

A Scheme
On
NATIONAL FOLK DANCE COMPETITION IN POPULATION EDUCATION

Background:

Folkdances in India represent diverse cultures and traditions having each region of the country as a unique culture, specific folk music and dance, which proves to be a wonderful way of expression of their community and its traditions. Though these folk dances are not as complex as the classical dance forms, they are very beautiful, because of the essence of specific deep sited beliefs and traditions of a particular culture in them.

The folkdances are also considered to be auspicious by all communities in the country. The most interesting part of a folk dance is the colourful dresses required for its performance. Every folk dance has its own specific costume and jewellery, which differs from dance to dance. The various folk dances are not only the exclusive art of a particular community, but also an asset of India's cultural heritage. The folk dances of any community are performed on almost every special occasion and festival, to express joy and local specific messages. Folkdance can also perform conveying messages related to population, adolescence and holistic health related issues of children in an effective manner. The NEP 2020 also focused on using integration of art as pedagogy for classroom transaction and promotion of our culture.

1. Themes of Folkdances:

The following are the themes for Folk Dance Competition:

- 1. Equal Opportunity for Boys and Girls**
- 2. Role of Joint Family in Child's Development**
- 3. Protection of Environment (Refuse, Reduce, Reuse and Recycle)**
- 4. Prevention of Substance Abuse**
- 5. Healthy Relationships during Adolescence**

Each team will select any of the above theme and will elaborated dancers during performance.

2. National Competition on Folk Dance:

Under National Population Education Project, Folk Dance Competition will have both dances as well as song component.

3. Specific Objectives:

1. To convey effectively various issues related to population, adolescence and holistic health by using their own folk as medium.
2. To provide opportunities to students for experiential learning to develop the ability to apply life skills in various situation.
3. To validate the strategies of the folk dance for transaction of population, adolescence and holistic health issues.

4. What are Folk Dances?

Indian folk dances are simple dances, and are performed to express joy and convey the messages. Folk dances are performed on every possible occasion. For example, folk dances are performed to celebrate the arrival of seasons, birth of a child, a wedding and festivals. Men and women, boys and girls perform some dances exclusively, while in some performances dance together. On most occasions, dancers sing themselves, while being accompanied by artist on the instruments. The specific costumes are used for folk dance as the per need of the situation. The skill and the imagination of the dances influence the performances.

5. Target group:

National Folk Dance Competition can be organized by the implementing States/UTs by involving students of classes VIII or IX or from both classes' studying in Government schools only. Those students who are participating in the National Role Play Competition are strictly not eligible to participate in the Folkdance competition.

6. Basic requirements:

6.1 Space

It will be organized for students of class-VIII or IX or from both Class-VIII and Class-IX of the school. However, students from other classes may be invited as audience. A hall/open space may be used for this activity.

6.2 Time

Each team will be given **5-6 minutes** time for Folkdance at every level.

6.3 Language

The language of Folkdance will be local language. However, the script at the National Level will be provided in Hindi or English to the jury.

6.4 Number of Folk dancers

The number of folk dancers in each team of folk dance will be **4 to 6 students**. If there are boys and girls in the selected team, then two teachers one male and one female will escort the team for participation at the State/National level competition.

6.5 Costumes

Folk dancers will use costumes according to the need of the dance related to the selected theme.

7. Guidelines for implementation:

This activity will be organized at five levels i.e., Schools, Districts, States, Regional Level and National Level. However, the number of levels from schools to district may be decided by the concerned implementing agency, keeping the expenditure into consideration. In States and UTs where the number of schools are limited, it can be organized at less than five levels. For every level, only one team will be selected for sending to the next level. For example, from every school only one team will be sent at the block level and one team from block to the district level and from every district only one team will be sent at the State Level. Each State/UTs will send only one selected team at the Regional Level. There will be four regional folk Dance Competitions for all States/UTs. From each Regional Level, two teams will be selected to the National Level Folk Dance Competition. Prizes will be given from District Level onwards to three teams (First, Second and Third). While organizing this competition, the following points may be considered. The Regional and National Level folkdance competitions will be organised by NCERT, New Delhi. Whereas, up to State Level, the responsibility of this competition will be of Population Education Cell of the concerned State/UT at the State/UT Level. If possible, these competitions may be organised in close collaboration with School Health and Wellness Team of the Health Department.

A. Planning

1. Population Education Cell (PE Cell) has to translate the scheme, if need be, in their

state/UT language.

