



THE ADMINISTRATION OF UNION TERRITORY OF LADAKH
Disaster Management, Relief, Rehabilitation &
Reconstruction Department
(State Executive Committee, Ladakh Disaster Management Authority)
Tele/Fax: 01982-255567, 01982-255568; e-mail: ladakhdivcom@gmail.com

Subject: - COVID-19 Management - Guidelines/instructions -reg.

Order No: - 27- DM (UTL) of 2021,
Dated: - 01.10.2021.

Whereas, the National Disaster Management Authority, (NDMA) vide Order No.40-3/2020-DM-I(A) dated: -28.08.2021 had issued guidelines for states /UTs to consider the containment measures for COVID-19, as conveyed vide MoHFW advisory dated, 28.06.2021, which were in force up to 30-9-2021.

Whereas, the National Disaster Management Authority, (NDMA) vide Order No.40-3/2020-DM-I(A) dated: -28.09.2021 has directed all the States/UTs authorities for containment of Covid 19 in the country, as conveyed vide Ministry of Health & Family Welfare (MoHFW) DO No. Z.28015/85/2021-DM Cell dated 21 September, 2021, for continued focus on 'Prompt & Effective Containment Measures' as well as "Acceleration in the Pace and Coverage of Vaccination' until 31-10-2021.

Now, therefore, under the directions of the aforesaid orders of NDMA, GoI and in exercise of the powers conferred under section 24 of the Disaster Management Act, 2005, the State Executive Committee, Ladakh Disaster Management Authority hereby directs that compliance to the aforesaid MoHFW advisory dated 21.09.2021 (**Annexure – I**) be enforced in the Union Territory of Ladakh for containment of COVID-19 in the country, **until 31.10.2021** with the following COVID-19 containment guidelines.

1. General instructions:

- (i) All passengers arriving in Ladakh both by air and road are advised to get themselves tested for COVID-19, not earlier than 96 hours before their arrival in Ladakh from ICMR approved test laboratories. **The Tourists arriving in Ladakh both by air and road must have a negative RT-PCR report not older than 96 hours.** Such person(s)/Tourists who is/are without a valid COVID-19 test report of not older than **96 hours** before their arrival will undergo mandatory COVID-19 RTPCR/RAT test as mandated by the administration; and shall be quarantined at quarantine center or place of stay, at his/her own expenses till the time they are declared Covid negative. However mandatory production of a negative RTPCR report not older than 96 hours before arrival into Ladakh shall be exempted for such visitors who have been inoculated with both the doses of COVID-19 vaccine

Seechen

and 15 days have elapsed since the date of second dose, provided such visitor has no clinical symptoms of COVID-19. The District Administrations - Leh & Kargil, will put in place a reliable and verifiable system in consultation with the Health Department for the purpose


- (ii) All Labours arriving in Ladakh both by air and road are advised to come through contractor(s) or labour agencies with COVID-19 test report of **96 hours** before their arrival in Ladakh form ICMR approved test laboratories. Such labourers who arrive in Ladakh, without any COVID-19 test report shall be turned back at the cost of contractors/mates at the point of entry.
- (iii) Incoming passenger(s) who is/are declared suspects in the Aarogya Setu app will mandatorily be home quarantined for 14 days. In case, they develop any symptoms, they shall inform the District Surveillance Officer of the respective district immediately. Such persons will be administered a COVID-19 test by the District Surveillance Officer and till such time their test report is declared negative, they will have to stay under home quarantine along-with other family members.
- (iv) Any person(s) reported with severe COVID-19 symptom will be isolated by the District Administration along with their contacts irrespective of the mode of travel.
- (v) Persons arriving in Ladakh on official duty or duty which entails visiting offices or coming in contact with large number of people, or tourists, must strictly follow COVID-19 precautionary measures such as hand sanitization, social distancing, wearing of face mask at all times during the course of their stay in Ladakh. In case, they develop any symptoms, they shall inform the District Surveillance Officer of the respective districts immediately. Such persons will be administered a COVID-19 test by the District Surveillance Officer and till such time their test report is declared negative, they will have to stay under mandatory quarantine.
- (vi) The personnel of Defense and Central Armed Police Forces returning to duty by road or special flights are exempted from the above provisions and shall be allowed to proceed to their respective Units/Formations for necessary quarantine as per their internal procedures.
- (vii) All offices and workplaces in the Union Territory shall be sanitized on daily basis and in accordance with the SOP of the Ministry of Health & Family Welfare issued from time to time. Every Officer/Official/Employee will maintain sanitization facility outside their rooms and waiting areas, for each and every visitor and ensure compulsory wearing of face masks by each visitor. The office in-charge/head of the office will nominate an officer/official/employee by formal orders for ensuring that such hand sanitization and mask

