

Composite Regional Center for Skill Development, Rehabilitation & Empowerment of Persons with Disabilities

CRC Bhopal - Newsletter

Issue No. 2 | Aug / 2025



NIMHR

Director's Pen...

Dear Readers,

I'm pleased to share with you our CRC Newsletter for the month of August 2025, highlighting the activities, stories, and article from our staff and students.

This edition covers figures of our services, reports on various activities and the events we have celebrated.

Celebration of Independence Day and National Sports day were the major highlights of the month. We hope you find this issue informative and engaging.

Your continued support and involvement mean a lot to us as we move forward together.

Thank you



Dr. Narendra Kumar
Director, CRC Bhopal

About CRC Bhopal

CRC, Bhopal was established on 14 August 2000 by NIEPID, Secunderabad under the Scheme of Implementation of the Rights of Persons with Disabilities Act (SIPDA). It was realigned in February 2006 to Ali Yavar Jung National Institute for the Hearing Handicapped (Divyangjan), Mumbai, an autonomous body under the Department of Empowerment of Persons with Disabilities (DEPwD), Ministry of Social Justice & Empowerment, Government of India. From August 2024, CRC Bhopal is under administrative control of National Institute of Mental Health Rehabilitation (NIMHR) Sehore, Bhopal Madhya Pradesh.

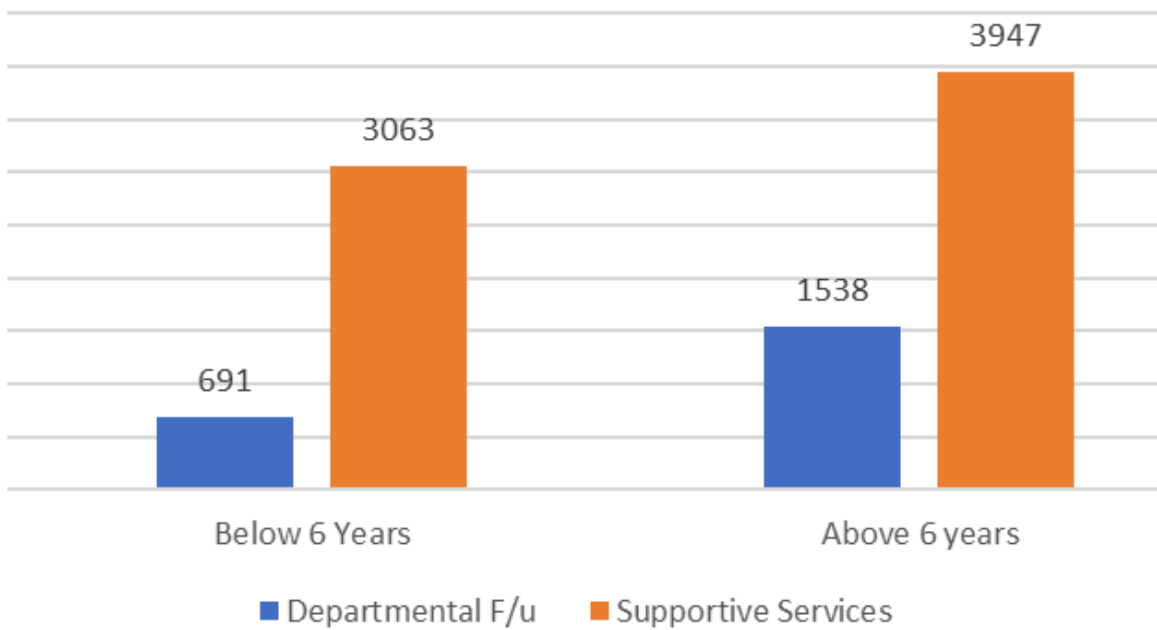
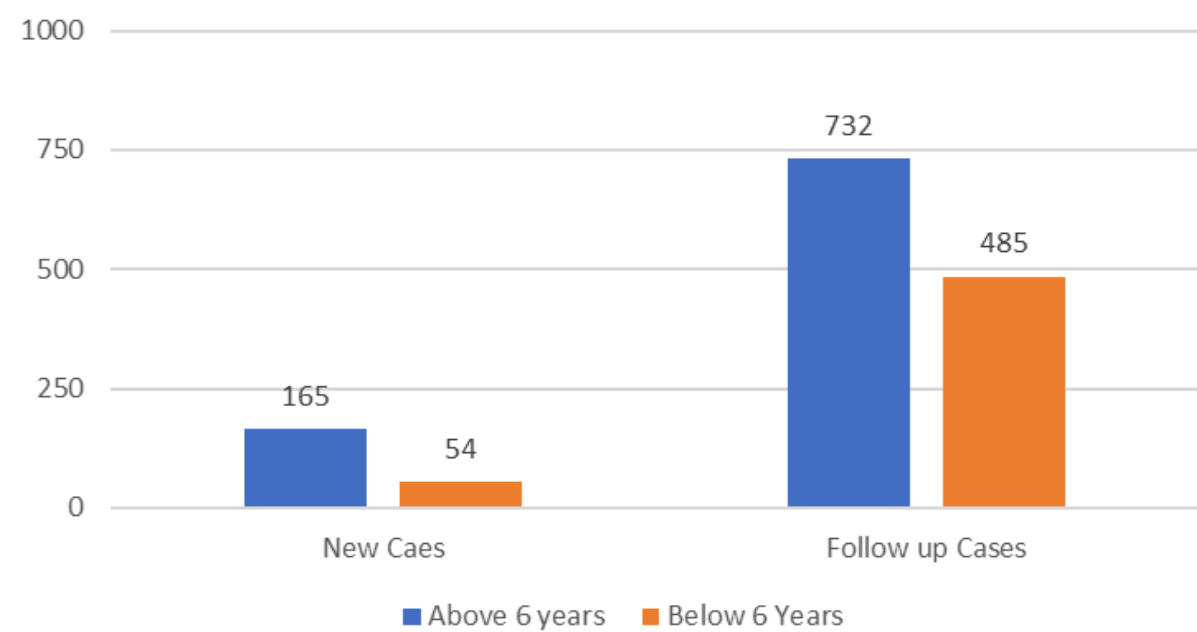
CRC Bhopal has been working for persons with disabilities in the central India region by providing rehabilitation services for all categories of persons with disabilities.

