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No. of printed pages : 8

103

403 (IRB)

2026 ENGLISH

Time : 3 Hours]

[Max. Marks : 80

- Note :**
- (i) This question paper is divided into **three** sections – A, B and C.
 - (ii) **All** questions are **compulsory**. Marks are indicated against each question.
 - (iii) Separate instructions are given with each section and question, wherever necessary. Read these instructions very carefully and follow them faithfully.
 - (iv) Do not exceed the prescribed word limit while answering the questions.

Section - A (Reading)

1. Read the passage given below and answer the questions that follow-

Yoga in India is considered to be around 5,000 years old mental, physical and spiritual practice. It originated in ancient times when people used to meditate to transform their body and mind. Launching and celebrating 21st June as Yoga Day was an initiative taken by the Indian prime Minister in the United Nations General Assembly. From then, Yoga day became a worldwide event celebrated by the people of all countries.

Yoga is essentially a spiritual discipline. It is the art and science of healthy living. It is a practice of controlled body part movements and control of breath. It is not just a physical practice but also a way to get control over mental, emotional and spiritual thoughts. It improves discipline and sense of power while providing a chance to live a healthy life without physical and mental problems.

Yoga is very safe, easy and healthy way to get fit whole life without any problems. It can be practiced by people at any age be it childhood, teenage, adult or old age irrespective of age, religion or health circumstances. It needs only safe, slow and controlled movements of body with controlled breathing. Regular practice of yoga regularises the connection between the body, mind and soul. It enhances the functioning of all body organs. By providing good health it fulfills our physical needs, through knowledge it fulfills over psychological needs and through inner peace it fulfills the spiritual need. Thus, it helps in maintaining the harmony among all.

Regular practice of the yoga in the morning provides outer and inner relief by keeping away from the countless ailments at the physical and mental level. Practicing postures or asana creates the feeling of wellbeing. It sharpens the human mind, improves intelligence and helps in achieving high level of concentration. Yoga is like a practical philosophy which develops self-discipline and self-awareness.

[1]

[P.T.O.]

We cannot count the benefits of yoga; we can understand it only as a miracle which can be experienced by practice. It maintains physical fitness, reduces stress, controls emotions, feelings, controls negative thoughts, feelings of general well-being, improves mental clarity, enhances self-understanding and connects us to the nature.

(a) Yoga is basically _____. 1

- (i) a material discipline.
- (ii) the art and science of material living.
- (iii) a practice of uncontrolled body movement.
- (iv) the art and science of healthy living

(b) Yoga regularises the connection between- 1

- (i) mind and body of a person
- (ii) mind and soul of a person
- (iii) body, mind and soul of a person
- (iv) body and soul of a person

(c) **Assertion (A) :** The benefits of yoga cannot be counted.

Reason (R) : It maintains physical fitness, reduces stress, controls emotions, controls negative thoughts, improves mental clarity, enhances self-understanding and connects to the nature.

In the light of above statements, choose the most appropriate answer from the option given below- 1

- (i) Both Assertion (A) and Reason (R) are true, and Reason (R) provides a valid explanation for Assertion (A).
- (ii) Both Assertion (A) and Reason (R) are true, but Reason (R) does not provide a valid explanation for Assertion (A).
- (iii) Assertion (A) is true, but Reason (R) is false.
- (iv) Both Assertion (A) and Reason (R) are false.

(d) Select the option that conveys the meaning similar to 'diminishes'- 1

- (i) maintains (ii) controls
- (iii) enhances (iv) minimize

(e) Yoga enables on to get control over 1

(f) How does yoga fulfill our psychological needs? 2

(g) Comment on the importance of asanas in yoga. 1

(h) At what age can yoga be practiced? 2

(i) List the benefits of yoga. 2

2. Read the passage given below and answer the questions that follow-

The Municipal Corporation of Gurugram recently admitted before the National Green Tribunal that untreated sewage from the city mixes with treated wastewater in the drains into the Yamuna. The putrid river that flows through New Delhi is only one of the many severely polluted surface water bodies in the country. Government agencies estimate that as much of 80% of India's surface water is contaminated and most of it comes from sewage.

The effects of this contamination are immediately felt with the onset of the monsoons.

