



For the year 2026

**SOCIOLOGY – 326**

**Syllabus for  
NCET**

SOCIOLOGY

*Note:*

*There will be one Question Paper which will have 28 questions out of which 25 questions need to be attempted.*

## **Indian Society**

### ***Unit - I: Structure of Indian Society***

- Demographic Structure
- Rural – Urban Linkages and Divisions

### ***Unit - II: Social Institutions: Continuity and Change***

- Family and Kinship
- The Caste System
- Tribal Society
- The Market as a Social Institution

### ***Unit - III: Social Inequality and Exclusion***

- Caste Prejudice, Scheduled Castes and Other Backward Class
- Marginalisation of Tribal Communities
- The Struggle for Women's Equality
- The Protection of Religious Minorities
- Caring of the Different Abled

### ***Unit - IV: The Challenges of Unity in Diversity***

- Problems of Communalism, Regionalism and Casteism and Patriarchy
- Communities, Nations & Nation States
- Role of the State and Civil Society in a Plural and Unequal Society

## **Change and Development in India.**

### ***Unit – I: Process of Social Change in India***

- Process of Structural Change: Colonialism, Industrialisation, Urbanisation
- Process of Cultural Change: Modernization, Westernisation, Sanskritisation, Secularisation
- Social Reform Movements and Laws

### ***Unit- II: Social Change and the Polity***

- The Constitution as an instrument of Social Change
- Parties, Pressure Groups and Democratic Politics
- Panchayati Raj and the Challenges of Social Transformation

### ***Unit - III: Social Change and the Economy***

- Land Reforms, the Green Revolution and Agrarian Society
- From Planned Industrialisation to Liberalisation
- Changes in the Class Structure

### ***Unit - IV: New Arenas of Social Change***

- Media and Social Change
- Globalisation and Social Change

### ***Unit - V: Social Movements***

- Class-Based Movements: Workers, Peasants
- Caste-Based Movements: Dalit Movement, Backward Castes, Trends in Upper Caste Responses
- Women's Movements in Independent India
- Tribal Movements
- Environmental Movements