The center was conferred with the national award for barrier-free environment in the year 2006.

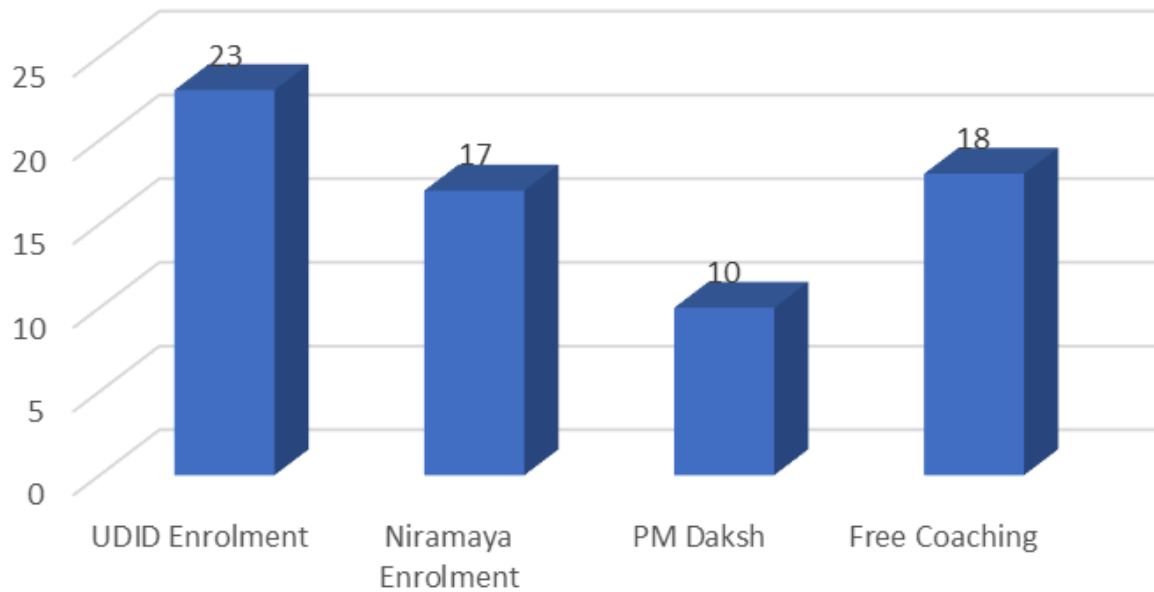
Apart from rendering rehabilitation services, CRC Bhopal also offers various long term and short term training programmes recognized by Rehabilitation council of India, implements various schemes and programme of DEPwD like CDEIC, PMDK, Skill Development, registration for UDID, Niramaya etc. and conducts awareness generation activities and different levels which includes grassroot level functionaries, parents, NGOs etc.

Highlight for the Month of Aug 2025

Services



Schemes



<https://thebetterindia.com/16449/famous-indians-with-disability/>



Highlight for the Month of August 2025

Academics



CRE was conducted during 19th and 21st August at CRC Bhopal on the topic “Ensuring safety for children with disability”. Total 41 participants had attended the programme.



CRC Bhopal organized a parent training program on “Optimum Nutrition for Children” on 22 August 2025.



A CRE programme was conducted on 22nd August at CRC Bhopal on Early Language Access through Indian Sign Language: Combating Language Deprivation*in Deaf Children. Total 13 participants have attended the programme.



A Non CRE activity was Conducted at Sewa Dham Ujjain on 16th August on the topic “Scheme & Benefits for PWDs”.

Outreach



On 12th August 2025, CRC Bhopal organized a door-to-door survey and awareness program at village Adampur Chhawani on International Youth Day under its Community-Based Rehabilitation initiative. Around 60 households were surveyed and identified 10 PwDs. Information on government schemes, and CRC services were provided.



On 12th August 2025, CRC Bhopal conducted a disability sensitization program at SOS Balgraam under its outreach initiative. Caregivers and SOS mothers were informed about government schemes and the importance of UDID.



On 13th August 2025, CRC Bhopal organized a parent training program at Anganwadi Center, 100 Quarters B-Sector, Piplani. The session focused on early identification and intervention for children with autism and learning disabilities .



