

## About Us



Ali Yavar Jung National Institute of Speech and Hearing Disabilities (AYJNISHD-D) is a leading government institute in India providing specialized clinical services for speech and hearing impairments, including stroke-related communication disorders like aphasia and dysarthria. It focuses on affordable and accessible rehabilitation, certifies speech and language disabilities under the RPWD Act, 2016, and offers community outreach, advanced therapy, and educational programs for affected individuals.



### Ali Yavar Jung National Institute of Speech and Hearing Disabilities (Divyangjan)

भारत सरकार, सामाजिक न्याय और अधिकारिता मंत्रालय, दिव्यांगजन सशक्तिकरण विभाग  
अली यावर जंग राष्ट्रीय वाक् एवं श्रवण दिव्यांगजन संस्थान  
Govt. of India, Ministry of Social Justice & Empowerment,  
Department of Empowerment of Persons with Disabilities  
(Divyangjan)

DEPARTMENT OF SPEECH AND LANGUAGE PATHOLOGY

### More Information



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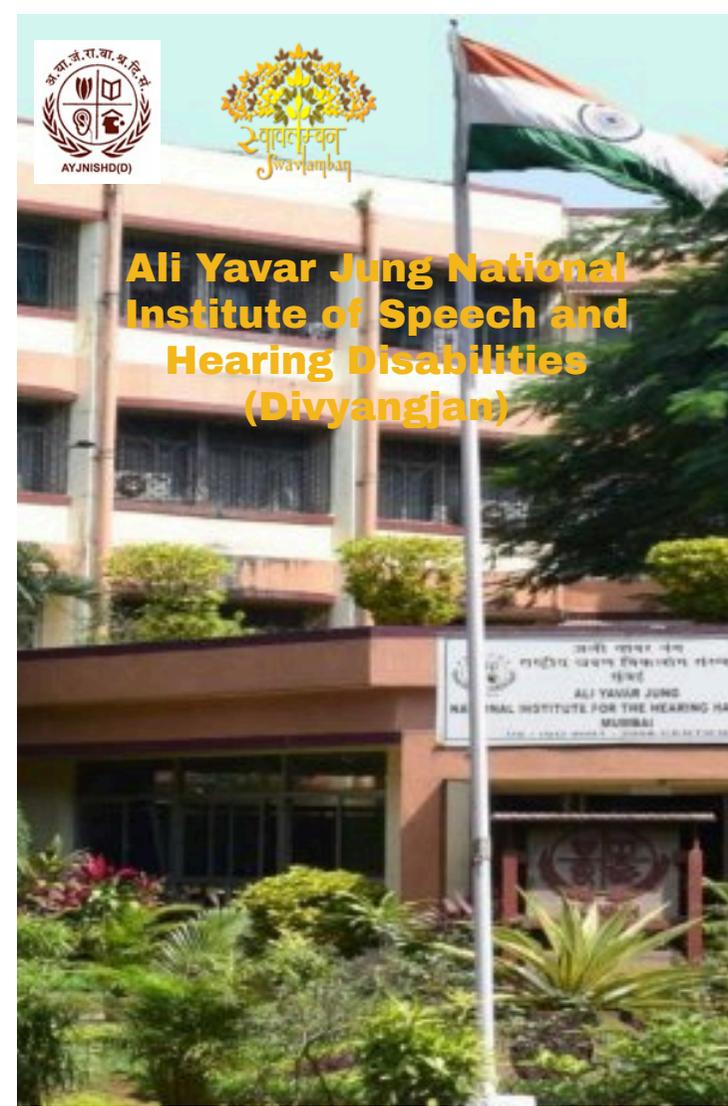
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### Ali Yavar Jung National Institute of Speech and Hearing Disabilities (Divyangjan)

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# Fluency disorder

(Stuttering & Cluttering)  
Early identification.  
Early therapy.  
Better communication.



## What is a Fluency Disorder?

A fluency disorder is a speech condition in which the flow of speech is disrupted.

The most common fluency disorders are:

Stuttering  
Cluttering

It is not related to intelligence or poor parenting.

## Common Signs

Repetition of sounds or words  
Prolongations (stretching sounds)  
Blocks or getting stuck while speaking  
Fast, unclear speech  
Avoiding speaking situations  
Facial tension or struggle

## Warning Signs by Age

### 3–5 years

Persistent stuttering  
Frequent repetitions or pauses

### 6 years & above

Avoids speaking in class  
Low confidence while talking

## What Should Parents Do?

- ✓ Listen patiently
- ✓ Give the child time to speak
- ✓ Maintain eye contact
- ✓ Consult a Speech-Language Pathologist (SLP)

## Treatment

Speech & Fluency Therapy includes:

- Fluency shaping techniques
- Stuttering modification
- Breathing and pacing strategies
- Confidence building
- Parent counselling & home practice

## What Should Parents not do?

- ⊘ Do not say “slow down”
- ⊘ Do not interrupt or correct repeatedly
- ⊘ Do not wait and watch