

## **One day hand's on Workshop**

### **“Integrated Approaches in Low Back Pain”**

#### **On the Occasion of World Physiotherapy Day**

**Organized by:** Composite Regional Centre for Skill Development , Rehabilitation, and Empowerment of Persons with Disabilities(CRCSRE)- Guwahati(under the administrative control of SVNIRTAR, Department of Empowerment of Persons with Disabilities , Ministry of Social Justice and Empowerment, Government of India ) in association with Indian Association of Physiotherapists(IAP), Assam Branch

**Date:** 3<sup>rd</sup> September 2025

**Venue:** CRC Auditorium, GMCH Campus, Bhangagarh, Guwahati, Assam

**Under the Leadership of :** Dr. P.K. Lenka, Director,CRCSRE, Guwahati

**Program Coordinator :** Dr. Monika Megha(PT), Physiotherapist, CDEIC of CRCSRE, Guwahati

#### **Overview**

The **Composite Regional Centre for Skill Development , Rehabilitation, and Empowerment of Persons with Disabilities(CRCSRE)- Guwahati(under the administrative control of SVNIRTAR, Department of Empowerment of Persons with Disabilities , Ministry of Social Justice and Empowerment, Government of India )** in association with **Indian Association of Physiotherapists(IAP), Assam Branch** conducted a one day hand's - on workshop on the topic **“Integrated Approaches in Low Back Pain”** 03<sup>rd</sup> September 2025 at CRC Auditorium under the leadership and guidance of **Dr. P.K. Lenka**, Director, CRCSRE, Guwahati on the occasion of **World Physiotherapy Day**.

The Program was inaugurated in the esteemed presence of **Dr. P.K. Lenka**, Director, CRCSRE, Guwahati; **Dr. Chatrajit Das**(PT),President, IAP(Assam Branch); **Dr. Ujwal Bhattacharya**, Ph.D, Resource Person; **Dr. Pallabi Goswami**, President, IAP Women Cell, Assam Unit; **Dr. Mridula Das** Student Wing Head ,IAP(Assam Branch); **Dr. Hitesh Bujarbaruah**, Treasurer, IAP (Assam Branch); **Dr. Mantu Paul (PT)**, Lecturer , Physiotherapy, CRCSRE, Guwahati and **Dr. Monika Megha (PT)**, Physiotherapist, CD-EIC,CRCSRE, Guwahati.

The program started with a welcome address by Director **Dr. P.K. Lenka**. Thereafter introduction about the program was presented by **Dr. Chatrajit Das (PT)**, President, IAP (Assam Branch).

Workshop (Technical session) was conducted by **Dr. Ujwal Bhattacharya, PhD**, Resource Person

Total **70 participants** attended the program.

It was concluded by vote of thanks by **Dr. Mantu Paul(PT) , Lecturer, Physiotherapy**, CRCSRE, Guwahati and distributing certificates to the participants. The program was successfully coordinated by **Dr. Monika Megha (PT), Physiotherapist- CD-EIC of CRCSRE, Guwahati**.

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