



Toll Free No.
15100

**PUNJAB STATE LEGAL SERVICES AUTHORITY
SAS NAGAR**

Access to Justice for All

PUNJAB STATE LEGAL SERVICES AUTHORITY

*State-wide "Comprehensive Youth
Recovery & Rehabilitation Campaign"*

18.07.2026 to 31.10.2026



Site No.126 Sector 69,
Opposite GMADA
Community Centre
SAS Nagar



MESSAGE

The well-being of our youth is fundamental to the progress and prosperity of society. Substance abuse poses a serious challenge not only to the health and future of young individuals but also to the social fabric of families and communities. Addressing this challenge requires a compassionate, coordinated and rehabilitative approach that restores hope and creates opportunities for meaningful reintegration into society.

With this objective, the Punjab State Legal Services Authority is launching the "Comprehensive Youth Recovery & Rehabilitation Campaign", a focused initiative aimed at facilitating counselling, treatment, rehabilitation and social reintegration of youth affected by substance dependence, with a special emphasis on incarcerated persons requiring structured rehabilitative support.

The campaign seeks to bring together Legal Services Institutions, the Health Department, Prison Department, Educational Institutions, Skill Development Agencies, Civil Society Organisations and community stakeholders to establish an effective support system for recovery and rehabilitation. Through counselling, treatment referrals, vocational training, educational support and follow-up interventions, the initiative endeavours to enable affected individuals to rebuild their lives with dignity and self-confidence.

I am confident that all stakeholders associated with this initiative will work with commitment and sensitivity to ensure the success of this campaign and contribute towards building a healthier, stronger and drug-free Punjab.

(Ashwani Kumar Mishra)

Hon'ble the Acting Chief Justice &
Executive Chairman, Punjab SLSA

Jagdeep Kaur Virk
Addl. District & Sessions Judge



Member Secretary (I/C)
Punjab State Legal Services Authority
SAS Nagar

PROLOGUE

The growing challenge of substance dependency among young persons calls for a response that goes beyond awareness and enforcement and places equal emphasis on recovery, restoration and social inclusion. Every young individual who overcomes addiction and reclaims a productive life strengthens not only his or her own future but also the well-being of families, communities and society at large.

Recognising that rehabilitation is a collective responsibility, the Punjab State Legal Services Authority remains committed to fostering a supportive ecosystem where every individual seeking to break free from addiction is provided an opportunity to rebuild life with dignity, purpose and hope.

Member Secretary (I/C)

Punjab State Legal Services Authority
SAS Nagar

INDEX

CAMPAIGN DOCUMENT

1-15

**STANDARD OPERATING
PROCEDURE (SOP)**

16-20



CONCEPT NOTE AND IMPLEMENTATION PLAN

Implementation Period:

18th July, 2026 to 31st October, 2026

INTRODUCTION

Punjab State Legal Services Authority (PSLSA) successfully conducted the “Youth Against Drugs” campaign focusing on prevention and community sensitization against substance abuse. Building upon the momentum generated, proposes a targeted intervention for incarcerated persons suffering from substance dependence to enable meaningful rehabilitation.

Article 47 of the Constitution of India casts a duty upon the State to improve public health, raise the level of nutrition and the standard of living of its people, and endeavour to prohibit the consumption of intoxicating drinks and drugs injurious to health, except for medicinal purposes.

OBJECTIVE

Punjab State Legal Services Authority (PSLSA) hereby launches a State-wide campaign “*Comprehensive Youth Recovery & Rehabilitation Campaign*” with the objective of preventing substance abuse, facilitating access to treatment and rehabilitation and ensuring the social reintegration of affected youth with special focus on incarcerated persons through coordinated institutional efforts.

All District Legal Services Authorities shall implement the campaign in a mission mode from 18th July, 2026 to 31st October, 2026, in accordance with the following phased implementation schedule.