Leachen

compliance by every visitor visiting their offices is ensured. Every office will ensure thermal temperature screening at the gate.

- (viii) All Hotels and other hospitality services will follow the SOP of Ministry of Health and Family Welfare, Government of India issued from time to time. Hotel/Guest house that accept bookings for guests (irrespective of their mode of arrival) will maintain details of guests with entire travel history, ensure daily screening of all their guests and report any guest who is symptomatic to the District Surveillance Officer. Daily reports of screening will be submitted to the District Surveillance Officer by every Hotel/Guest house of both the Districts in a devised format to be circulated by the respective District Magistrates.
- (ix) The owners of Hotels/Guest houses/Home stays must also ensure social distancing, availability of hand sanitizer at their lobbies, restaurants, lawns and business centers and ensure frequent sanitization of common areas and spaces. The District Administration of the respective Districts shall get these facilities inspected periodically.
- (x) All shops, restaurants (including in hotels) including barber-shops, saloons and beauty parlors, will follow the SOPs of Ministry of Health & Family Welfare, Govt. of India issued from time to time. The District Magistrates will ensure regular inspections of shops/barbershops/restaurants/kitchens of restaurants etc.
- (xi) There shall be regulated parking on roads of bazaars, market areas by the respective District Administration to prevent congestion and ensure social distancing.
- (xii) Schools/educational institutes shall mandatory follow the Standard Operating Procedure (SOP), regarding health and safety precautions issued by School Education Department/Higher Education Department from time to time.
- (xiii) Swimming pools being used for training of sportspersons shall mandatory follow Standard Operating Procedure (SOP), regarding health and safety precautions issued by the Ministry of Youth Affairs & Sports, GoI.
- (xiv) Cinemas/theatres/multiplexes shall mandatory follow the Standard Operating Procedure (SOP), regarding health and safety precautions as per SOP issued by the Ministry of Information and Broadcasting, GoI.
- (xv) Entertainment parks and similar places shall mandatory follow the Standard Operating Procedure (SOP), regarding health and safety precautions issued by the Ministry of Health & Family Welfare (MoHFW), GoI.

