

Weekly Distribution of Syllabus (Sept 2021)			
Class: 9th Subject: Home Science			
MONTH	WEEK	NAME OF CHAPTER	TOPICS/CONTENT
Sept, 2021	1st	Methods of cooking	<ul style="list-style-type: none"> • Description of method of cooking on taste
	2nd	Methods of cooking	<ul style="list-style-type: none"> • Description of method of cooking on flavor and color
	3rd	Methods of cooking	<ul style="list-style-type: none"> • Nutritive value of food • Practical work
	4th (27 Sept-2 Oct)	REVISION AND SAT	

Weekly Distribution of Syllabus (Sept 2021)			
Class: 10th Subject: Home Science			
MONTH	WEEK	NAME OF CHAPTER	TOPICS/CONTENT
Sept, 2021	1st	Nutrients -2	<ul style="list-style-type: none"> • Deficiency of Nutrients
	2nd	Nutrients -2	<ul style="list-style-type: none"> • Deficiency of Nutrients
	3rd	Nutrients -2	<ul style="list-style-type: none"> • Affects of Deficiency of Nutrients on Body
	4th (27 Sept-2 Oct)	REVISION AND SAT	