

Observance of 11th International Day of Yoga, 2025

INTERNATIONAL YOGA DAY CELEBRATION 2025

Yoga for One Earth, One Health #IDY2025

Government of India
National Informatics Centre, Mumbai
WELCOMES



योग: संगम
Yoga Sangam



Dr. Girish Vasant Kadam
Yoga & Fitness Guru | Padma Shri Nominee 2025

NIC Maharashtra State Centre celebrated the 11th International Day of Yoga on 20th June 2025, promoting the spirit of wellness and holistic health among its officials and staff. On this occasion, **Dr. Girish Vasant Kadam**, a distinguished Yoga & Fitness Guru was invited to lead the session. His esteemed presence and expert guidance served as a powerful source of motivation for all participants to embrace yoga as a regular part of their daily routine. NIC State Centre officials took part in guided sessions of yoga asanas and meditation, while District level NIC officers joined the session virtually via VC, ensuring statewide participation in the event.





International Yoga Day Celebration 2025