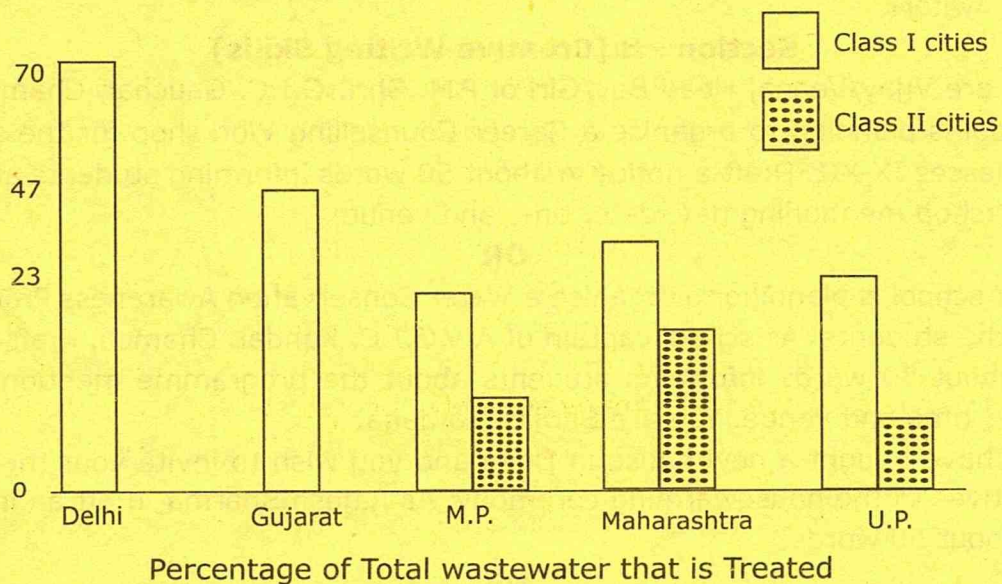
No sooner had the rains begun the reports of water-borne diseases like diarrhea and cholera breaks out trickled in from Delhi, Pune, Varanasi and Chennai as broken water pipes and flooding allowed fecal sludge mix (Polluted water) into potable water.

The Central Pollution Control Board in 2009 calculated that major cities and towns together generate more than 38 billions litre of sewage everyday, of which only 30% is collected. Less than 20% of this is treated because that's all the treatment capacity available. The rest is just emptied into rivers, lakes, seas and ponds.

A soon-to-be-released report by water Aid India on fecal sludge management documents the chinks (gaps) in India's sewage system. Seventeen million, or roughly 20% of urban households, lack sanitation facilities, the report says. Among those that have access to sanitation only 32% are connected to a sewage network, the rest depending on septic tanks and pit latrines. There are more numbers to raise a stink about more than 5 lakh pit latrines are unsanitary, being nothing more than open pits. More than 9 lakh toilets empty directly into drains. Among the 18% of urban household that don't have access to individual toilets, more than 12% resort to open defecation.

The story gets murkier beyond the numbers. Where sewer exist, they often leak or overflow. Instead of being cleaned every few years, septic tanks are left to accumulate fecal sludge that percolates into ground water. When the tanks are cleaned the black water is disposed off in fields and water bodies, once again contaminating open fresh water.

The water Aid report looks at sanitation systems in six states and offers a snapshot of how much wastewater is dumped untreated. Delhi, for instance, uses 4,346 million litres of water per day of which 87% returns as waste. However, Delhi has the capacity to treat only 70% of the total wastewater it generates. The class I cities of Maharashtra together consume water three times as much as Delhi does, turn 80% of that into sewage and treat less than half of their total wastewater. The statistics are far worse for class II cities.



Even with the creation of the National Urban Sanitation Policy in 2008 and several thousands of crores being spent by states on sewage networks, the problem has grown worse in the last five years.

- (a) Which of the following is the reason for Yamuna being the most polluted rivers in the country? 1
 - (i) Lack of proper sewage systems.
 - (ii) Lack of treatment of contaminated water
 - (iii) Flooding with the onset of rains
 - (iv) Improper sanitation facilities.
- (b) Which of the following facts can be inferred from the given graph? 1
 - (i) The sewage treatment capacity of the country needs to be increased.
 - (ii) The condition of treatment of sewage is still better in class II cities.
 - (iii) The maximum contamination of water takes place in Delhi.
 - (iv) The class I cities are the reason for contamination of water bodies.
- (c) What is true regarding the contaminated water? 1
 - (i) Less than 20% of the contaminated water is treated.
 - (ii) Most of the contaminated water is dumped into the water bodies.
 - (iii) Contaminated water is the reason for the lack of potable water.
 - (iv) Both (i) and (ii)
- (d) Delhi has the capacity to treat _____ of the wastewater it generates. 1
 - (i) 61% (ii) 70% (iii) 55% (iv) 40%
- (e) What information does the water Aid report present? 1
- (f) The state of _____ in the country has the lowest treatment percentage in class II cities. 1
- (g) What does the revelation by the Municipal corporation of Gurugram point to. 2
- (h) Why does the presence of septic tank result in contamination of ground water? 2

