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Report on Awareness Program at Amladahi, Bankura

A Health Awareness Programme on early intervention of Neuro developmental Disorders (NDDs) and prevention of Non-Communicable Diseases (NCDs) was organized on 30.01.2026 at Amladaihi, Bankura by the Department of Rehabilitation Nursing, National Institute for Locomotor Disabilities (Divyangjan), Kolkata **in collaboration with the Medical Wing, Rajyoga Education & Research Foundation**, Bankura, West Bengal under the guidance of Mrs. Subhra Srimani, Lecturer-cum-Assistant Nursing Superintendent, NILD, Kolkata.

The programme was inaugurated by Mrs. Subhra Srimani, Lecturer-cum-ANS, NILD, Kolkata, along with B.K. Shefali, in-charge, Rajyoga Education & Research Foundation (RERF), Bankura and other officials. Mrs. Srimani highlighted the growing prevalence of NCDs and importance of early detection of NDD. Importance of Mental stability of the parent was addressed by B.K. Rebati, RERF member, Bankura. This was followed by an informative session on NCD and NDD, where the 1st year and 2nd year students of the Institute explained preventive strategies of NCDs such as diabetes, hypertension, cardiovascular diseases, and cancer. They also describe the signs and symptoms of early detection of autism spectrum disorders, cerebral palsy, and attention deficit hyperactivity disorder (ADHD), learning disabilities, and speech and hearing impairments and its rehabilitation management process.

Educational materials such as leaflets and handout on early identification and intervention of NDD, guideline of healthy diet, obesity prevention and prevention of high blood pressure were distributed to enhance understanding and retention of information.

A total of 60 participants actively participated in the programme. Participants were actively attended the program and interact with their different queries. They have given positive feedback and expressed thanks and gratitude. The program was successful and very much effective.



Fig: Health Awareness and Early Identification, Amladaihi, Bankura