Contents

Sr. No.		Page No.
1.	Executive Summary	2-5
2.	Introduction	
	a. Rational and cabinet approval	6-7
	b. Major Objectives	7
	c. Major Clinical Services provided by the institute	8
	d. Departments	8
	e. Courses	8
	f. Plan of the Institute for the next 5 years	8-10
	g. Library Facility	10
3.	Organizational Structure	11
4.	Activities/Initiatives & Events	12-16
5.	Human Resource Development	17-20
6.	Services and Research	21
7.	Annual Accounts of the year 2023-24	22-40
8.	Gallery of pictures	41-57
	Appendices	
9.	Appendix I - List of Governing Council Members	58
10.	Appendix II - List of Executive Council Members	59
11.	Appendix III - List of Project Monitoring Committee Members	59
12.	Appendix IV – GC Meetings	60
13.	Appendix V – EC Meetings	60
14.	Appendix VI – PMC Meetings	60
15.	Appendix VII - Staff strength (2023-24)	61

Executive Summary

Cabinet approved the proposal of establishment of the National Institute of Mental Health Rehabilitation (NIMHR) at Sehore, Madhya Pradesh, which has been registered as a society under the Madhya Pradesh Society Registration Act, 1973 on 28th May 2019, with the objectives of promoting mental health rehabilitation using an integrated multidisciplinary approach and developing trained professionals in the area of mental health rehabilitation.

It is being set up on a piece of 25 acre of land allotted by the Government of Madhya Pradesh along Bhopal-Sehore highway in Madhya Pradesh. NIMHR has been functional since 30th September 2019 at a temporary accommodation provided by the Government of Madhya Pradesh at Old Zila Panchayat Bhawan, Sehore. It is providing rehabilitation and clinical services and also running a Certificate Course on Care Giving (CCCG) along with Diploma in Community Based Rehabilitation (DCBR) and Diploma in Vocational Rehabilitation – Intellectual Disability (DVR-ID).

Summary of significant achievements and major initiatives of the NIMHR, Sehore during the year 2023-2024 is as follows: -

OPD and Extension OPD services were provided at the Institute.

- Successful Commencement of the following courses running at Institute for the Academic session 2023-2024:
 - a) Certificate Course in Care Giving Mental Health (CCCG)
 - b) Diploma in vocational rehabilitation Intellectual disability (DVR-ID)
 - c) Diploma In Community Based Rehabilitation (DCBR)

Summary of significant achievements and major activities of the NIMHR, Sehore during the year 2023-24

- Celebrated "World Autism Awareness Day" Programme on 2nd and 3rd April 2023 with themed activities to raise awareness.
- Celebrated "World Haemophilia Day" on 17th April 2023 with relevant activities, lectures, and discussions to raise awareness.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRH KIRAN) at the National Level.
- Hosted representatives of Divyangian at the NIMHR construction site in Sehore.
- Kum. Pratima Bhoumik, Hon'ble Minister of State for Social Empowerment, Government of India, visited NIMHR Sehore (M.P.) on 8th May.
- Celebrated "World Thalassemia Day" on 8th May 2023 with themed activities "Be Aware, Share, Care: Strengthening to Bridge the Thalassemia Care Gap".
- Organized a webinar on 18th May for "Global Accessibility Awareness Day".
- Participated in the awareness camp "Mukhya Mantri Jan Sewa Abhiyan" with Sardar Ballabh Bhai Patel School, Sehore, on 22nd May 2023.

- Celebrated "World Schizophrenia Day" on 24th May with the theme "Dealing with Stigma and Misconception".
- Conducted E-office offline training on 1st June 2023 for all staff and faculty of NIMHR.
- Held PGDRP Online inspection by RCI on 2nd June 2023.
- Mr. Vineet Singhal, Director of DEPwD, Ministry of Social Justice and Empowerment, visited NIMHR campus and construction site on 7th & 8th June 2023.
- Dr. Rajesh Yadav, Joint Secretary DEPwD, visited NIMHR construction site and temporary office at the Old Zila Panchayat on 14th June 2023.
- Celebrated "World Sickle Cell Day" Programme on 19th June 2023 with various activities, including lectures, presentations, community awareness programs, and quiz competitions.
- Observed "International Yoga Day" (IYD) week from 19th24th June 2023 and celebrated the International Yoga Day Programme on 21st June 2023 with the theme "Yoga for Vasudhaiva Kutumbkam" including speeches, lectures, community awareness programs, guided yoga practice, yoga quiz, yoga competition, essay competition, and poster competition.
- Organized a webinar in collaboration with Malwa Mental Health Organization (MMHO), Indore, M.P., on 22nd June 2023 with the theme "Yoga encourages Mental & Physical wellbeing for Humanity."
- Participated in Divya Kala Mela Indore from 17th23rd June 2023 to raise awareness about NIMHR services, courses, and promotion of MHRH Kiran along with mental health.
- Celebrated "Helen Keller's Day" Programme on 27th June 2023 with activities such as presentations, quiz competitions, and awareness activities.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRHKIRAN) at the National Level.
- Provided mental health rehabilitation services, including psychiatric treatment and psychotherapy, to those in need through MHRH Kiran and OPD.
- Launched Niramaya Health Insurance Scheme at NIMHR.
- Celebrated 'Swachhata Pakhwada' at various community places including the railway station, NIMHR campus, and other locations.
- Under 'Swachhata Pakhwada,' NIMHR staff and students planted saplings at the NIMHR campus and nearby areas.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRHKIRAN) at the National Level.
- Celebrated "Azadi Ka Amrit Mahotsav" on 15th August 2023 as part of India's 77th Independence Day with the theme "Nation First, Always First," featuring cultural activities by students and staff.
- Increased enrolment of beneficiaries under the Niramaya Health Insurance Scheme at NIMHR.
- Organized awareness activities at various community locations such as Anganwadi, railway station, bus stand, NIMHR campus, and other places.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRH KIRAN) at the National Level.

- Celebrated "World Suicide Prevention Day" on 13th September 2023 with the theme "Creating Hope Through Action," featuring cultural activities by students and staff.
- Held convergence between PWDs and Gramin Bank on NHFDC loan scheme on 13th September 2023.
- Celebrated "Poshan Pakhwada" on 14th September 2023.
- Under 'Swachhata Pakhwada,' took an oath about "Swachhata Hi Sewa" on 20th September 2023.
- Celebrated the "International Day of Sign Language" on 23rd September 2023 with the theme "A World Where Deaf People Everywhere Can Sign Anywhere."
- Celebrated "Hindi Pakhwada" with employee participation in various competitions on 25th September 2023.
- Organized awareness activities at various community locations such as Anganwadi, railway station, bus stand, NIMHR campus, and other places.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRHKIRAN) at the National Level.
- Celebrated "Dyslexia Awareness Month" from 1st to 31st October 2023 with the theme "Uniquely You" through multiple awareness activities.
- Celebrated "World Cerebral Palsy Day" on 6th October 2023 with the theme
 "Together Stronger" via presentations and poster making.
- Celebrated "Dyslexia Awareness Month" on 8th October 2023 with the theme
 "Uniquely You," featuring a presentation and an inspiring movie show.
- Celebrated "Mental Health Week" from 7th to 12th October 2023 with the
 theme "Mental Health is a Universal Human Right," including presentations
 and quizzes on 9th October, poster making, poetry, and speech on 10th October,
 street play in the community on 10th and 11th October, and musical chair
 program and lemon spoon racing on 12th October.
- Celebrated "World White Cane Day" on 15th October 2023 with the theme
 "Safety to Independence and Equality," including presentations and quizzes.
- Celebrated "World Sight Day" on 12th October 2023 with the theme "Love Your Sight at Work," featuring a presentation quiz and inspiring movie show.
- Celebrated "World Dwarfism Day" on 25th October 2023 through a presentation.
- Celebrated "World Occupational Therapy Day" on 27th October 2023 with the theme "Unity Through Community," including presentations and quizzes.
- Celebrated "World Stroke Day" on 29th October 2023 with the theme
 "Together We Can Be Greater Than Stroke" through a presentation.
- Conducted "Hindi Karyashala" on 30th September 2023.
- Celebrated "National Unity Day" on the birth anniversary of Sardar Vallabhbhai Patel with a human chain and administered oath.
- Observed "International Prosthetics & Orthotics Day" on 5th November 2023 with the theme "Enabling and Empowering" through presentations, quizzes, and poster making activities.
- Celebrated "National Epilepsy Day" on 15th November 2023 with the theme
 "Stop Stigma" through a presentation.
- On Constitution Day, 26th November, all faculty and staff participated in an online pledge led by Mr. Rajesh Aggrawal, the Secretary of DPEwD.