Section - B [Creative Writing Skills]

3. You are Vijay/Veena, Head Boy/Girl of P.M. Shri. G.I.C. Gauchar, Chamoli. Your school is planning to organise a Career Counselling Workshop for the students of classes IX-XII. Draft a notice in about 50 words informing students about the workshop mentioning day, date, time and venue. 4

OR

Your school is planning to organise a Water Conservation Awareness Programme for the students. As school captain of A.V.G.I.C. Kandai, Chamoli, draft a notice in about 50 words informing students about the programme mentioning day, date, time and venue. You are Sanjay/Sanjana.

4. You have bought a new house in Delhi and you wish to invite your friends and relatives to the housewarming ceremony. As Rajesh Sharma, draft an invitation in about 50 words. 4

OR

[4]

You are Manoj/Meena you have received an invitation from your friend Vijay about a party to celebrate on his admission in a prestigious Management Institute. Write an informal letter in about 50 words accepting the invitation.

5. You are Rita/Raguveer from 29-D, Model Colony, Nainital. You have read the following advertisement in 'The Amar Ujala' for the post, of Assistant Librarian given by Mahatma Khushiram Library, Dehradun. Write an application to apply for the post in not more than 120-150 words. 5

Mahatma Khushiram Library, Dehradun invites application from well qualified and experienced person for the post of Assistant Librarian.

Eligibility Criteria:

- . A Master degree in Library Science with at least 55% marks.
- . Minimum 2 years of work experience in a leading institute or university.
- . Language proficiency in English and Hindi.

OR

You are Sujoy/Sujata of Nehru Colony, Indore. You recently visited Kedarnath with your family. You were sad to see the tourist throwing empty bottles, poly-bags and cans all over the place. Write a letter to the editor of 'The Amar Ujala' in about, 120-150 words expressing your concern and offering suggestions to improve the situation.

6. You are Rahul/Rekha. There are frequent power cuts in your locality. You strongly believe that it is time to shift to solar power. Write an article on the topic "Solar Power An Apt Global solution for Energy Crisis" in about 120-150 words. 5

OR

Your school recently conducted an Inter school Heritage Quiz Contest, as a student reporter, write a report of the event in about 120-150 words to be published in your school magazine. You are Anu/Amit.

Section - C

[Literature Text Book and Supplementary Reading Text]

7. Read the extract given below and answer the questions that follow:

"But after the airport's security check, standing a few yards away, I looked again at her, wan, pale as a late winter's moon."

- (a) What were the reasons for mother's pale face? 1
- | | |
|-------------------|---------------------------|
| (i) Her old age | (ii) Her depleting energy |
| (iii) Her illness | (iv) Both (i) and (ii) |
- (b) The poet of this poem is _____ 1
- | | |
|--------------------|-------------------|
| (i) John Keats | (ii) Robert Frost |
| (iii) Pablo Neruda | (iv) Kamala Das |
- (c) State whether the given statement is **True** or **False**. 1
- When the poet looks at her mother again, she is trying to be hopeful.

- (d) 'I looked at her, wan and pale as a late winter's moon' indicates that _____ 1
- (e) The poet looked at her mother again in order to _____ 1
- (f) In the extract poet compares her mother's face with _____ 1

OR

Yes, in spite of all,'

Some shape of beauty moves away the pall
From our dark spirits. Such the Sun, the Moon,
Trees old and young, sprouting a shady boon
For simply sheep, and such are daffodils.
With the green world they live in; and clear rills
That for themselves a cooling covert make
'Gainst the hot season; the mid forest brake.

- (a) Why are our spirits dark? 1
- (i) Because of night (ii) Because of suffering
- (iii) Because of disappointments (iv) Both (ii) and (iii)
- (b) The poet of this poem is _____. 1
- (i) Stephan Spender (ii) Robert Frost
- (iii) John Keats (iv) Anees Jung
- (c) State whether the statement is **True** or **False**. 1
- Beauty can be found in all aspects of nature.
- (d) When the poet says that "Some shape of beauty moves away the pall from over dark spirits", he refers to _____ power of nature 1
- (e) Mention some things of beauty which "moves away the pall" from our sad lives. 1
- (f) What does "all" in line I refer to? 1

8. Read the extract given below and answer the questions that follow-

The Maharaja and the Dewan held deliberations over this issue. As a result, a telegram was dispatched forthwith to a famous British company of jewellers in Calcutta. "Send samples of expensive diamond rings of different designs."

