



Speech

of

Dr. Hari Babu Kambhampati
Hon'ble Governor of Mizoram

On The Occasion of

9TH NATIONAL AYURVEDA DAY

At

Assembly Annexe Conference Hall

On

29th October, 2024

- Pi Lalrinpuii, Hon'ble Health Minister
- AYUSH Doctors and officials
- Esteemed guests
- Dear friends

I am very happy to be here today as the Chief Guest for the 9th National Ayurveda Day celebration. The theme for this year is 'Ayurveda Innovation for Global Health'.

I convey my appreciation to all those who have made this event possible.

We have come together to celebrate the essence of Ayurveda, and its growing impact on global health.

Ayurveda, our ancient system of medicine, is not just a form of healthcare; rather, it is a way of life.

For thousands of years, it has been the cornerstone of wellness in India, with its holistic approach rooted in the balance of mind, body, and spirit.

Ayurveda stands on the verge of global recognition as a viable solution for modern health challenges, particularly non - communicable diseases, such as cardiovascular diseases, cancer, stroke and diabetes.

With its foundation in natural treatments, personalized healthcare, and preventive mode of treatment, Ayurveda offers answers to many of the problems that conventional medicine faces in today's fast-paced world.

This year's theme - 'Ayurveda Innovation for Global Health', highlights the crucial role of Ayurveda in addressing the health concerns of people across the world.

Innovation is the driving force that connects the wisdom of the past to the possibilities of the future. It is encouraging to know that Ayurveda is

evolving with new research, technology, and applications, to meet the needs of modern society.

In Mizoram, and indeed across North-East India, we are blessed with rich biodiversity and an abundance of medicinal plants. The integration of this wealth of resources with Ayurveda can further strengthen our healthcare systems.

By promoting sustainable practices in Ayurveda and incorporating modern innovations, we can create solutions that benefit not only India, but also the world.

It is heartening to see that Ayurveda is gaining acceptance internationally. Ayurveda as a traditional system of medicine is legally recognized in 24 countries.

Many modern institutions are now recognizing the value of Ayurveda in addressing chronic diseases, mental health challenges, lifestyle disorders, and the importance of preventive care.

In the last 10 years, Ministry of AYUSH has made significant achievements in the promotion of Ayurveda at the international level.

As an outcome of initiatives taken by Ministry of AYUSH, traditional medicine forums have been established through multilateral engagements such as the Shanghai Cooperation Organisation, BIMSTEC, and BRICS. Ayurveda products are exported to more than 100 countries across the world.

Ministry of AYUSH has also collaborated with the World Health Organization, which resulted in WHO publishing benchmarks for the training and practice of Ayurveda.

With the support of Ministry of AYUSH, WHO has also established Global Traditional Medicine Centre at Jamnagar, Gujarat.

In order to encourage innovation among the Scientists of Ayurveda and contemporary Sciences, and to position Ayurveda globally as the leader of Traditional Medicine, Ministry of AYUSH has initiated various programmes.

These include Ayurgyan, National Ayush Research Consortium, Centre of Excellence, Ayush Grid, Development of Agro-techniques, and Ayurveda Aahara Regulations.

However, as we innovate, it is essential that we remain true to the core principles of Ayurveda. Innovation in Ayurveda should not mean moving away from its roots. It should aim at enhancing the reach and effectiveness of Ayurveda, while maintaining its authenticity. Whether it is through digital health solutions, modernized formulations, or evidence-based research, the essence of Ayurveda must continue to reflect balance, harmony, and well-being.

I take this opportunity to encourage researchers and the new generation of Ayurvedic practitioners to embrace this powerful synergy of tradition and innovation.

I also urge the Government bodies, Research Institutions and entrepreneurs, to collaborate and invest in the development of Ayurveda for the greater good of humanity.

In conclusion, I would like to acknowledge the contributions made by all those who are working tirelessly to promote this ancient system of medicine, and making efforts to align it with modern global health needs.

I once again commend the organizers for today's programme. Let us continue to foster innovation, promote Ayurveda in Mizoram, and work towards a healthier and more balanced world.

Thank you. Jai Hind.