- Observed "International Day of Persons with Disabilities" on 3rd December 2023 with the theme "United in Action to Rescue and Achieve the SDGs for, with, and by Persons with Disabilities," featuring presentations, quizzes, poster making, and plantation by PWDs.
- Organized a webinar on 5th December 2023 in collaboration with FACEMI India
 on topics "Capacity Building of Families for Home Based Rehabilitation"
 and "Life Skills of Persons with Mental Illness," covered by APCP and PSW.
- Observed "International Braille Day" on 4th January 2023 with the theme "United in Action to Rescue and Achieve the SDGs for, with, and by Persons with Disabilities" through presentations and quizzes.
- Conducted various cultural activities to celebrate the "75th Republic Day" on 26th January 2024.
- Lecturer and Consultant C P attended a 3-day CRE workshop on the NIEPID Indian Test of Intelligence at NIEPID Regional Centre, Noida, organized by NIEPID Secunderabad, covering intelligence test overview, NIEPIDITI details, handson practice, and report writing tips.
- Observed "International Leprosy Day" on 31st January 2024 with the theme
 "Beat Leprosy" through presentations and quizzes.
- Celebrated "International Epilepsy Day" on 12th February 2024 with a quiz competition and presentation.
- Marked "International Asperger's Day" on 18th February 2024 with a quiz competition and presentation.
- Celebrated "World Day of Social Justice" on 20th February 2024 with an extempore speech competition.
- Celebrated "Zero Discrimination Day" on 1st March 2024 with a quiz competition.
- Marked "International Women's Day" on 8th March 2024 with a debate competition.
- Celebrated "World Down Syndrome Day" on 21st March 2024 with a quiz competition and presentation.
- Observed "World Bipolar Day" on 30th March 2024 with a poster competition and presentation.

Introduction

Rationale and Cabinet approval:

According to India's National Commission on Macroeconomic and Health Report 2005, the prevalence of serious mental illness in Indian population is nearly 6.5% which roughly amounts to 71 million people (78 million in 2011). By the year 2020, the burden of neuropsychiatric disorders was expected to rise from the current level to 10.5%. Further, National Policy for Persons with Disabilities states about the need, to develop professionals in the field of disabilities so that rehabilitation strategies do not suffer for want of adequate manpower.

Though Government institutions such as the Rehabilitation Council of India (RCI), the National Trust for the welfare of Persons with Autism, Cerebral Palsy, Mental Retardation & Multiple Disabilities, Pt. Deendayal Upadhyaya Institute for Persons with Physical Disabilities (Divyangjan) (PDUNIPPD), New Delhi, National Institute for the Empowerment of Persons with Intellectual Disabilities (Divyangjan) (NIEPID)), Secunderabad, National Institute for the Empowerment of Persons with Visual Disabilities (Divyangjan) (NIEPVD), Dehradun, National Institute for Locomotor Disabilities (Divyangjan) (NILD), Kolkata, National Institute for the Empowerment of Persons with Multiple Disabilities (NIEPMD), Chennai, Swami Vivekanand National Institute for Rehabilitation, Training and Research (SVNIRTAR), Cuttack, Ali Yavar Jung National Institute of 'Speech and Hearing Disabilities (Divyangjan) (AYJNISHD), Mumbai, etc., provide extremely valuable services to various categories of persons with disabilities (PwDs), even among them there is no institution which is focusing on services, training and academics exclusively on mental health rehabilitation.

Moreover, the National Institute of Mental Health & Neurosciences (NIMHANS), Bengaluru, under the Union Ministry of Health and Family Welfare, is an institute which is predominantly involved only in the treatment related part for mentally ill persons. Other Institutes like Central Institute of Psychiatry (CIP), Ranchi, Institute of Human Behaviour & Allied Sciences (IHBAS), Delhi is also predominantly providing treatment related services. Therefore, it was felt that there should be an Institute that will be distinctly different from NIMHANS, IHBAS and CIP, and will be solely dedicated to the mental health rehabilitation.

Hence, it was felt that there is a need for developing capacity building in the area of mental health rehabilitation as the existing institutions are mostly engaged in treatment of mental disorders. With a view to meeting the requirement to cater to the needs of mental health rehabilitation in a focused manner, the Department of Empowerment of persons with disabilities (DEPwD) envisioned establishment of the National Institute of Mental Health Rehabilitation (NIMHR) to promote the rehabilitation of mentally ill persons using an integrated multidisciplinary approach.

While the Department was pursuing the matter in this regard, Hon'ble Union Finance Minister, in his Budget announcement for the year 2014-15, also declared

Government's intention to establish NIMHR. Department of Empowerment of Persons with Disabilities (DEPwD), Ministry of Social Justice and Empowerment, initiated a proposal to set up the National Institute of Mental Health Rehabilitation (NIMHR). Cabinet approved the establishment of NIMHR initially at Bhopal, and subsequently at Sehore in Madhya Pradesh. in October, 2018.

Subsequently, NIMHR, Sehore has been established as a Central Autonomous Institute under the Department of Empowerment of Persons with Disabilities (Divyangjan), Ministry of Social Justice & Empowerment, Government of India. It is registered as a Society under the MP Societies Registration Act, 1973. It is a National Institute working in the area of mental health rehabilitation. Total approved initial project cost for the first three years is Rs. 179.4 crore which includes non-recurring expenditure of Rs. 128.54 crore and recurring expenses of Rs. 51 crores. Non recurring expenditure also provides for capital cost of construction of building of NIMHR @ Rs. 105.68 crore. The permanent site of the Institute is being set up on a piece of 25 acre of land allotted by the Government of Madhya Pradesh at Sehore, along Bhopal-Indore highway in Madhya Pradesh.

At present, the Institute is made functional from September, 2019 in a temporary accommodation provided by the Govt. of M.P. in Old Panchayat Bhawan at Sehore. Certificate course of care giving was initially started by the Institute in 2019 and Diploma in Community Based Rehabilitation (DCBR) & Diploma in Vocational Rehabilitation-Intellectual Disability (DVR-ID) will be started in 2020. Clinical services through OPD (Psychotherapeutic Intervention, Psychological Assessment), telecounselling and outreach OPD started during the year. Outreach programmes & mental health awareness activities at grass root level are being taken up.

Major Objectives of the Institute:

- To promote mental health rehabilitation using an integrated multidisciplinary approach.
- To promote and undertake capacity building and to involve in developing trained professionals in the area of mental health rehabilitation.
- To engage in research and development and policy framing towards promoting mental health rehabilitation services.

The Institute serves people with mental health challenges and is involved in training of manpower. In future it would be involved in advanced research and policy making and will also work for planning & programme development for effective mental health rehabilitation. It will play a major role in developing public education programmes on mental health in association with clients with mental illness, their caregivers, mental health professionals, non- governmental agencies and media. Most importantly, the Institute will engage in spreading awareness about mental health in vernacular and popular languages through various forms of media (traditional print, electronic and social). It will also work with community leaders, NGOs, public/ private sector organizations, healthcare professionals, prospective employers, legal experts, police, industry representatives, teachers, students and other relevant stake holders to reduce stigma related to mental health and facilitate successful community re-integration of clients with mental health related issues.

Major Clinical Services provided by the institute:

- Psycho diagnostic assessment and testing
- Neuropsychological assessment
- Psycho education
- Guidance and counselling
- · Psycho therapeutic intervention for various mental health problems
- · Other outreach and awareness services

Departments:

Institute will consist of the following departments in future:

- Department of Psychiatry
- Department of Clinical Psychology
- Department of Psychiatric Social Work
- Department of Psychiatric Nursing
- Department of Speech and Hearing
- Centres for Occupational therapy
- Physiotherapy and Yoga sciences
- · Centre for Education, Vocational training and fine arts
- · Legal aid cell and Computer department

Courses:

Details of long-term courses:

S.N.	Name of Course	Duration of Course	No. of Seats
1.	Diploma in Vocational Rehabilitation - Intellectual Disability (DVR-ID)	1 Year	30
2.	Diploma in Community Based Rehabilitation (DCBR)	2 Year	30
3.	Certificate Course in Care Giving – Mental Health (CCCG)	1 Year	30

Plan of the Institute for the next 5 years: Academics:

Start of New Academic Programs: To initiate new Diploma, Undergraduate, Postgraduate and M.Phil programs in the field of Clinical Psychology, Psychiatric Social Work, Rehabilitation Psychology, and Vocational Rehabilitation. This will cater to the increasing demand for trained professionals in the field of mental health rehabilitation.

- Workshops and Training Programs: Organize National and International workshops, training programs, and seminars on contemporary issues in mental health rehabilitation.
- Continuing Education Programs: Develop and offer Continuing Rehabilitation Education (CRE) programs for professionals working in the field of disability and mental health to ensure continuous skill upgradation.
- Student Exchange Programs: Establish student and faculty exchange programs with national institutions, to promote a global perspective on mental health rehabilitation practices.
- e-Learning and Distance Education: Develop e-learning platforms for remote learning, offering certification courses and online modules on mental health rehabilitation, disability management, and social reintegration.

Services:

- Enhanced Clinical Psychology Services: Focus on delivering evidence-based quality services through the Clinical Psychology and Psychiatric Social Work Department, introducing advanced interventions like cognitive-behavioral therapy, neurofeedback, and psychotherapeutic interventions.
- New Units for Holistic Care: Establish new departments such as Psychiatric Nursing, Psychiatry, Occupational Therapy, and Vocational Rehabilitation to provide multidisciplinary care to individuals with mental health conditions.
- Telehealth and Outreach Programs: Expand the reach of services through telehealth platforms and community outreach programs aimed at underserved rural and remote areas. Incorporate mobile mental health units for providing onsite psychological and rehabilitative care.
- Establish a Cross Disability Early Intervention Centre (CDEIC): Set up a CDEIC Unit to provide early identification, intervention, and counselling services for children with developmental disabilities. This unit will focus on early detection and support, offering services like developmental assessments, therapeutic interventions, and family counselling to ensure timely rehabilitation.
- Information, Education, and Communication (IEC): Develop information, education, and communication (IEC) materials on mental health rehabilitation for use by professionals, caregivers, and the general public, focusing on creating awareness and reducing stigma associated with mental illness.

