



## Influenza A (H1N1 and H3N2) surveillance report, Haryana

Date: 01.04.2023

### • Status of cases

	H1N1		H3N2	
	As on 01/04/2023	Cumulative w.e.f. 01/01/2023	As on 01/04/2023	Cumulative w.e.f. 01/01/2023
Confirmed cases	0	18	0	17*
Cases recovered/ discharged from hospital	0	15	0	10
Active cases	0	1	0	4
Deaths	0	2	0	1**
Deaths with comorbidities	0	1	0	1

\*Report of 2 cases awaited

\*\*Confirmed case of Lung cancer

### • District wise distribution of cases

S. no.	District	H1N1			H3N2		
		As on 01/04/2023	Cumulative w.e.f. 01/01/2023	Cumulative deaths w.e.f. 01/01/2023	As on 01/04/2023	Cumulative w.e.f. 01/01/2023	Cumulative deaths w.e.f. 01/01/2023
1	Sirsa	0	3	0	0	0	0
2	Kaithal	0	3	1	0	0	0
3	Hisar	0	2	0	0	0	0
4	Panchkula	0	1	0	0	1	0
5	Sonipat	0	1	0	0	1	0
6	Bhiwani	0	2	1	0	0	0
7	Karnal	0	3	0	0	0	0
8	Fatehabad	0	3	0	0	1	0
9	Ambala	0	0	0	0	4	0
10	Jind	0	0	0	0	1	1
11	Kurukshetra	0	0	0	0	1	0
12	Rewari	0	0	0	0	1	0
13	Rohtak	0	0	0	0	4	0
14	Faridabad	0	0	0	0	1	0
15	Gurugram	0	0	0	0	2	0
<b>Total</b>		<b>0</b>	<b>18</b>	<b>2</b>	<b>0</b>	<b>17</b>	<b>1</b>

• **Testing facilities in Haryana**

S.No.	District	Laboratory
1	Ambala	Molecular lab, polyclinic, sector-10, Ambala city
2	Gurugram	Molecular lab, Civil Hospital, sector-10, Gurugram
3	Panchkula	Molecular lab, District Civil Hospital, sector-6 , Panchkula
4	Karnal	Department of Microbiology, Kalpana Chawla Government Medical College, Karnal
5	Sonipat	Department of Microbiology, BPS Government Medical College for Women, Khanpur Kalan, Sonipat
6	Nuh	Department of Microbiology, SKHM Govt. Medical College, Nalhar, Nuh
7	Hisar	Department of Microbiology, Maharaja Agrasen Medical College, Agroha, Hisar
8	Rohtak	Department of Microbiology, Post Graduate Institute of Medical Sciences, Rohtak
9	Others (outside Haryana)	National Centre for Disease Control, Delhi Department of Virology, PGIMER, Chandigarh

Seasonal influenza is an acute respiratory infection caused by influenza viruses which circulate in all parts of the world, and the cases are seen to increase during certain months globally.

Adults who are of age 65 years or older, children younger than 5 years, pregnant women, people with chronic diseases (diabetes, hypertension, airway disease and heart disease etc.) are at higher risk for severe illness, so on facing any symptoms or on confirmation should report to nearest health facility.

• **Symptoms**

Common symptoms	Other symptoms may include
<ul style="list-style-type: none"> <li>• Fever</li> <li>• Cough</li> <li>• Sore throat</li> <li>• Runny or stuffy nose</li> <li>• Difficulty in breathing</li> </ul>	<ul style="list-style-type: none"> <li>• Body aches</li> <li>• Headache</li> <li>• Chills</li> <li>• Diarrhoea</li> <li>• Vomiting</li> <li>• Blood in sputum</li> <li>• Fatigue</li> </ul>

• **Preventive measures**

Do's	Don'ts
<ul style="list-style-type: none"> <li>• Wear mask and avoid crowded places</li> <li>• Wash your hands often with soap and water or use an alcohol-based hand sanitizer</li> <li>• Avoid touching your eyes, nose or mouth</li> <li>• Stay more than arm's length from persons affected with flu</li> <li>• Cover your mouth and nose with a handkerchief or tissue when you cough or sneeze</li> <li>• Drink plenty of fluids and eat nutritious food</li> </ul>	<ul style="list-style-type: none"> <li>• Shake hands or hug in greetings</li> <li>• Spit in public</li> <li>• Eat in groups</li> <li>• Take antibiotics or other medicines without consulting a doctor</li> </ul>