

CORONA FREE VILLAGE PROGRAMME UNDER LITIGATION FREE VILLAGE SCHEME

Taking into consideration the difficulties being faced by the people at large and the overworked administration including medical staff, MPSLSA issued guidelines for Corona Free Villages and communities.

The following guiding principles have been made to help members of the community organize themselves, reduce the pressure on government machinery and create a circle of positivity:-

PREVENTIVE MEASURES-

1. Sarpanch, Members of Panchayat and Panchayat Secretary create awareness through intensive campaigns:-
 - a) What is corona?
 - b) How it may occur and spread?
 - c) Effect of Corona.
 - d) Benefits of vaccination
2. Involvement of Religious Leaders, Teachers of Primary School and Anganwadi Workers in the awareness camp with special emphasis on-
 - a) Need and method for wearing masks, necessity of maintaining six feet social distance, frequent hand washing.
 - b) Awareness of “suspected person”- Sore throat, fever, body ache, diarrhea, breathlessness, loss of taste etc.
3. Ensuring availability of oxymeter, thermal scanner, basic corona medicines including Azithromycin, Ivermectine and Doxycycline, Zinc, Magnesium and Vitamin D₃.

ISOLATION & AVOIDANCE MEASURES-

4. Smoking, chewing tobacco and liquor consumption be avoided with awareness that such substances decrease body immunity.
5. Restriction to visiting towns, weekly markets, haat bazaars and crowded places.
6. Community leaders to restrict and quarantine incoming traders/agents/hawkers from nearby towns to sell various products to villagers to preempt potential carriers of Corona.

7. Marriage celebrations, funerals and religious or cultural gatherings, evening folk dances.
8. Quacks, half baked advice of local un-authorised medical practitioners (i.e. ojhas, neem, hakeems and jholachhap doctors) and rumor mongering.
9. Suspected persons, Labourers and students returning from cities be kept in isolation in school building /Panchayat buildings etc. and avoidance of proximity with old aged people and small kids.

POSITIVE MEASURES-

10. Vaccination, early identification, isolation and RTPCR or CT-Scan
11. Intake of simple, locally available fresh food rich in vitamin C, like Lemon etc, hot drinks and steam inhalation in case of congestion.
12. Isolated persons be given the message of- “We are with you”.
 - a) Arrange to send food, medicine and daily needs twice a day through community mobilization in safe environment.
 - b) Daily inquiry about temperature and general wellbeing.
 - c) Simultaneously evening prayer for well being of all particularly the patient in every home with the ringing of temple or church bell or azaan as the case may be
13. Arrangement of dedicated vehicles to cater to daily needs.