Research:

Collaborative Research: Foster collaboration with State, National, and International Institutes and Universities for joint research initiatives on:

- Early detection of mental illness through development of protocols to identify early signs, integrating genetic, psychological, and social factors.
- Community-based Mental Health Rehabilitation Protocol: Formulate models for community-led mental health interventions, focusing on rural and urban differences in care needs.
- Social Reintegration Research: Conduct research on the social reintegration of individuals with disabling mental health conditions, focusing on workplace inclusion, societal acceptance, and family reintegration.
- Skill Training Programs: Identify new vocational skills suitable for individuals with various disabling mental health conditions, with a focus on sustainable livelihood creation and independent living.
- Standardized Family Counselling Protocols: Develop standardized protocols for family counselling to serve as the first line of support for reducing the burden of mental illness within families and communities.
- Contribution to Policy: Play an active role in contributing to policy framing and reform initiatives in mental health rehabilitation at the national level, focusing on inclusion, accessibility, and equal opportunities for people with mental health conditions.
- Technology in Mental Health Research: Explore the role of artificial intelligence (AI), virtual reality (VR), and telemedicine in advancing mental health rehabilitation research, and develop tech-based solutions for effective interventions.

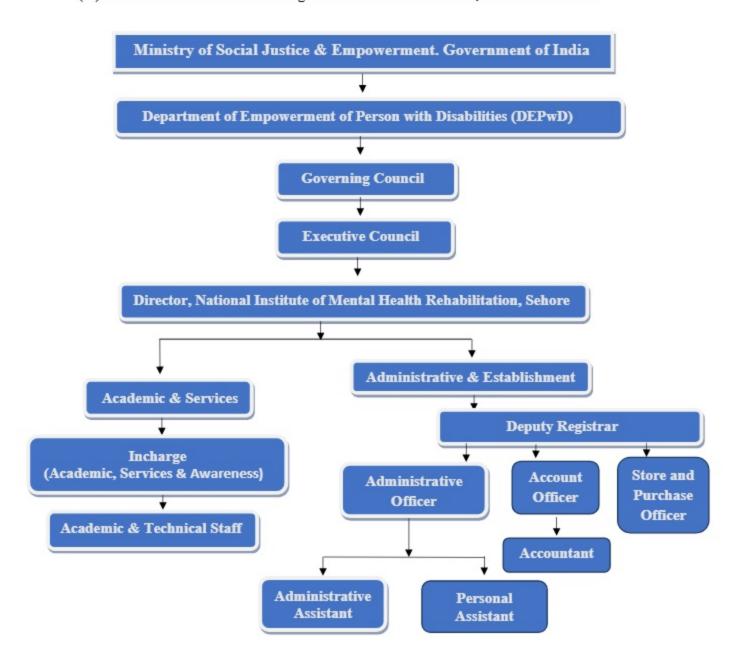
Library facilities:

Library facilities are also being provided to the students studying in NIMHR. The library has psychology, general medicine, psychiatry, vocational education, physiotherapy, occupational therapy, speech therapy, sociology, Special Education, Social Work, Community Rehabilitation, Research Basics, Medical Basic Books, Nursing, Disabilities, Autism, Mental Retardation, Speech Teaching, Speech Hearing, Sign Language and many books related to other subjects and courses are available. Along with this, facility of reading Hindi and English newspapers daily is available for the students in the library.

Chapter-2

Organizational Structure

The Institute is registered as a Society under the Societies Registration Act and is headed by the Director. There is a multi-tier interlinked system of governance: (i) Department of Empowerment of Persons with Disabilities; (ii) Governing Council; and (iii) Executive Council. The basic organizational chart of NIMHR, Sehore is as under: -



Chapter-3

Activities, Initiatives and Events

Significant Online & Offline Programs:

April 2023

- Celebrated "World Autism Awareness Day" Programme on 2nd and 3rd April 2023 with themed activities to raise awareness.
- Celebrated "World Haemophilia Day" on 17th April 2023 with relevant activities, lectures, and discussions to raise awareness.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRH KIRAN) at the National Level.

May 2023

- The Divyang representatives were invited for the discussion of accessibility at the NIMHR, Sehore.
- Kumari Pratima Bhoumik, Hon'ble Minister of State for Social Empowerment, Government of India, visited NIMHR Sehore (M.P.) on 8th May.
- Celebrated "World Thalassemia Day" on 8th May 2023 with themed activities "Be Aware, Share, Care: Strengthening to Bridge the Thalassemia Care Gap".
- Organized a webinar on 18th May for "Global Accessibility Awareness Day".
- Participated in the awareness camp "Mukhya Mantri Jan Sewa Abhiyan" with Sardar Ballabh Bhai Patel School, Sehore, on 22nd May 2023.
- Celebrated "World Schizophrenia Day" on 24th May on "Dealing with Stigma and Misconception".

June 2023

- Conducted E-office offline training on 1st June 2023 for all staff and faculty of NIMHR
- Held PGDRP Online inspection by RCI on 2nd June 2023.
- Mr. Vineet Singhal, Director of DEPwD, Ministry of Social Justice and Empowerment, visited NIMHR campus and construction site on 7th & 8th June 2023.
- Dr. Rajesh Yadav, Joint Secretary, DEPwD, visited NIMHR construction site and temporary office at the Old Zila Panchayat on 14th June 2023.

- Celebrated "World Sickle Cell Day" on 19th June 2023 with various activities, including lectures, presentations, community awareness programs, and quiz competitions.
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- Celebrated "Helen Keller's Day" on 27th June 2023 with activities such as presentations, quiz competitions, and awareness activities.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRH KIRAN) at the National Level.

July 2023

- Launched Niramaya Health Insurance Scheme at NIMHR.
- Celebrated 'Swachhata Pakhwada' at various community places including the railway station, NIMHR campus, and other locations.
- Under 'Swachhata Pakhwada,' NIMHR staff and students planted saplings at the NIMHR campus and nearby areas.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRHKIRAN) at the National Level.

August 2023

- Celebrated "Azadi Ka Amrit Mahotsav" on 15th August 2023 as part of India's 77th Independence Day with the theme "Nation First, Always First," featuring cultural activities by NIMHR students and staff.
- Increased enrolment of beneficiaries through various interventions under the Niramaya Health Insurance Scheme at NIMHR.
- Organized awareness activities at various community places such as Anganwadi, railway station, bus stand, NIMHR campus, and other places.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRH KIRAN) at the National Level.

September 2023

- Celebrated "World Suicide Prevention Day" on 13th September 2023 with the theme "Creating Hope Through Action," featuring cultural activities by students and staff.
- Held convergence between PWDs and Gramin Bank on NHFDC loan scheme on 13th September 2023.
- Celebrated "Poshan Pakhwada" on 14th September 2023.
- Under 'Swachhata Pakhwada,' took an oath under the "Swachhata Hi Sewa" on 20th September 2023.
- Celebrated the "International Day of Sign Language" on 23rd September 2023 with the theme "A World Where Deaf People Everywhere Can Sign Anywhere."
- Celebrated "Hindi Pakhwada" with employee participation in various competitions on 25th September 2023.
- Organized awareness activities at various community locations such as Anganwadi, Railway Station, Bus Stand, NIMHR Campus, and other places.
- Coordinated the Mental Health Rehabilitation Helpline Kiran (MHRH KIRAN) at the National Level.

October 2023

- Celebrated "Dyslexia Awareness Month" from 1st to 31st October 2023 with the theme "Uniquely You" through multiple awareness activities.
- Celebrated "World Cerebral Palsy Day" on 6th October 2023 with the theme
 "Together Stronger" via presentations and poster making.
- Celebrated "Dyslexia Awareness Day" on 8th October 2023 with the theme "Uniquely You," featuring a presentation and an inspiring movie show.
- Celebrated "Mental Health Week" from 7th to 12th October 2023 with the
 theme "Mental Health is a Universal Human Right," including presentations
 and quizzes on 9th October, poster making, poetry, and speech on 10th October,
 street play in the community on 10th and 11th October, and musical chair
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- Celebrated "World Stroke Day" on 29th October 2023 with the theme
 "Together We Can Be Greater Than Stroke" through a presentation.
- Conducted "Hindi Karyashala" on 30th September 2023.
- Celebrated "National Unity Day" on the birth anniversary of Sardar Vallabhbhai Patel with a human chain and administered oath.

November 2023

- Observed "International Prosthetics & Orthotics Day" on 5th November 2023 with the theme "Enabling and Empowering" through presentations, quizzes, and poster making activities.
- Celebrated "National Epilepsy Day" on 15th November 2023 with the theme "Stop Stigma" through a presentation.
- On Constitution Day, 26th November, all faculty and staff participated in an online pledge led by Mr. Rajesh Aggrawal, the Secretary of DPEwD.

December 2023

- Observed "International Day of Persons with Disabilities" on 3rd December 2023 with the theme "United in Action to Rescue and Achieve the SDGs for, with, and by Persons with Disabilities," featuring presentations, quizzes, poster making, and plantation by PWDs.
- Organized a webinar on 5th December 2023 in collaboration with FACEMI India on the topics "Capacity Building of Families for Home Based Rehabilitation" and "Life Skills of Persons with Mental Illness," covered by APCP and PSW.

January 2024

- Observed "International Braille Day" on 4th January 2023 with the theme
 "United in Action to Rescue and Achieve the SDGs for, with, and by Persons with Disabilities" through presentations and quizzes.
- Conducted various cultural activities to celebrate the "75th Republic Day" on 26th January 2024.
- Lecturer and Consultant C.P. attended a 3-day CRE workshop on the NIEPID Indian Test of Intelligence at NIEPID Regional Centre, Noida, organized by NIEPID Secunderabad, covering intelligence test overview, NIEPID ITI details, Handson practice, and report writing tips.
- Observed "International Leprosy Day" on 31st January 2024 with the theme
 "Beat Leprosy" through presentations and quizzes.

