



Ministry of Women and Child Development



Children impacted by Covid-19 Pandemic being provided Tele Counselling through SAMVEDNA



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With an objective of providing psychological first-aid and emotional support to children affected during COVID-19 Pandemic, National Commission for Protection of Child Rights (NCPCR) is providing Tele-Counselling to children through **SAMVEDNA** (Sensitizing Action on Mental Health Vulnerability through Emotional Development and Necessary Acceptance) - a Toll-Free Helpline launched to provide psycho-social mental support for Children affected during COVID 19 Pandemic. Tele-counselling is being provided through a network of qualified Experts/Counselors/Psychologists trained under the guidance of Dr. Shekhar Seshadri, Professor, Department of Child and Adolescent Psychiatry and his team from NIMHANS, on various psychosocial issues in reference to COVID-19, using different Tele counselling strategies.

SAMVEDNA tele counselling service is for psychological support to children to address their stress, anxiety, fear and other issues during the Pandemic. This service is available on a toll-free No: 1800-121-2830 from Monday to Saturday from 10 a.m. to 1 p.m. and 3 p.m. to 8 p.m. This service is exclusively for children who are willing to talk and are in need of counseling. When a child/ caretaker/Parent dials **SAMVEDNA** 1800-121-2830, they get to speak to a professional counselor in a safe environment. Tele counselling is provided to the children under three categories:

1. Children who are in Quarantine/isolation/COVID Care centers.
2. Children who have COVID positive parents or family members and near ones.
3. Children who have lost their parents due to Covid-19 Pandemic.

This Toll-free Tele-Counselling cater to the children from all over India in various regional languages like Tamil, Telugu, Kannada, Oriya, Marathi, Gujarati, Bengali etc. This service was launched in September, 2020 and continuing to support children in the difficult times of COVID-19 pandemic.

NCPCR is a statutory body and works under the aegis of Ministry of Women and Child Development, Govt. of India.

BY/TFK

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