



राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान, सीहोर
National Institute of Mental Health Rehabilitation, Sehore
दिव्यांगजन सशक्तिकरण विभाग, सामाजिक न्याय और अधिकारिता मंत्रालय, भारत सरकार
Department of Empowerment of Persons with Disabilities (Divyangjan),
Ministry of Social Justice & Empowerment, Govt. of India
भोपाल इंदौर हाइवे, शेरपुर, सीहोर, मध्य प्रदेश - 466001

Bhopal Indore Highway, Sherpur, Sehore, Madhya Pradesh – 466001
आरोग्यार्थं मनःस्वास्थ्यम् वेबसाइट / Website: <https://nimhr.nic.in>, फोन / Phone :07562-223960, ईमेल / Email: nimhrsehore@gmail.com

NIMHR/Academic/PGDRP/2025-26/275

Date: 29.05.2025

Admission Notice

Post Graduate Diploma in Rehabilitation Psychology (PGDRP)

Academic Session 2025–26

1. About the Institute

The **National Institute of Mental Health Rehabilitation (NIMHR)**, Sehore is an autonomous institute under the **Department of Empowerment of Persons with Disabilities (DEPwD)**, **Ministry of Social Justice & Empowerment, Government of India**. Established with the vision to advance the cause of mental health and rehabilitation, NIMHR serves as a national resource center for education, training, research, and policy development in the field of mental health and psychosocial rehabilitation.

Strategically located on the Bhopal-Indore highway in Sherpur, Sehore (Madhya Pradesh), the institute is committed to developing a multidisciplinary workforce and delivering need-based rehabilitation services to persons with psychosocial and intellectual disabilities, autism spectrum disorders, and other developmental conditions. It plays a pivotal role in integrating mental health within the broader framework of disability rehabilitation and inclusive development.

NIMHR envisions a society where persons with mental illness and disabilities are empowered to lead dignified, productive, and socially inclusive lives. The institute promotes a rights-based, person-centered approach to mental health and disability services, in line with the **Rights of Persons with Disabilities Act, 2016**.

With a focus on excellence in academics, clinical services, and community outreach, NIMHR regularly collaborates with leading institutions such as **NIMHANS Bengaluru**, **IHBAS New Delhi**, **CIP Ranchi**, and **AIIMS Bhopal**. Its facilities include specialized service units, a cross-disability early intervention centre, and infrastructure to support both residential and day-care training programs.

As a developing center of excellence, NIMHR is dedicated to building a professional cadre equipped to address the unique mental health and rehabilitation needs of India's diverse population, especially in underserved and rural areas.

2. About the Course

The Post Graduate Diploma in Rehabilitation Psychology (PGDRP) is a one-year, full-time program recognized by the Rehabilitation Council of India (RCI). The aim of the course is to prepare rehabilitation counselors who promote understanding of the situations and needs of people with

disabilities and perform a vital role in the personal, vocational and educational adjustment of persons with disability within self-advocacy and community development model.

The training program prepares prospective candidates in a variety of concepts, theories, and techniques to function in numerous settings such as state or private run rehabilitation centers, public and private schools and other organizations serving persons with physical, sensory or cognitive disabilities. The coursework for the program includes: history of the rehabilitation movement and its legislation, models of disability and rehabilitation theory, psychosocial implications of disabling conditions, theoretical understanding of psychological assessment and testing methods, evaluation of the psychosocial problems and counseling, education and vocational needs of clients, case management skills utilizing community resources and multidisciplinary approach. In summary, the successful trainees have the broad base of rehabilitation knowledge to serve people with disabilities and they also have the ability to counsel, support, and deal with their clients from a humanistic and holistic approach.

Certification is mandatory as per Section 13 of RCI Act for every mental health professional to obtain a "Registered Professional Certificate from the Rehabilitation Council of India to work in field of professional rehabilitation counseling in India. As continuous professional growth is necessary for the renewal of the certificate, the Rehabilitation Counselors should undergo in-service programme periodically to update their professional knowledge. Amendments, if any, to the regulations of the course will be made periodically by the Rehabilitation Council of India. Any deviation from the above regulations should have the prior approval of the Rehabilitation Council of India. The successful students will be registered as **Rehabilitation Counselors Professional**. The training institution/organization should ensure that all passed out students are registered with the Council.”