February 2024

 Celebrated "International Epilepsy Day" on 12th February 2024 with a quiz competition and presentation.

- Marked "International Asperger's Day" on 18th February 2024 with a quiz competition and presentation.
- Celebrated "World Day of Social Justice" on 20th February 2024 with an extempore speech competition.

March 2024

- Celebrated "Zero Discrimination Day" on 1st March 2024 with a quiz competition.
- Marked "International Women's Day" on 8th March 2024 with a debate competition.
- Celebrated "World Down Syndrome Day" on 21st March 2024 with a quiz competition and presentation.
- Observed "World Bipolar Day" on 30th March 2024 with a poster competition and presentation.

Chapter-4

Human Resource Development

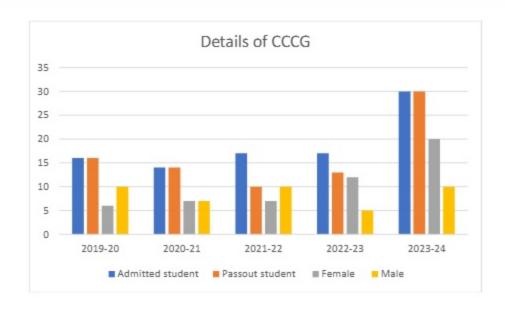
Given the fact that almost 1% of the population, i.e., about one crore persons in the country undergo mental health treatment, and there is hardly any follow up of these cases after treatment is provided, our country is facing an acute shortage of trained professionals in the field of mental health services and rehabilitation. Existing ratio of rehabilitation professionals to the population is 1:50,000. Families/caregivers who are the main sources of support are not properly trained and equipped psychologically and professionally to handle these persons with mental illness.

So, to cater to the need for the increased demand of human resources in the field of mental health rehabilitation as well as to develop skilled and trained staff in the field of mental health rehabilitation, NIMHR, Sehore started with the Certificate Course on Care Giving in the academic year 2019-2020, and initiated the process of starting other 2 diploma level courses for the coming academic year i.e., 2020-2021. Details are as follows: -

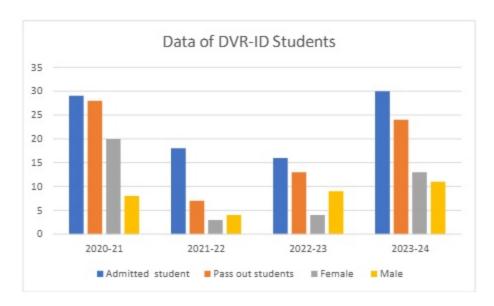
Courses running at NIMHR:

Certificate course in Care Giving (CCCG): Caregivers are playing a vital role in the care of persons with mental health issues. NIMHR has launched the RCI-recognized Certificate Course in Care Giving in the area of mental health in October 2019. Persons who have passed 10th grade with 50% from a recognized board and are completely healthy are eligible for this course. After training, the course will be able to provide care services to persons with disabilities and mental illness at home, in the community, and in institutions. This 1-year full-time course has 30 seats, in which reservations are applicable as per government rules.

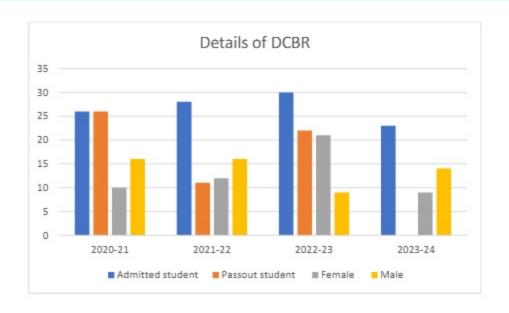
- · The objectives of the proposed course will be:
 - To prepare the cadre of trained care givers to provide basic care for persons with disabilities, chronic illness, geriatric population etc. at home, community, and institutions.
 - To address various challenges that care givers should be familiar when they work with PWDs, mental health, chronic illness and geriatric population
 - To develop the skills to communicate effectively.
 - To develop appropriate etiquette when working with the PWDs and the persons need care.
 - To develop the time management and organizational skills necessary to provide efficient care for clients.
 - To make them aware about the inclusive technology used for the persons who need appropriate services.



- Diploma in Vocational Rehabilitation (DVR-ID): It will be a one-year diploma programme recognized by Rehabilitation Council of India, New Delhi. Overall aim of the course is to prepare a cadre of trained personnel to provide services in the area of vocational rehabilitation, including adult independent skills, in persons with intellectual disabilities, functioning at various levels to lead them towards independent life as far as possible. More specifically, the objectives of the proposed course will be:
 - To acquire required knowledge on various aspects such as medical, psychological, educational, technology, community work, and management related to vocational rehabilitation, and adult independent living of persons with intellectual disabilities.
 - To demonstrate skills to assess, plan, implement and evaluate vocational training programme for persons with intellectual disabilities individually and in groups, at various work settings.
 - To develop competencies to contact employers, identify suitable jobs, prepare job analysis and learn possible trades in a professional manner so as to enable to train the persons with intellectual disabilities in suitable jobs for placement.
 - 4. To acquire the basic skills to prepare jigs and fixtures and transform the technical knowhow to develop suitable adaptive devices and TLMs for vocational rehabilitation and adult independent living
 - 5. To demonstrate skills necessary for providing training to persons with intellectual disabilities in adult living skills irrespective of their intellectual levels, in various environments such as home, community and work place. Minimum educational qualifications for admission to the course will be successful completion of the ten plus two or equivalent examination in general education. There will be 30 seats in this 1year full-time course, in which reservations are applicable as per rules.



- Diploma in Community Based Rehabilitation (DCBR): It will be a two-year
 diploma programme recognized by the Rehabilitation Council of India, New
 Delhi. This proposed programme aims to develop skilled personnel to work at
 the community level. Young men and women can start rehabilitation services at
 the community level especially in the rural, tribal areas and urban impoverished
 areas. This will not only provide rehabilitation services to the unreached, but will
 also create new career opportunities. More specifically, the objectives of the
 proposed course will be:
 - To understand and assist in the planning and implementation of communitybased rehabilitation programmes.
 - To develop linkages with appropriate agencies and groups of individuals and to promote action for the prevention of disabilities.
 - 3. To be able to identify persons with disabilities and their rehabilitation needs.
 - 4. To make functional assessment of individuals with disabilities.
 - To provide support for inclusion of persons with disabilities in all development programs/ poverty alleviation.
 - 6. To advise family members and community regarding interventions with disabled people. Minimum educational qualifications for admission to the course will be successful completion of ten plus two or equivalent examination in general education. There will be 30 seats in this 1 year fulltime course, in which reservations are applicable as per rules.



Courses under process: To be started in the academic year 2023-24

- · Diploma in Mental Health Rehabilitation
- · Diploma in Mental Health Social Work
- · Post Graduate Diploma in Rehabilitation Psychology (PGDRP)
- . M. Phil in Rehabilitation Psychology
- · M. Phil in Clinical Psychology
- Bachelor in Rehabilitation Science (B.R.Sc.)
- Master in Rehabilitation Science (M.R.Sc.)

Chapter-5

Services and Research

OPD and Extension OPD services:

Major Clinical Services provided by the Institute during the year:

- Psychodiagnostic assessment, Diagnosis and treatment
- Neuropsychological assessment, Diagnosis and treatment
- Psychosocial assessment, Diagnosis and treatment
- Psychoeducation
- Guidance and counselling
- · Psychotherapeutic intervention for various mental health problems
- Community based rehabilitation
- Other outreach and awareness services
- Psycho therapeutic intervention for various mental health problems like Anxiety,
 Depression, Bipolar Affective Disorders, Schizophrenia etc.
- Screening programs at Anganwadi's and District Early Intervention Centre (DEIC) for behavioural and mental health issues of children and women
- Other outreach and awareness services (details in the section of Activities and Events)

Beneficiaries' data of National Institute of Mental Health Rehabilitation, Sehore, M.P.

