NIC Telangana: Health Awareness Sessions organised for Employees

Hyderabad, 29 September 2026

As part of its ongoing **Employee Welfare Activities**, the **National Informatics Centre (NIC), Telangana**, organised **two informative health-awareness sessions** for its **officers and staff** at the **6th Floor Conference Hall, NIC Telangana**, on **29 September 2026**. The programmes were conducted in association with **Ankura Hospitals**, a **CGHS-empanelled and NABH-accredited hospital, Hyderabad.**

The sessions focused on two important areas of employee well-being — **"Women's Health and Preventive Care"** and **"Central Government Health Scheme (CGHS)"**. The programmes aimed to **raise awareness among employees about preventive healthcare, timely medical attention, and the healthcare facilities** available to Central Government employees.

Session on Women's Health and Preventive Care

The first session was conducted on the topic **"Women's Health and Preventive Care."** The session was delivered by **Dr Katta Navya, MBBS, MS (OBG & GYN), Consultant Obstetrician & Gynaecologist, Ankura Hospitals – Banjara Hills**, Hyderabad.

Dr Katta Navya highlighted the **importance of preventive healthcare and regular health check-ups for women**. She emphasised **the need for early identification of health concerns, timely medical consultation and maintaining healthy lifestyle practices**.

The **interactive session** provided employees with an opportunity to gain useful information on **women's health and preventive care**. Employees also had the opportunity to interact with **the doctor and clarify their health-related queries**.

Session on Central Government Health Scheme (CGHS)

The second session commenced on the topic **"Central Government Health Scheme (CGHS)."** The session was conducted by **Mr Ajay Rawat, VP MARKETING & BD, Ankura Hospitals**.

The **session** provided useful information **on CGHS and the healthcare services available** to eligible Central Government employees and their dependants. The discussion helped employees understand various aspects of **accessing healthcare services and the importance of being aware of the facilities** available under the scheme.

Mr Ajay Rawat also interacted with the employees and **addressed their queries relating to healthcare services.**



Employee Welfare Initiative

The two sessions provided a useful combination of **health awareness and practical information on healthcare facilities**, contributing to the overall objective of promoting employee well-being.

The programme was **conducted by Sri Ravi Bandi, Welfare Officer, NIC Telangana, under the guidance of Sri Guntuku Prasad, Scientist-G & SIO, NIC Telangana and Sri G. Srikanth, Scientist-F & ASIO (State)**. The programme was organised with the **help and support of Shri John Peter, Section Officer, NIC Telangana**.

The initiative reflects NIC Telangana's continued efforts towards promoting **employee welfare, preventive healthcare and a healthy workplace environment**. Such awareness programmes provide employees with an opportunity to learn about important health matters and available healthcare services.



NIC Telangana appreciated the support and participation of **Ankura Hospitals,** a **CGHS-empanelled and NABH-accredited hospital in Hyderabad** and the speakers for conducting the informative sessions and contributing to the employee welfare initiative.

The programme concluded on a positive note, with employees expressing their appreciation for the initiative and the valuable information shared during the sessions.

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