- (a) Complete the sentence appropriately. 1
- The rings were gifted to _____.
- (b) Why were the deliberations held? 1
- (i) To find out a way to procure tigers.
- (ii) To please the British officer.
- (iii) To save the kingdom from usurpation.
- (iv) To gain favours from the British.
- (c) How many rings were received from the company? 1
- (d) What was the condition of Maharaja and the dewan? 1

OR

"Not by you, but by someone who does not know him. I have my own private assassins. Suppose I send two of them to your house tonight or better, any night. You need know nothing about it. It is now warm what would be more natural than that you should leave the outer partition of the white man's room open to the garden while he sleeps?"

- (a) Complete the sentence appropriately. 1
There is need to assassinate 'him' because _____.
- (b) Why does the speaker intends to get the white man assassinated? 1
- (c) Who hatched the plan to kill the white man? Was it successful? 1
- (d) The given lines indicates characteristics about General. These characteristics are _____ and _____. 1
- (i) Care and kindness (ii) Humanist and patriotic
(iii) Ignorance and self-centered (iv) Both (i) and (ii)

9. Read the given extract below and answer the questions that follow-

As soon as they got up from the table he went around to each one present and said thank you and good night, but when he came to the young girl she gave him to understand that it was her father's intention that the suit which he wore was to be a Christmas present-he did not have to return it; and if he wanted to spend next Christmas Eve in a place. Where he could rest in peace and be sure that no evil would befall him, he would be welcomed back again.

- (a) What did the girl want to convey to the guest? 1
(i) Her father wanted him to wear the suit.
(ii) She wanted him to wear the suit.
(iii) She wanted to thank him.
(iv) She liked him.
- (b) What did Edla tell the peddler? 1
- (c) How did Edla's gesture affect the peddler? 1
- (d) The guest was asked not to _____ the suit. 1
- (e) What does the extract show about Edla? 1
(i) That she was deceitful (ii) That she was cheerful
(iii) That she was benevolent (iv) That she was naughty
- (f) What did Edla also invite the Peddler for? 1

OR

"My children, this is the last lesson I shall give you. The order has come from Berlin to teach only German in the schools of Alsace and Lorraine. The new master comes tomorrow. This is your last French lesson. I want you to be very attentive."

What a thunderclap these words were to me!

Oh, the wretches; that was what they had put up at the town hall!

- (a) Describe Franz's feeling when he says- 1
"What a thunderclap these words were to me!"?

- (b) Select the option that completes the sentence appropriately. 1
 "What a thunderclap these words were to me!"
 The words were-
 (i) Loud and clear (ii) Pleasant and welcome
 (iii) Startling and unexpected (iv) Both (i) and (iii)
- (c) 'They' in the given lines refer to _____ 1
 (d) What was the order from Berlin? 1
 (e) Express M. Hamel's feelings in the given extract? 1
 (f) State whether the statement is True or False- 1
 The speaker does not want to take the lesson.

10. Answer **ANY FIVE** of the following questions in about **40-50** words each.

2×5=10

- (a) Why did Rudyard Kipling refuse to be interviewed?
 (b) How does the poet describe her mother in the poem, 'My Mother at Sixty Six'?
 (c) What is the "endless fountain" and what is its effect?
 (d) Why did Gandhi agree to a settlement of 25 percent refund to the farmers?
 (e) Where was it most likely that the two girls would find work after school?
 (f) Madras and the Tamil drama community were terribly impressed by Frank Buchman's Moral Re-Armament Army. Give one example to show this.

11. Answer **ANY TWO** of the following questions, in about **40-50** words. 2×2=4

- (a) Do you think Mr. Lamb was equally lonely and dejected as Derry? Why?
 (b) How does the writer indicate that Dr. Sadao's father was a very traditional and conventional man?
 (c) What was the objective of "Students On Ice Programme"?

12. Answer the following question in about **120-130** words. 5

How did the instructor 'build a swimmer' out of Douglas? Explain in detail.

OR

In the poem 'Keeping Quiet' the poet pictures two kinds of world. Describe these worlds with reference to the poem.

13. Answer the following question in about **120-150** words. 5

The astrologers predict, 'The child will grow up to become the warrior of warriors, hero of heroes, champion of champions.....'. In contrast to the above statement, the Tiger king's death is an anticlimax. Comment.

OR

Why did Bama stroll in the market place instead of hurrying home? Describe the sights she enjoyed seeing there.
