

D.O. No.M-11015/9/2023-Media

Dated 3rd May, 2023

As you are already aware 21st June is observed as Internal Day of Yoga (IDY) and the Day is observed with various activities to spread the awareness among the people on benefits of Yoga and promote it at various fora. This year too 9th International Day of Yoga (IDY) under the aegis of Ministry of Ayush is going to be observed on 21nd June, 2023. The Ministry of Ayush, being a nodal Ministry for observation of IDY, takes up various activities for promotion of Yoga and IDY among common people.

2. In this connection, the Ministry of Panchayati Raj requests all States/UTs to advise all PRIs to conduct IDY- 2023 on 21.06.2023. The Panchayats can be encouraged to undertake the following activities on this day:

- (a) display of banner at office premises and Panchayat Bhawans
- (b) to conduct/organise yoga training programmes/demonstration
- (c) lecture/talk on Yoga by Yoga Experts
- (d) to organize the workshop/seminars regarding the importance of yoga
- (e) to spread the messages of important personalities, especially of the Prime Minister of India
- (f) to conduct yoga session and provide Yoga kits to the limited number of people to the capacity of the Panchayats (depending on the ability to meet expenditure)
- (g) to disseminate valuable information on yoga including practices and benefits
- (g) photography of all the Yoga Activities

3. Since the countdown of 9th IDY has started from the 50th Day on 01.05.2023, the Panchayats can also undertake various activities in any of the days prior to 21.06.2023 also. Any expenditure for conduct of activities under IDY-2023 can be considered from the un-tied grants of FFC, OSR or such other sources as would be permissible by the States.

4. The Ministry will be forwarding the important messages, video etc. as and when these are received from the nodal Ministry.

5. The Ministry of Panchayati Raj has to submit a report to all concerned including PMO/Cabinet Secretariat regarding the number of participants and details of activities by evening of 22.06.2023. I, therefore, request all the States/UTs to kindly send their reports along with some representative photographs to the mail ID ak.tiwari12@nic.in and behera.bk@nic.in by evening of 21.06.2022. These

Yours Sincerely,

(Dr. Chandra Shekhar Kumar)

To
The Principal Secretaries/Secretaries,
Panchayat Raj Department of all States/UTs