



राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान, सीहोर, म.प्र.
National Institute of Mental Health Rehabilitation, Sehore, MP

Department of Empowerment of Persons with Disabilities (Divyangjan),
Ministry of Social Justice & Empowerment, Govt. of India.

***Cordially Invites you to its First One Day National Conference at NIMHR
with Theme***

“No Health Without Mental Health”

Date: 10th September, 2025

Wednesday, Time: 10:00 AM. TO 05:00 PM.

**Esteemed Speaker and Guest of Honour
Prof. Tej Bahadur Singh**

Chairman, Governing Council of NIMHR & Professor (Retd.) Central University of South Bihar

With Warm Regards

Dr. Priyanka Lenka

Assistant Professor of Clinical Psychology
Organizing Secretary

Dr. Narendra Kumar

Deputy Registrar

Dr. Akhilesh Kumar Shukla

Director



राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान, सीहोर National Institute of Mental Health Rehabilitation, Sehore, MP

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One Day National Conference on Mental Health Rehabilitation:

“No Health Without Mental Health”

RCI CRE
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Points

**Date: 10th September, 2025
(Wednesday)
Venue: NIMHR
Sehore (M.P.)**

**Fee:
Student: Rs. 500/-
Professional : Rs. 800/-
(limited seats available)**



Organized by
**National Institute of Mental Health Rehabilitation
(NIMHR), Sehore, Madhya Pradesh.**



About NIMHR

National Institute of Mental Health Rehabilitation (NIMHR), Sehore, Madhya Pradesh is a Central Autonomous Institute under the Department of Empowerment of Persons with Disabilities, Ministry of Social Justice and Empowerment, Gov. of India, registered under the MP Societies Registration Act, 1973. The NIMHR was conceptualized in the year 2014 and established in the year 2019. The present campus of NIMHR was inaugurated in the year 2024 and Cross Disability Early Intervention Centre (CDEIC), NIMHR was inaugurated on 17th January 2025. NIMHR is dedicated for advancing mental health care through multidisciplinary approach in the field of mental health through clinical service and rehabilitation , education and research.

About the Theme

“No Health without Mental Health”

Mental health for all is a global priority. Disability, whether physical or mental, can profoundly affect an individual's ability to perform daily life activities and full engagement with society. While physical disabilities have received attention in healthcare and social support systems, mental health disabilities often remain under-addressed. However, lack of awareness, the stigma surrounding mental illness and paucity of comprehensive rehabilitation services create barrier for individuals seeking help. Psychosocial rehabilitation plays a crucial role in supporting individuals with mental health disabilities by promoting recovery, empowering them to regain independence, fostering community integration which encourages holistic wellbeing and social participation. The 10th September is Suicide Prevention Day. This conference will serve as a platform to bring together mental health professionals, rehabilitation experts, researchers, policymakers, to discuss challenges, share best practices, and explore innovative solutions in the field of mental health rehabilitation.

			PROGRAMME SCHEDULE				
S. No.	Sessions	Time	Topics	Resource persons & Facilitators			
I.	Registration & Breakfast	09:00 AM To 09.45 AM					
II.	Introductory speech	10.00 AM To 10.30 AM	Prof. Tej Bahadur Singh Chairman. Governing Council of NIMHR. & Professor (Retd.) Central University of South Bihar.				
III.	Session 1	10.30 AM To 12.00 PM	Suicide Prevention in different Clinical conditions and Crisis Management	Dr. Rupesh Ranjan Associate Professor of Clinical Psychology BMHRC, Bhopal		Dr. Ankit Chaudhary Asst. Prof. of Psychiatry NIMHR, Sehore	
IV.	Session 2	12:00 PM To 01.30 PM	Mental Health at Workplace	Dr. Sanjay Ku. Sharma Presidential Awardee EC Member, NIMHR Empowerment Award	Mr Arjun Singh EC Member, NIMHR & Director ,Vasundhara Welfare Foundation, Sehore, MP	Ms Kriti Jain Clinical Psychology Lecturer, NIMHR	
V.	Lunch break	01:30 PM To 02.15 PM					
VI.	Session 3	02.15 PM To 3.30 PM	Assessment and Prevention of Suicide in Educational set up	Dr. Anuradha Kushwah Child Psychologist AIIMS, Bhopal		Dr. Nithyanand S. Asst. Prof. of Psychiatric Social Work NIMHR, Sehore	
VII.	Session 4	03.30 PM To 04.30 PM	Digital Solution and Innovation in Mental Health Rehabilitation and Media Reporting	Prof. Dr.Vijender Singh Prof. of Psychiatry, HOD AIIMS, Bhopal		Mr. Mohit Kumar Clinical Psychologist AIIMS, Bhopal	Dr. Priyanka Lenka Asst. Prof. of Clinical Psychology, NIMHR
VIII.	Valedictory session	04.30 PM To 05.00 PM	Certificate distribution & Closing Remark				
IX.	High Tea	05.00 PM To 05.15 PM					

Eminent Figures of the Conference



Prof. Tej Bahadur Singh is Chairman, Governing Council of NIMHR, Sehore. He is Ex Professor at Central University of South Bihar. He is having over 50 years of experience in the field of Clinical Psychology and has worked many key positions in various organization of national importance including President of Indian Association of Clinical Psychology. He is having around 100 publication in national and international journals and book chapters to his credit.