OPD New Cases	Follow up OPD cases	Kiran Helpline New Cases	Kiran Helpline Follow up Cases	Awareness program	Webinars	Awareness activities/ Supportive services	Niramaya Health Insurance Scheme
332	446	835	206	81	04	16419	18

Future Departments:

Institute will consist of the following departments in future:

- Department of Psychiatry
- Department of Clinical Psychology
- · Department of Psychiatric Social Work
- Department of Psychiatric Nursing
- · Department of Speech and Hearing
- Centres for Occupational therapy
- Physiotherapy and yoga sciences
- · Centre for education, vocational, training and fine arts
- Legal aid cell and computer department

Chapter-6

Annual Accounts of NIMHR, Sehore for the year 2023-2024

NATIONAL INSTITUTE OF MI	ENTAL HEALTH	REHABILITATION, S	EHORE
BALANCE SH	EET AS ON 31ST	MARCH 2024	
			(Amount -in Rs
LIABILITIES	Schedule	Current Year	Previous Year
Corpus Capital fund	1	2,14,96,945.75	65,61,350.0
Reserves and Surplus	2		
Earmarked/Endowment	3		
Secured Loans and Borrowings	4		
Unsecured Loans and Borrowings	5		-
Deferred Credit Liabilities	6		-
Current Liabilities & Provision	7	88,25,27,738.47	48,94,86,110.9
TOTAL		90,40,24,684.22	49,60,47,460.9
SSETS	Schedule	Current Year	Previous Year
ixed Assets	8	81,30,82,042.00	30,61,37,203.25
nvestment from Earmarked/Endowment Funds	9	-	
nvestment - Others	10	25,00,000.00	-
urrent Assets, Loans & advances	11	8,84,42,642.22	18,99,10,257.72
Aiscellaneous Expenditure			
to the extent not written off or adjusted)			
TOTAL		90,40,24,684.22	49,60,47,460.97
ccountant, NIMHR		Acco	Verified By:
eputy Registrar (Offg.) IMHR SEHORE		Wind	Director NIMHR SEHORE

NATIONAL INSTITUTE OF MENTAL			0
INCOME AND EXPENDITURE ACCOUNT FOR	JITATION, SEHO	RE	rage z
AND THE YEAR ENDED 31.03.2024	R ENDED 31.03.20)24	
INCOME		(Amount	(Amount - in Re)
Income from Sales, Services	Schedule	Current Year	Drawing.
Grants/Subsidies	12		ricklous Year
Fees/Subscription	13	3.15.85.000.00	1 50 000 000 00
Income from Investments (Income on Invest from earmanhood (2000)	14	8.56.760.00	4,65,00,000.00
Income from Royality, Publication etc	15	non-decid	4,65,853.00
Interest Earned	16		
Other Income	17	1,00,159.00	36 211 00
Increase/Decrease in stock of Finished Goods & work in Boundary	18	2.00	15 755 00
Season of the Progress	19		On covice
EXPENDITURE		3,25,41,921.00	1,68.17.829.00
Establishment expenditure	Schedule	Current Year	Previous Vaar
Other Administration Properties at	20	1,15,88,835.00	82,43,922,00
Expenditure on Grants Subsidies at	21	60,22,251.50	67,48.567.80
Interest	22		
thing (Alos Total at the	23		
ear end-correspondin		5,50,800.25	4,45,325,36
TOTAL (8)		1,81,61,886.75	1.54.37.815.16
balance being Excess of Income Over Expenditure (A - B)		1,43,80.034,25	13 80 013 84
Transfer to special Reserve (Specify each)			to crotonies
Transfer to / from General Reserve			
BALANCE BEING SURPLUS/(DEFICIT) CARRIED TO CORPUS/CAPITAL FUND		. 40 00 00 1	
SIGNIFICANT ACCOUNTING POLICIES	24	1,43,80,034.23	13,80,013.84
CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS	75		
Prepared By:			Verified By:
Accountant, NIMHR		Accoun	Account Officer, NIMHR
		July 1	1
Deputy Registrar (Offg.) NIMHR, Sehore			Director NIMHR SEHORE

NATIONAL INSTITUTE OF MENTAL HEALTH REHABILITATION, SEHORE RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2024

Receipts	Current Year	Previous Year	Payments	Current Year	Previous Year
Opening Balance (as on 01/04/2023)					
Cash at Bank (5707)	42,43,167.70	55,66,805.07	Sch 20 - Establishment Expenses	1,06,44,793.00	84,52,658.00
Cash at Bank (5629)	23,51,561.02				
Sch 12 - Income From Sale & Services					
SALE OF TENDER FORMS			Sch 21 - Expenditure in respect of Property, rates, taxes & repairs & maintenance	60.31.534.50	65,98,616.29
Sch - 13 - Grants Received				00,32,334.30	03,70,020.23
Consul Carbol Calan		1 75 25 000 00	Sels 33. Exceedibles on ability of the Section		
General, Capital, Salary	42,45,51,000.00	1,76,29,000.00	Sch 22 - Expenditure on object of the Society		
Sch 14 - Fees & Subscription	10.000.00				
Registration Fees	27,600.00		5-1-88 D1		
Tution fees	7,77,600.00	100000000000000000000000000000000000000	Sch 88 - Purchase of Fixed Assets & CWIP		22 20 540 5
Library Fees	37,500.00	The second secon	Furchase of Fixed Assets	4,95,189.00	23,00,549.62
RTI Fees	60.00	1,200:00	Advance issued to CPWD	39,23,00,000.00	-
Application Fees	14,000.00		Advance issued to PHED		
Others		2,503.00			-
Sch - 17 - Interest Received					
On Saving Bank Account (Gen)	51,203.00	35,170.00	Sch 10 - Investment Others	25,00,000.00	
Sch 18 - Other Income			Sch 03 - Earmarked Funds Payments		
Misc. Receipts	2.00	8,025.00	Sch 07 - Current Liabilities & Provisions (Recoveries / Receipts)		
Sch 10 - Investment Others (Maturity of Investment)			Other payments (Specify)		
Sch 03 - Earmarked Funds Receipts			GIA interest refunded	4,46,688.00	4.98.137.44
Sch 07 - Current Liabilities & Provisions			GIA Interest renunded	4,40,066.00	4,70,131.44
			Grant for CDS Gwaller		15,31,00,000.00
(Recoveries / Receipts) Caution Money	98,000.00	20,000,00	Refund of Security Deposit	2,79,933.00	15,34,00,000.00
EMD/SMD	98,000.00	The second secon		2,79,933.00	
timuyamu		28,725.00	Closing Balances (as on 31/03/2023) Cash at Bank (5707)	1.92.09.185.20	42,43,167.70
Pay & Allowance Payable			Cash at Bank (5629)	5,77,593.02	23,51,561.07
Outsourcing Of Manpower Payable			Cash at bank (3023)	3,77,333.06	25,52,502.00
Telephone Charges Payable					
Water and Electricity Charges Payable					
Interest earned on GIA to be refunded to DEPwD	3,33,222,00	4.46.688.00			
microst carries on the to de relatives to Derwij	3,33,222,00	4,40,000,00			
5ch 09 - Investment from Earmarked Funds					
Sch 08 - Fixed Assets					
Other Receipts (Specify)					
Grant for CDS Gwallor		15,31,00,000.00			
ITA recovered		1,46,424.00			
Total	43,24,84,915.72	17,75,44,690.07	Total	43,24,84,915.72	17,75,44,690.07

Prepared By: LUN

Accountant, NIMHR

Deputy Registrar (Offg.) NIMHR, Sehore Verified By:

Account Officer, NIMHR

Director NIMHR SEHORE

NATIONAL INSTITUTE OF MENTAL HEALTH REHABILITATION, SEHORE SCHEDULE FORMING PART OF BALANCE SHEET AS ON MST MARCH 2024

Page 4

(Amount - is Ra.) 11,68,72,124,66
23,00,550,00 (11,39,91,338.44) 2,34,96,945,75 Current Year 65,51,359,06 13,06,236,44 1,43,30,034,25 Carrest Year (8,04,665,00) SCHEDLLE 1 - CORPUSICAPITAL FUND;

Blakere as it the beginning of the year

Add Cermbuisons towards Corpus Capical Fund

Add Balance of net insome transferred from the broome and Expenditure Account

Loss: Provision for Geraldy and Letric Excessment

BALANCE AS AT THE WAR END TOTAL As per last Account.
Add : Address during the your Less : Deductions during the year As per lass Asseurs: Addition during the year Less: Deductions during the year SCHEDULE 2 - RESERVIS AND SURPLUS. Addison during the year Less Deductions during the year Less Dedections during the year Addition during the year 2. Revaluation Reserve 3. Special Reserver As per last Account 4. General Reserve As per last Actount

1

3

NCHEDULE 3 - EARMARKEDENDOWNENT FUNDS	Fred who have a		623
	da vessos anna	TO	FOTAL
		Current Year	Previous Year
a) Operaing halance of the funds			
b) Addition to the family			
L. Denneyina/pramets			
ii. Incorne from Investments made on accounts of fands			
iii. Other additions (specify nature)			
TOTAL (a+b)			
cl. Utilitarius, Expenditure towards objectives of funds			
i. Capital Extenditure			
Fixed Amets			
Others			
Total			
ii Revenue Expendinre		,	
Salames, Wages and allowances etc.		,	
Kemi			
Other Administrative Expenses Tetal			
The state of the s			
TOTAL (6)			

SCHEDULE 4 - SECURED LOANS AND BORROWINGS	Current Vear	-	President Vens
J. Castral Generalism			
2. State Government (Specify)			
3. Financial Institutions, a) Term Loans b) Instruct socrand and due			
4. Busher		_	
_		_	
furnitures accounted and day			
COMPACT ASSETS (SPECIFY)			
DESCRIPTION OF THE PROPERTY.			
5. Other Institutions and aguacian			
6. Determines and Bonds	,	_	
7. Others (Spencify)	,	_	
TOTAL		,	

Til

TOTAL	SCHEDULE 5 - UNSECURED LOANS AND BORROWINGS		
TOTAL		Current Year	Previous Year
	I. Central Government		
	. Mate Government (Specify)		
	- Pivancial Institutions		
		•	,
	Banks:		
	Term Loans		
	Other Leans (Specify)	*	
			,
nds	Other Institutions and agencies		
uds.			
	Understunes and Bonds		
TOTAL	Others (Spencify)		
YOUNG	TOTAL		
	IOIAL		

Cerrent Year Province V.			
SCHEDILLE 5 - DEFERRED CREDIT LIABILITIES:	 a) Acceptances secured by hypothecation of capital equipment and other assets b) Offers 	TOTAL	

