j i q% kⁱ d k^{an}; d hx gj k^bZ k^s s^o k^xr v^ks v fHuaA

Tk fgjh!