PHASE-I INSTITUTIONAL PREPARATION AND CAPACITY BUILDING

(18th July to 31st July, 2026)

Every DLSA shall:

- Constitute a District Coordination Committee under the Chairperson, DLSA.
- Secretary, DLSA will be a Nodal Officer for implementation of the campaign.
- Prepare a district-specific action plan on the basis of local requirements.
- Identify incarcerated persons suffering from substance dependence and assess their rehabilitation needs.
- Identify vulnerable villages, urban localities, educational institutions and other hotspots requiring focused intervention.
- Hold coordination meetings with:
 - Deputy Commissioner;
 - Civil Surgeon;
 - Commissioner of Police/Senior Superintendent of Police;
 - Education Department;
 - Sports Department;
 - Social Welfare Department;
 - Drug De-addiction Centres;
 - Skill Development Mission;
 - NGOs;
 - Other stakeholders.
- Orient Panel Advocates, Para Legal Volunteers (PLVs), volunteers regarding their respective roles under the campaign;
- Prepare IEC (Information, Education and Communication) material in local language for dissemination.

TASKS TO BE COMPLETED

- *Constitution of District Coordination Committee.*
- *Appointment of Nodal Officer.*
- *District Level Action Plan based on local requirements.*
- *Preparing list of identified incarcerated persons.*
- *District Mapping Report of vulnerable areas.*

PHASE-II

COUNSELLING, REFERRAL AND REHABILITATION

(1st September – 30th September, 2026)

During this phase, DLSAs shall:

- Organise district-level counselling sessions.
- Facilitate voluntary counselling of identified beneficiaries.
- Conduct family counselling sessions.
- Refer eligible beneficiaries to Government-recognised De-addiction Centres using the prescribed Standard Referral Format (**enclosed as Annexure-1**).
- Coordinate with Health Department for admission and treatment wherever required.
- Facilitate legal aid and access to Government welfare schemes.
- Special emphasis shall be placed on ensuring confidentiality and voluntary participation.

TASKS TO BE COMPLETED

- *Holding counselling sessions.*
- *Conducting special family counselling sessions.*
- *Total beneficiaries referred.*
- *Total addicts admitted for treatment.*

PHASE–III

REHABILITATION, REINTEGRATION AND FOLLOW-UP

(1st October – 31st October, 2026)

DLSAs shall focus on post-treatment rehabilitation by:

- Linking beneficiaries with educational institutions.
- Facilitating involvement in sports and yoga.
- Facilitating enrolment in vocational and skill development programmes.
- Coordinating with Employment Exchanges and self-employment schemes.
- Conducting follow-up visits through Para Legal Volunteers.
- Organising motivational sessions with recovered individuals and professionals.
- Documenting success stories for dissemination.

TASKS TO BE COMPLETED

- *Beneficiaries reintegrated into education or employment.*
- *Follow-up visits conducted.*
- *Success stories documented.*
- *Rehabilitation support extended.*

MONITORING AND REPORTING

Every DLSA shall submit:

- Weekly progress reports.
- Monthly consolidated reports.
- Photographs (5–10 high-resolution photographs of each major activity).
- Copies of press coverage.
- Success stories with beneficiary consent.
- Details of counselling, referrals, admissions and rehabilitation.
- The reporting proforma is enclosed as Annexure-2 to Annexure-4 as per the reporting period mentioned therein.

PSLSA shall review the progress through periodic meetings, virtual interactions, inspections and evaluation of district-wise performance.

SUSTAINABILITY

The campaign shall not conclude with the completion of the above phased implementation schedule. Based on the outcomes and best practices, each DLSA shall institutionalise the programme by conducting periodic awareness drives, counselling clinics, rehabilitation referrals and follow-up activities on a continuous basis.

Accordingly, after completion of the initial implementation period ending on 31st October, 2026, every District Legal Services Authority shall repeat the campaign at regular intervals, preferably on a quarterly basis, with district-specific modifications based on local requirements and emerging challenges. This shall ensure sustained awareness, timely intervention, relapse prevention and long-term rehabilitation of affected youth.

