



**NATIONAL INSTITUTE FOR EMPOWERMENT OF PERSONS WITH MULTIPLE DISABILITIES
(DIVYANGJAN)**

**Department of Empowerment of Persons with Disabilities (Divyangjan),
Ministry of Social Justice & Empowerment, Government of India**

*(Recipient of National Award for Best Accessible Website for Persons with Disabilities 2011 &
Outstanding Work in Creation of Barrier Free Environment for Persons with Disabilities 2012)*

-Accredited by NAAC-

-ISO9001:2015-

East Coast Road, Muttukadu, Kovalam (Post), Chennai – 603 112, Tamil Nadu

Course Prospectus for
M. Phil., Clinical Psychology
(ACADEMIC YEAR 2025 – 26)

Recognized by: Rehabilitation Council of India
Affiliated to: Tamil Nadu Dr. M.G.R. Medical University

M. Phil Clinical Psychology – Prospectus

Program Code	MPCP-2025
Program Name	M. Phil. (Clinical Psychology)
Recognition Status	Approved by the Rehabilitation Council of India, New Delhi
Affiliation Status	Affiliated to the Tamil Nadu Dr. M.G.R. Medical University, Chennai
Level of Program	Professional Clinical Training Program
Duration of the Program	TWO academic years. This fulltime clinical training course provides opportunities for appropriate practicum and apprenticeship experiences for two academic years is divided as Part - I and II. Course of the study must, unless special exemption is obtained, be continuously pursued. Any interruption in a candidate's attendance during the course of study, due to illness or other extraordinary circumstances must be notified to the Head of the Institution/concerned authority and permission should be obtained. Under any circumstances the candidate should complete the course with-in double the duration (4 years) from the date of enrolment.
Pattern of Program	Non-semester
Sanctioned Intake	13

Reservation Details	i. <u>Vertical Reservation</u>														
	<table><tr><th>Category</th><th>ST</th><th>SC</th><th>EWS</th><th>OBC</th><th>General</th><th>Total</th></tr><tr><td>No. of seats are allotted as per Govt. of India norms</td><td>1</td><td>2</td><td>1</td><td>3</td><td>6</td><td>13</td></tr></table>	Category	ST	SC	EWS	OBC	General	Total	No. of seats are allotted as per Govt. of India norms	1	2	1	3	6	13
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	Note: Candidates applying under OBC & EWS should attach appropriate certificate issued by the District Administration in the Central Government format (as per the specimen enclosed). Non-submission of certificate in the prescribed format will be considered under General Category.														
ii. <u>Horizontal Reservation</u>															
1. <u>Reservation Across Categories:</u> 5 % on the total number of seats are reserved for persons with benchmark disabilities. This reservation will be within their respective categories, such as Scheduled Tribe (ST), Scheduled Caste (SC), Economically Weaker Section (EWS), Other Backward Class (OBC) and General (UR). 2. <u>Expert Committee Examination:</u> Candidates with benchmark disabilities will be evaluated by a duly constituted expert committee to certify the fitness of the candidate to pursue the course (to handle the academic, clinical work and research activities), so as to meet the course requirements. The examination of the expert committee will be done prior to the entrance examination. 3. <u>Final Decision:</u> The committee’s decision on the candidate’s fitness for the course is final. 4. <u>Filling Vacant Seats:</u> If there are no qualified candidates with benchmark disabilities, the seats will be filled by other qualified candidates, based on merit.															
Medium of Instruction	English														
Eligibility	The minimum qualification for admission into M. Phil., Clinical Psychology shall be 10+2+3+2 under full time regular mode. The candidates should have obtained their basic Degree in Psychology B.A. or B.Sc. and P.G. Degree in M.A / M.Sc. (Psychology, Applied Psychology, Counselling Psychology) in full time regular mode from a university recognized by the UGC with a minimum of 55% marks in aggregate. For SC/ST category & PwD, minimum of 50% marks in aggregate is essential, as per GOI. (Note: As per the guidelines of the Tamil Nadu Dr. M.G.R. Medical University, candidates without Under Graduation in Psychology and those who acquired B.A. or B.Sc. and M.A. or M.Sc. degrees by correspondence course or part-time or by distance education will not be eligible) Candidates appearing for the final semester of their PG Degree (on regular mode only) will be eligible to appear for the entrance examination. If the candidate is shortlisted for the interview, he/she should be able to produce their original 10th, +2 Mark Statements; UG Degree Certificate, Consolidated Mark Statement and Provisional / Degree Certificate of their PG Degree; Community Certificate / Income Proof in the Central Govt. format (if applicable) at the time of interview.														