SCHEDULE 7 - CLIRRENT LIABILITIES AND PROVISIONS	SNOISE	Curren	Current Vens	Bearing	President Vans
A. CUBBENT LIABILITIES					
1. Unspent Grants					
	a) Unespect Capital Grant	87.91.93.259.97		48 66 99 149 97	
	b) interest on Government Grant	8.86,309.00		18 82 180 44	
	c) Interest on Government Grant (Accrued but not received)	2,840.00	87,95,32,308.97	2,524.00	48,80,33,854.43
2. Sundry Creditors:					
	a) Creditors	5,60,809.50		5,76,682.50	
	b) Others	48,160.00	6,08,969.50	2,15,468.00	7,92,150.50
3. defluence Received					
Control of the Contro					
	at seet study Compacts.	28,725.00		3,08,658.00	
	b) Guttan manny	3,26,500.00	3,55,225.00	2,28,500.00	\$,37,158.00
4. Interest due but not paid on:					
	ny anches control borrowings b) Unsecured control borrowings		,		,
S. Statutory Labilities					
		,		,	
	b) Others () Telephone Charges Payable	1.827.60		1 876.00	
	ii) Whater & Electricity Changes provide	2.03.949.00		0000000	
	III) Construction in later security	200000000000000000000000000000000000000		Diversion of	
	according to the control of	4,55,441.00			
	atophed Alege person in	3,48,950.00		,	
	and and a second	68,350.00			
	w) Professional Tax	848.00		,	
	v0) IT TDS payable	52,648.00			
	viii) GAT TIS Peyable	3,214.00	11 16 227 00	Service &	21 048 00
				2,10000	00000000
6. Other current Labilities					
	a) Assetit Feets Fayethic	69.384.00		20 224 00	
	b) Office Rent		69 384.00	20,000,00	4 04 840 00
				200	1,01,896.00
	TOTAL (A)		20 17 62 11 42		
8. PROVISIONS			/4.411,20,01,00		48,94,86,110.91
1. For Taxation					
2. Grattally				,	
3. Superannuation/Pension		2,48,615.00		,	
4. Accomulated Leaves Encachment	-	,		٠	
5. Trade Warranties/ Claims		3,34,050,00			
6. Others (Specify)	BLTC payeble	-			
	TOTAL	Orientica.			
	(a) TUICE		8,45,624.00		
	TOTAL (A+B)		88.25.27.738.47		16 01 18 110 01
			delight to the state of		45.74,86,110.71

Degree Continue of the year As at beginning during and of the year On Optioning the year As at beginning and of the year As at the Current	SCHEDILLE B. FIXED ASSETS DESCRIPTION			GROSS BLOCK	BLOCK			1				Page 8
Sates Sate beginning durling durling the year		Denree	Costivaluation	Additions	Deductions	Continuities	. 000	100	RECIATION		NE	T BLOCK
15% 1,55,205.26 1,36,391.00 2,31,400.26 15,781.26 9,479.00 25,260.26 2,06,340.00 1,59,205.26 2,06,340.00 1,59,205.26 2,06,340.00 1,59,205.26 2,06,340.00 1,59,205.26 2,06,340.00 1,59,205.26 2,00,300.20 2		Rates	As at beginning of the year	during	during the year	the year-end	Balance	during the	On Dedections during the year	Total up to the Year-end	As at the Current year-end	As at the Previous year- end
100	A. PIXED ASSTES:											
15% 1,5%,20% 26 1,3%,90 100 2,11,60% 26 15,7% 126 9,47%,03 25,26% 26 2,0%,340,00 15% 1,45%,50% 26 2,41,20% 20 1,71,739 76 1,49,45% 36 2,41,20% 20 1,71,333 36 1,5%,464,00 1,501,00 1,301	all secolable and in Column		***									
15%	2.		1 00			1.00	,	,		•	1 00	
15% 1,5%,26% 26 1,3%,391 00 2,31,60% 26 15,7% 1.26 9,47% 03 25,26% 26 2,0%,340,00 17,37,397 36 1,5%,26% 26 2,3%,20% 26 2,0%,340,00 1,737,397 36 1,5%,24% 20 1,73,337 36 1,5%,24% 20 1,73,337 36 1,5%,24% 20 1,73,337 36 1,5%,24% 20 1,73,337 36 1,5%,24% 20 1,73,337 36 1,5%,24% 20 1,73,337 36 1,5%,24% 20 1,73,337 36 1,7%,24% 20	Suildings											
15% 1,55,266.26 1,35,391.00 2,31,400.26 15,781.26 9,479.00 25,266.26 2,06,340,00 17,37,797.36 1,49,555.36 21,574.00 1,71,333.36 15,66,444.60 1,71,333.36 1,71,312.00 1,71,313.00 1,71,312.00 1,71,313.00 1,71,312.00 1,71	a) Leasehold		•	,								
15% 1,03,208.26 1,26,391.00 2,11,600.26 15,781.26 9,479.00 25,260.26 2,06,340,00 15% 14,66,590.36 2,1374.00 1,737,797.36 1,49,455.36 21,474.00 1,737.397.36 15,66,464.00 1,737.397.36 15,66,464.00 1,737.397.36 15,66,464.00 1,737.397.30 1,737.397.30 1,201.00 1,201.20 1,20	b) Freeholds											
15% 14,56,500.36 2,41,201.00 17,37,797.36 14,96,503.36 21,574,00 1,71,333.36 15,66,464.00 17,37,397.36 1,301.00 1,301.00 1,301.30 1,301.00	3. Plant Machinery & Equipments.	765	1.05 206 26	1 36 361 00								
15% 14,64,590,36 2,41,207,00 17,77,797,36 1,49,459,36 21,574,00 1,71,333,36 15,66,464,00 7,366,004 15,670,00 1,501,00 1	4. Vehicles	16%	DALL DESCRIPTION OF THE PARTY O	200 1 1 200		2,31,900,26	15,781.26	9,479,00		25,260,26	2.06.340.00	1.05 209 36
15% 8.670.00 1,3133.36 15,664.64.00 1,301.00 3,401.00 1,301.00 1,301.333.36 15,664.64.00 1,301.20 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.20 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.00 1,301.20 1,301.00 1,301.20 1,301.00 1,301.20 1	5. Furniture & Fixtures	10%	14.96 590 36	241 307 00								
40% 152.403.71 51,713.00 8,34,116.71 3,123.00 7,345.00 7,	6. Office equipments	15%	8 670 06	-		0.575,757.16	1,49,659,36	21,574,00		1,71,333,36	15,66,464,00	14 96 590 34
40% 40,210,92 52,579,00 92,781,92 16,000,00 17,812.00 17	7. Computer & Peripherals	40%	7.82.403.71	51 713 00		8,979.00	1,301.06			1,301.00	7369.00	8 670 00
2433.085.25 4,71,890.00 29,04,975.25 4,95,788.25 55,012.00 . 5,50,800.25 25,4175.00 30,517.27,84118.00 50,742.37.45 00 81,7727,847.00 81,0727,847.00 81,0727,847.00 81,0727,847.00	8. Library Book	40%	40,210.92	\$2,579.00		8,54,718,71	3,12,961.71	13,343.00	,	3,26,304,71	5,07,812.00	7.82.403.71
30.372.04.118.00 50,70.23,749.00 81,97,278.00 5,50,200 5,50,800.25 23,54,175.00 30.637.24.10 50.72.29.00 00 50,	TOTAL OF CURRENT YEAR		24 33 085 25	4.71 890.00	-	75,189,52	16,084.92	10,516.00		26,600.92	66.189.00	40 210 07
30,37,24,118 00 50,70,23,74,9 00 81,97,27,9,67 00 30,61,57,27,9,67 00 81,07,27,9,67 00 81,07,27,9,67 00	PREVIOUS YEAR			200000000000000000000000000000000000000	-	29,04,975,23	4,95,788.25	55,012.00		5,50,800,25	23,54,175,00	24 11 086 94
30.61.27.202.25 30.74.55.61.00	L CAPITAL WORK-IN-PROCESS		30,37,04,118.00	50,70,23,749 03		81 67 57 9442 00						
	TOTAL		30,61,37,303,25	50 74 95 619 00		00.100,12.10.10					\$1,07,27,867.00	30.37.04.118.00

2. Other approved Securities 3. Shares 4. Delivers and Boards 5. Shalestures and Boards 6. Others too be Specified) TOTA I.	I. In Government Securities	Current Year	Previous Vene
TOTAL			
TOTAL			
TOTAL			
TOTAL	dares	3	
TOTAL			
	TOTAL		

16,470.00

ECHIDULE 10 - INVESTMENTS - OTHERS	Current Year		Previous Vear	13ge 9
				T
1. In Government Securities		_		
2. Other approved Securities				
3. Shares				
4. Debentures and Bonds		_		
5. Subsidiaries and Joint Ventures	11	_		
6. Others (Fixed Deposit of Inhernal Azcrual Funds)	25,00,000,00			
TOTAL		35.00.000.00		T
	ALCO.	2000000		
SCHEDULE 11 - CURRENT ASSETS, LOANS & ADVANCES	2			T
A CURRENT ASSETS:	Carrent 1 car		Previous Year	
1, irremitto jes:		_		
a) Store and Sours				
bildose Tools				
c) Stack-In-ctude				
d) Finished Goods		_		
e) Work - in-program				
f) Raw Materials				
2, Sundry Debters:				
a) Debts Cutsending for a poriod asceeding six months	,			
b) Debts Outsanding for a period not exceeding six manths				
c) Interest Azznad on SIA a/c		,		
3. Cash belance in hand (incliding chaques/dirett and imprest)			,	,
4. Besk Belance				
a) With Scheduled Bants:				
On Current Accounts				
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Page 14	Current Year Previous Year				Current Year Previous Year		-	Act, 1961 Nown as current inbilities Trons with intellectual Disabilities (NEPID), Secunderabad and same have been followed in preparation of accounts. These policy have been approved by Governing Councils in 8th GC meeting dures 29.11.2023.		Weeting grant Weeting grant Account giften, Water
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कार्यालय महानिदेशक लेखापरीक्षा (केन्द्रीय प्राप्ति) नई दिल्ली शाखा- ग्वालियर, चतुर्थ तल, ऑडिट भवन, झाँसी रोड,ग्वालियर, मध्यप्रदेश -474002