On 13th August 2025, CRC Bhopal organized a door-to-door survey and awareness program at village Kanha Saiya under its Community-Based Rehabilitation initiative on International Left-Handers Day. Awareness was spread about disability rehabilitation services, government schemes, and the abilities of left-handed individuals. Around 80 households were surveyed for identifying 30PwDs



On 21 August 2025, CRC Bhopal organized a door-to-door disability survey and awareness program at Village Chopda under its Community-Based Rehabilitation initiative, coinciding with National Senior Citizens Day. Around 50 households were surveyed and 30 beneficiaries were screened.



On 29 August 2025, CRC Bhopal conducted a community-based camp at Adampur Chhavani Village by providing assessment and rehabilitation services to 10 persons with disabilities. They were also registered for UDID and Niramaya Health Insurance Scheme and guided about various other government welfare programs. Disability awareness sessions in schools of same locality were also conducted.



On 23rd August 2025, Dr. Poonam Singh, Lecturer in Clinical Psychology at CRC Bhopal, conducted an insightful Mental Health Awareness Session at the SOS Village for its mentors, village mothers, and caregivers.



CRC Bhopal organized a "Breastfeeding awareness program on 7th August 2025, dedicated to women with disabilities, parents, students, and adolescent girls with special needs. Participants were engaged in poster exhibitions, slogan writing, and interactive sessions.

Other Activities



Shri Praveen Kumar, Chairman & Managing Director ALIMCO visited CRC Bhopal on 06.08.2025. During his visit He had seen the activities of CDEIC and CRC Bhopal. He had also interacted with the beneficiaries and staff of CRC Bhopal and PMDK.



13 MBBS students from Mahaveer Institute of Medical Science and Research visited CRC Bhopal on 13 August 2025.



On the occasion of Independence Day Dr. Narendra Kumar, Director of CRC Bhopal, hoisted the national flag at CRC Bhopal. Students with disabilities and trainees presented inspiring performances—including fancy dress, speeches, poems, songs, and dances—filled with patriotism, making the event vibrant and memorable. “Har Ghar Tiranga” rally was also organized as a part of independence day celebration.



CRC Bhopal organized a special Raksha Bandhan program on 11th August 2025, where children with special needs have made Rakhi and celebrated the festival by tying them to each other.



The event emphasized love, bonding, responsibility, and emotional connection between siblings. Competitions were held for different age groups, and gifts were distributed to the participants.



On 13th August 2025, CRC Bhopal enthusiastically celebrated International Left-Handers Day.

On 18 August 2025, CRC Bhopal celebrated Shri Krishna Janmashtami with children with special needs





Skill Training in Action: At CRC Bhopal, children with Intellectual Disabilities actively participate in hands-on activities, fostering independence, vocational skills, and confidence for a self-reliant future.



डॉ. नरेंद्र कुमार, निदेशक और श्री महीपाल, सहायक ने नगर राजभाषा कार्यान्वयन समिति, भोपाल क्रं-1 के तत्त्वाधान में राष्ट्रीय तकनीकी शिक्षक प्रशिक्षण एवं अनुसंधान संस्थान, भोपाल द्वारा आयोजित "राजभाषा संवाद 2025" एक दिवसीय कार्यशाला में दिनांक 22 अगस्त 2025 को भाग लिया ।



On 22 August 2025, CRC Bhopal organized an educational visit to Shivshankar Nursery, Khajuri Kalan, for trainees of the Assistant Plant Caretaker course under the PM-Daksh program.

CRC Bhopal celebrated Ganesh Utsav with great enthusiasm, featuring cultural performances and eco-friendly idol-making training for children with disabilities. The event promoted creativity, confidence, cultural values, and environmental awareness, with active participation from 25 children, students, parents, and staff.



On 29 August, a debate competition on “Digital games (mobile/online) are weakening sports culture” was held under Khelo India – Fit India to mark the birth anniversary of hockey legend Major Dhyan Chand, where students actively participated, shared insights, and pledged to prioritize fitness and sports in their lives.



As part of National Sports Day celebrations CRC Bhopal organized sports competitions including relay, obstacle race, basketball, tug-of-war for students On 30 August 2025.



On 31 August CRC Bhopal felicitated the Special Olympics medalists Ms. Lakshmi and Mr. Sumanth Kale, inspiring greater inclusion and athletic participation among persons with disabilities.



Parent's Feedback

I am deeply grateful to all the therapists and the entire team of CRC Bhopal. They have helped us in the acceptance and understanding of the special needs of our child. She is always excited and attends all the sessions. She is excited to come to CRC. Their creatively engaging support has made an impact on my daughter's behavior, learning, and overall development. I am hopeful that with our joint effort, my daughter will realize her potential and will overcome the challenges of her mental health. I am looking forward to continued association with CRC and once again express my heartfelt gratitude to all the staff of CRC.

