

**For the Year 2026**

# **Home Science – 315 Syllabus for NCET**

*Note:*

*There will be one Question Paper which will have 28 questions out of which 25 questions need to be attempted.*

## **Theory**

### **Unit I: Work, livelihood and career**

- Work, age and gender
- Occupational heritage of India
- Career options
- Entrepreneurship and self-employment
- Life skills for career building

### **Unit II: Nutrition, Food Science and Technology**

- Clinical nutrition and dietetics
- Public nutrition and health
- Food processing and technology
- Food quality and food safety

### **Unit III: Human Development and Family Studies**

- Early childhood care and education
- Management of Support Services, Institutions and programs for children, youth and elderly

### **Unit IV: Fabric and Apparel**

- Care and maintenance of fabrics in institutions
- Design for fabric and apparel
- Fashion Designing and merchandising

### **Unit V: Resource Management**

- Hospitality management
- Consumer Education and Protection

### **Unit VI: Communication and Extension**

- Development communication and journalism
- Corporate communication and public relations