



राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान, सीहोर
National Institute of Mental Health Rehabilitation, Sehore
दिव्यांगजन सशक्तिकरण विभाग, सामाजिक न्याय और अधिकारिता मंत्रालय, भारत सरकार

Department of Empowerment of Persons with Disabilities (Divyangjan),
Ministry of Social Justice & Empowerment, Govt. of India

भोपाल इंदौर हाइवे, शेरपुर, सीहोर, मध्य प्रदेश - 466001

Bhopal Indore Highway, Sherpur, Sehore, Madhya Pradesh – 466001

आरोग्यार्थं मनःस्वास्थ्यम् वेबसाइट / Website: <https://nimhr.nic.in>, फोन / Phone :07562-223960, ईमेल / Email: nimhrsehore@gmail.com

NIMHR/Academic/PGDRP/2026-27/298

Date: 29.05.2026

Admission Notice

Post Graduate Diploma in Rehabilitation Psychology (PGDRP) Academic Session 2026–27

1. About the Institute

The **National Institute of Mental Health Rehabilitation (NIMHR)**, Sehore is an autonomous institute under the **Department of Empowerment of Persons with Disabilities (DEPwD), Ministry of Social Justice & Empowerment, Government of India**. Established with the vision to advance the cause of mental health and rehabilitation, NIMHR serves as a national resource center for education, training, research, and policy development in the field of mental health and psychosocial rehabilitation.

Strategically located on the Bhopal-Indore highway in Sherpur, Sehore (Madhya Pradesh), the institute is committed to developing a multidisciplinary workforce and delivering need-based rehabilitation services to persons' with psychosocial and intellectual disabilities, autism spectrum disorders, and other developmental conditions. It plays a pivotal role in integrating mental health within the broader framework of disability rehabilitation and inclusive development.

With a focus on excellence in academics, clinical services, and community outreach, NIMHR regularly collaborates with leading institutions such as NIMHANS Bengaluru, IHBAS New Delhi, CIP Ranchi, and AIIMS Bhopal. Its facilities include specialized service units, and a cross-disability early intervention center (CDEIC).

2. About the Course

The Post Graduate Diploma in Rehabilitation Psychology (PGDRP) is a one-year, full-time program recognized by the Rehabilitation Council of India (RCI). The aim of the course is to prepare rehabilitation counselors who promote understanding of the situations and needs of people with disabilities and perform a vital role in the personal, vocational and educational adjustment of persons with disability within self-advocacy and community development model.

The training program prepares prospective candidates in a variety of concepts, theories, and techniques to function in numerous settings such as state or private run rehabilitation centers, public and private schools and other organizations serving persons with physical, sensory or cognitive disabilities. In summary, successful trainees have a broad base of rehabilitation knowledge to serve people with disabilities, and they also have the ability to counsel, support, and deal with their clients from a humanistic and holistic approach.

Certification is mandatory as per Section 13 of RCI Act, for every mental health professional to obtain a "Registered Professional Certificate from the Rehabilitation Council of India to work in field of

professional rehabilitation counseling in India. As continuous professional growth is necessary for the renewal of the certificate, the Rehabilitation Counselors should undergo an in-service programme periodically to update their professional knowledge. Amendments, if any, to the regulations of the course will be made periodically by the Rehabilitation Council of India. Any deviation from the above regulations should have the prior approval of the Rehabilitation Council of India. The successful students will be registered as **Rehabilitation Counselors Professional**. The training institution/organization should ensure that all passed out students are registered with the Council.”

3. Objectives of the Course

The aim of the program is to train candidates with basic knowledge and skills necessary for rehabilitation counseling practice. The program includes core counseling courses (e.g. theories of counseling) and rehabilitation-specific coursework (e.g. assessment of persons with physical/sensory/developmental/cognitive disability). The program allows the trainees for one-month extra-institutional placement, which occurs in the third quarter of the course/training.