deechan

- 
- (xvi) Business to Business (B2B) Exhibitions shall mandatory follow the Standard Operating Procedure (SOP), regarding health and safety as per SOP issued by the Department of Commerce, GoI.
 - (xvii) Religious places/places of worship will follow the Standard Operating Procedures (SOP) as per the precaution issued by the Ministry of Health & Family Welfare (MoHFW).
 - (xviii) Social/ religious/ academic/ entertainment/ educational/ cultural/sports/ religious gathering/political functions and other congregations will be permitted outside the containment zones up to a ceiling of 25 persons only or 50% of the hall capacity, whichever is less in case of indoor spaces and such gathering will be permitted up to a ceiling of 50 persons or 50% of the capacity of the space with social distancing, whichever is less in case of open space, only with the prior permission of the respective District Magistrates. Wearing of face masks, maintaining social distancing, provision of thermal scanning and use of hand wash or sanitizer will be mandatory. These gatherings shall also be monitored and in case of violation of physical distancing and mask usage norms, necessary enforcement and penal actions should be taken. As a matter of abundant caution, no mass gatherings should be allowed in areas identified as containment zones and in districts reporting more than 5% of case positivity.
 - (xix) Marriages (attended by up to 50 persons) and funerals/last rites (attended by up to 20 persons) may be allowed outside the containment zone with the prior permission of the respective District Magistrates. Public transport (buses, taxis or any other authorized vehicle of public transport) will ply with a maximum of only 50% of its capacity as and when they are allowed to ply by respective DDMA, Leh and Kargil.
 - (xx) The District Magistrates based on their assessment of the situation in their respective districts may impose night curfew, weekend curfew and other restrictions with a view to contain the spread of COVID-19.
 - (xxi) The District Magistrates shall take all necessary measures to promote COVID-19 appropriate behavior within their respective Districts and shall also ensure strict enforcement of wearing of face masks, hand hygiene and social distancing norms. They shall also take necessary steps to regulate crowds in markets, public transport and various gatherings as per SOPs issued by MoHFW, GoI.

2. Guiding Principles

- i. Monitoring of cases by District Magistrates in their respective districts be done on a regular basis. Necessary action for containment and health infrastructure up-gradation be done, by further micro analysis

based on cluster of cases at the district level.

- ii. Case positivity to be calculated based on total positive cases vis-à-vis samples tested during the week as one of the prime indicators of spread of infection in district. Test positivity of 10% or higher case in the last one week would imply the need for stringent containment and restrictions so as to control the spread of infection.
- iii. The districts need to analyze bed occupancy oxygen and ICU beds vis-a-vis availability of health infrastructure to ensure that it doesn't get overwhelmed. It is important to emphasize on up-gradation of health infrastructure and district shall plan such upgrades after having duly analyzed the case trajectory on a regular basis or if bed occupancy is more than 60% on either oxygen supported or ICU beds.
- iv. Restriction and relaxation shall be imposed and monitored based on weekly case positivity or a high bed occupancy (Oxygen and ICU beds) and restrictions if any shall be imposed without delay and for a minimum to 14 days besides continued focus on the **fivefold strategy of Test- Track- Treat- Vaccinate and adherence to Covid Appropriate Behavior.**
- v. In coming months various festivities will follow one after the other. This is a critical period as there may be tendency to ignore covid-safe behavior during festivals, resulting in large gatherings, events, fairs etc. It is critical to enforce adherence to guidelines to allow festivities in a cautious, safe and covid appropriate manner. Any laxity in implementation of Covid Appropriate Behavior could lead to serious consequences and can result in a surge in cases. To safely navigate through the festive season without any adverse consequences in the form of infection outbreak, it is important that the district administrations diligently follow the five pillars of Covid -19 Management i.e. **"Test- Track- Treat- Vaccinate and adherence to Covid Appropriate Behavior."**

➤ **Test**

- a) To ensure availability of sufficient testing facilities with particular focus on rural areas. For timely detection, Rapid Antigen Test (RAT) shall be made available in rural and remote areas. Testing should be ramped up in areas reporting high number of cases, and/or increasing trend/high positivity to aid early identification.
- b) To ensure sufficient RT-PCR machines and RAT kits to enable required level of testing across the two districts particularly during the whole festival season and adequate logistics planning accordingly.
- c) Undertake testing in areas with specific and vulnerable population to aid early detection.

Deachen

➤ **Track**

- d) Containment Zones shall be clearly delineated as per the guidelines issued by MoHFW based on cluster to contain spread of infection.
- e) Active case search through formation of special team in containment zones.
- f) Effective contact tracing, their testing and monitoring of high risk contacts.

