

Weekly Distribution of Syllabus (Oct 2021)			
Class: 9th Subject: Home Science			
MONTH	WEEK	NAME OF CHAPTER	TOPICS/CONTENT
Oct, 2021	1st (4th to 9th)	Functions of Home	<ul style="list-style-type: none"> • Definition of Functional Home
	2nd	Functions of Home	<ul style="list-style-type: none"> • Social and Protective characteristics of house w.r.t security, light and ventilation
	3rd	Functions of Home	<ul style="list-style-type: none"> • Social and Protective characteristics of house w.r.t sanitation and surrounding etc.
	4th	Functions of Home	<ul style="list-style-type: none"> • Practical work

Weekly Distribution of Syllabus (Oct 2021)			
Class: 10th Subject: Home science			
MONTH	WEEK	NAME OF CHAPTER	TOPICS/CONTENT
Oct, 2021	1st (4th to 9th)	Meal Planning	<ul style="list-style-type: none"> • Concept of Balanced Diet and Meal Planning
	2nd	Meal Planning	<ul style="list-style-type: none"> • Factors considered while Meal Planning
	3rd	Food Groups	<ul style="list-style-type: none"> • Different types of Food Groups
	4th	Food Groups	<ul style="list-style-type: none"> • Importance of food groups • Practical Work