- Understand psychosocial and vocational implications of disability
- Conduct assessments and provide counseling
- Develop and implement individualized rehabilitation plans
- Liaise with professionals and advocate for inclusion

4. Course Structure

Duration: One year (full-time, Internship: 1-month in December/ January)

Program Language: English

Sl. No.	Category	Seats
1.	UR	08
2.	EWS (10%)	02
3.	SC (15%)	03
4.	ST (7.5%)	02
5.	OBC (27%)	05
6.	Total	20

Please note: Horizontal reservation will be provided to meritorious Person with Disabilities

Reservation of seats is applicable according to prevalent rules of Government of India. In case of non-availability of qualified candidates under these categories (Horizontal), the vacant seats shall be filled up with qualified candidates from the respective category (Vertical) in order of merit.

Syllabus: As per the RCI norms, for more information visit

https://rehabcouncil.nic.in/sites/default/files/regular-mode/PGDRP_Revised_032017.pdf

Subjects:

1. Disability and Rehabilitation
2. Psychosocial Issues in Disability
3. Rehabilitation Assessment and Counseling
4. Community-Based Rehabilitation

5. Practical and Viva Voce

6. Case Submission

Attendance:

- Course of training must continuously be pursued and complete all the course requirements within a stipulated period from the date of enrollment.
- A minimum attendance of 80% shall be necessary for appearing for qualifying examination.
- Fifteen days of leave shall be permitted during the entire course period.

5. Eligibility Criteria

-Bachelor's in Psychology (all three/ four years regular mode) OR

-Master's in Psychology or Counseling Psychology (regular/distance mode)

-Minimum 55% marks in aggregate (relaxation of 50% for SC/ST/OBC) from UGC recognized university

6. Admission Procedure

Apply via: <https://nimhr.nic.in/>

Application are invited by eligible candidates through email (admission.nimhr@gmail.com)/ post/ in person on **Admission Form attached below**, the post must be labelled “**ADMISSION FORM PGDRP 2026-27**” and addressed to “**The Director, National Institute of Mental Health Rehabilitation (NIMHR), Bhopal Indore Highway, Sherpur, Sehore, M.P. – 466001**”

Selection will be based on academic merit and reservation norms. In case a higher number of applications are received than the sanctioned intake, an Entrance Examination and/or Interview may be conducted by the Institute for preparation of the merit list and selection of eligible candidates. Admission will be confirmed upon document verification and full fee payment.

7. Fee Structure

Sl. No.	Details of Fee	Fee in Rupees
1.	Admission Fee	Rs. 5000.00
2.	Tuition Fee	Rs. 15000.00
3.	Library Fee	Rs. 3000.00
4.	Caution Deposit (Refundable)	Rs. 2000.00
5.	Total	Rs. 25,000.00

Please Note:

1. **Application Fee** of Rs. 500.00 (Rupees Five Hundred Only) for unreserved category and Rs. 300.00 (Rupees Three Hundred Only) for SC/ST/OBC/Divyangjan Category.

Name of Account:- NATIONAL INSTITUTE OF MENTAL HEALTH REHABILITATION

Account Number:- 048101004396,

IFSC:- ICIC0000481

Branch:- Sehore M.P.

Or use



2. Enrollment/ Eligibility/ Examination fee payable as per Barkatullah University, Bhopal norms. Internship fees are payable to the training institute separately.
3. Selected candidates shall secure their seat by depositing full fees in lump sum.
4. All the students and their parents who get selected in the course and having disability certificate as well as a valid UDID card or enrolled on the UDID portal will be exempted from payment of course fee as per Government of India norms. Able bodied students of parents with benchmark (40%) or higher disabilities will also be exempted from payment of course fee.
5. The candidate once admitted to the course will not be allowed to leave the course, or the paid fee and deposits will be forfeited. Students who could not appear for certifying exams at the culmination of the course due to insufficient attendance or other unjustified reasons also have no claims over refund of any fee or deposits.

8. Hostel Facility

On-campus hostel is available for both male and female students, hostel fees payable separately.