	The candidates those who have been selected for the final admission, along with the above mentioned certificates, must also produce their Transfer Certificate and Migration Certificate from their previous college / university and Eligibility Certificate from the Tamil Nadu Dr. M.G.R. Medical University to complete the admission procedures. The following is the link to apply for the eligibility certificate: https://cms2.tnmgrmuexam.ac.in/#/EligibilityCertificateOnlineApplication Candidates with the educational back ground from the State Board of Tamil Nadu should also submit the Eligibility Certificate, if selected for the final admission. Candidates with inadequate certificates at the time of interview will be disqualified for the final admission.
Admission Criteria	A Selection Committee that includes Head of the Department of Clinical Psychology shall make provisional admission on the basis of an entrance examination, consisting of a written examination and interview. Mode of Selection: The candidates those who have applied for the M. Phil Clinical Psychology program will be permitted to write their entrance examination after receiving the admit card from NIEPMD(D). The written examination will be of 90 minutes duration to complete the 100 MCQ type questions. There will be no negative marks. The short-listed candidates of the written examination will be permitted to appear for the interview. The marks scored by the candidate in the written examination will be given a weightage of 75% and the marks scored in the personal interview will be given a weightage of 25%. Final Ranking / Merit List will be derived based on the total marks scored in the written examination and interview. Written Examination (75%) + Interview (25%) = Final Score (100%) Inter-se-merit: If more than one candidate gets equal marks in the written examination / final merit list, then the candidate who is elder in age will be considered higher in merit. In case still there is a tie, the candidate with higher total marks in the Master Degree will be considered higher in merit. Candidates with inadequate certificates at the time of interview will be disqualified for the final admission.
Registration	A candidate admitted to M.Phil Clinical Psychology at NIEPMD(D) shall register his / her name with Tamil Nadu Dr. M.G.R. Medical University, Chennai by submitting the prescribed application form for registration duly filled, along with the prescribed fee and a declaration in the format to the Controller of Examination of Tamil Nadu Dr. M.G.R. Medical University, through NIEPMD(D).
Attendance Required	A minimum attendance of 80% (in a year including in all academic activities) shall be necessary for taking the respective examination. Thirty days of casual leave, maximum of fifteen days per academic year, shall be permitted during the two-