➤ **Treat**

- g) Upgradation of health infrastructure based on case trajectory in the district is crucial to avoid case fatality.
- h) Availability of oxygen through oxygen cylinders and concentrators particularly in rural areas.
- i) Adequate availability of drugs in all Covid dedicated facilities including maintaining buffer stock of drugs.
- j) Availability of required health infrastructure in rural as per the SOP on Covid-19 Containment & Management in Rural, Peri-Urban & Tribal Areas dated 12 June, 2021.
- k) Similarly, upgrading health infrastructure to manage pediatric Covid-19 cases vide Guidelines for Management of Covid 19 in Children.
- l) Undertaking upskilling/reskilling of medical staff and fields functionaries on latest Clinical Management Protocol and availability of sufficient trained manpower in all Covid dedicated facilities.
- m) To monitor mutations, the Health Department shall send required number of samples as per the SOPs already issued for Whole Genome Sequencing to INSACoG Labs.

➤ **Vaccination:**

- i. Vaccination of eligible age groups may be accelerated
- ii. Coverage of eligible second dose beneficiaries shall be prioritized.
- iii. Optimal usage of allocated doses through minimal wastage.

dechen S

➤ **COVID Appropriate Behavior:**

- i. Community engagement is a critical element of sustained Covid 19 management.
- ii. Effective IEC in local language duly utilizing medical professionals and local influencers to promote Covid safe festivities.
- iii. Need to undertake effective communication with community on elements of Covid appropriate behavior which includes use of masks/face covers, following physical distancing (*2 gaj ki doori*) and practicing respiratory & hand hygiene.
- iv. Need for monitoring the adherence to Covid Appropriate Behavior and guidelines.
- v. The **National Directives for Covid 19 Management** as specified in **Annexure II**, shall be strictly followed in letter and spirit.

3. Strict Adherence to the prescribed SOPs:

- i. All activities have been permitted outside Containment Zones and SOPs have been prescribed for various activities. These include: movement by passenger trains; air travel; metro trains; schools; higher educational institutions; hotels and restaurants; shopping malls, multiplexes and entertainment parks; yoga centers and gymnasiums; exhibitions, assemblies and congregations, etc.
- ii. The SOPs, as updated from time to time, shall be strictly enforced by the authorities concerned, who shall be responsible for their strict observance.

4. Local Restrictions:

- i. The District Magistrates, based on their assessment of the situation, may impose local restrictions at district/ sub-district and city/ ward level, with a view to containing the spread of COVID- 19 by ensuring compliance on the focused containment measures as mentioned in MoHFW advisory vide DO no: Z.28015/85/2021-DM Cell dated 21.09.2021. (**Annexure I**)
- ii. There shall be no restriction on inter-State and intra-State movement of persons and goods including those for cross land-border trade under

Dechen

treaties with neighbouring countries. No separate permission/ approval/ e-permit will be required for such movements.

5. Protection of vulnerable persons:

- i. Persons above 65 years of age, persons with co-morbidities, pregnant women, and children below the age of 10 years are advised to take necessary precautions.

6. Use of Aarogya Setu:

- i. Use of Aarogya Setu may continue on best effort basis on compatible mobile phones. This will facilitate timely provision of medical attention to those individuals who are at risk.

7. Strict enforcement of the guidelines:

- i. The District Magistrates shall strictly enforce the above guidelines/ measures.
- ii. For the enforcement of social distancing, the District Magistrates may, as far as possible, use the provision of section 144 of the Criminal Procedure Code. (Cr.PC) of 1973.

8. Penal provisions:

- i. Any person violating the above guidelines/measures will be liable to be proceeded against as per the provision of section 51-60 of the Disaster Management Act, 2005, besides, legal action under Section 188 of IPC and other legal provisions as applicable.



Sd/-
(Saugat Biswas), IAS
Member Secretary,
State Executive Committee,
Ladakh Disaster Management Authority.