2. Efforts needs to be made by PE Cell to widely disseminate the scheme to all secondary school by PE Cell.
3. PE Cell should organize sensitization programme with district level officials about the scheme and guidelines.
4. Date, time and venue for the role play should be fixed and communicated to all the concerned persons well in advance.
5. PEC will also prepare and share the Dos and Don'ts of the competition during the sensitization programme. These Dos and Don'ts should also be shared at the time of competition.
6. Each team will come with recording of the song along with the music needed.to be used during the performance. The team can bring the recording in CD form or on pen drive.
7. For each situation 4 to 6 number of students, boys, girls or both should be identified to constitute a team for enacting the folk dance. The selection should not appear to be discriminatory in any way. Steps may be taken to include disabled child in the folkdance team.
8. Specific theme may be assigned to each member of that group. Their respective roles may be explained properly. Each one of them must know and understand the specific ideas that he/she has to express while performing the folk dance.
9. It is the responsibility of the teacher to explain about the objectives, themes, intended messages and role of each member of the team. When the teacher is assigning students their respective roles for folk dance, he/she should make it clear that each one of them understood their respective roles. The concerned teacher will prepare script of the song and submit at the competition level. The folk dance may be in their own language up to the State/UT Level. However, the script of the song needs to be in English or Hindi language at the National Level. In the presentation, originality of thoughts and actions need to be reflected.
10. Students should be given appropriate time to be well prepared with their respective folk-dance roles and also for rehearsal.
11. Local educational functionaries, parents and other community members may be invited to this activity. For wide coverage of this activity, local media both (electronic and press) may be invited to the folkdance competition.

12. Guidelines for judging the role play be shared and discussed before starting the role play competition.

B. Conducting the Folk Dance Competition.

The team performing the folkdance may be positioned according to the need of the situation of the folk dance. It should be ensured that the group is visible by the rest of the students, teachers, parents and others who will constitute the audience. The jury has to evaluate the team as per the criteria and the originality in terms of content, presentation, responding to the questions and summarization. Every team has to adhere to the allotted time above while performing folkdance.

C. Review and Feedback of Audience

1. Once the folk dance is played, the audience may be requested to make comments.
2. After the folk dance is over, the audience may be requested to discuss the points made by different actors.
3. It can be obtained on the effectiveness, strengths and weaknesses, frequency and other relevant dimensions of the Folk Dance Competition.

8. Selection of Judges:

There will be three judges at every level. The persons selected to judge the Folk dance may be drawn from the area of Health, Education and Performing Art. Preferably both male and female and able to appreciate this area. The judges may be as follows at various levels:

School Level: -

- (i) Principal
- (ii) Two teachers nominated by the Principal

District Level: -

- (i) DIET Principal or District Education Officers (DEOs)
- (ii) Head master/Principal from the non-participating schools who has experienced in Adolescence Education (AE) or expert in PE (Population Education) and School Health and Well-being.
- (iii) Person having background in performing Art.

- State Level:**
- (i) Experts in Population /Adolescence Education
 - (ii) Person with Education background (Educationist)
 - (iii) Person having background in Performing Art.
- Regional Level:**
- (i) Experts in Population /Adolescence Education
 - (ii) Person with Education background (Educationist)
 - (iii) Person having background in Performing Art
- National Level:**
- (i) Experts in Population / Adolescence Education
 - (ii) Person with Education background (Educationist)
 - (iii) Person having background in Performing Art.

9. Criteria for Evaluation of Folk Dance by Judges:

Each role play will be evaluated as follows by the judges:

	Marks
(i) Coverage of qualitative theme	25
(ii) Presentation of folk dance (costume, rhythm and choreography)	20
(iii) Reflection of Life Skills during folkdance	35
(iv) Questioning by the Audience (Student/Teacher/Jury/Audience)	10
(v) Summarisation of the Folkdance theme by the team	10
Total (Marks)	100

10. Monitoring and Feedback:

School Level: -Monitoring Performa to be used for Folk Dance and follow-up.

Every State/UT Project Coordinator has to prepare the detailed report of the folkdance stating the number of schools, number of participants, themes covered and the number of audiences attended the competition at various levels. The detailed report must be submitted while performing at the National Level.

11. Prizes:

There will be **no prize at the school and block level** competition. (The amount of prizes from district level in rupees for **per folk dancer** is mentioned below):

- (i) Prize at District level-I (300/-), II (200/-), III (150/-),
- (ii) Prize at State level-I (500/-), II (300/-), III (200/-), and participation certificate.

- (iii) Prize at Regional Level – I (800/-), II (500/-), III (300/-) and participation certificate.
- (iv) Prize at National level- I (1500/-), II (1200/-), III (1000/-), and participation certificate.

12. Remuneration to Judges:

Remuneration to judges will be as per State/UTs norms at State Level and at the National Level will be as per NCERT norms.

13. Time Schedule:

S. No.	Level of Folk Dance Competition	Duration
1	School	July – August, 2023
2	Block/Zone	July – August, 2023
3	District	July – August, 2023
4	State/UT	August – September, 2023
5	Intimation to NCERT of State/UT winning team along with details report: (a) Names of participants (b) Address of winning team school (c) Theme selected for competition (d) E-mail with mobile phone number of winning team school principal/escort teacher	30 September, 2023
6	Regional Level	December, 2023
7	National Level	3rd - 6th January, 2024