Parent Name: Mrs. Alka Singh
Beneficiary Reg No. 26711/25

यहाँ आने के बाद हमें बहुत लाभ हुआ। यहाँ पर बहुत से ऐसे मरीजों का इलाज किया जाता है, जो बोल नहीं सकते, चल नहीं सकते या विभिन्न प्रकार की मानसिक एवं शारीरिक विकलांगताओं से ग्रसित होते हैं। इन सभी का इलाज यहाँ बहुत अच्छे तरीके से किया जाता है। मेरी बेटी भी पहले न तो बोल पाती थी और न ही चल पाती थी। लेकिन यहाँ आने के बाद उसकी स्थिति में काफी सुधार हुआ है। अब वह धीरे-धीरे बोलने और चलने लगी है। हमें CRC से बहुत सकारात्मक परिणाम मिले हैं, जिसके लिए हम अत्यंत आभारी हैं।

अभिभावक नाम: श्री दीपक
चंदेल
लाभार्थी पंजीकरण संख्या:
25663/24

Media Coverage

महात्मा अंकित की 41वीं जन्म जयंती पर अंकितग्राम, सेवाधाम आश्रम में हुई कार्यशाला

दिव्यांगजनों के लिए हुई जागरूकता कार्यशाला



● उज्जैन / राज न्यूज नेटवर्क

अंकितग्राम, सेवाधाम आश्रम में महात्मा अंकित की 41वीं जन्म जयंती पर 41 दिवसीय 'अंकितोत्सव' अंतर्गत 34वें राष्ट्रीय वर्षा मंगल महोत्सव एवं मित्र मिलन महोत्सव के अवसर पर समेकित क्षेत्रीय कौशल विकास, पुनर्वास एवं दिव्यांगजन

सशक्तिकरण केन्द्र भारत शासन भोपाल द्वारा दिव्यांगजनों हेतु शासकीय योजनाओं एवं सुविधाओं की जागरूकता हेतु एक दिवसीय दिव्यांग जागरूकता कार्यशाला का शुभारंभ डॉ. नरेन्द्र कुमार निदेशक, सीआरसी भोपाल, सुधीर भाई गोयल संस्थापक अंकितग्राम, सेवाधाम आश्रम, डॉ. पूनम सिंह, व्याख्याता, चिकित्सा मनोविज्ञान,

कुतुबुद्दीन नियाजी, पुनर्वास अधिकारी, नित्यानंद सामल, कृत्रिम अंग प्रत्यंग यंत्री, श्याम सिंह मेवाड़ा, चलिष्णुता अनुदेशक की वरद उपस्थिति में सम्पन्न हुआ। इस अवसर पर आश्रम में निवासरत 1100 से अधिक दिव्यांगजनों के दैनिक दिनचर्या में आने वाली विविध कठिनाईयों के बारे में डॉ. नरेन्द्र कुमार ने विस्तृत चर्चा की एवं सीआरसी से आए प्रशिक्षकों ने उनके उपायों को साझा किया। इस अवसर पर कांता भाभी, मोनिका गोयल, गोरी गोयल, डॉ. सियाराम चौधरी, डॉ. अमन, डॉ. जीवन, डॉ. अर्पणा सहित आश्रम के साथीगण उपस्थित रहे। आभार मोनिका गोयल ने माना।

सीआरसी भोपाल में गणेश उत्सव का सांस्कृतिक कार्यक्रम उल्लास के साथ संपन्न

भोपाल। समेकित क्षेत्रीय कौशल विकास, पुनर्वास एवं दिव्यांगजन सशक्तिकरण केन्द्र, (सीआरसी भोपाल) में गणेश उत्सव का सांस्कृतिक कार्यक्रम बड़े हर्ष और उल्लास के साथ संपन्न हुआ। इस अवसर पर केन्द्र के निदेशक डॉ. नरेन्द्र कुमार एवं सीआरसी भोपाल के स्टाफ द्वारा दीप प्रज्वलित कर किया गया साथ ही गणेश वंदना के साथ इस कार्यक्रम का शुभारंभ हुआ इस विशेष अवसर पर दिव्यांग बच्चों को मिट्टी से पर्यावरण अनुकूल गणेश प्रतिमा बनाने का प्रशिक्षण दिया गया। बच्चों ने गीत, नृत्य एवं कविता प्रस्तुत कर सभी का मन मोह लिया। विद्यार्थियों और अभिभावकों को गणेश उत्सव के महत्व और पर्यावरण संरक्षण का संदेश दिया गया।

इस कार्यक्रम में PGDRP और D.Ed. (Special Education - IDD) के छात्र-छात्राओं, 25 दिव्यांग बच्चों ने सक्रिय



भागिदारी को। केन्द्र के डॉ. नरेन्द्र कुमार एवं सभी स्टाफ सदस्य भी कार्यक्रम में सम्मिलित हुए और बच्चों का उत्साहवर्धन किया। इस आयोजन का उद्देश्य बच्चों में सृजनशीलता, आत्मविश्वास और सांस्कृतिक मूल्यों का विकास करना एवं समाज को यह संदेश देना रहा कि पर्यावरण के अनुकूल गणेश प्रतिमा बनाना हम सबको जिम्मेदार है। कार्यक्रम

का वातावरण अत्यंत सकारात्मक, सांस्कृतिक और भावनात्मक रहा, जिसमें बच्चों के चेहरों पर खुशी और मुस्कान देखते ही बन रही थी। कार्यक्रम के अंत में सभी प्रतिभागियों को उपहार वितरित किए गए। यह कार्यक्रम बहुत ही उत्कृष्ट एवं सफल रहा। यह कार्यक्रम लोगों में पर्यावरण अनुकूलन की जन जागरूकता हेतु कारगर रहा।

Review of Literature

Compassion under strain: Psychological Insights for sustainable Care

-By Ireme M Varghese (PGDRP Student)

Rehabilitation is not just a medical task; it is a deeply human process that demands ongoing emotional involvement from diverse teams. While empathy and being present are crucial for effective care, they can also lead professionals to experience compassion fatigue (CF). This condition combines secondary traumatic stress (STS) and burnout (BO) due to constant exposure to human suffering. CF shows up through personal symptoms like irritability, cynicism, and issues in relationships. It also has professional effects, including poor judgment, inconsistent decision-making, and a breakdown of trust in therapeutic relationships.

