

Report of Celebration of the International Day of Yoga on 21st June 2025

The **Composite Regional Centre for Skill Development, Rehabilitation, and Empowerment of Persons with Disabilities (CRCSRE), Guwahati**, under the Department of Empowerment of Persons with Disabilities, Ministry of Social Justice and Empowerment, Government of India, celebrated the **International Day of Yoga on 21st June 2025**. The event was conducted under the leadership, guidance, and supervision of **Dr. P. K. Lenka**, Director, CRCSRE Guwahati.

Events Organized:

1. Centre-Based Yoga Programme

A yoga session was conducted at the Centre, where staff members, Divyangjans, students, and parents of Persons with Disabilities (PwDs) actively participated. A trained and certified yoga instructor conducted the session. A total of **52 participants** took part in this event.

2. Collaborative Yoga Sessions

The Centre organized yoga sessions in collaboration with various institutions working in the field of disability rehabilitation and education:

a. Guwahati Blind Higher Secondary School, Latakata, Basistha, Guwahati

A collaborative yoga session was conducted where **44 participants**, including visually impaired students and staff, took part.

b. SAKSHAM, 151 Base Hospital, Basistha, Guwahati

A yoga session was organized in collaboration with SAKSHAM, where **47 participants**, including Children With Special Needs (CWSN) and staff, participated.

c. Sunshine Special School, Bani Nagar, Rehabari, Guwahati

In collaboration with Sunshine Special School, a yoga session was held with the participation of **50 individuals**, including CWSN, Divyangjans, and staff.

3. Environmental Sustainability Initiatives

In addition to yoga sessions, the Centre also undertook initiatives promoting environmental sustainability,:

- **Tree plantation drives**, where trees were planted by **Children With Special Needs (CWSN), parents of Persons with Disabilities (PwDs), and staff of CRCSRE.**
- **Cleanliness campaigns**

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