

## **CELEBRATION OF INTERNATIONAL YOGA DAY 2024-2025**

On, International Yoga Day, 2024, the Member Secretary, UPSLSA celebrated Yoga Day with inmates of District Jail, Lucknow. The Officers of UPSLSA and Secretary DLSA, Lucknow have performed Yoga in District Jail, Lucknow along with jail inmates. The Secretaries, DLSAs of the respective districts have also performed Yoga in District Jails along with jail inmates. The theme of the International Yoga Day, 2024 was “**Yoga for Self and Society**”.



Subsequently in the Year 2025, the Yoga Day is celebrated on 21<sup>st</sup> June in all the Legal Services Institutions. The officers along with the staff of U.P. State Legal Services Authority, performed Yoga in the new office building of UPSLSA. The theme for the International Yoga Day, 2025 was “**Yoga for One Earth, One Health**”.