Dr. Sanjay Ku. Sharma is Presidential Awardee with National Divangjan Empowerment Award and also EC Member, NIMHR Sehore. He has been serving the cause of Divyang and disabled persons for the last 35 Years. He has been felicitated for his social services by the former President of India Shri Abdul Kalam Honourable, Chief Justice Shri Deepak Mishra and others. He has received National Award for the Empowerment of Persons with Disabilities 2024, Maharshi Dadhichi Samman and Bundelkhand Gaurav Samman by MP Govt in 2010 samajsevi Shri Vishnu Kumar Rashtriya Samman 2025 organized by Hindustan Samachar News agency given by Hon'ble the Chief Minister of Madhya Pradesh Shri Mohan Yadav Ji, International Godfrey award in 2009, Chhatarpur Gaurav Samman June, 2023 given by Hon'ble Former Chief Minister of Madhya Pradesh Shri Shivraj Singh Ji, samajsevi Vishnu Kumar Rashtriya Samman organized through Hindustan samachar news agency 2025 by Hon'ble Chief Minister of Madhya Pradesh. He is also a member of Screening committee ADIP Scheme for Divyang people under Central Ministry of Social Justice and Empowerment, New Delhi and member of Rehabilitation Council of India, under Central Ministry of Social Justice and Empowerment, New Delhi.



Mr Arjun Singh is EC Member, NIMHR and also Director, Vasundhara Welfare Foundation, Sehore, MP. Shri Arjun Singh has obtained the degree of Master of Social Work to serve the society and has worked for many years in the field of social service to promote community participation and connect the deprived sections of the society with the mainstream.

Eminent Figures of the Conference



Prof. Dr. Vijender Singh is HOD, Department of Psychiatry, AIIMS, Bhopal. He is having numerous publication in National and International Journals to his credit. He is having 22 years of clinical and research experience at reputed institute (IHBAS, New Delhi, AIIMS, New Delhi). His area of interest is Forensic Psychiatry, Psychopharmacology, Disaster Mental Health, Women Mental Health. He has received prestigious IPS Marfatia Award, BPSS Award (co-authored).



Dr. Rupesh Ranjan is RCI Registered Clinical Psychologist. He is currently working as Associate Professor of Clinical Psychology, Bhopal Memorial Hospital and Research Centre (BMHRC), Bhopal. Professional Life Member of Indian Association of Clinical Psychologists (PLM 428/04/13) Life Member World Association for Psychosocial Rehabilitation, Life Member Association of Industrial Psychiatry of India, Life Member of Indian Academy of Health Psychology. Approximately 20-year Teaching, Clinical, and Research Experience in the field of Mental Health.



Dr. Anuradha Kushwah is RCI Registered Rehabilitation Psychologist. She is currently working as Child Psychologist, AIIMS, Bhopal. She is life member in Indian Academy of Health Psychology and International Member of American Psychological Association (Number C2000149223). She is also the reviewer of Journal of Child Psychology and Psychiatry.



Mr. Mohit Kumar is RCI Registered Clinical Psychologist. He is currently working as Clinical Psychologist, AIIMS, Bhopal and is also pursuing a Doctoral Researcher in Clinical Psychology (Psychiatry) with a focus on neuropsychological functioning and psychiatric rehabilitation. He holds an M.Phil. in Medical and Social Psychology from the Central Institute of Psychiatry (CIP), Ranchi, and has served in various capacities at AIIMS Delhi and Bhopal under prestigious national and international research projects as a Investigator funded by the WHO, ICMR, DST, and Wellcome Trust UK.

Organizing Committee:	
Esteemed Speaker and Guest of Honour	Prof. Tej Bahadur Singh, Chairperson, Governing Council, NIMHR.
Conference Chairperson:	Dr. Akhilesh Kumar Shukla Director, NIMHR.
Program Convener	Dr. Narendra Kumar, Deputy Registrar, NIMHR
Organizing Secretary	Dr. Priyanka Lenka Assistant Professor (Clinical Psychology), NIMHR
Scientific Committee	Dr. Priyanka Lenka, Asst. Prof. of Clinical Psy., NIMHR Dr. Ankit Chaudhary, Asst. Prof. of Psychiatry, NIMHR. Dr. Nithyanand S., Asst. Prof. of Psychiatric Social Work NIMHR
Treasurer Assistant Treasurer	Mr. Ashish Singhi, Account Officer, NIMHR Mr. Keshav Souner, Accountant, NIMHR
Transport & Accommodation Committee	Mr. Abhishek Mishra, Administrative Officer, NIMHR Mr. Pawan Tiwari, Administrative Assistant, NIMHR Mr. Ram Kumar Nagar, Assistant Professor, NIMHR
Food Committee	Mr. Anil Kumar Rawal, Consultant (Account & Admin) Mr. Anoop Ku. Vaishnav, Workshop Supervisor, NIMHR.
Media and Decoration	Mr. Umashankar Saini, Assistant Librarian, NIMHR. Ms. Karn Priya, PSW, NIMHR. Ms. Sakshi Choudhary, Occupational Therapist, CDEIC, NIMHR.

Contact Details for Registration


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Mode of Payment
Bank transaction State Bank of India
In favour of:
Account Name: N.I.M.H.R. Sehore
Account Number: 40714185629
Type: Saving account
IFSC code: SBIN0000477



Google Form Link:

<https://forms.gle/Js48qEQpxBjAfp1V7>

Participants

Clinical Psychologist, Rehabilitation Psychologist , Psychologist, Psychiatric Social Worker, Psychiatrist, Speech Therapist, Psychiatric Nurse, Occupational Therapist, Physiotherapist, Special Educator and other rehabilitation professionals dealing with patients with mental health issues. The last session (session 4) is dedicated to Media persons.

Places to visit







Ganesh Temple, Sehore

Mahakal Temple, Ujjain

Bhojpur Temple, Bhopal.

Indira Gandhi Rashtriya Manav Sangrahalaya, Bhopal

Van Vihar National Park, Bhopal

UNESCO World Heritage Sites in Madhya Pradesh







Khajuraho

Sanchi Stupa

Bhedaghat

Satpura Tiger Reserve

Bhimbetka