Research in psychology notes that both personal traits, such as resilience and moral courage, and job-related factors, like patient load, exposure to trauma, and job satisfaction, play significant roles in its development. Spotting CF early and using preventive measures—such as self-care, setting work-life boundaries, seeking supervision, getting organizational support, and building resilience—are vital for maintaining caregivers' mental health and ensuring quality care. Acknowledging CF highlights that caregiving, which is based on empathy and moral duty, must also focus on the well-being of caregivers.

According to Beth Hudnall Stamm, a celebrated professor and researcher in the field of traumatic stress, compassion fatigue is thought to be a manifestation of secondary traumatic stress and burnout. The literature review by Noor, Suryana and others states that personal factors like- resilience, burnout, moral courage and so on & work-related factors such as traumatic experience, no. of patients treated, job satisfaction and etc... have influence on CF.

According to research presented in The Canadian veterinary journal - Compassion fatigue has both personal and professional signs and their consequences. CF can give rise to a gamut of negative emotions, including anger, annoyance, intolerance, irritability, scepticism, cynicism, embitterment, and resentment (4,6). These symptoms often lead to interpersonal problems, including difficulties getting along with others and problems with intimacy, resulting in hurt feelings, disappointments, and disconnection.

In caring professions such as in rehabilitation settings, compassion isn't just a skill—it feels like a moral duty. We place empathy, care, and genuine concern for others at the heart of everything we do. Yet, over time, the emotional weight of constantly giving can take a toll. The more we acknowledge and understand this natural response, the better equipped we become—to protect ourselves, to care for others effectively, and to sustain the meaningful work we do.

References-

1. Cocker, F., & Joss, N. (2016). Compassion Fatigue among Healthcare, Emergency and Community Service Workers: A Systematic Review. *International Journal of Environmental Research and Public Health*, 13(6), 618. <https://doi.org/10.3390/ijerph13060618>
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Article by Faculty

A Comparative Study of Attitudes of Working and Non-Working Parents Towards Children with Disabilities

-By Mr. Vishal Sharma (Lect. in Special Education ID)

1. Introduction

Education is the foundation for the holistic development of every individual, helping them become self-reliant, aware, and active participants in society. For children with disabilities, education is not merely a right but a powerful tool for empowerment and social inclusion. In this context, inclusive education plays a vital role by ensuring that all children, regardless of their abilities, are educated together in the same environment without discrimination.

The effective implementation of inclusive education requires a multidisciplinary support system, in which the rehabilitation process holds a key position. Rehabilitation is not limited to medical intervention alone; it encompasses educational support, social integration, vocational training, counselling services, and skill development for independent living. It is a continuous and individualized process, designed based on the unique needs of each child. Community-Based Rehabilitation (CBR), school-based support services, special educators, physiotherapists, counselors, and social workers all contribute significantly to this process. In all these efforts, parents play a pivotal role. Parents are the first teachers of their children, and their attitudes, involvement, and cooperation have a profound impact on their child's education, social development, and rehabilitation journey. When parents are actively involved in the rehabilitation process, children tend to show greater confidence, improved social skills, and better academic outcomes.

This study specifically aims to understand how the employment status of parents—whether working or non-working—affects their attitudes and involvement in the rehabilitation process of their children with disabilities. Working parents may face time constraints due to professional commitments, while non-working parents, although they may have more time, might deal with social isolation or emotional stress. This research aligns with the goals of national and international frameworks such as the Rights of Persons with Disabilities (RPwD) Act, 2016, and the Salamanca Statement (1994), which emphasize inclusive and supportive educational environments for children with disabilities. The findings of this study are expected to help educators, policymakers, and rehabilitation professionals better understand how varying family circumstances influence inclusive education and the rehabilitation process—enabling them to design more effective and empathetic intervention strategies.

2. Review of Literature

Following studies collectively point toward the nuanced dynamics of how employment status, awareness, access to resources, and social support networks influence parental attitudes and involvement:

- Chandramuki, S., Reddy, G. R., & Karnath, S. (2003) in their study emphasized that parental attitude plays a key role in the acceptance and advocacy for children with intellectual disabilities in India. They found that higher educational status and awareness improved attitudes.
- Saleem, U., & Mahmood, Z. (2011) studied the psychological wellbeing of parents of children with intellectual disabilities in the UK and reported that non-working mothers, despite higher stress levels, were more emotionally involved in caregiving.
- Mishra, A. (2016) analyzed the emotional responses of parents and found that non-working parents showed greater emotional attachment but were less equipped in accessing support services due to lack of mobility and financial constraints.
- Sharma, M. (2019) emphasized that community-based rehabilitation (CBR) awareness is relatively low among working parents, though their financial independence helps them better access private therapies and inclusive school facilities.
- Groce, N. E., & Zola, I. K. (1993) from an international human rights perspective, highlighted that societal stigma often influences parental attitudes, regardless of working status, with non-working parents often more vulnerable to social exclusion.
- UNESCO (1994), through the Salamanca Statement, emphasized the importance of family and community participation in inclusive education and highlighted the need for policy frameworks that support parent-centered interventions.
- NIEPA (2018) found that Indian parents, irrespective of employment status, exhibited mixed levels of awareness regarding the RPwD Act, 2016, thereby limiting their effective participation in advocacy or educational decision-making.
- Kumar, A., & Das, A. K. (2020) explored gender roles in caregiving and found that working mothers often experience role strain, impacting their emotional involvement, though they tend to be more proactive in seeking professional support.

