

# **Syllabus for Yoga (COQP21)**

## **Yoga (COQP21)**

***Note:***

- i. The Question Paper will have 75 questions.***
- ii. All questions will be based on Subject-Specific Knowledge.***
- iii. All questions are compulsory.***
- iv. The Questions will be Bilingual (English/Hindi).***

## **Yoga (COQP21)**

1. Yogic science origin
2. History and development of Yoga
3. Etymology and definitions
4. Misconceptions
5. Aim and objectives of Yoga
6. True nature and principles of Yoga