EXPECTED OUTCOME

The campaign seeks to establish a sustainable district-level mechanism for prevention, early intervention, legal assistance, treatment referral, rehabilitation and social reintegration of youth affected by substance abuse. Through coordinated efforts of Legal Services Institutions and stakeholder departments, the initiative aims to contribute towards a healthier, drug-free and socially responsible Punjab while strengthening access to justice for one of the most vulnerable sections of society.

ORIENTATION BY SLISA

To ensure the proper implementation of this statewide campaign, the Member Secretary, PSLISA shall take orientation session of all the Secretaries, DLSAs

PUNJAB STATE LEGAL SERVICES AUTHORITY STANDARD REFERRAL FORM

COMPREHENSIVE YOUTH RECOVERY & REHABILITATION CAMPAIGN

Referral No.: _____

Date: _____

PART A – Referring Authority

1. Name of DLSA/TLSC: _____
2. Name of Referring Officer/PLV: _____
3. Designation: _____
4. Mobile No.: _____
5. Email: _____

PART B – Particulars of Beneficiary

1. Name: _____
2. Father's/Mother's Name: _____
3. Age: _____ Years
4. Gender:

- ☐ Male
☐ Female
☐ Transgender

5. Aadhaar (Optional): _____

6. Address: _____

7. Mobile No.: _____

8. Educational Qualification: _____

9. Occupation: _____

PART C – Addiction Profile

1. Type of Substance(s):

- ☐ Heroin
- ☐ Chitta
- ☐ Opioids
- ☐ Cannabis
- ☐ Synthetic Drugs
- ☐ Alcohol
- ☐ Pharmaceutical Drugs
- ☐ Others _____

2. Duration of Addiction:

- ☐ Less than 6 months
- ☐ 6–12 months
- ☐ 1–3 years
- ☐ More than 3 years

3. Frequency of Use

- ☐ Daily
- ☐ Weekly
- ☐ Occasional

4. Previous Treatment

- ☐ Yes
- ☐ No

If yes, details

5. Any Relapse

- ☐ Yes
- ☐ No

PART D – Medical Information

Known medical illness : _____

Mental Health Concerns: _____

Current Medication: _____

Emergency Contact: _____

Name: _____

Relationship: _____

Phone: _____

PART E – FAMILY ASSESSMENT

Family Support Available

☐ Yes

☐ No

Primary Caregiver: _____

Economic Condition:

☐ Poor

☐ Lower Middle

☐ Middle

☐ Others

Any family member willing to participate in counselling?

☐ Yes

☐ No

PART F – Counselling Assessment

Initial counselling conducted on

Date: _____

Counsellor Name: _____

Motivation Level:

- ☐ High
- ☐ Moderate
- ☐ Low

Risk Assessment:

- ☐ Low
- ☐ Moderate
- ☐ High

Immediate Intervention Required:

- ☐ Yes
- ☐ No

PART G – Referral Details

Beneficiary is referred to: _____

Name of De-addiction Centre: _____

Address: _____

Contact Number: _____

Date of Appointment: _____

Purpose of Referral:

- ☐ Medical Detoxification
- ☐ Counselling
- ☐ In-patient Treatment
- ☐ Rehabilitation
- ☐ Psychiatric Consultation
- ☐ Vocational Rehabilitation
- ☐ Others

PART H – Assistance Provided by DLSA

- ☐ Counselling
- ☐ Legal Aid
- ☐ Transportation Facilitation
- ☐ Welfare Scheme Guidance
- ☐ Family Counselling
- ☐ Employment Guidance
- ☐ Follow-up Scheduled

PART I – Consent

I voluntarily agree to undergo counselling and/or treatment under the “**Comprehensive Youth Recovery & Rehabilitation Campaign**”. I understand that my personal information shall be kept confidential and used only for rehabilitation and legal aid purposes, subject to applicable law

Signature/Thumb Impression of Beneficiary

Name: _____

Date: _____

PART J – Declaration by Referring Authority

I certify that the beneficiary has been counselled regarding the available rehabilitation services and has been referred in accordance with the SOP of the Punjab State Legal Services Authority.

