

National Meet on World Cerebral Palsy Day on 6th October, 2026

October 6th is observed as World Cerebral Palsy Day.

“Cerebral Palsy is a group of conditions that affect movement and posture. It is caused by damage that occurs to the developing brain, most often before birth. Symptoms appear during infancy or pre school years and vary from very mild to serious. The theme of World Cerebral Palsy Day, 2026 is **#Unique AND United**, which celebrates individual experiences and builds a collective voice for accessibility and inclusion.

Symptoms of Cerebral Palsy includes lack of muscle coordination when performing voluntary movement, stiff or tight muscles and exaggerated reflexes, weakness in one or more arm or leg and unusual walking style like walking on the toes, a crouched gait, or a scissored gate”

On this occasion, the National Trust is organizing a ‘National Meet on World Cerebral Palsy Day on 6th October, 2026 from 3 PM to 5 PM as per the agenda given below-

Timings	Activities
3 PM – 3.10 PM	Introductory session
3.10 PM – 3.30 PM	Understanding Cerebral Palsy and its management by Dr. Jitendra K Jain, Paediatric Orthopaedic Surgeon and Chairman, Trishla Foundation, Prayagraj (Allahabad)
3.30 PM – 4 PM	Handling children with Cerebral Palsy by Dr. Neeraj Mishra, Dept. of Neurology, G.B Pant Hospital, New Delhi
4 PM - 4.45 PM	Sharing Life Journey by Persons with Cerebral Palsy -

	(i) Mr. Samuel Mani (An entrepreneur with Cerebral Palsy from the urban community) (ii) Dr. Ritesh Sinha, Karnal, A Beacon of Resilience and Innovation.
4.45 PM – 5 PM	Concluding Remark

The virtual meet can be attended through the link –

Meeting link:

<https://thenationaltrust.webex.com/thenationaltrust/j.php?MTID=m4eda9f12c6a693fdaf26d11a2995881b>

Meeting number - 2518 902 8164

Meeting password- MMpGaHey283

(Navnit Kumar)
Consultant