	year course period.																														
Syllabus	<u>Part - I (I Year)</u> <u>Group "A"-</u> Paper I: Psychosocial Foundation of Behaviour and Psychopathology Paper II: Statistics and Research Methodology Paper III: Psychiatry Practical: Psychological Assessments including Viva Voce <u>Group "B"</u> Submission of Five Full-length Psycho-diagnostic Records, out of which one record each should be related to, child and neuropsychological assessment. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) rationale for testing, b) areas to be investigated, c) tests administered and their rationale, d) test findings and e) impression. <u>Part - II (II Year)</u> <u>Group "A"</u> Paper I: Biological Foundations of Behaviour Paper II: Psychotherapy and Counselling Paper III: Behavioural Medicine Practical: Psychological Therapies including Viva Voce <u>Group "B"</u> Submission of Five fully worked-out Psychotherapy Records, out of which one should be child therapy record. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) reasons for intervention(s), b) areas to be focused including short- and long-term objectives, c) type and technique of intervention employed and rationale d) therapy processes, e) changes in therapy or objectives, if any, and the reasons for the same, f) outcome, g) prevention strategies, h) future plans <u>Group "C"</u> Dissertation should be submitted in the second year that is done under the guidance of a Clinical Psychology faculty in the department. If the research work is of interdisciplinary nature requiring input/supervision from another specialist, co-guide(s) from the related discipline will be appointed as deemed necessary. MINIMUM PRESCRIBED CLINICAL WORK DURING THE TWO YEAR OF TRAINING <table><tr><th rowspan="2">S. No.</th><th rowspan="2">Clinical Work</th><th colspan="2">Number of Cases</th></tr><tr><th>Part – I</th><th>By the end of Part – II*</th></tr><tr><td>1.</td><td>Detailed case histories</td><td>50</td><td>70</td></tr><tr><td>2.</td><td>Clinical Interviews</td><td>40</td><td>60</td></tr><tr><td>3.</td><td>Full length Psycho-diagnostics</td><td>40</td><td>50</td></tr><tr><td>4.</td><td>Neuropsychological Assessment</td><td>05</td><td>10</td></tr><tr><td>5.</td><td>Therapeutics</td><td colspan="2">i) Psychological Therapies 200 hours</td></tr><tr><td></td><td></td><td colspan="2">ii) Behaviour Therapies 200 hours</td></tr></table>	S. No.	Clinical Work	Number of Cases		Part – I	By the end of Part – II*	1.	Detailed case histories	50	70	2.	Clinical Interviews	40	60	3.	Full length Psycho-diagnostics	40	50	4.	Neuropsychological Assessment	05	10	5.	Therapeutics	i) Psychological Therapies 200 hours				ii) Behaviour Therapies 200 hours	
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	<i>* Includes the work done in Part – I</i> Therapies should be not less than 50 hours of work in each of the following areas: - Therapies with children - Individual therapies with adults - Family/marital/group/sex therapy - Psychological and/or neuropsychological rehabilitation A logbook of the clinical work carried out under the supervision during each year of training, with sufficient details such as particulars of the client, diagnosis, duration and nature of intervention(s), number of sessions held etc. should be maintained by all trainees and must be produced the same to the examiners at the time of Part - I and II practical examinations. Visit the following link for detailed syllabus: https://rehabcouncil.nic.in/sites/default/files/regular-mode/M%20Phil%20Clinical%20Psychology.pdf
Clinical Postings	Department of Clinical Psychology, NIEPMD(D) ➤ Child & Adolescent Unit ➤ Psychiatry Unit ➤ Behaviour Management Unit ➤ Neuropsychology Unit ➤ Community Psychology Unit Department of Medical Sciences, NIEPMD(D) ➤ Psychiatry Clinic (OP) ➤ Neurology Clinic (OP) Department of Therapeutics, NIEPMD(D) ➤ Early Intervention Unit External Postings* ➤ Psychiatry ➤ Neurology ➤ Neurosurgery ➤ Cardiology ➤ Dermatology & Venereology ➤ Gastroenterology ➤ Urology ➤ Oncology ➤ Plastic Surgery ➤ Forensic Medicine Orientation Postings in all the Departments & Model School of NIEPMD(D) <i>*External clinical postings will be scheduled each year. Every trainee has to undergo the same for the successful completion of the course. The trainee should make his/her own arrangements for the travel, food and accommodation during the external postings.</i>

**Program
Content &
Credit**

Part - I (I Year)

Group "A"

Papers	Title	Duration	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Paper I	Psychosocial Foundations of Behaviour and Psycho- pathology	03 hrs.	70	30	100
Paper II	Statistics and Research Methodology	03 hrs.	70	30	100
Paper III	Psychiatry	03 hrs.	70	30	100
Practical	Psychological Assessments and Viva Voce		70	30	100

Group "B"

Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Submission of five cases of full-length Psycho-diagnostic Report	None	100	100
Total Marks (Group "A" + Group "B")			500

Part – II (II Year)

Group "A"

Papers	Title	Duration	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Paper I	Biological Foundations of Behaviour	03 hrs.	70	30	100
Paper II	Psychotherapy and Counselling	03 hrs.	70	30	100
Paper III	Behavioural Medicine	03 hrs.	70	30	100
Practical	Psychological Therapies and Viva Voce		70	30	100