Name of Referring Officer

Designation

Signature

Seal of DLSA/TLSC

PART K – Acknowledgement by Receiving Institution

Name of Institution: _____

Beneficiary Reported on: _____

Treatment Commenced on: _____

Receiving Officer: _____

Designation: _____

Signature & Seal

PART L – Follow-up Schedule

FOLLOW-UP SCHEDULE			
Follow-up	Due Date	Conducted on	Remarks
15 Days			
1 Month			
3 Months			
6 Months			
12 Months			

CONFIDENTIALITY CLAUSE

All information contained in this Referral Form shall be treated as confidential and shall be used solely for assessment, treatment, rehabilitation, legal aid, and monitoring under the PSLSA programme. Access shall be restricted to authorized officials of the Legal Services Authorities and the receiving treatment institution, in accordance with applicable law and privacy safeguards.

Annexure-2

PUNJAB STATE LEGAL SERVICES AUTHORITY

State-wide Legal Awareness and Rehabilitation Campaign “Comprehensive Youth Recovery & Rehabilitation Campaign”

Reporting Period : _____

District : _____

Secretary, DLSA : _____

Weekly Progress Report (to be submitted every Monday)			
Sr. No.	Particulars	This Week	Status as on date
1.	Persons identified		
2.	Counselling Sessions conduct		
3.	Persons referred to de-addiction Centres		
4.	Persons admitted for treatment		
5.	Follow-up visits conducted		
6.	Success stories documented		

PUNJAB STATE LEGAL SERVICES AUTHORITY**State-wide Legal Awareness and Rehabilitation Campaign****“Comprehensive Youth Recovery & Rehabilitation Campaign”**

Reporting Period : _____

District : _____

Secretary, DLSA : _____

Monthly Progress Report (To be submitted on 7 th September, 7 th October and 6 th November-2026)			
Sr. No.	Particulars	This Month	Status as on date
1.	Persons identified		
2.	Counselling Sessions conducted		
3.	Persons referred to de-addiction Centres		
4.	Persons admitted for treatment		
5.	Follow-up visits conducted		
6.	Success stories documented		

PUNJAB STATE LEGAL SERVICES AUTHORITY
State-wide Legal Awareness and Rehabilitation Campaign
“Comprehensive Youth Recovery & Rehabilitation Campaign”

Reporting Period : 18.07.2026 to 31.10.2026
District : _____
Secretary, DLSA : _____

Final Completion Report, to be submitted on 10.11.2026			
Sr. No.	Particulars	Total Achievement	Remarks
1.	Villages/urban locations covered		
2.	Persons identified		
3.	Persons counselled		
4.	Family counselling sessions		
5.	Persons referred		
6.	Persons admitted for treatment		
7.	Persons completed treatment		
8.	Persons rehabilitated		
9.	Persons linked with skill development/employment		
10.	Follow-up Visits		
11.	Success stories		
12.	Press coverage		
13.	Social media campaign		

STANDARD OPERATING PROCEDURE (SOP)

Comprehensive Youth Recovery & Rehabilitation Campaign

Punjab State Legal Services Authority

1. OBJECTIVE

To establish a structured mechanism for identification, counselling, referral, treatment, rehabilitation and reintegration of youth affected by substance abuse, including incarcerated persons, through coordinated institutional intervention.

2. APPLICABILITY

This SOP shall apply to:

- Punjab State Legal Services Authority (PSLSA);
- All District Legal Services Authorities (DLSAs);
- Taluk Legal Services Committees (TLSCs);
- Panel Advocates and Para Legal Volunteers (PLVs);
- Stakeholder Departments and Institutions associated with implementation of the campaign.

