

Report

Continuing Rehabilitation Education (CRE) Programme

Topic: *Holistic Rehabilitation for Persons with Down's Syndrome*

Date & Duration: 11th September 2025 | 1 Day

Mode: Offline

Level of Programme: Local Level

CRE Proposal ID: CRE-25081814546098

Total Participants 49 (RCI APPROVED)

Total Resource Persons: 6 (RCI Pre-Approved)

Organized by:

Composite Regional Centre (CRC), Guwahati

Department of Empowerment of Persons with Disabilities (Divyangjan)

Ministry of Social Justice & Empowerment, Government of India

Venue:

CRC Auditorium, GMCH Campus, Bhangagarh, Guwahati, Assam

Programme Coordinators:

1. Dr. Monika Megha (PT)
Physiotherapist – CD-EIC
CRCSRE, Guwahati
2. Dr. Mantu Paul (PT)
Lecturer - Physiotherapy,
CRCSRE, Guwahati.

Introduction:

The Composite Regional Centre (CRC), Guwahati successfully organised a one-day Continuing Rehabilitation Education (CRE) programme on 11th September 2025.

The theme of the programme was “*Holistic Rehabilitation for Persons with Down's Syndrome*”.

The event aims on enhancing the knowledge and clinical understanding of rehabilitation professionals regarding Down's Syndrome, providing a comprehensive overview of current rehabilitation strategies including physiotherapy, occupational therapy, providing insights into the strategies for curriculum adaptation in inclusive education, and improving quality of life of such individuals, promoting interdisciplinary collaboration creating awareness, empowering participants with practical skills and case-based knowledge through expert lectures, interactive sessions, and discussions for better implementation of rehabilitation protocols.

Objectives:

1. Improved Clinical Practice: The program will equip rehabilitation professionals with advanced therapeutic strategies, including physiotherapy, occupational therapy, speech therapy, psychological management, curriculum adaptation for inclusive education tailored for individuals with Down's Syndrome.
2. Interdisciplinary Collaboration: The CRE will foster stronger interdisciplinary coordination among physiotherapists, occupational therapists, speech therapists, and caregivers for holistic management of Down's Syndrome.
3. Capacity Building: The program will enhance the skills of teachers and rehabilitation professionals for better service delivery.
4. Educational Management: The CRE will foster implementation of effective teaching-learning methods and inclusive education practices for children with Down Syndrome.
5. Community and Family Engagement: Emphasis will be placed on strategies for family education, psychosocial support, and community-based rehabilitation to ensure sustainable care beyond clinical settings.



One day Local-level (Offline) CRE programme

“Holistic Rehabilitation for Person's with Down's Syndrome”

11th September, 2025

Auditorium, CRCSRE, Guwahati

Tentative Schedule

Time	Agenda	Concerned Person
8:30 AM - 8:45 AM	Spot Registration	1.Dr.Monika Megha(PT),Physiotherapist, CD- EIC cum Program Coordinator 2.Mr. Mritunjay Kumar Prosthetist & Orthotist , CRCSRE, Guwahati
8:45 AM – 8:50 AM	Inaugural Ceremony	
8:50 AM – 8:55 AM	Welcome Address	Dr. P. K. Lenka Director CRCSRE, Guwahati
8:55 AM – 9:00 AM	Brief Introduction of the CRE Topic	Dr. Aziza Karim , Clinical Assistant, Speech and Hearing, cum Program Co-Coordinator CRCSRE, Guwahati
9:00 AM – 10:00 AM	“Overview Of Down's Syndrome ”	Dr.Dhrubajyoti Choudhury Senior Paediatrician Down Town Hospital,Guwahati

10:00 AM – 11:00 AM	“Physiotherapy Approach to Down’s Syndrome”	Dr. Trishna Saikia Baruah(PT) Assistant Professor Faculty of Physiotherapy and Rehabilitation Assam Down Town Hospital, Guwahati
11:00 AM – 12:00 PM	“Occupational therapy Approach to Down’s Syndrome”	Ms. Sangita Sarma Occupational Therapist, Proprietor, PRAYAS, Child Development Centre, Guwahati
12:00 PM – 1:00 PM	“Necessities of Speech Therapy in Person’s with Down’s Syndrome”	Ms.Pritismita Krishantreya Sarma, Co-founder – Vridhhi,EIC,Guwahati Consultant Speech and Language Pathologist ,Pratidhwani Guwahati
Lunch Break (1:00 PM to 2:00 PM)		
2:00 PM – 3:00 PM	“Importance of Clinical Counselling in Person’s with Down’s Syndrome”	Ms.Bhagyashree Deuri, Clinical Psychologist cum Project Associate, ADCGC, SPNWCD, Guwahati
3:00 PM – 4:00 PM	“Curriculum Strategies for Inclusive Education of Children with Down’s Syndrome”	Ms.Leena Borah, Special Educator and counsellor, Delhi Public School ,Guwahati
4:00 PM – 4:20 PM	Vote of Thanks	Dr. Mantu Paul(PT) Lecturer , Physiotherapy cum Program Coordinator CRCSRE, Guwahati

Inauguration –



Session -1



Session -2



Session -3



Session -4



Session 5



Session -6