No:-DMRRR/UTL/SOP/COVID-19/2021/6827-49

Dated: - 01 .10.2021

Copy for information to the:-

1. Principal Secretary, Health & ME/Revenue Department, Ladakh.
2. Joint Secretary, Jammu, Kashmir & Ladakh, Ministry of Home Affairs, GoI.
3. Joint Secretary, Disaster Management, Ministry of Home Affairs, GoI.
4. Additional Director General of Police, Ladakh.
5. Commissioner/Secretary, GAD/R&B/H&UD/School Education Department Ladakh.
6. Divisional Commissioner, Ladakh.
7. Administrative Secretary, PDD/YS&S Department, Ladakh.
8. Secretary, Information/Higher Education/Social Welfare Department, Ladakh.
9. Secretary, Tourism/Labour & Employment Department, Ladakh.
10. Deputy Commissioner, Leh/Kargil.

11. Sr. Superintendent of Police, Leh/Kargil.
12. Director, Health & Medical Education, Ladakh.
13. All Heads of the Departments, UT of Ladakh.
14. Chief Medical Officer, Leh/Kargil.
15. OSD with the Lieutenant Governor for information of the Hon'ble Lieutenant Governor.
16. Pvt. Secretary to Advisor to the Hon'ble Lt Governor for information of the Advisor.
17. Pvt. Secretary to the Chairman/Chief Executive Councilor, LAHDC Leh/Kargil for information of the Hon'ble CECs.
18. Director, KBR Airport, Leh.
19. District Informatics Officer, Leh for uploading on the UT Ladakh website.
20. Assistant Director Information, Leh/Kargil for necessary action.
21. President Hotel/Guest House owners Association, Leh/Kargil.
22. All Religious Heads of religious organizations of Leh/Kargil.
23. Order/Stock file. (w.2.s.c).


(Deachen Chondol)
Under Secretary
DMRRR, Ladakh.



राजेश भूषण, आईएएस
सचिव

RAJESH BHUSHAN, IAS
SECRETARY



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय

Government of India
Department of Health and Family Welfare
Ministry of Health and Family Welfare

D.O. No. Z-28015/85/2021-DM Cell
21st September 2021

As you are aware, the Govt. of India has been issuing Guidelines and Advisories from time to time to the States/UTs to assist their efforts in containing the on-going Covid pandemic. Attention is specifically drawn to the letter issued on 5th January 2021 wherein Union Health Ministry had advised States to keep a “strict vigil” and take steps so as to curb spike in Covid cases. On 21st February 2021, 20th April 2021 and 25th April 2021, all States were advised not to lower their guard, enforce Covid Appropriate Behaviour (CAB) and to follow effective surveillance strategies in respect of potential super-spreader events. Vide D.O. No. Z-28015/85/2021-DM Cell dated 25th April 2021, a framework based on district-wise positivity rate and bed occupancy rate was provided to the States wherein the States could initiate local containment measures primarily focused on restricting inter-mingling of people on the basis of this framework. This framework was reiterated by Ministry of Home Affairs vide their Order No.40-3/2020-DM-I(A) dated 29th April 2021. Further, vide D.O no. Z-28015/01/ASH/2021-EMR dated 2nd September 2021, States were advised to ensure prompt action on the framework referred to in earlier letters and to ensure surge surveillance for Variant of Interest (VOI) and Variant of Concern (VOC). Important action points for regular follow up at State/UT level has also been reiterated by Cabinet Secretary’s D.O letter No. 272/2/1/2021-CAB.III dated 20th September 2021 addressed to all Chief Secretaries.

2. Covid-19 still remains a grave and continuing public health challenge in our country. While the country is witnessing a sustained decline in the number of daily cases as well as daily deaths but the 2nd surge of Covid-19 is still not over. Globally also, the surge in cases is being reported across multiple countries. This surge in cases has reinforced the importance of implementation of Covid Appropriate Behaviour (CAB) in addition to vaccination efforts.

