

For the year 2026

SOCIOLOGY – 326

Syllabus for NCET

SOCIOLOGY

Note:

There will be one Question Paper which will have 28 questions out of which 25 questions need to be attempted.

Indian Society

Unit - I: *Structure of Indian Society*

- Demographic Structure
- Rural – Urban Linkages and Divisions

Unit - II: *Social Institutions: Continuity and Change*

- Family and Kinship
- The Caste System
- Tribal Society
- The Market as a Social Institution

Unit - III: *Social Inequality and Exclusion*

- Caste Prejudice, Scheduled Castes and Other Backward Class
- Marginalisation of Tribal Communities
- The Struggle for Women's Equality
- The Protection of Religious Minorities
- Caring of the Different Abled

Unit - IV: *The Challenges of Unity in Diversity*

- Problems of Communalism, Regionalism and Casteism and Patriarchy
- Communities, Nations & Nation States
- Role of the State and Civil Society in a Plural and Unequal Society

Change and Development in India.

Unit – I: *Process of Social Change in India*

- Process of Structural Change: Colonialism, Industrialisation, Urbanisation
- Process of Cultural Change: Modernization, Westernisation, Sanskritisation, Secularisation
- Social Reform Movements and Laws

Unit- II: *Social Change and the Polity*

- The Constitution as an instrument of Social Change
- Parties, Pressure Groups and Democratic Politics
- Panchayati Raj and the Challenges of Social Transformation

Unit - III: *Social Change and the Economy*

- Land Reforms, the Green Revolution and Agrarian Society
- From Planned Industrialisation to Liberalisation
- Changes in the Class Structure

Unit - IV: *New Arenas of Social Change*

- Media and Social Change
- Globalisation and Social Change

Unit - V: *Social Movements*

- Class-Based Movements: Workers, Peasants
- Caste-Based Movements: Dalit Movement, Backward Castes, Trends in Upper Caste Responses
- Women's Movements in Independent India
- Tribal Movements
- Environmental Movements