3. INSTITUTIONAL FRAMEWORK

- Chairperson, DLSA shall supervise implementation of the campaign at district level.
- Secretary, DLSA shall act as District Nodal Officer.
- A District Coordination Committee shall be constituted comprising representatives of:
 - o District Administration;
 - o Health Department;
 - o Police Department;
 - o Prison Department;

- o Education Department;
- o Sports Department;
- o Social Welfare Department;
- o Skill Development Mission;
- o Government-recognised De-addiction Centres;
- o NGOs and community organisations.

4. IDENTIFICATION OF BENEFICIARIES

The following categories shall be covered:

- Youth affected by substance abuse;
- Vulnerable adolescents and young adults;
- Persons referred by educational institutions;
- Persons identified during legal awareness programmes;
- Incarcerated persons suffering from substance dependence;
- Persons referred by Police, Health Department or community organisations.

5. PRELIMINARY ASSESSMENT

Upon identification, the Secretary, DLSA or authorised PLV shall:

- conduct an initial interaction;
- assess the nature and duration of substance use;
- evaluate family support and socio-economic background;
- identify urgent medical or psychiatric requirements;
- maintain confidentiality of all information collected.

6. COUNSELLING PROCEDURE

- Beneficiaries shall be offered voluntary counselling.
- Family counselling shall be encouraged wherever possible.
- Counselling sessions shall focus on:

- o motivation enhancement;
 - o relapse prevention;
 - o awareness regarding treatment options;
 - o legal rights and entitlements.
- No person shall be compelled to undergo treatment against his or her will except in accordance with law.

7. REFERRAL PROCEDURE

- Cases requiring medical intervention shall be referred to Government-recognised De-addiction Centres using the prescribed Referral Form.
- Referral categories may include:
 - o Medical detoxification;
 - o In-patient treatment;
 - o Psychiatric consultation;
 - o Counselling services;
 - o Rehabilitation programmes;
 - o Vocational rehabilitation.
- DLSA shall coordinate with the Health Department for admission and treatment.

8. LEGAL AID AND WELFARE ASSISTANCE

DLSAs shall facilitate:

- legal aid wherever required;
- access to Government welfare schemes;

9. REHABILITATION AND REINTEGRATION

Following completion of treatment, DLSAs shall facilitate:

- admission to educational institutions;
- vocational training programmes;

- skill development initiatives;
- employment opportunities;
- self-employment schemes;
- participation in sports, yoga and community activities.

10. SPECIAL PROCEDURE FOR INCARCERATED PERSONS

- Jail authorities shall identify inmates suffering from substance dependence.
- Counselling sessions shall be organised within prisons.
- Eligible inmates shall be linked with rehabilitation and vocational programmes.
- Pre-release rehabilitation plans shall be prepared for long-term inmates.
- Follow-up support shall be extended after release through DLSAs and PLVs.

11. FOLLOW-UP MECHANISM

PLVs shall undertake follow-up at:

- 15 days;
- 1 month;
- 3 months;
- 6 months; and
- 12 months.

The purpose of follow-up shall include:

- monitoring treatment compliance;
- preventing relapse;
- ensuring continuity of rehabilitation support.

12. CONFIDENTIALITY AND DATA PROTECTION

- All records shall be treated as confidential.
- Access to records shall be restricted to authorised officials only.

- Personal information shall be used solely for treatment, rehabilitation and legal aid purposes.

13. DOCUMENTATION AND REPORTING

Each DLSA shall maintain:

- beneficiary register;
- counselling register;
- referral register;
- treatment and admission register;
- rehabilitation and follow-up register;
- success stories and media documentation.

14. MONITORING BY PSLSA

PSLSA shall monitor implementation through:

- weekly progress reports;
- monthly reports;
- virtual review meetings;
- district-wise performance evaluation.

15. REVIEW AND SUSTAINABILITY

The campaign shall continue beyond the initial implementation period through periodic awareness programmes, counselling clinics, rehabilitation referrals and follow-up activities to ensure long-term recovery and relapse prevention.

Scan the QR Code below to learn more about Campaign