3. Objectives of the Course

The aim of the program is to train candidates in basic knowledge and skills necessary for rehabilitation counseling practice. The program includes core counseling courses (e.g. theories of counseling) and rehabilitation-specific coursework (e.g. assessment of persons with physical/sensory/developmental/cognitive disability). The program allows the trainees to develop expertise in any one areas of rehabilitation counseling (for eg. school counseling) during the one-month extra-institutional placement, which occurs in the third quarter of the course/training.

- Understand psychosocial and vocational implications of disability
- Conduct assessments and provide counseling
- Develop and implement individualized rehabilitation plans
- Liaise with professionals and advocate for inclusion

4. Course Structure

Duration: One year (full-time, Internship: 1-month included)

Medium: English

Intake: 20

(Reservation of seats is applicable according to prevalent rules of **Government of Madhya Pradesh**)

Syllabus: As per the RCI norms, for more information visit
https://rehabcouncil.nic.in/sites/default/files/regular-mode/PGDRP_Revised_032017.pdf

Subjects:

1. Disability and Rehabilitation
2. Psychosocial Issues in Disability
3. Rehabilitation Assessment and Counseling
4. Community-Based Rehabilitation
5. Practical & Viva Voce
6. Case Submission

Attendance:

- Course of training must continuously be pursued and complete all the course requirements within a stipulated period from the date of enrollment.
- A minimum attendance of 80% shall be necessary for appearing for qualifying examination.
- Fifteen days leave shall be permitted during the entire course period.

5. Eligibility Criteria

-Bachelor's in Psychology (all three/ four years regular mode) OR
-Master's in Psychology or Counseling Psychology (regular/distance)
-Minimum 55% marks in aggregate (relaxation of 50% for SC/ST/OBC) from UGC recognized university

6. Admission Procedure

Apply via: <https://epravesh.mponline.gov.in>

Selection based on academic merit and reservation norms. Admission will be confirmed upon document verification and full fee payment.

7. Fee Structure

Sl. No.	Details of Fee	Fee in Rupees
1	Admission Fee	Rs. 5000.00
2	Tuition Fee	Rs. 15000.00
3	Library Fee	Rs. 3000.00
4	Caution Deposit (Refundable)	Rs. 2000.00
5	Total	Rs. 25,000.00

Please Note:

1. Examination/ Enrollment fee extra as per university norms.
2. Selected candidates shall secure their seat by depositing full fees in lump sum.
3. Hostel Fee will be charged separately.
4. All the students and their parents who get selected in the course who are having disability certificate as well as valid UDID card or enrolled on UDID portal will be exempted from

payment of tuition fee. Able bodied students of parents with benchmark (40%) or higher disabilities will also be exempted from payment of tuition fee.

5. The candidate once admitted to the course will not be allowed to leave the course, or the paid fee and deposits will be forfeited. Students who could not appear for certifying exams at the culmination of the course due to insufficient attendance or other unjustified reasons also have no claims over refund of any fee or deposits.

8. Hostel Facility

On-campus hostel is available for both male and female students, hostel fees payable separately.

9. Facilities and Infrastructure

- Cross-Disability Early Intervention Centre
- Psychological Assessment, Therapy
- Library & AV Classrooms
- Opportunities for outreach, research, and fieldwork

10. Career Opportunities

- Rehabilitation Counselor
- Mental Health Professional in multidisciplinary teams
- RCI Registered Independent Practitioner

11. Examination

Exams are conducted as per the RCI Norms and Syllabus by Barkatullah University, Bhopal

12. Important Dates

As per the notification of Department of Higher Education, Govt. of MP, Bhopal, Apply via:
<https://epravesh.mponline.gov.in>

12. Contact Details

Phone: 07562-223960

Email: nimhrsehore@mail.com

Website: <https://nimhr.nic.in/>

Sd/-
Incharge Academics