



राष्ट्रीय गतिशील दिव्यांगजन संस्थान

National Institute for Locomotor Disabilities (Divyangjan)

(दिव्यांगजन सशक्तिकरण विभाग, सामाजिक न्याय एवं अधिकारिता मंत्रालय, भारत सरकार)

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Celebration of International Day of Yoga-2025

In the series of three days **Yoga Sangam** programs of International Day of Yoga-2025, institute organized various programs in collaboration with Central Bureau of Communication, Ministry of Information and Broadcasting, Govt. of India, Kolkata from 19th to 21st June, 2025. A Special Yoga session was organised on 21st June, 2025.



In Yoga session Sri T.V.K. Reddy, Director General (E), Press Information Bureau, Kolkata, Dr. Lalit Narayan, Director, NILD, Kolkata and other officials of NILD, PIB & CBC, Kolkata, Divyangjan/Patients, students of NILD, Kolkata, RC-NIEPID, Kolkata and ERC-AYJNISHD, Kolkata were present. Around 700 participants including 300 Divyangjan took part in yoga session.





To increase the awareness about yoga, an exhibition was organized on various Yogasan and their benefits, displayed by Central Bureau of Communication, Ministry of Information and Broadcasting, Govt. of India, Kolkata on 19th June, 2025.



Sit & Draw competition for Children with Disabilities, Elocution & Quiz competition on the theme of Yoga **“Yoga for One Earth, One Health”** and a Seminar on benefits of Yoga & Meditation and its positive results in our routine life and health were organized for Divyangjan/Patients, students of NILD, Kolkata, RC-NIEPID, Kolkata and ERC-AYJNISHD, Kolkata on 20th June, 2025.



To increase the awareness and interest towards yoga among the participants a demonstration of various yogasanas demonstrated by yoga experts and a cultural program was also performed during the Yoga Session on 21st June, 2025.