3. Amidst the rise in new cases of Covid-19 across the globe and even with the consistent decline in India’s 2nd surge, India has 3.09 lakh active cases and is still reporting daily cases as high as 30,000. Hence, there is a need for a continued focus on **Prompt & Effective Containment Measures** as well as **Acceleration in the Pace and Coverage of Covid Vaccination** to prevent any potential rise in number of cases.

contd..2/-

4. In the coming months, various festivities will follow one after the other till 31st December 2021.

Date	Festival
7 th October – 14 th October	Navratri
15 th October	Dussehra
19 th October	Milad Un-Nabi/Eid-e-Milad
24 th October	Karwa Chauth
4 th November	Diwali
5 th November	Govardhan Puja
6 th November	Bhaiya Dooj
10 th November	Chhath Puja
19 th November	Guru Nanak Jayanti
25 th December	Christmas
31 st December	New Year's Eve

5. This is a critical period as there may be a tendency to ignore COVID-safe behavior during festivals, resulting in large gatherings, events, fairs etc. It is **critical to enforce adherence to guidelines** to allow **festivities in a cautious, safe and Covid appropriate manner**. Any laxity in implementation of Covid Appropriate Behavior could lead to serious consequences and can result in a surge in cases.

6. MoHFW vide its letter dated 25th April 2021 and subsequent advisory issued by MHA on 29th April 2021 had already issued detailed instructions on **Containment Framework** and for putting restrictions to manage the spread of COVID-19 infection. **Districts were directed to undertake stringent containment measures in identified areas** based on test positivity and strain on healthcare system.

Criteria	Threshold
Test positivity	Test positivity of 10% or more in the last one week
OR	
Bed occupancy	Bed occupancy of more than 60% on either oxygen supported or ICU beds

7. However, as a matter of abundant caution, **no mass gatherings** should be allowed in areas identified as containment zones and in districts reporting **more than 5% case positivity**. Gatherings with advance permissions and limited people (as per local context) may be allowed only in districts reporting a positivity rate of 5% or below. These gatherings shall also be monitored and in case of violations of physical distancing and mask usage norms, necessary enforcement and penal actions should be taken.

8. Restrictions and relaxations shall be imposed and monitored based on weekly case positivity or a high bed occupancy (Oxygen and ICU beds) and restrictions if any shall be imposed without any delay and for a **minimum period of 14** days besides continued focus on the **five-fold strategy** of Test-Track-Treat-Vaccinate and adherence to COVID Appropriate Behaviour.

9. To safely navigate through the festive season without any adverse consequences in the form of infection outbreak, it is important that States **continue to diligently follow the five pillars of COVID-19 Management** i.e. "Test-Track-Treat-Vaccinate and adherence to COVID Appropriate Behavior".

1. Testing:

- To ensure availability of sufficient testing facilities across the states with particular focus on semi-urban and rural areas. For timely detection, Rapid Antigen Test (RAT) shall be made available in rural and remote areas of the State. Testing should be ramped up in areas reporting high number of cases, and/or increasing trend/ high positivity to aid early identification.
- To ensure sufficient RT-PCR machines and RAT kits to enable required level of testing across all districts particularly during the whole festival season and adequate logistics planning accordingly.
- Undertake testing in areas with specific and vulnerable population to aid early detection.

2. Track:

- Containment zones shall be clearly delineated as per the guidelines issued by MoHFW based on cluster of cases to contain spread of infection.
- Active case search through formation of special teams in containment zones.
- Effective contact tracing, their testing and monitoring of high risk contacts.

3. Treat:

- Upgradation of health infrastructure based on case trajectory in the district is crucial to avoid case fatality.
- Completion of PSA Plants in hospitals both Government and private on a mission mode including availability of medical gas pipeline (MGPS), and trained manpower.
- Availability of oxygen through oxygen cylinders and concentrators particularly in rural areas.
- Adequate availability of drugs in all COVID dedicated facilities including maintaining buffer stock of drugs.

contd. 4/-

- Availability of required health infrastructure in rural areas as per the SOP on Covid-19 Containment & Management in Rural, Peri-Urban & Tribal Areas dated 18th June 2021.
- Similarly, upgrading health infrastructure to manage paediatric Covid-19 cases vide Guidelines for Management of Covid-19 in Children.
- Undertaking upskilling/reskilling of medical staff and fields functionaries on latest Clinical Management Protocol and availability of sufficient trained manpower in all COVID dedicated facilities.
- The available funds under Emergency COVID Response Package II shall be promptly leveraged for upgrading the health infrastructure.
- To monitor mutations, if any, States shall send required number of samples as per the SOPs already issued for Whole Genome Sequencing to INSACoG Labs.

