

विश्व कैंसर दिवस

4 फरवरी 2026

“UNITED BY UNIQUE”



कैंसर का इलाज संभव है

यदि इसका जल्दी पता लग जाए
और पर्याप्त इलाज किया जाए



कैंसर की रोकथाम

- स्तन में गांठ या सूजन
- मुँह के छालों का ठीक न होना/खून आना
- बिना कारण वजन का घटना व भूय कम लगना
- योनि से साव या रक्तसाव (अंतर-मासिक धर्म या रजोनियुक्ति के बाद)
- निंगलने में कठिनाई
- आतंकी आदतों में बदलाव

नियमित रूप से चिकित्सीय परामर्श लें

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राष्ट्रीय स्वास्थ्य मिशन, स्वास्थ्य विभाग, हरियाणा
website : www.nhmharyana.gov.in



BEAT CANCER

WORLD | CANCER

4th February 2026

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Be aware of following Symptoms

- Lump or Swelling in breast
- Non-Healing ulcers/bleeding in mouth
- Unexplained loss of weight and appetite
- Discharge or bleeding from vagina (Inter-menstrual/post-menopausal)
- Difficulty in swallowing
- Change in bowel habits

Prevention of Cancer

- Adopt healthy eating habits
- Do Regular Physical Activity
- Avoid Consumption of Alcohol
- Avoid Tobacco Usage

Get regular Medical Care and Follow-up

Cancer is Curable

If Detected Early and Treated Adequately

Cancer Care Initiatives by the Government

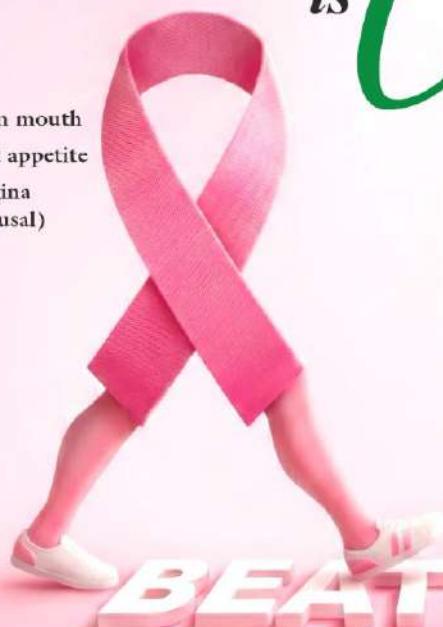
Atal Cancer Care Centre in Civil Hospital at Ambala Cantt.

Free Travel Facility for Cancer Patient with one attendant in Haryana Roadways Buses.

Day Care Cancer Centres have been established in all 22 District Civil Hospital to provide free of cost Chemotherapy Drugs to all drugs Cancer Patients.

Cancer pension for stage 3 & 4 Patients.

High quality tests to detect Cancer at early stage



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