

For the Year 2026

Home Science –

315

**Syllabus for
NCET**

Note:

There will be one Question Paper which will have 28 questions out of which 25 questions need to be attempted.

Theory

Unit I: Work, livelihood and career

- Work, age and gender
- Occupational heritage of India
- Career options
- Entrepreneurship and self-employment
- Life skills for career building

Unit II: Nutrition, Food Science and Technology

- Clinical nutrition and dietetics
- Public nutrition and health
- Food processing and technology
- Food quality and food safety

Unit III: Human Development and Family Studies

- Early childhood care and education
- Management of Support Services, Institutions and programs for children, youth and elderly

Unit IV: Fabric and Apparel

- Care and maintenance of fabrics in institutions
- Design for fabric and apparel
- Fashion Designing and merchandising

Unit V: Resource Management

- Hospitality management
- Consumer Education and Protection

Unit VI: Communication and Extension

- Development communication and journalism
- Corporate communication and public relations