

## **REPORT OF STATE LEVEL CRE PROGRAM ON “CRISIS COUNSELLING” CONDUCTED ON 30/07/2025**

CRE program on ‘Crisis Counselling’ was conducted on 30/07/2025 at Auditorium Hall CRCRE, Guwahati as per scheduled. Inaugural session lighting of lamp by in presence of director of CRCRE, Dr. P.K. Lenka and other esteemed resource persons of program.

Dr. P.K. Lenka, in his welcome address, highlighted the importance of the CRE program especially those professionals working in disability sector. He shared his experiences of working with multidisciplinary setting and the importance of every team member. He speak about the contribution of centre in the implementation of schemes and programs by the Depwd.

### **Technical sessions**

Session -I Dr. Paramvir, Assistant Professor of clinical Psychology and coordinator of the CRE program, emphases relevance of the theme in view of current scenarios. Explain the aims and objective of the program.

Session-II Ms. P. Basumaitry, Mental Health Counsellor, NIPPCID, Guwahati, explain simply for audience theories and models and of crisis counselling. Crisis intervention in Miscarriage, abortion and stillbirth.

Session- III Mrs. Alokita Baruah, Child Counsellor, District Juvenile Justice Board, shared her case observations and challenges faced by a mental health professional. She includes Crisis intervention in psychological disorder such as post-traumatic stress disorder, Post traumatic mood disorder. Practical hand on psychological First-Aid. In the interaction session audience gave the instant feedback that session was informative and enriching experience for participants.

Session – IV conducted by Mrs. Barsa. D. Clinical Psychologist, CDEIC, Guwahati, crisis intervention in suicidal tendencies. She emphasized the course and prognosis Affective Disorders in context of Depression. Suicide tendency RED-FLAG for early identification and intervention referral to mental health professional.

Session- V P. Basumaitry, take a session in a sensitive issues crisis counselling in domestic and sexual abuse conditions. She speaks about the life changes experiences going through the experience a victim of domestic and sexual abused person. she gave the tips to the audiences in a given situation.

Session VI- Paramvir, discuss the crisis intervention with care giver in disability conditions in context of Alzheimer’s disease. He sherd his clinical experiences with audience. He describes the perspectives of Care giver burden and care recipient personality of a dementing condition. He simply explains implementation of Seven stage model of crisis intervention. He gave the tips to audience coping skill techniques.

One hundred five participants registered through RCI web- portal in which fifteen delegates absent.

On spot registration done by ten participants.

Paramvir, Asstt. Prof. Clin.Psy.

Program Coordinator