For Single Occupancy: Rs. 1500.00 per month

For Twin Sharing: Rs. 900.00 per month

Caution Money (refundable): Rs 5000.00

9. Facilities and Infrastructure

-Cross-Disability Early Intervention Centre

-Psychological assessment, Therapy rooms

- Library & AV Classrooms
- Opportunities for outreach, research, and fieldwork

10. Career Opportunities

- Mental Health Professional in multidisciplinary teams
- RCI Registered Independent Practitioner “Rehabilitation Counselor”

11. Examination

Exams are conducted as per the RCI Norms by Barkatullah University, Bhopal

12. Important Dates

Sl. No.	Description and Timeline	Prospective Dates
1.	Commencement of Admission Process	30.05.2026
2.	Last date for Receiving the application	30.06.2026
3.	Declaration of merit list	03.07.2026
4.	Document verification, fee deposit and admission confirmation of eligible candidates	06.07.2026
5.	Commencement of classes on regular basis	10.07.2026

13. Contact Details

Phone: 07562-223960, +91 9575042316

Email: admission.nimhr@gmail.com, nimhrsehore@gmail.com, cp.nimhr@nic.in

Website: <https://nimhr.nic.in/>

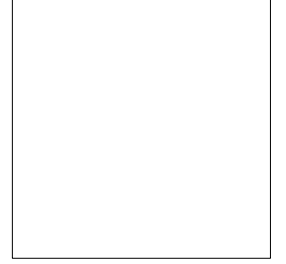
**Sd/-
Director**



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Application Form

Post graduate Diploma in Rehabilitation Psychology (2026-27)



Form No. _____ (to be filled by college)

1.	Student's Name			
2.	Father's Name			
3.	Mother's Name			
4.	Date of Birth	(DD/MM/YYYY)		
5.	Gender	Male <input type="checkbox"/> Female <input type="checkbox"/> Transgender <input type="checkbox"/>		
6.	Nationality			
7.	Aadhar Number			
8.	Category	Gen <input type="checkbox"/> OBC <input type="checkbox"/> SC <input type="checkbox"/> ST <input type="checkbox"/>		
9.	Persons with Disability (PwD)	YES <input type="checkbox"/> NO <input type="checkbox"/>		
10.	Are you Parent/ Child of PwD	YES <input type="checkbox"/> NO <input type="checkbox"/>		
11.	If yes, mention UDID number			
12.	Do you belong to EWS Category	YES <input type="checkbox"/> NO <input type="checkbox"/>		
13.	Permanent Address		Correspondence Address	
	Address			
	Village/City			
	District			
	State			
	Pin Code			
14.	Mobile Number:		Email ID:	

15. Educational Qualification:

Name of the Examination passes	Board/ University	Year of passing	Total Marks	Marks obtained	% obtained	Subject(s)
10th						
12th						
Graduation						
Post Graduation						
Any other						

16. Documents Enclosed: Enclose 01 copy of each document as applicable

Sl. No.	Details of Documents	Yes/ No
1.	Copy of 10th Marksheet and Certificate	
2.	Copy of 12th Marksheet and Certificate	
3.	Copy of Last Semester/ Consolidated Graduation Marksheet and Degree Certificate (in Psychology)	
4.	Copy of Last Semester/ Consolidated Post Graduation Marksheet and Degree Certificate (in Psychology)	
5.	Copy of Transfer and Character Certificate	
6.	Copy of Migration Certificate	
7.	Copy of Caste Certificate	
8.	Copy Aadhaar Card	
9.	Copy of UDID Card of Self/ Parent/ Ward	
10.	Recent two-coloured passport size photographs	
11.	Medical Fitness issued by Government Hospital	
12.	Proof of Payment of Application Fee with UTR no.	

Note: All documents to be brought in original with two sets of copies during document verification.

Remarks (if any):

Declaration

I hereby declare that all the information and documents furnished by me is true and correct to the best of my knowledge and belief. In the event of any information being found incorrect or misleading, my candidature shall be liable for cancellation for admission by RCI, Barkatullah University or concerned training institutes at any stage.

Date:

(Name and Signature of the Applicant)