

RAJ BHAVAN, TAMIL NADU - PRESS HIGHLIGHTS

HON'BLE GOVERNOR OF TAMIL NADU PRESIDED OVER
'GOVERNOR'S THINK TO DARE' SERIES - 14 : INTERACTION WITH
AYUSH EXPERTS AND TRADITIONAL MEDICAL PRACTITIONERS AT
BHARATHIAR MANDAPAM, RAJ BHAVAN, CHENNAI,
TODAY (14.12.2023)

Hon'ble Governor of Tamil Nadu, Thiru.R.N.Ravi, today (14.12.2023), presided over 'Governor's Think to Dare' Series - 14: Interaction with Ayush experts and traditional medical practitioners at Bharathiar Mandapam, Raj Bhavan, Chennai.

Hon'ble Governor in his interaction with the participants, praised the Ayush; the traditional medicine systems have taken care of humanity for long long time before the advent of modern medicine. Traditional medicine emerged after a long period of experimentation and experience, and it should not be over shadowed or marginalized by modern science. The advent of modern science has pre-eminently occupied the space in such a manner that the traditional knowledge system, tradition, and wisdom, including traditional medicine, were eclipsed, which is not good for humanity. While we embrace modern science, we can't lose traditional wisdom.

Governor said that there are areas where modern medicines have limitations. Traditional medicine, which most of us have experienced, helped us when modern medicine did not show the way out. Traditional medicine faces challenges when asked about its scientific way of working.

He emphasized the need for deeper research to validate it. He also highlighted the fundamental difference between AYUSH and traditional medicine and modern medicine sciences. He said modern medical science looks at a body as a machine with a curative approach that works up to a certain point and has its own side effects. Whereas traditional medicine takes the body as a holistic entity, comprising physical form, mind, and soul. The traditional system not only takes care of ailment but its focus is on well-being. He emphasized creating a framework for validating what the traditional system of medicine's doings has to be different. While highlighting the rise in the role of traditional systems of medicine in health and wellness of our people, he mentioned initiatives of our Hon'ble Prime Minister Thiru. Narendra Modi's, which have boosted AYUSH and traditional medicine's market share to about ₹ 2 lakh crores and are rising. After COVID-19, there has been great acceptance.

He exemplified with modern approach to science is based on reason evolved in 16th-17th century. Reason is able to explain the physical world. Whereas the human body is more than a physical entity, the reason has its limitations. Today, Yoga is an international phenomenon. Explaining how Yoga and meditation work with the premises of physical health is difficult. To make it intelligible, we go deeper into its philosophy. The well-being of a human is not just the treatment of an ailment; it has to be preventive.

Governor highlighted that this is the right time when India is emerging with its own identity. It is not only emerging in the field of Science and Technology but also resurging in its traditional values. That is why our Hon'ble Prime Minister talks giving greater emphasis on our heritage. We must be proud of our own heritage, and the traditional system of medicine is our heritage. Today, India is rising as a hope for the world to solve the

global crisis, and the crisis of health and well-being is a major one. We experienced it at the time of the pandemic. The role of AYUSH and our traditional system of medicine is crucial. Governor urged the experts, Ayush doctors and students, to do more research in their fields and publish papers.

During the function, keynote addresses were delivered by the Ayush experts and medical professionals on "Importance of Practice of standalone Ayurveda", "Siddha approach and medicines used in cancer", "Unani approach and medicines used in renal failure", "Approach of homeopathy in diagnosing a disease".

Governor felicitated 33 Ayush practitioners, health care professionals, Irula Vaidyars and Yoga experts and presented book translated version of Thirukkural and Sanga Kala Ilakkiyam.

Ayurveda Medical Practitioner Dr. Sudheer, Unani Medical Practitioner Dr.Syed Ameen, Homeopathy Medical Practitioner Dr. Ravindran, Siddha Medical Practitioner Dr.Jeyaprakash Narayan, Yoga Specialist, Dr.Yuva Bharath,dignitaries, distinguished invitees, faculties, Yoga practitioners, representatives from Irula community, members and trustees, health professionals, students, officials and staff of Raj Bhavan participated in the interaction.

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Raj Bhavan, Chennai-22

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