4. Vaccination:

- State-wide vaccination of eligible age groups may be accelerated.
- Coverage of eligible second dose beneficiaries shall be prioritized.
- Optimal usage of allocated doses through minimal wastage.

5. Covid Appropriate Behaviour:

- Community engagement is a critical element of sustained COVID-19 management.
- Effective IEC in local language duly utilizing medical professionals and local influencers to promote Covid-safe festivities.
- Need to undertake effective communication with community on elements of COVID-appropriate behavior which includes use of masks/face covers, following physical distancing (2 gaj ki doori) and practicing respiratory & hand hygiene.
- Need for monitoring the adherence to Covid Appropriate Behaviour and guidelines.

10. Necessary directions need to be issued adequately in advance by the State governments for practicing caution during the upcoming festival season.

contd..5/-

11. There should be strict adherence to limits on gatherings linked with availability of space to ensure effective physical distancing. Use of volunteers to aid thermal screenings and to enforce use of masks and physical distancing shall be considered. Closed circuit cameras may also be utilized to monitor compliance to physical distancing and use of mask.

12. Guidelines already issued with respect to malls, local markets, and places of worship, as available on MoHFW website dated 1st March 2021 and 30th November 2020 shall be strictly followed at the district level. Any violations of the guidelines shall entail imposition of necessary restrictions to avoid a spread of infection.

13. As an abundant caution, States can continue with night curfews, weekend curfews and other restrictions to highlight that COVID is still not over and to influence adherence to COVID-appropriate behavior.

14. States shall closely monitor the case trajectories across all districts on a daily basis to identify any early warning signals and shall ensure imposition of restrictions and adherence to COVID Appropriate Behaviour as a non-pharmaceutical intervention to control the spread of infection. It is important that these guidelines are reiterated and ensured by the State Governments amongst all concerned for effective follow up in a mission mode approach to maintain the gains made so far in COVID-19 management and avoid any resurgence of cases.

Yours sincerely,

Sd/-

(Rajesh Bhushan)

To : Chief Secretaries/Administrators of all States/UTs

Copy to : Additional Chief Secretary/Principal Secretary/Secretary, Health - All States/UTs

Copy for information to:-

1. Cabinet Secretary, Cabinet Sectt., Rashtrapati Bhawan, New Delhi.
2. Home Secretary, Ministry of Home Affairs, North Block, New Delhi


(Rajesh Bhushan)

NATIONAL DIRECTIVES FOR COVID-19 MANAGEMENT

1. **Face coverings:** Wearing of face cover is compulsory in public places; in workplaces; and during transport.
2. **Social distancing:** Individuals must maintain a minimum distance of 6 feet (2 gaz ki doori) in public places.

Shops will ensure physical distancing among customers.

3. **Spitting in public places** will be punishable with fine, as may be prescribed by the State/ UT local authority in accordance with its laws, rules or regulations.

Additional directives for Work Places

4. **Work from home (WfH):** As far as possible the practice of WfH should be followed.
 5. **Staggering of work/ business hours** will be followed in offices, work places, shops, markets and industrial & commercial establishments.
 6. **Screening & hygiene:** Provision for thermal scanning, hand wash or sanitizer will be made at all entry points and of hand wash or sanitizer at exit points and common areas.
 7. **Frequent sanitization** of entire workplace, common facilities and all points which come into human contact e.g. door handles etc., will be ensured, including between shifts.
 8. **Social distancing:** All persons in charge of work places will ensure adequate distance between workers and other staff.
-