Office of the Director General of Audit (Central Receipt), New Delhi, Branch -Gwalior, 4th Floor, Audit Bhawan, Jhansi Road, Gwalior, Madhya Pradesh -474002

(Phone: 0751-2321459, email-id- brdgacrgwalior@cag.gov.in)



No. AMG-II/SAR/NIMHR,Sehore/2023-24/D- 42

Date: 21-10-2024

निदेशक राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान (NIMHR), पुराना जिला पंचायत भवन, लुनिया चौराहा, मंडी रोड ,सीहोर- 466001 (E-mail id – nimhrsehore@gmail.com)

विषय: राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान (NIMHR), सीहोर के वर्ष 2023-24 के वार्षिक लेखाओं पर पृथक लेखापरीक्षा प्रतिवेदन | (PR-127276)

महोदय,

Please find enclosed herewith the Separate Audit Report and Management Letter on the revised accounts of National Institute of Mental Health Rehabilitation (NIMHR), Sehore for the year 2023-24. You are requested to kindly ensure that the SAR and the audited accounts are adopted by the Executive Council before placing the same before the Parliament.

- 2. The dates of presentation of SAR before both Houses of the Parliament may please be intimated and two copies of the printed material of the concerned Institute wherein SAR is printed may also be provided to this office. It may please be ensured that the previous SAR is presented either before or along with the current SAR. An undertaking to this effect may please be furnished.
- It may please be noted that the Management Letter is not to be placed before the Parliament.
- Kindly acknowledge receipt.

संलग्न: 1.पृथक लेखापरीक्षा प्रतिवेदन (SAR)

एवं अनुलग्न

2. Management Letter

भवतीय

उप-निदेशक (केलीग)

Separate Audit Report FY 2023-24

Separate Audit Report of the Comptroller and Auditor General of India on the Accounts of the National Institute of Mental Health Rehabilitation, Schore for the year ended 31 March 2024.

We have audited the attached Balance Sheet of the National Institute of Mental Health Rehabilitation (NIMHR), Sehore as at 31 March 2024; the Income and Expenditure Account and the Receipts and Payments Account for the year ended on that date, under Section 20 (1) of the Comptroller and Auditor General's (Duties, Powers and Conditions of Service) Act, 1971. The audit has been entrusted for the period up to 2023-24. These financial statements are the responsibility of the NIMHR's Management. Our responsibility is to express an opinion on these financial statements based on our audit.

- 2. This Separate Audit Report contains the comments of the Comptroller and Auditor General of India (CAG) on the accounting treatment only with regard to classification, conformity with the best accounting practices, accounting standards and disclosure norms, etc. Audit observations on financial transactions with regard to compliance with the Law, Rules and Regulations (Propriety and Regularity) and efficiency-cum-performance aspects, etc., if any, are reported through Inspection Reports/ CAG's Audit Reports separately.
- 3. We have conducted our audit in accordance with auditing standards generally accepted in India. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatements. An audit includes examining, on a test basis, evidences supporting the amounts and disclosure in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall presentation of financial statements. We believe that our audit provides a reasonable basis for our opinion.
- 4. Based on our audit, we report that:
- We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit;
- (ii) The Balance Sheet, Income and Expenditure Account and the Receipts and Payments Account dealt with by this report have been drawn up in the format prescribed by the Ministry of Finance, Government of India.

NIMHR, Schore 2023-24

Page 1 of 4

- (iii) In our opinion, proper books of account and other relevant records have been maintained by the NIMHR, Sehore in so far as it appears from our examination of such books.
- (iv) We further report that:
- A. Balance Sheet
- 1. Sources of Funds

1.1 Corpus/Capital Fund (Schedule-1) - ₹ 2.15 crore

Above included ₹ 1.10 crore on account of unspent revenue grants-in-aid (as disclosed vide para 8 of Notes on Account Schedule-25). The surplus of ₹ 1,43,80,034/- was carried forward from Income & Expenditure A/c to Corpus Capital/Fund, which included revenue grant of ₹ 1.10 crore. This Grant was received for the purpose of 'Social welfare' under OH 31 'General' and the conditions of sanction letter *inter-alia* included that if the grantee fails to utilize the grant for the specified purpose, it will be required to refund the entire amount with 10% interest p.a. Since, the grant was unutilised as on 31.03.2024, the same needs to be depicted under Current liabilities. This resulted in understatement of Current Liabilities & Provision (Schedule 7) by ₹ 1.10 crore and corresponding overstatement of Corpus/Capital Fund.

B. General

Unspent grants-in-aid of ₹ 0.18 crore received from MoSJ&E, Govt. of India on account of salary was accounted as Institute's income instead of liability. This issue was raised with the Institute in the previous year, despite this no action has been taken by the institute

C. Management Letter

Deficiencies which have not been included in the Separate Audit Report have been brought to the notice of the Director, National Institute of Mental Health Rehabilitation, Sehore through a Management Letter issued separately for remedial/corrective action.

D. Grants-in-Aid.

During the year, the NIMHR,Sehore received grants-in-aid (GIA) of ₹ 42.91 crore (Revenue Grant ₹ 3.16 crore and Capital Grant ₹ 39.75 crore). It had an unspent balance of ₹ 18.90 crore (including interest on GIA of ₹ 0.04 crore and unadjusted

NIMHR, Sehore 2023-24

Page 2 of 4

advance ₹ 18.33 crore on capital accounts). In addition, NIMHR also received ₹ 0.03 crore as interest on grants-in-aid during the year. Out of total available fund of ₹ 61.84 crore, an amount of ₹ 52.92 crore was utilized for Capital and Revenue expenditure during the year (Capital Expenditure ₹ 51.23 crore and Revenue Expenditure ₹ 1.69 crore). Thus, balance GIA of ₹ 8.92 crore (including interest on GIA of ₹ 0.07 crore and unadjusted advance of ₹ 6.76 crore) remained unutilized at the end.

- (v) Subject to our observations in the preceding paragraphs, we report that the Balance Sheet, Income and Expenditure Account and the Receipts and Payments Account dealt with by this report are in agreement with the books of accounts.
- (vi) In our opinion and to the best of our information and according to the explanations given to us, the said financial statements subject to the significant matters stated above and other matters mentioned in Annexure to this Separate Audit Report give a true and fair view in conformity with accounting principles generally accepted in India:
 - (a) In so far as it relates to the Balance Sheet, of the state of affairs of the National Institute of Mental Health Rehabilitation (NIMHR), Sehore as at 31 March 2024 and;
 - (b) In so far as it relates to Income and Expenditure Account of the Surplus for the year ended on that date.

For and on behalf of the Comptroller and Auditor General of India

Place:

Date: -

Director General of Audit (Central Receipts)

Annexure

1. Adequacy of Internal Audit System:

The Institute does not have internal audit wing and internal audit manual. The Internal audit was conducted by internal audit wing of the Ministry of Social Justice & Empowerment. Also, the Internal Audit is done by a Chartered Accountant firm.

2. Adequacy of Internal Control System:

The internal control system was found to be inadequate due to:

- (i) MIS is not available in the Institute.
- (ii) There is no IT Control are in place such as use of automated system.
- (iii) The response of the Management towards comments of previous SAR (2022-23) was not effective as some corrective action in r/o various observations is yet to be taken up by the management.
- (iv) 09 paras pending of compliance audit of the period 11/21 to 09/22.

3. System of Physical verification of fixed assets:

Physical verification of fixed assets has been conducted during the year.

4. System of Physical verification of inventories:

Physical verification of inventories has been conducted during the year.

Regularity in payment of statutory dues:

No irregularity was noticed in the payment of statutory dues.

Sr. Audit Officer/AMG-2

Chapter-7

Gallery of pictures

Some Glimpses of Various Activities, Initiatives and Events Organized by NIMHR, Sehore During the Year 2023-2024



Observing World Autism Awareness Day on April 2nd, 2023



NIMHR is celebrating World Autism Awareness Day at Sehore,

Madhya Pradesh



Awareness-generation programme on mental health by NIMHR at the

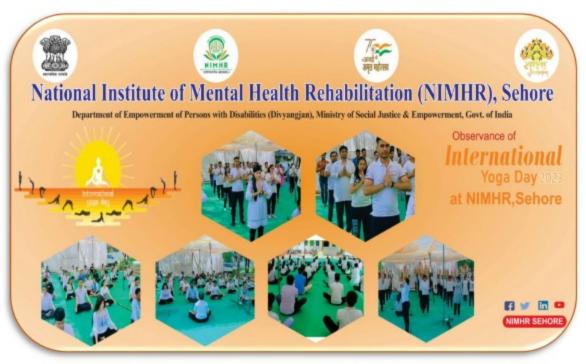
Railway station in Sehore



Kum. Pratima Bhoumik, Hon'ble Minister of State for Social Justice and Empowerment, Government of India, visited NIMHR Sehore (M.P.)



