

संघ प्रदेश दायरा एवं नगर हवेली तथा दमण एवं दीव प्रशासन,  
UT. ADMINISTRATION OF DADRA & NAGAR HAVELI AND DAMAN & DIU,  
खेल अनुभाग के प्रमुख का कार्यालय,  
OFFICE OF THE HEAD OF SPORTS SECTION,  
खेल विभाग, दमण  
"SPORTS DEPARTMENT, DAMAN",  
दमणवाड़ा पंचायत,  
DAMANWADA PANCHAYAT,  
मोटी दमण - 396220  
MOTI DAMAN - 396 220.  
E-mail : sports-dmn-dd@nic.in  
Tel. No. 0260 - 2251232

No.DMN/SPORTS/GT/2025-26/444

Dated: 10/09/2025

**Advertisement for the Recruitment of Gym/Strength Trainer**

Applications are invited from eligible candidates for the position of Gym/Strength Trainer on a contractual basis for six (06) months, with the following fixed monthly remuneration

❖ **Details of vacancies :-**

Sr. No.	Name of Post	No. of Vacant Post	Remuneration / Wages
1	Gym/Strength Trainer (Gents)	1	25,000/-
2	Gym/Strength Trainer (Ladies)	1	25,000/-

The candidates claiming to belonging to SC/ST/OBC communities are required to enclose photocopy of Caste Certificate issued by Competent Authority dully attested by gazetted officer.

❖ **Eligibility Criteria for posts :-**

Sr. No.	Name of Sports	Qualification Criteria for Candidates	Pay Structure
1.	Gym/Strength Trainer (Gents)	<b>Essential :</b> A Bachelors Degree in Exercise Science or Physical Education from a recognised University. <b>OR</b> Minimum Std XII passed & Certificate Course of Gym Trainer and equipment's with Knowledge of principles, rules, materials and equipment requirement of gymnasium activity. <b>OR</b> Medal winner at Senior & Youth National Level in Sports. <b>OR</b> Participation at Senior National Level. <b>Desirable:</b> Two years coaching experiences in Gym/Strength Training in Govt./Semi Govt./Autonomous/Private Institute or Gym.	25,000/-
2.	Gym/Strength Trainer (Ladies)		
3.	Age Limit	Age between 18 to 45 years as on 01/01/2025.	
4.	Age Relaxation	5 years to SC/ST/OBC candidates (only for candidates who are domicile of DNH and Daman & Diu) and candidates having experience of Two years in coaching.	

**NOTE :-**

- (a) Further this appointment shall not entitle them for any claim for regular job in future and this term shall be incorporated in their contract agreement.
- (b) The applicants who are appointed for the post of Gym / Strength Trainer (Gents and Ladies) will be appointed on Consolidate amount and on short term contract basis through Daman Sports Society/Club, Daman.

Interested applicants are required to submit their applications in the attached bio-data sheet, providing full details such as:

- Residential Address
- Contact Number
- Photocopy of Education and other Qualifications
- Achievements
- National and State-level participation certificates
- Birth and Domicile certificates
- Experience (if any)

All documents must be accompanied by attested copies of each certificate. Please submit your application to the Office of the Department of Youth Affairs & Sports, Damanwada Panchayat, Moti Daman-396220.

- ❖ **Last date of receipt of application is 21/09/2025 up to 06:00 p.m.** Application should be received within the stipulated date and time No correspondence will be entertained on account of incomplete/Time barred applications.

Sd/-  
**Director-cum-Joint Secretary (YA&S),  
DNH & DD (UT.).**

## Application Format

To,  
**The Director-cum-Joint Secretary,**  
Department of Youth Affairs & Sports,  
DNH & DD,

**Last date of submission :**  
**21/09/2025 (06:00 PM)**

Recent  
(Passport Size)  
Photograph

**Name of Sports Discipline & Centre applied for:** .....

**1. Name :** .....

**2. Father/Husband Name:** .....

**3. Date of Birth** .....  
(Self-attested copy of certificated to be enclosed)

**4. Nationality:** .....

**5. Postal (Permanent) Address:** .....  
(Self-attested copy of address proof certificated to be enclosed)

**6. Present Address:** .....  
.....  
.....

**7. Contact Number:** .....

**8. Email Address:** .....

**9. Aadhaar Card No:** .....  
(Self attested copy of Aadhaar Card to be enclosed)

**10. Details of Qualification :**

**(a) Education Qualification :**

S. N.	Certificate/Degree (Course Name)	Name of Board / University	Year	% Marks

(Self-attested copy of certificates to be enclosed)

**(b) Professional Qualification :**

S. N.	Certificate/Degree (Course Name)	Name of Board / University	Year	% Marks

(Self-attested copy of certificates to be enclosed)



**11. Work Experience :**

S. N.	Organization/Institute	Period From-To	Nature of Work	Remarks

(Self-attested copy of certificates to be enclosed)

**Total Experience (in Month) .....**

**12. Achievement in Sports :****(a) International Level :**

S. N.	Event	Name of the Competition, Date & Venue	Position

(Self-attested copy of certificates to be enclosed)

**(b) National Level :**

S. N.	Event	Name of the Competition, Date & Venue	Position

(Self-attested copy of certificates to be enclosed)

**(c) State Level :**

S. N.	Event	Name of the Competition, Date & Venue	Position

(Self-attested copy of certificates to be enclosed)

**DECLARATION**

I hereby declare that all statements made in this application are true and correct to the best of my knowledge and belief. I understand that in the event of any information being found false or incorrect or not satisfying the prescribed eligibility criteria for the post applied for, my candidature is liable to be cancelled / rejected at any stage of selection.

Place:

Date:

**(Full Signature of the Applicant)**