3. Objectives of the Study

- To compare the overall attitudes of working and non-working parents towards their children with disabilities.
- To examine parental attitudes regarding daily living skills, social behavior, rehabilitation, mental and emotional perspective, academic support, and financial aspects.

4. Methodology

Research Design: Descriptive and comparative

Population: Parents of children with disabilities in Bhopal

Sample: 40 parents (20 working, 20 non-working)

Sampling Technique: Purposive sampling

Tool Used: Attitude Scale towards Children with Disabilities (self-developed or standardized)

Data Analysis: Descriptive statistics

5. Results and Discussion-

Data were collected from 40 parents—20 working and 20 non-working—using an Attitude Scale consisting of five domains:

Emotional Attitude

Social Behavior

Academic Support

Rehabilitation Involvement

Financial Support

Mean scores across each domain were calculated and compared using an independent samples t-test.

Table 1: Comparison of Mean Scores Between Working and Non-Working Parents
Domain

Domain	Working Parents (Mean)	Non-Working Parents (Mean)
Emotional Attitude	3.4	4.1
Social Behavior	3.7	4.3
Academic Support	3.5	4
Rehabilitation Involvement	3.2	4.2
Financial Support	4	3.5

Interpretation:

Findings indicate that non-working parents scored higher in emotional, social, academic, and rehabilitation involvement, suggesting greater hands-on engagement. However, working parents showed slightly higher scores in financial support, reflecting their economic contributions.

6. Conclusion and Implications-

The study underscores the influence of parental employment on their attitudes towards children with disabilities. Working parents may face time constraints, while non-working parents may experience social isolation or emotional burden. Training programs and awareness campaigns should be developed to support both groups.

7. References-

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Our Physiotherapy Dept. - Take a tour

By - Dr. Archana Pathak (PT)

The Physiotherapy Department at Composite Regional Centre (CRC) is committed to providing comprehensive rehabilitation services to persons with disabilities (PwDs) with the aim of enhancing functional independence and improving quality of life. The department caters to individuals with locomotor disabilities, neurological conditions, musculoskeletal disorders, pediatric disabilities, and geriatric rehabilitation needs.

Equipped with therapeutic equipment and assistive technology, the department delivers both outpatient and inpatient rehabilitation services, including assessment, therapeutic interventions, patient education, and caregiver training. In addition to clinical services, the department actively engages in capacity building, awareness programs, skill development, and training of professionals in the field of rehabilitation.

By integrating therapeutic expertise with community-based initiatives, the Physiotherapy Department at CRC plays a vital role in achieving the mandate of DEPwD, Govt of India.





Student's Contribution



सी . आ र . सी .
भो पाल
दो -सन् 2000

धनरूप लववंशी
विशेष शिक्षा डिप्लोमा (आई.डी.डी.)
द्वितीय वर्ष



"दो में रखी नींव हमारी है"

ये बात निराली है,
ये संस्था हमारी है।
दो में रखी नींव हमारी है॥

सेवाओं में निष्ठा हमारी है,
बहुविषयक टीम हमारी है।
दो में रखी नींव हमारी है॥

सपना हुआ साकार हमारा है,
लाई मेहनत रंग हमारी है।
दो में रखी नींव हमारी है॥

जुड़ा एक अध्याय हमारा है।
भाषा बनी साइन हमारी है।
दो में रखी नींव हमारी है॥

अभिभावकों का विश्वास हमारा है,
दिव्यांगों की भावनाएँ हमारी हैं।
दो में रखी नींव हमारी है॥

हर पर्व-दिवस की आस हमारी है,
दिव्यांगों की खुशी राहत हमारी है।
दो में रखी नींव हमारी है॥

सुगमय की सोच हमारी है,
पुरस्कार की जीत हमारी है।
दो में रखी नींव हमारी है॥

ना जात-पात में भेद हमारा है,
ना भ्रष्टाचार-रिश्वत हमारी है।
दो में रखी नींव हमारी है॥

गया कही नियंत्रण हमारा है,
बनी तूफानी की दीवार हमारी है।
दो में रखी नींव हमारी है॥

25वीं वर्षगांठ की खुशी हमारी,
आगे बढ़ाने की जिम्मेदारी हमारी।
दो में रखी नींव हमारी है॥

जुड़ा हर अतिथि हमारा है,
यह पावन प्रवाह हमारी है।
दो में रखी नींव हमारी है॥

ये संस्था माँ हमारी है,
ये सी.आर.सी. हमारी है।
दो में रखी नींव हमारी है॥

Art By-
Beneficiary
Madhur Bhat (HI)



Let us know

By - Mr. SMQ Niyazi (Rehabilitation Officer)

Marriage Incentive Scheme for Persons with Disabilities - Govt. of M.P

This Scheme has been started in the year of 2008 for encourage disabled persons to get married -

A. The Eligibility Criteria are as follows -

1. Must have UDID card for disability of 40 percent or more.
2. Must be a native of Madhya Pradesh.
3. Minimum age - The applicant must have completed 21 years of age and the female applicant must have completed 18 years of age. The marriage must be performed as per religious custom/social custom or as per law prescribed by a competent court.
4. The applicant should not be an income tax payer.

