

4th International Yoga Day celebration of NIC Manipur

NIC Manipur State Centre, like every year, observed the 4th International Yoga Day on the morning of 21st June 2018 at Kangshang of Khuman Lampak Sports Complex, Imphal, Manipur.



The celebrations commenced at 6.30 A.M. with all officers of NIC Manipur State Centre taking part with great zeal and fervour. Common Yoga Protocol provided by Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy (AYUSH) was followed during the practice session under the guidance of, Shri Hijam David Singh, a Yoga Instructor. The session ended at 8.15 A.M.

