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Research Publication:

1. Nordic walking training and nutritional supplementation in pre-frail older Indians: an open-labelled experimental pre-test and post-test pilot study to develop intervention model. *BMC Geriatrics* 2018;18;212 doi: 10.1186/s12877-018-0890-4
2. The effects of visuomotor training using pablo system on hand grip strength and wrist movements in adults and elderly. *Iranian Rehabilitation Journal* 2019; 17(3): 215-224
3. Effect of Multimodal Intervention (computer based cognitive training, diet and exercise) in comparison to health awareness among older adults with Subjective Cognitive Impairment (MISCI-Trial)-A Pilot Randomized Control Trial. *PLoS One*. 2022 Nov 3;17(11):e0276986. doi: 10.1371/journal.pone.0276986.