B. Other conditions

1. Marriage incentive assistance will be given once in their entire lifetime. In case of a widow/abandoned woman/widower who has already received assistance, she will not be eligible again.
2. Before marrying a disabled person, one has to apply for the benefit of the Disabled Marriage Promotion Scheme in the same way as one has to apply for the Chief Minister Kanyadan/Nikah Scheme. Any disabled couple must apply within one year of the marriage. Otherwise, they will not be eligible to get the benefit of the Disabled Marriage Promotion Scheme.
3. If the divorce or dissolution of marriage of the disabled person for whom the sanctioned assistance is granted happens before 5 years, then the marriage incentive assistance amount will have to be returned to the government. In case the applicant does not return the amount, the assistance amount will be recoverable like arrears of land revenue.

C. Amount of assistance

Under the scheme, assistance of Rs. 2,00,000/- is provided if one of the couple is disabled and Rs. 1,00,000/- is provided if both the couple (boy and girl) are disabled.

D. Required Documents:

The following documents must be compulsorily attached with the application form:-

1. Photocopy of native resident certificate of Madhya Pradesh
2. Photocopy of disability certificate issued by the doctor
3. Certificate issued by the competent authority stating that the person is not an income tax payer
4. Photocopy of age certificate
5. Two joint passport size photographs of the disabled couple
6. Photocopy of husband's death certificate in case of widow
7. Photocopy of court order in case of desertion
8. Photocopy of bank passbook containing savings account number.

E. Procedure for obtaining assistance

To receive assistance under the scheme, the applicant will have to submit the application in the prescribed form online through SPARSH PORTAL or offline to the Joint Director/Deputy Director, Social Justice and Empowerment of Persons with Disability of the district. ,

1. Designated Officer for Approval - Joint Director/Deputy Director Social Justice and Empowerment of Persons with Disability
2. Time limit for processing of application - 15 working days

Note: Under the Divyangjan Marriage Promotion Scheme, the applicant applies after marriage. If the Divyangjans also get married under the Mukhyamantri Kanya Vivaah Yojana, then they are also provided the benefit of Mukhyamantri Kanya Vivaah Yojana along with the Disabled Marriage Assistance Scheme.

Success Story

Master Shivansh Pansare - A Journey of Growth through Occupational Therapy

By: Ms. Rituja Soni, Occupational Therapist

Shivansh Paneser, a courageous young boy diagnosed with Down Syndrome, has shown remarkable progress through early and structured occupational therapy. His journey reflects the strength of family involvement, the value of sensory-based interventions, and the power of perseverance.

When Shivansh began therapy, he faced multiple challenges. His arousal levels were unpredictable, and he frequently sought pressure for regulation. Eye contact and visual tracking were difficult, limiting his engagement with people and his surroundings. Communication was minimal, with few gestures and little response to his name or social cues. Motor development was also delayed, with limited independent standing and exploration.

To address these challenges, a tailored therapy plan was introduced, combining sensory integration techniques, play-based activities, and interdisciplinary support. Structured sensory modulation improved regulation, while interactive visual tasks enhanced focus and attention. Play routines encouraged communication and social interaction, and supported standing exercises gradually built strength and balance.

The results were inspiring. Shivansh became more alert and better regulated, with a significant reduction in pressure-seeking behaviors. He now maintains eye contact, follows moving objects, and responds consistently to his name. Socially, he initiates gestures, participates actively in structured routines, and engages with greater enthusiasm. His motor development advanced as well — he began standing independently, balancing with confidence, and exploring his environment with curiosity.

Today, Shivansh attends school regularly and can remain engaged for up to three hours, a milestone that highlights his resilience and determination.

This progress would not have been possible without the unwavering support of his parents, whose commitment to reinforcing therapy at home played a vital role in his success.

From an occupational therapy perspective, Shivansh's story demonstrates how early intervention, sensory integration, and family collaboration can lead to meaningful, functional progress. His achievements across sensory, communication, motor, and social domains are a true testament to what dedicated therapy can accomplish.

Shivansh's journey is not just a story of overcoming challenges — it is a celebration of growth, hope, and the limitless potential every child carries. The family also acknowledges and expresses heartfelt gratitude to CRC for its dedicated efforts in supporting his development.