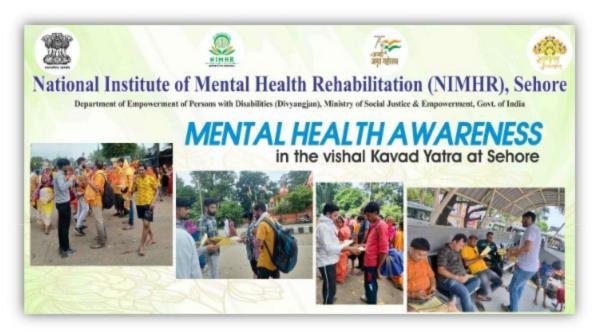
NIMHR participated in the awareness-generation program through a camp that was organized by Nagar Palika, Sehore.



"Breathe in the goodness, breathe out the stress". NIMHR observance International Yoga Day 2023



Students of NIMHR participated in Swachhta pakhwada at railway station sehore.



Students of NIMHR distributed the pamphlets for mental health awareness in the Vishal Kavad Yatra at Sehore under the supervision of

NIMHR faculty.



एनआईएमएचआर ने पोषण माह के संबंध में "सलबंत आंगनवाड़ी" सीहोर में जागरूकता सृजन कार्यक्रम आयोजित किया, जिसका विषय- ' सुपोषित भारत, साक्षर भारत, सशक्त भारत' है।



एनआईएमएचआर ने पोषण माह के संबंध में फ्रीगंज मंडी आंगनवाड़ी, सीहोर में जागरूकता सृजन कार्यक्रम आयोजित किया, जिसका विषय सुपोषित भारत, साक्षर भारत, सशक्त भारत है।



NIMHR observing international week of deaf at CM rise hr.sec. school sehore



NIMHR observing the world Cerebral palsy day. On this occasion Students of NIMHR participated in posters making and Quiz competitions.



NIMHR conducted an awareness generation programme at Sehore Railway Station.





दिनांक 13/03/2024 को भारत सरकार के राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान (एनआईएमएचआर) सीहोर के सर्विस ब्लॉक का उद्ध्घाटन सामाजिक न्याय और अधिकारिता मंत्रालय माननीय केंद्रीय मंत्री डॉ. वीरेंद्र कुमार जी के कर कमलों से संपन्न किया गया।



On the occasion of International Women's Day 2024, a community awareness program was conducted with SHG Workers and One Stop Centre, Sehore



International Wheelchair Day was observed with various activities with PwDs



Community Awareness Program at Government Middle School, Jahangirpura, Sehore



DCBR Students visited the Aayam Inclusion School



Community Awareness Program in Anganwadi, Sehore



CDEIC Bhopal Visit of NIMHR Students



Mental Health Week was observed with various activities such as Psycho Drama



International Day of Persons with Disabilities-day was observed with a Plantation activity by PwDs



Mental Health Awareness Week was celebrated through social dialogues



NIMHR participated in Divya Kala Mela, Indore, Madhya Pradeh



अस्पताल के मुख्य द्वार पर सीसीसीजी की कक्षा समन्वयक एवं छात्र



अस्पताल प्रशिक्षण से पहले एक छोटा सा प्रतिज्ञा समारोह



जिला अस्पताल में सिविल सर्जन के साथ मुलाकात



प्रशिक्षण- दिग्दर्शिका और डीडीआरसी

चेन्नई में DVR-ID छात्रों का शैक्षणिक दौरा



DVR-ID के शैक्षणिक भ्रमण के दौरान NIEPMD के संकाय के साथ मुलाकात



NIEPMD में कक्षाओं के दौरान



स्वाभिमान (ऑटिज़्म के लिए समग्र समाधान) के भ्रमण पर

Appendix-I

Governing Council Members for the year 2023-24

1.	Prof. Tej Bahadur Singh, Professor and Head, Centre for Psychological Sciences and Dean, School of Human Sciences, Central University of South Bihar, Gaya.	President
2.	Dr. Rohini Shivanand, 147, 2 nd cross- 1 st stage, BEML, Layout Basveshwaenagar, Bangalore-560079	Member
3.	Prof. Dr. Rajesh Sagar, Department of Psychiatry, AIIMS, Delhi	Member
4.	Dr. Indumati Rao, Founder and Consultant, CBR Network (South Asis), Consultative Member, Committee on Women with Disabilities, National Commission for Women.	Member
5.	Dr. Jagdisha T., Professor, Dept. of Psychiatry, NIMHANS, Bengaluru	Member
6.	Dr. Gaurav Gupta, Senior Consultant, Psychiatrist	
7.	Joint Secretary (dealing with National Institutes), DEPwD, MoSJE, GoI, New Delhi	Member (Ex officio)
8.	Adviser (Social Justice and Empowerment), Niti Aayog, New Delhi or his/ her representative.	Member (Ex officio)
9.	Joint Secretary and Financial Adviser, DEPwD, MoSJE, GoI, New Delhi	Member (Ex officio)
10.	Joint Secretary (Mental Health), M/o Health and Family Welfare, GoI, New Delhi	Member (Ex officio)
11.	Principal Secretary, Govt. of Madhya Pradesh dealing with empowerment of persons with disabilities, Secretariat of Madhya Pradesh, Bhopal	Member (Ex officio)
12.	Deputy Director General (Planning Monitoring & Statistics) Department of School Education & Literacy, M/o Human Resource Development, Room No.203, C-Wing, Shashtri Bhawan, New Delhi	Member (Ex officio)
13.	Director, NIMHR, Sehore	Member Secretary

Appendix-II

Executive Council Members for the year 2023-24

S. No.	Name	
1.	Director, NIMHR	Chairperson
2.	Director (NI), DEPwD	Member
3.	Director (IFD)/ Deputy Secretary (IFD)	Member
4.	Sh. Gaurav Gupta, Psychiatrist, Tulasi Health Care, Gurgaon	Member
5.	Deputy Registrar, NIMHR	Member Secretary

Appendix-III

Project Monitoring Committee Members for the year 2023-24

S. No.	Designation & Department	
01.	Secretary, D/o Empowerment of Persons with Disabilities, M/o Social Justice and Empowerment - secretaryda- msje@nic.in	Chairperson
02.	Joint Secretary, D/o Empowerment of Persons with Disabilities, M/o Social Justice and Empowerment - jsda- msje@nic.in	Member
03.	Joint Secretary and Finance Advisor, D/o Empowerment of Persons with Disabilities, M/o Social Justice and Empowerment - jsfa-mosje@gov.in	Member
04.	Principal Secretary, D/o Empowerment of Persons with Disabilities, Madhya Pradesh - pssocialjustice@mp.gov.in	Member
05.	Additional Director General, Western Region-II, Central Public Works Department, Bhopal (M.P.) - adgwr2cpwd- mp@nic.in	Member
06.	Superintendent Engineer, Central Public Works Department, Bhopal (M.P.) - secpwdbho-mp@gov.in	Member
07.	Senior Architect, Central Public Works Department, Bhopal (M.P.) - sacpwdbpl11-mp@gov.in	Member
08.	Dr. Rajesh Sagar, Professor, All India Institute of Medical Sciences, New Delhi - rsagar29@gmail.com	Member
09.	Dr. Rajinder Kumar Dhamija, Director, Institute of Human Behavior and Allied Sciences, Delhi	Member
10.	Director, D/o Empowerment of Persons with Disabilities and Director, NIMHR - vineet.singhal17@gov.in	Member Secretary

Appendix-IV

Governing Council meetings held in the year 2023-24

S.No.	GC Meeting	Date
1.	8 th Governing Council Meeting	29.11.2023

Appendix-V

Executive Council meetings held in the year 2023-24

S.No.	EC Meeting	Date
1.	12th Executive Council Meeting	03.05.2023
2.	13th Executive Council Meeting	08.08.2023
3.	14th Executive Council Meeting	20.10.2023
4.	15th Executive Council Meeting	16.02.2024

Appendix-VI

Project Monitoring Committee meetings held in the year 2023-24

S.No.	PMC Meeting	Date
1.	6 th Project Monitoring Committee meeting	01.05.2023
2.	7th Project Monitoring Committee meeting	14.09.2023
3.	8 th Project Monitoring Committee meeting	21.12.2023

Appendix-VII

Staff Strength in Year 2023-24

S.No.	Designation	No. of officer/official
	Regular Employees	
1.	Director (In-Charge)	01
2	Dy. Registrar	01
3.	Assistant Professor (Clinical Psychology)	01
4.	Administrative Officer (on Deputation)	01
5.	Account Officer	01
6.	Store and Purchase Officer	01
7.	Administrative Assistant	01
8.	Accountant	01
9.	Personal Assistant	01
	Total:	09
	Contractual Employees	
1.	Lecturer (DVR-ID)	01
2	Lecturer (DCBR)	01
3.	Lecturer (Clinical Psychologist)	01
4.	Consultant (Administration & Account)	01
5.	Psychiatric Social Worker	01
6.	Psychiatric Nurse	01
7.	Occupational Therapist	01
8.	Workshop Supervisor (DVR-ID)	01
9.	Workshop Supervisor (DCBR)	01
10.	Demonstrator (CCCG)	01
11.	Computer Operator	01
12.	Clerk	01
13.	Office Attendant	02
14.	Security Guard (Outsourced)	04
15.	Housekeeping Staff (Outsourced)	01
	Total:	19