	Group "B"			
	Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
	Submission of five fully worked Psychotherapy Record	None	100	100
	Group "C"			
	Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
	Dissertation	70	30	100
	Total Marks (Group "A" + Group "B" + Group "C")			700
Submission of Records & Dissertation	Two months prior to Part - I examination the candidates are required to submit five full-length Psycho- diagnostic Reports as outlined above. Two months prior to Part - II examination the candidates are required to submit five Psychotherapy Records as outlined above. Three months prior to Part - II examination the candidates are required to submit, in triplicate, a research Dissertation under the guidance of a clinical psychology faculty member as specified above. The application for appearing either Part - I or Part - II examination should be accompanied by a certificate issued by Head of Department that the candidate has carried out the specified minimum clinical work, submission, dissertation (in case of Part - II only) and has attained the required competence in core- tests as prescribed in the syllabus.			
Evaluation Pattern	Each year shall have Internal Assessment per term and have University Examination at the end of the first and second year. Internal Assessment In each paper 30% marks will be determined on the basis of written/clinical exams, viva-voce and supervised clinical work. Assignments and seminars shall also be part of the internal evaluation and the marks will duly be given for the same. These marks will be added to the marks allocated to the respective subjects in the yearly final examinations. The results of the final examinations will be declared on the basis of the total so obtained.			

	University Examination The University Examination will be held in two parts (Part - I and Part - II). Part -I is held at the end of first year and Part – II is held at the end of second year. A candidate will not be allowed to take the Part – II examination unless he/she has passed the Part – I examination. A candidate who has not appeared or failed in Part – I of the regular examination may be allowed to continue the course for the II year and be allowed to take the supplementary Part – I examination. A minimum period of three months additional training shall be necessary before appearing for the examination in case he/she fails to clear Part – I and/or Part – II examination. A candidate has to complete the course successfully within a period of four years from the year of admission to the course. Appearance for each Examination A candidate shall appear for all the Groups of Part – I and Part – II examination when appearing for the first time. A candidate in Part – I and Part – II, failing in any of the “Group-A” subjects has to appear again in all the “Group-A” subjects. A candidate in Part – I, failing in “Group-B” has to resubmit five full-length Psycho Diagnostic Records. A candidate in Part – II, failing in “Group-B” has to resubmit five fully worked-out Psychotherapeutic Records A candidate in Part – II, failing in “Group-C”, has to reappear/ resubmit the dissertation as asked for and/or outlined by the examiners.
Qualifying Criteria	Minimum for Pass A candidate shall be declared to have passed in either of the two parts of the M. Phil., examination if he/she obtains not less than 50% of the marks in: - Each of the theory paper - Each of the practical and viva-voce examinations - Each of the submissions - The dissertation (in case of Part – II only) A candidate who obtains 75% and above marks in the aggregate of both the parts shall be declared to have passed with Distinction. A candidate who secures between 60% and below 75% of marks in the aggregate of both the parts shall be declared to have passed M. Phil., degree in First Class.

	The other successful candidates as per the clause (a) of the above shall be declared to have passed M.Phil., degree in Second Class. If a candidate fails to pursue the course on a continuous basis, or fails or absent himself/herself from appearing in any of the university theory and practical examinations of Part – I and II, the class shall not be awarded. The merit class (Distinction / First Class) is awarded to only those candidates who pass both Part – I and II examinations in first attempt. No candidate shall be permitted to appear either of Part – I or II examination more than three times.
Evaluation & Certifying Authority	The Tamil Nadu Dr. M.G.R. Medical University, Chennai.
Stipend	A stipend amount of Rs.10,000/- per month will be paid during the II year of the program. The candidates will be able to avail the stipend only on fulfillment of the norms stipulated for the same.
Vacation	There is no vacation.
Scope of the Program	• Diagnose mental health problems. • Conceptualize specific adult and child mental health problems within a psychological framework and carry out relevant treatment/management. • Apply psychological principles and techniques in rehabilitating persons with mental health problems and disabilities. • Work with the psychosocial dimensions of physical diseases, formulate and undertake focused/targeted psychosocial interventions. • Undertake research in the areas of clinical psychology such as, mental health/illness, physical health/diseases and relevant societal issues viz. misconception, stigma, discrimination, social tension, gender construction, life style etc. • Work with community to promote health, quality-of-life and psychological well-being. Undertake responsibilities connected with teaching and training in core and allied areas of Clinical Psychology. • Undertake administrative and supervisory/decision-making responsibilities in mental health area. • Provide expert testimony in the court of law assuming different roles
Hostel	• Hostel facility will be provided only for girls • Fresher's (Girls) will be placed only in the out-campus hostel. • Transportation will not be provided by NIEPMD(D) to the students to commute from out-campus hostel and back.