**Parents' consent has been obtained for sharing this story.*

Muscular dystrophy - A Genetic disorder

समेकित क्षेत्रीय कौशल विकास, पुनर्वास एवं दिव्यांगजन सशक्तिकरण केंद्र
(सी.आर.सी.) भोपाल



(राष्ट्रीय मानसिक स्वास्थ्य पुनर्वास संस्थान सीहोर, म. प्र. के प्रशासनिक नियंत्रणाधीन)

दिव्यांगजन सशक्तिकरण विभाग, सामाजिक न्याय एवं अधिकारिता मंत्रालय, भारत सरकार



मस्क्युलर डिस्ट्रॉफी की अवधारणा एवं पुनर्वास

भारत सरकार के RPwD 2016 अधिनियम के अंतर्गत
21 प्रकार की दिव्यांगता में सम्मिलित है।

मस्क्युलर डिस्ट्रॉफी (एमडी)

- अनुवांशिक विकारों का समूह है।
- मांसपेशियों में निरंतर कमजोरी आती है।
- इस दिव्यांगता की शुरुआत की उम्र और गंभीरता अलग-अलग होती है।
- यह दिव्यांगता आमतौर पर पुरुषों पर देखी जाती है।

लक्षण

- बाहों और पैरों में कमजोरी।
- चलने, दौड़ने या सीढ़ियां चढ़ने/उतरने में कठिनाई।
- जोड़ों में अकड़न
- श्वास और हृदय/सम्बन्धी कठिनाई।

प्रारंभिक पहचान

- बच्चों को बैठने, खड़े होने या चलने में कठिनाई होना।
- अपने हम उम्र के साथियों की तुलना में धीमा चलना।
- पैरों की आकृति उल्टी बोटल के आकर जैसी दिखाई देना।
- चलते समय पैरों को सामान्य से अधिक ऊँचा उठाकर चलना।
- मांसपेशियों में असामान्य अकड़न।
- विकासात्मक गतिविधियों में देरी होना।

उपरोक्त अंकित पहचान में किसी भी
पारिवारिक इतिहास हो तो

शीघ्र अनुवांशिक परामर्श एवं जाँच करायें।

स्थान - पुनर्वास भवन, खजुरी कलां मार्ग, पिपलानी भोपाल - 462022



पुनर्वास की सेवाएँ

- भौतिक चिकित्सा - शक्ति, लचीलापन, संतुलन में सुधार करना।
- व्यावसायिक चिकित्सा - दैनिक क्रियाओं में स्वतंत्र बनाना, जीवन की गुणवत्ता में सुधार करना, ऊर्जा संरक्षण को महत्व देना।
- सहायक उपकरण - गतिशीलता के लिए ब्रेस, वॉकर और व्हीलचेयर।
- वाक् चिकित्सा आवश्यकता अनुसार संचार सम्बन्धी कठिनाइयों के लिए मार्गदर्शन देना।
- मनोचिकित्सा परामर्श

वेबसाइट - <https://crcbhupal.nic.in/>

Crc Bhopal

Google Review



Deepika Dixit
1 review



★★★★★ a month ago

(Translated by Google) Good experience my child's name jatin Reg no. 25938/25. He has been taking speech therapy, occupational therapy special education for 5 months now. The child is showing very good improvement.

(Original)

Good experience, mere bache ka naam jatin hai .Reg no. 25938/25 mai 5 month se Speech therapy, occupational therapy special education le rahi.. bohot aacha improvement arha hai bache me



BMG 2025 new upload
1 review



★★★★★ 4 weeks ago

CRC hospital bhopal ek bahut hi axcha government Institute hai waha par sabhi doctor patients ke sath good behavior karte hai
Mujhe bhi stammering stutter ki problem thi
Jo maine crc hospital bhopal me Doctor shivani tiwari mam'm ke dwara maine speech teraphy li hui
Mujhe usse improvement bhi aaya
Aaj me pahle ki bajaay axche se bat kar sakta hu
CRC Institute is a good Institute ❤️



Prabal
1 review



★★★★★ a month ago

I have had a positive experience at CRC Bhopal. The centre provides quality therapy services and has a dedicated team of professionals who are supportive and well-trained. The therapy sessions are planned according to individual needs, and I have seen noticeable improvement and progress.



Keshav Kumar
Local Guide · 243 reviews · 636 photos



★★★★★ 5 years ago

Very good service

♡ Hover to react <



Javed R
4 reviews



★★★★★ 8 years ago

Great

♡ 👤 1 <



Narendra Thakur
Local Guide · 11 reviews · 5 photos



★★★★★ 3 years ago

this nice place

Acknowledgement

Dr. Akhilesh Kumar Shukla	Director NIMHr Sehore
Dr. Narendra Kumar	Director CRC Bhopal
Dr. Indrabhushan Kumar	Asst. Professor in Clinical Psychology
Mrs. Poonam Sachdev	Lecturer in Occupational therapy
Dr. Poonam Singh	Lecturer in Clinical Psychology
Rishikesh Sapke	Rehabilitation Psychologist
Sumona	Clinical Assistant (ID)
Mr. Syed Mohd. Qutubuddin Niyazi	Rehabilitation Officer
Ms. Archana Pathak	Physiotherapist
Ms. Rutuja Soni	OT
Vishal Sharma	Lecturer in Spl. Edu. ID
Mrs. Alka Singh	Parent of a beneficiary
Deepak Chandel	Parent of a beneficiary
Madhur Bhat	Beneficiary
Mr. Dhanrup Lavvanshi	Ded (IDD) 2nd Year
Irene M. Varghese	PGDRP Student
All other staff, students and beneficiaries	



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Contact Us :-

Phone: 0755 - 268550 / 51
Email: crcbhopal-nihh@nic.in
www.crcbhopal.nic.in